

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MUSIC CONCERT DATES TO BE DETERMINED....	<div>  </div> <div> Labor Day </div>	9:30 Chapel Service 10:30 Table Games 1:30 One to One 2:00 Falls Prevention <u>3:15 Coffee Time</u> 3:45 Bingo	10:30 Individual puzzles/games 11:30 One to One 2:15 “Hangman” <u>3:15 Coffee Time</u> 3:45 Let’s Walk	10:30 Arts & Crafts 11:30 One to One 2:30 “Tango” Chair Exercise <u>3:15 Coffee Time</u> 4:00 Bingo	10:30 ‘Guess the Word’ 11:00 Falls Prevention 2:15 Outdoor Social <u>3:15 Coffee Time</u> 4:00 Music Show	10:30 Table Games /Word games 2:15 Outdoor Time <u>3:15 Coffee time</u> 4:00 Visits & chats
10:30Game/Exercise 11:00 Arts & Crafts 1:30 One to One 2:30 Active Game <u>3:15 Coffee Time</u> 4:00 Bingo <div>Grandparents Day</div>	10:30 Let’s Bake 1:30 One to One 2:15Trivia Team Game <u>3:15 Coffee Time</u> 3:45 Stretch & Throw	9:30 Chapel Service 10:30 Words+Phrases 2:00 Falls Prevention <u>3:15 Coffee Time</u> 3:30 Rhyming Game 4:00 Bingo	10:30 Colour+Match 2:15 ‘Dog Dice Race’ <u>3:15 Coffee Time</u> 3:45 Fitness Fun 4:00 One to One + Outdoor Walk	10:30 Arts & Crafts 2:00 One to One 2:30 Chair Exercise to Music <u>3:15 Coffee Time</u> 4:00 Bingo	10:30‘All about September’ 11:00 Falls Prevention 2:30 Outdoor Walk <u>3:15 Coffee Time</u> 3:30 Movie	10:30 Table Games /Word games 2:15 Outdoor Time <u>3:15 Coffee time</u> 4:00 Visits & chats
10:30Game/Exercise 11:00 Arts & Crafts 1:30 One to One 2:30 Active Game <u>3:15 Coffee Time</u> 4:00 Bingo	10:30 Autumn Decor 1:30 One to One 2:15 Chair Tai Chi <u>3:15 Coffee Time</u> 3:45 ‘Chess, Checkers or Dominos	9:30 Chapel Service 10:30 One to One 2:00 Falls Prevention <u>3:15 Coffee Time</u> 3:30 Name that Tune 4:00 Bingo	10:30 Numbers challenge 2:15 Armchair Travel <u>3:15 Coffee Time</u> 3:45 Fitness Fun 4:00 One to One Visits	10:30 Arts & Crafts 2:00 Outdoor Time 2:30 Chair Dance Yoga <u>3:15 Coffee Time</u> 4:00 Bingo	10:30 Brain Games 11:00 Falls Prevention 2:30 Outdoor Social <u>3:15 Coffee Time</u> 4:00 “Who Am I?” 4:15 ‘Sit-Coms’ <div>Oktoberfest Begins</div>	10:30 Table Games /Word games 2:15 Outdoor Time <u>3:15 Coffee time</u> 4:00 Visits & chats
10:30Game/Exercise 11:00 Arts & Crafts 1:30 One to One 2:30 Active Game <u>3:15 Coffee Time</u> 4:00 Bingo	10:30 Riddles+ Words 1:30 One to One 2:15 Outdoor Walk <u>3:15 Coffee Time</u> 3:45 Group Exercise to Music <div>Rosh Hashanah Begins Autumn Begins</div>	9:30 Chapel Service 10:30 Table Games 1:30 One to One 2:00 Falls Prevention <u>3:15 Coffee Time</u> 3:45 Bingo	10:30 Arts & Crafts 11:30 One to One 2:00 Karaoke Sing Along <u>3:15 Coffee Time</u> 4:00 Bingo	10:30 Arts & Crafts 11:30 One to One 2:30 “Tango” Chair Exercise <u>3:15 Coffee Time</u> 4:00 Bingo	10:30‘Puzzlzes+ Words’ 11:00 Falls Prevention 2:30 Trivia Time <u>3:15 Coffee Time</u> 3:30 Movie	10:30 Table Games /Word games 2:15 Outdoor Time <u>3:15 Coffee time</u> 4:00 Visits & chats
10:30Game/Exercise 11:00 Arts & Crafts 1:30 One to One 2:30 Active Game <u>3:15 Coffee Time</u> 4:00 Bingo	10:30 Words+Puzzles 1:30 Fresh Air Break 2:15Chair Dance Yoga <u>3:15 Coffee Time</u> 3:45 Dominos +Card Games	9:30 Chapel Service 10:30 Craft Project 2:00 Falls Prevention <u>3:15 Coffee Time</u> September Birthdays 4:00 Bingo	<div> <h1>September 2025</h1> </div>			