







We are providing a free CDC Diabetes Prevention Program Virtually starting July 8, 2020, 4-5pm & July 11th, 11-12pm

What to expect:

- A proven program to prevent or delay type2 diabetes
- A CDC-approved curriculum and trained lifestyle coach
- A year-long program with weekly meetings for the first 6 months, then once or twice a month for the second 6 months
- Support from others like youself as you learn new skills

Diabetes "You Can Win" Foundation, Inc. has partnered with Gwinnett County Board of Health

Please contact us at info@diabetesyoucanwin.org or call 404-396-4417



