

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2026

Music Concert event dates to be confirmed

<p>10:30 Brain Games 11:00 Arts &amp; Crafts 1:30 One to One 2:30 Active Game 3:15 Coffee Time 4:00 Bingo</p> <p><small>Tu B Shevat Begins</small></p>	<p>10:30 Number Games 1:30 One to One 2:30 Riddles &amp; Words 3:15 Coffee Time 3:30 Chair Tai Chi</p> <p><small>Groundhog Day</small></p>	<p>9:30 Chapel Service 10:30 'Words in Words' 1:30 One to One 2:00 Falls Prevention 3:15 Coffee Time 4:00 Bingo</p>	<p>10:30 Word Searches + Mazes 11:30 Let's Walk 2:15 "Hangman" 3:15 Coffee Time 3:45 Table Bingo</p>	<p>10:00 Arts &amp; Crafts 11:30 Let's Walk 2:00 Falls Prevention 3:15 Coffee Time 4:00 Bingo</p>	<p>10:30 Memory Games 11:30 One to One 2:45 Armchair Travel 3:15 Coffee Time 3:30 Chair Tai Chi 4:00 Bingo</p>	<p>9:30 Solving Puzzles 10:30 Table Games 2:15 Let's Get Active 3:15 Coffee time 4:00 Bingo</p>
<p>10:30 Brain Games 11:00 Arts &amp; Crafts 1:30 One to One 2:30 Active Game 3:15 Coffee Time 4:00 Bingo</p>	<p>10:30 Trivia Time 1:30 One to One 2:30 Chair Tai Chi 3:15 Coffee Time 3:45 'Checkers or Dominos</p>	<p>9:30 Chapel Service 10:30 'Heart Art' 1:30 One to One 2:00 Falls Prevention 3:15 Coffee Time 3:45 Bingo</p>	<p>10:30 Let's Bake 11:30 Let's Walk 2:30 'Hangman game' 3:15 Coffee Time 3:45 Chair Dance Yoga</p>	<p>10:00 Valentine Crafts 11:30 Let's Walk 2:00 Falls Prevention 3:15 Coffee Time 4:00 Bingo</p>	<p>10:30 'Complete the Phrase' 11:30 Walk &amp; Stretch 2:00 Valentine Trivia 3:00 Valentine Party 4:00 Bingo</p>	<p>9:30 Solving Puzzles 10:30 Famous Couples 2:15 Stretch &amp; Walk 3:15 Coffee time 4:00 Bingo</p> <p><small>Valentine's Day</small></p>
<p>10:30 Brain Games 11:00 Arts &amp; Crafts 1:30 One to One 2:30 Active Game 3:15 Coffee Time 4:00 Bingo</p>	<p><b>FAMILY DAY</b></p> <p><i>Happy Family day</i></p>	<p>9:30 Chapel Service 10:30 Board Games 1:30 One to One 2:00 Falls Prevention 3:15 Coffee Time 3:45 Bingo</p> <p><small>Ramadan Begins Adi Gras Chinese New Year (Year of the Horse)</small></p>	<p>10:30 'Black History Trivia' 11:15 Let's Walk 2:30 Rhyming Ball Toss 3:15 Coffee Time 4:00 Bingo</p>	<p>10:00 Arts &amp; Crafts 11:30 Let's Walk 2:00 Falls Prevention 3:15 Coffee Time 4:00 Bingo</p>	<p>10:30 'True or False?' 11:30 Let's Walk 2:00 Karaoke Sing Along 3:15 Coffee Time 4:00 Bingo</p>	<p>9:30 Solving Puzzles 10:30 Table Games 2:15 Let's Get Active 3:15 Coffee time 4:00 Bingo</p>
<p>10:30 Brain Games 11:00 Arts &amp; Crafts 1:30 One to One 2:30 Active Game 3:15 Coffee Time 4:00 Bingo</p>	<p>10:30 "Guess Who?" 1:30 One to One 2:15 "Rhyme Time" 3:15 Coffee Time 3:45 Chair Tai Chi 4:00 Bingo</p>	<p>9:30 Chapel Service 10:30 Jokes &amp; Riddles 1:30 One to One 2:00 Falls Prevention 3:15 Coffee Time 3:45 Bingo</p>	<p>10:30 Numbers challenge 11:15 Let's Walk 2:30 Be Fit &amp; Factual 3:15 Coffee Time 4:00 Bingo</p>	<p>10:00 Arts &amp; Crafts 11:30 Let's Walk 2:00 Falls Prevention 3:15 Coffee Time 4:00 Bingo</p>	<p>10:30 Puzzle Games 11:30 One to One 2:30 Chair Zumba 3:15 February Birthdays 4:00 Bingo</p>	<p>9:30 Solving Puzzles 10:30 2:15 Stretch &amp; Walk 3:15 Coffee time 4:00 Bingo</p>