About Us

We offer research-based art, play, and animal assisted therapy for children and families of all ages. Our focus is on improving the overall wellness for children who are experiencing post-trauma, mood disorders, and ADGD. Providing a unique counseling services to our cleints through animal and art assisted therapy, various materials (paints, clay, charcoals, pastels, etc.) may be used in session. In addition, we have animals such as therapy dogs and small animals to help facilitate communication and healing.

Contact Us

Phone: 715-301-0667 www.caringtree.us

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The Caring Tree – Child and
Family Counseling



227400 Rib Mountain Drive Ste D, Wausau, WI 54401

Hours:

Monday-Thursday: 10:00a-6:00p

Friday and Saturday: by appointment

Sunday: closed



Animal Assisted Therapy

Animals help improve motivation and engagement in therapy, which can result in a shorter recovery process and lower costs. Animals provide a sense of security and emotional support. Dogs, in particular, offer unconditional acceptance and positive regard. Animals can promote relaxation. Research has demonstrated that petting an animal can help lower blood pressure, heart rate, and increase oxytocin, a positive neurochemical.



Focused on the Care of Children and Families

The Caring Tree – Child and Family Counseling in Wausau provides therapy to children of all ages and their families. Our focus is on improving the overall wellness for children who are experiencing post-trauma, mood disorders (such as anxiety and depression), and ADHD. We also offer services to help support the entire family system in growth. Therapy facilitates communication and healing while supporting the entire family.



Art Assisted Therapy

Art therapy for children and adults can provide individuals with an easier way to express themselves and improve communication. Children tend to be more naturally creative, so art allows that creativity to show their true emotions. A Young child is likely to be more capable and comfortable in expressing themselves with crayons and markers than they would be at expressing emotions and feeling through words.