

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:30 Riddles+ Words 1:30 One to One 2:30 Outdoor Time 3:15 Coffee Time 3:45 Chair Tai Chi	2 9:30 Chapel Service 10:30 Table Games 1:30 One to One 2:00 Falls Prevention 3:15 Coffee Time 3:45 Bingo	3 10:30 Individual puzzles 11:30 Let's Walk 2:15 "Hangman" 3:15 Coffee Time 3:45 Table Bingo	4 10:00 Arts & Crafts 11:30 One to One 2:00 Falls Prevention 3:15 Coffee Time 4:00 Bingo	5 10:30 'Complete the Phrase' 11:30 One to One 12:00 Welcome St. Nicholas 2:30 Xmas Carol Singing 4:00 Bingo	6 9:30 Solving Puzzles 10:30 Table Games 2:15 Let's Get Active 3:15 Coffee time 4:00 Bingo
7 10:30 Brain Games 11:00 Arts & Crafts 1:15 Children's Piano Concert 3:15 Coffee Time 4:00 Bingo	8 10:30 Let's Bake 1:30 One to One 2:30 Chair Tai Chi 3:15 Coffee Time 3:45 'Checkers or Dominos'	9 9:30 Chapel Service 10:30 Board Games 1:30 One to One 2:00 Falls Prevention 3:15 Coffee Time 3:45 Bingo	10 10:30 Paint by Numbers 2:00 Vienna Gala Film 3:15 Coffee Time 3:45 Toss the Ball 4:00 One to One	11 10:00 Arts & Crafts 11:30 One to One 2:00 Falls Prevention 3:15 Coffee Time 4:00 Bingo	12 10:30 "Reminiscence" 11:30 One to One 1:00 School Children Christmas Visit 3:15 Coffee Time 4:00 Bingo	13 9:30 Solving Puzzles 10:30 Table Games 2:15 Let's Get Active 3:15 Coffee time 4:00 Bingo
14 10:30 Brain Games 11:00 Arts & Crafts 1:30 One to One 2:30 Active Game 3:15 Coffee Time 4:00 Bingo <small>Hanukkah Begins</small>	15 10:30 'Christmas Legends' 1:30 One to One 2:15 Chair Tai Chi 3:15 Coffee Time 3:45 Xmas Theme Bingo	16 9:30 Chapel Service 10:30 'Words in Words' 1:30 One to One 2:00 Falls Prevention 3:15 Coffee Time 3:45 Bingo	17 10:30 'Remember When?' 2:00 Stretch & Throw 2:30 'Armchair Travel' 3:15 Coffee Time 4:00 Bingo	18 10:00 Arts & Crafts 11:30 One to One 2:00 Falls Prevention 3:15 Coffee Time 4:00 Bingo	19 10:30 Quiet Table Trivia 2:00 One to One 2:30 Chair Exercise to Music 3:15 December Birthdays 4:00 Bingo	20 9:30 Solving Puzzles 10:30 Table Games 2:00 Christmas Carol Concert 3:15 Coffee time 4:00 Bingo
21 10:30 Brain Games 11:00 Arts & Crafts 1:30 One to One 2:30 Active Game 3:15 Coffee Time 4:00 Bingo <small>Winter Begins</small>	22 10:30 'True or False' 1:30 One to One 2:15 Chair Tai Chi 3:15 Coffee Time 3:45 Table Theme Bingo	23 9:30 Chapel Service 10:30 'Words in Words' 1:30 One to One 2:00 Chair Zumba 3:15 Coffee Time 3:45 Bingo	24 10:30 Numbers challenge 2:00 Christmas Movie 3:15 Coffee Time	25 Merry Christmas  CHRISTMAS DAY <small>Christmas</small>	26 10:30 Individual puzzles+ games 11:30 Let's Walk 3:15 Coffee Time 3:30 Movie Time <small>Boxing Day (Canada) Kwanzaa Begins</small>	27 9:30 Solving Puzzles 10:30 Table Games 2:15 Let's Get Active 3:15 Coffee time 4:00 Bingo
28 10:30 Brain Games 11:00 Arts & Crafts 1:30 One to One 2:30 Active Game 3:15 Coffee Time 4:00 Bingo	29 10:30 Words that Rhyme 1:30 One to One 2:15 Outdoor Time 3:15 Coffee Time 3:45 Chair Tai Chi 4:00 Uno Game	30 9:30 Chapel Service 10:30 Table Games 1:30 One to One 2:30 Chair Zumba 3:15 Coffee Time 3:45 Bingo	31 10:30 'New Year's Memories+Customs' 2:15 Stretch & Throw 2:30 Andre Rieu New Year's Eve 3:15 Coffee Time 4:00 Bingo <small>New Year's Eve</small>	<div>December 2025</div>		