



# Diabetes You Can Win Caregiver Support Group

*with Kerling Eldred M.ED, CHWC*

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**Every second Monday of the month starting April 8, 2024,  
from 6:00 PM to 7:00 PM**

## **Upcoming Topics:**

- Introduction to the program
  - How to effectively care for someone with diabetes.
  - Lifestyle Change for you and the caregiver
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## **For registration and inquiries :**

Follow the link below:

<https://linktr.ee/diabetesyoucanwin>

