

A CLAY ZONE WORKSHOPS

GET INTO A ZONE!

1

SEA LIFE ZONE

Aquatic Life This workshop entails a session of creating sea creatures of choice. Sculpting tools will be provided during the session. Participants will be provided images to use. Everyone's own creativity is always encouraged.

LOVE & KINDNESS ZONE

Heart to Heart This workshop will follow the theme of promoting kindness and love by creating your own personal design of a heart. Through this workshop the participants will be able to tap into their imagination while enjoying the aromatherapy scented clay that ultimately eases your mind and relaxes your body. Everyone's own creativity is encouraged.

2

3

DECOMPRESSION ZONE

Let it Go This workshop is designed to help participants to do an exercise where they build whatever they want with the clay and then destroy the masterpiece to symbolize letting go of whatever it you choose to want to release. This workshop is designed to help you to learn how to utilize the clay when experiencing anxious emotions.

CULTURAL CREATIVITY ZONE

Many Faces of People, This workshop is a fun workshop for all ages. This is a workshop where participants are encouraged to create a face with their clay. Their faces are encouraged to show that we are all individuals and it's okay to look and be different.

4

5

FAMILY CONNECTION ZONE

Family Ties This workshop provides a fun opportunity to bond with the family while using the clay. Each family member will be given the task of creating a sculpture or portrait of the family pet or something that they all like to eat.

DATE NIGHT FUN ZONE

Sculpt and Sip This workshop is a creative way for couples to connect. Each couple will use their clay to create their choice of food items, sporting goods, transportation vehicles, or their own version of an insect. The goal is to create two pieces of artwork that compliment each other's creative ability. Laughter is encouraged.

6

7

ZEN ZONE

Silent Sculpt This workshop provides a quiet and meditative clay experience. Participants will connect with the clay and be in the state of mindfulness.

MOM'S APPRECIATION ZONE

Mother's Day Any Day This workshop provides an opportunity to celebrate mothers any day of the year! Participants will use their own imagination to create various types of flowers. Mothers and mother figures are encouraged to join!

8