

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>1</p> <p>10:30 Brain Games 11:00 Arts & Crafts 1:30 One to One 2:30 Active Game 3:15 Coffee Time 4:00 Bingo</p>	<p>2</p> <p>10:30 Number Games 1:30 One to One 2:30 "True or False" 3:15 Coffee Time 3:30 Chair Tai Chi</p> <p>Purim Begins</p>	<p>3</p> <p>10:30 Board Games 11:30 Stretch & Walk 1:30 One to One 2:00 Falls Prevention 3:15 Coffee Time 3:45 Bingo</p>	<p>4</p> <p>9:30 Chapel Service 10:30 Word Searches + Mazes 11:30 Let's Walk 2:15 'All Things Green' 3:15 Coffee Time 3:45 Table Bingo</p>	<p>5</p> <p>10:00 Arts & Crafts 11:30 Let's Walk 2:00 Falls Prevention 3:15 Coffee Time 4:00 Bingo</p>	<p>6</p> <p>10:30 Memory Games 11:30 One to One 2:45 Armchair Travel 3:15 Coffee Time 3:45 Chair Zumba 4:00 Bingo</p>	<p>7</p> <p>9:30 Solving Puzzles 10:30 Table Games 2:15 Let's Get Active 3:15 Coffee time 4:00 Bingo</p>
<p>8</p> <p>10:30 Brain Games 11:00 Arts & Crafts 1:30 One to One 2:30 Active Game 3:15 Coffee Time 4:00 Bingo</p> <p>Daylight Saving Time Begins</p>	<p>9</p> <p>10:30 All About Spring 1:30 One to One 2:15 "Rhyme Time" 3:15 Coffee Time 3:45 Chair Tai Chi 4:00 Bingo</p>	<p>10</p> <p>10:30 Colouring Project 1:30 One to One 2:00 Falls Prevention 3:15 Coffee Time 3:45 Bingo</p>	<p>11</p> <p>9:30 Chapel Service 10:30 Let's Bake 11:30 Short Walk 2:30 St. Patrick's decorations 3:15 Coffee Time 3:45 Chair Dance</p>	<p>12</p> <p>10:00 St. Patrick's Arts & Crafts 11:30 Let's Walk 2:00 Falls Prevention 3:15 Coffee Time 4:00 Bingo</p>	<p>13</p> <p>10:30 'Believe it or Not' 11:30 Let's Walk 2:30 Donia Blyzniuk 100th Birthday Celebrations 4:00 Bingo</p>	<p>14</p> <p>9:30 Solving Puzzles 10:30 Table Games 2:15 Let's Get Active 3:15 Coffee time 4:00 Bingo</p>
<p>15</p> <p>10:30 Brain Games 11:00 Arts & Crafts 1:30 One to One 2:30 Active Game 3:15 Coffee Time 4:00 Bingo</p>	<p>16</p> <p>10:30 Trivia Time 1:30 One to One 2:30 Chair Tai Chi 3:15 Coffee Time 3:45 'Checkers or Dominos</p>	<p>17</p> <p>10:30 'Fun Irish Facts' 1:30 One to One 2:00 Karaoke Time 3:15 St. Patrick's Tea 4:00 Bingo</p> <p>St. Patrick's Day</p>	<p>18</p> <p>9:30 Chapel Service 10:30 'Who Am I? Trivia' 11:15 Let's Walk 2:30 Rhyming Ball Toss 3:15 Coffee Time 4:00 Bingo</p>	<p>19</p> <p>10:00 Arts & Crafts 11:30 Let's Walk 2:00 Chair Exercise 3:15 Coffee Time 4:00 Bingo</p>	<p>20</p> <p>10:30 'Complete the Phrase' 11:30 Walk & Stretch 2:30 All about Spring 3:15 Coffee Time 4:00 Bingo</p> <p>Spring Begins</p>	<p>21</p> <p>9:30 Solving Puzzles 10:30 Table Games 2:15 Let's Get Active 3:15 Coffee time 4:00 Bingo</p>
<p>22</p> <p>10:30 Brain Games 11:00 Arts & Crafts 1:30 One to One 2:30 Active Game 3:15 Coffee Time 4:00 Bingo</p>	<p>23</p> <p>10:30 "Natural Wonders" 1:30 One to One 2:00 Robin Riley-Sings 3:15 Coffee Time 3:45 Chair Tai Chi 4:00 Bingo</p>	<p>24</p> <p>10:30 Group Games 1:30 One to One 2:30 Tango chair exercises 3:15 Coffee Time 4:00 Bingo</p>	<p>25</p> <p>9:30 Chapel Service 10:30 Let's Bake 11:30 Short Walk 2:30 'Hangman Game' 3:15 Coffee Time 3:45 Chair Dance</p>	<p>26</p> <p>10:00 Arts & Crafts 11:30 Let's Walk 2:00 Chair Dance Yoga 3:15 Coffee Time 4:00 Bingo</p>	<p>27</p> <p>10:30 Puzzle Games 11:30 One to One 2:30 Comedy Hour 3:15 Coffee Time 4:00 Bingo</p>	<p>28</p> <p>9:30 Solving Puzzles 10:30 Table Games 2:15 Let's Get Active 3:15 Coffee time 4:00 Bingo</p>
<p>29</p> <p>10:30 Brain Games 11:00 Arts & Crafts 1:30 One to One 2:30 Active Game 3:15 Coffee Time 4:00 Bingo</p> <p>Palm Sunday</p>	<p>30</p> <p>10:30 Word Worksheets 11:30 Let's Walk 2:30 Team 'True or False' 3:15 Coffee Time 3:30 Chair Tai Chi</p>	<p>31</p> <p>10:30 Numbers challenge 1:30 One to One 2:00 Falls Prevention 3:00 March Birthdays 3:45 Bingo</p>	<h1>March 2026</h1>			