Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July	2025	CANADA DAY Canada Day	1 10:30 Cards and 2 Puzzles 2:15 The "Write Word" Game 3:15 Coffee Time 3:45 Fitness Fun 4:00 One to One Visits	10:30 Arts & Crafts 11:30 One to One 2:30 "Tango" Chair Exercise 3:15 Coffee Time 4:00 Bingo	10:30'MemoryGame' 11:00 Falls Prevention 2:30 Armchair Travel 3:15 Coffee Time 3:30 Movie	10:30 Table Games /Word games 2:15 Domino Group 3:15 Coffee time 4:00 Visits & chats
1:30 One to One 2:30 Active Game 3:15 Coffee Time	7 10:30 Let's Bake 1:30 One to One 2:15 Walk + Stretch 3:15 Coffee Time 3:45 'Simon Says' group Game	9:30 Chapel Service 10:30 Word Puzzles 2:00 Falls Prevention 3:15 Coffee Time 3:30 Outdoor Walk 4:00 Bingo	Memories 11:00 Chair Zumba 2:15 'Synonyms' 3:15 Coffee Time 3:45 Simple Exercise 4:00 Outdoor Time	10:30 Arts & Crafts 2:00 Table Games 2:45 "Rhyming Ball" 3:15 Coffee Time 4:00 Bingo	10:30 'Guess the Word' 11:00 Falls Prevention 2:15 Family Feud 3:15 Coffee Time 4:00 Music Show	10:30 Table Games /Word games 2:15 Outdoor Time 3:15 Coffee time 4:00 Visits & chats
11:00 Arts & Crafts 1:30 One to One 2:30 Active Game 3:15 Coffee Time	14 10:30 Riddles + Brain Teasers 1:30 One to One 2:15 Uno Game 3:15 Coffee Time 3:45 Stretch & Throw	9:30 Chapel Service 19 10:30 One to One Puzzles + Games 2:00 Falls Prevention 3:15 Coffee Time 3:30 Outdoor Walk 4:00 Bingo	10:30 'My Favorite Summer' 2:15 Guess the Word 3:15 Coffee Time	17 10:30 Arts & Crafts 2:00 One to One 2:30 Chair Exercise to Music 3:15 Coffee Time 4:00 Bingo	'10:30 'Guess the 18 Word' 11:00 Falls Prevention 2:00 Piano Concert 3:15 Coffee Time 4:00 Music Show	10:30 Table Games /Word games 2:15 Domino Group 3:15 Coffee time 4:00 Visits & chats
10:30Game/Exercise 11:00 Arts & Crafts 1:30 One to One 2:30 Active Game 3:15 Coffee Time	10:30 Word Search + 21 Colour by Numbers 1:30 One to One 2:15 Outdoor Walk & Stretch 3:15 Coffee Time 3:45 'Hangman'	9:30 Chapel Service 10:30 Word Puzzles	10:30 Individual puzzles/games		10:30 Brain Games 25 11:00 Falls Prevention 2:00 'Who am I?' Group Game 3:15 Coffee Time 4:00 Outdoor Time 4:15 'Sit-Coms'	10:30 Table Games /Word games 2:15 Outdoor Time 3:15 Coffee time 4:00 Visits & chats
11:00 Arts & Crafts 1:30 One to One 2:30 Active Game 3:15 Coffee Time 4:00 Bingo	10:30 In the Garden 1:30 One to One 2:15 Outdoor Walk 3:15 Coffee Time 3:45 'Chess, Checkers or Dominos	9:30 Chapel Service 29 10:30 One to One Puzzles + Games 2:00 Falls Prevention 3:15 Coffee Time 3:30 Outdoor Games 4:00 Bingo	10:30 Riddles + Brain Teasers 1:30 One to One 2:15 Bowling 3:15 July Birthdays 3:45 Stretch & Throw	31		