

COMMUNITY & CONNECTION

Friday March 28

LIVE EVENT

THE POWER OF CONNECTION:

FAMILY, FRIENDS AND FAITH

1PM EST



-  Don't wait for Spontaneity! Plan Your Time Off
-  Work-Life Balance in Public Safety — What We Can Learn From Millennials
-  Who Is Your Who? Building Your Personal Support Network
-  Mindfulness For First Responders
-  Wellness Videos
-  The Family Connection
-  First Responders: Invest in Your Relationship
-  First Responders' Transition from Work to Home

