

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>October 2025</h1> <p>Music Performance Dates To Be Determined</p>			<p>1</p> <p>10:30 Individual puzzles/games 11:30 One to One 2:15 "Hangman" 3:15 Coffee Time 3:45 Let's Walk <small>Yom Kippur Begins</small></p>	<p>2</p> <p>10:30 Arts & Crafts 11:30 One to One 2:30 "Tango" Chair Exercise 3:15 Coffee Time 4:00 Bingo</p>	<p>3</p> <p>10:30 'Thanksgiving Word Game' 11:00 Falls Prevention 2:15 Outdoor Social 3:15 Coffee Time 4:00 Music Show</p>	<p>4</p> <p>10:30 Table Games /Word games 2:15 Outdoor Time 3:15 Coffee time 4:00 Visits & chats</p>
<p>5</p> <p>10:30Game/Exercise 11:00 Arts & Crafts 1:30 One to One 2:30 Active Game 3:15 Coffee Time 4:00 Bingo</p>	<p>6</p> <p>10:30 Let's Bake 1:30 One to One 2:15 Outdoor Time 3:15 Coffee Time 3:45 Chair Tai Chi <small>Sukkot Begins</small></p>	<p>7</p> <p>9:30 Chapel Service 10:30 Table Games 1:30 One to One 2:00 Falls Prevention 3:15 Coffee Time 3:45 Bingo</p>	<p>8</p> <p>10:30 Colour+Match 2:15 'Dice Games' 3:15 Coffee Time 3:45 Fitness Fun 4:00 One to One + Outdoor Walk</p>	<p>9</p> <p>10:30 Arts & Crafts 2:00 One to One 2:30 Chair Exercise to Music 3:15 Coffee Time 4:00 Bingo</p>	<p>10</p> <p>10:30'All about October' 11:00 Falls Prevention 2:30 Outdoor Walk 3:15 Coffee Time 3:30 Movie</p>	<p>11</p> <p>10:30 Table Games /Word games 2:15 Outdoor Time 3:15 Coffee time 4:00 Visits & chats</p>
<p>12</p> <p>10:30Game/Exercise 11:00 Arts & Crafts 1:30 One to One 2:30 Active Game 3:15 Coffee Time 4:00 Bingo</p>	<p>13</p>  <p><small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)</small></p>	<p>14</p> <p>10:15 Chapel Service 2:00 Falls Prevention 3:15 Coffee Time 3:30 Outdoor Time 4:00 Bingo <small>Simchat Torah Begins</small></p>	<p>15</p> <p>10:30 Numbers challenge 2:15 Armchair Travel 3:15 Coffee Time 3:45 Fitness Fun 4:00 One to One Visits</p>	<p>16</p> <p>10:30 Arts & Crafts 2:00 Outdoor Time 2:30 Chair Dance Yoga 3:15 Coffee Time 4:00 Bingo</p>	<p>17</p> <p>10:30 Brain Games 11:00 Falls Prevention 2:00 Karaoke Sing Along 3:15 Coffee Time 4:00 "Who Am I?" 4:15 'Sit-Coms'</p>	<p>18</p> <p>10:30 Table Games /Word games 2:15 Outdoor Time 3:15 Coffee time 4:00 Visits & chats</p>
<p>19</p> <p>10:30Game/Exercise 11:00 Arts & Crafts 1:30 One to One 2:30 Active Game 3:15 Coffee Time 4:00 Bingo</p>	<p>20</p> <p>10:30 Autumn Words 1:30 One to One 2:15 Chair Tai Chi 3:15 Coffee Time 3:45 'Checkers or Dominos</p>	<p>21</p> <p>9:30 Chapel Service 10:30 One to One 2:00 Falls Prevention 3:15 Coffee Time 3:30 Name that Tune 4:00 Bingo</p>	<p>22</p> <p>10:30 Crafting 11:30 One to One 2:00 Outdoor Walk 3:15 Coffee Time 4:00 Bingo</p>	<p>23</p> <p>10:30 Arts & Crafts 11:30 One to One 2:30 "Tango" Chair Exercise 3:15 October Birthdays 4:00 Bingo</p>	<p>24</p> <p>10:30'Puzzlzes+ Words 11:00 Falls Prevention 2:30 Trivia Time 3:15 Coffee Time 3:30 Movie</p>	<p>25</p> <p>10:30 Table Games /Word games 2:15 Outdoor Time 3:15 Coffee time 4:00 Visits & chats</p>
<p>26</p> <p>10:30Game/Exercise 11:00 Arts & Crafts 1:30 One to One 2:30 Active Game 3:15 Coffee Time 4:00 Bingo</p>	<p>27</p> <p>10:30 Riddles+ Words 1:30 One to One 2:15 Chair Tai Chi 3:15 Coffee Time 3:45 Table Theme Bingo</p>	<p>28</p> <p>9:30 Chapel Service 10:30 Table Games 1:30 One to One 2:00 Falls Prevention 3:15 Coffee Time 3:45 Bingo</p>	<p>29</p> <p>10:30 Individual puzzles/games 11:30 One to One 2:15 "Words in Word" 3:15 Coffee Time 3:45 Let's Walk</p>	<p>30</p> <p>10:30 Arts & Crafts 11:30 One to One 2:30 "Tango" Chair Exercise 3:15 Coffee Time 4:00 Bingo</p>	<p>31</p> <p>10:30'Puzzlzes+ Words 11:00 Falls Prevention 2:00 Halloween Fun 3:15 Halloween Tea <small>Halloween</small></p>	