Volume 33
Number 10

The Walk Way

Eastern Shore Emmaus Newsletter



Eastern Shore Community Gathering

Saturday, October 10, 2026
Camp Occohannock
9403 Camp Lane
Belle Haven, VA 23350
No Pot Luck
Gathering at 7:00

ES Emmaus Board Meeting

October 26, 2026
7:00 pm
Craddockville UMC
3346 Boston Rd
Craddockville, VA 23341

All are welcome

Articles from Community Members are welcome!! Please submit in MSWord format before the 20th of the month to:
Jean Baker
Jean.mbaker@cox.net



A Message From Our Community Lay Director

Hello Eastern Shore Emmaus!

Summer is over and the weather has started to cool down some. Fruit flies have arrived in force and the days are getting shorter. And of course, the Fall Walks are almost here.

The Lord has blessed us once again with a list of Pilgrims who are ready to participate in the Emmaus Walks ES 132 and ES 133 and two teams of men and women who are greatly inspired to serve Him! As always, the Walks will need the support of our Emmaus Community. Please consider writing agape letters to the Pilgrims and teamers. Let them know you're thinking about them, praying for them, wishing for them the best Christian experience.

Have you ever attended Sponsor's Hour? After Pilgrims are dropped off on Thursday at the start of the weekend, we hold this event at the Worship Center at 7:30pm. One of our clergy members will lead in praying for the Pilgrims and their crosses and much, much more. You do not have to be a sponsor to participate. Please consider being a part of Sponsor's Hour!

Our Community Lay Director Continued

Our October gathering is held at the Worship Center on Saturday of the Men's Walk and is a full gathering minus our pot-luck meal. Prayers and praises, music, community news, a 4th Day speaker and of course Holy Communion. Then, a walk to the Cross for the Candlelight Event. We hope you can attend!

Through the entire weekends, I will be praying that the Pilgrims see our Lord and Savior Jesus Christ through all the acts of love, kindness and service to Him through the teams and the community as well. Please take the opportunity to participate in these special Christian events! Remember what it says on our crosses. "I am" is on one side....."Counting on you" is on the other side! De Colores !!!

Community Lay Director
Frank Walter ES104



An Article From Our Spiritual Director





Emmaus October Spiritual Director Devotion

"Do nothing out of selfish ambition or conceit, but in humility consider others as more important than yourselves." *Philippians 2:3*

Canon of the Emmaus Team:
I will serve in humility and gratitude for the opportunity to be here and will remember that the Holy Spirit calls for my love, my patience, my kindness, my gentleness, and my self-control in all things.

Our Commitment!

In a few weeks we will witness walks E.S. 132 and E.S 133, and the teams are working hard to prepare for the pilgrims that God will be sending their way. While every Friday night at these team meetings, everything is important to understand and practice, there is nothing more important than understanding and practicing the Canon. This is why as a community it is of equal importance that part of your prayers that you include praying for teamers to fulfill their commitment to the canon throughout the process of teaming and on the walk.

One of those commitments that the teamers commit to is the one I have included in this newsletter. The words **humility** and **gratitude** should encourage every teamer to make the words I have underlined as a mental checklist in everything they do. It begins with acknowledging that the Holy Spirit of God is to whom we answer.



Spiritual Director (continued)

When we speak this commitment each week of teaming, we need to remember that we first make this commitment to the Holy Spirit of God and to our team. In doing so we have the witness of the Holy Spirit and the team we are serving with of our commitment. I stress this because we need to understand that God does not take this commitment lightly and neither should we as a member of the team. Once again, community this is one of the reasons that I request that you include this in your prayers for the teamers and the pilgrims that they will be pouring themselves out too during those weekends. So, I conclude this with those important words that I have underlined: **love, patience, kindness, gentleness,** and **self-control** in all things.
De Colores!
Joe Barnes E.S.114



Board of Directors

Our Board of Directors members serve a three year term. Elections take place at the November Gathering.
Five Board Members will be rotating off of the Board this year. Applications close on October 1. Voting takes place at the **November Gathering.**

Requirements

Have teamed on a Walk within the last 3 years and 2 years have elapsed since you walked
Have attended a DODU
Be active in your local Church
Be active in the ES Emmaus Community

Current Applicants:

C L Greene
Pat Johnson
Wayne Johnson (who is serving for Bob Talbot)
Daniel Parks
Karen Broadwater

Changes to Kitchen at OOTB

After the Kitchen at the camp was remodeled, the camp applied for and received certification to serve more than 80 people. This certification is in line with restaurant certification in Virginia and the kitchen now must be in compliance with Virginia Restaurant regulations.

The camp is in operation all year, not just for our Emmaus Walks and the full time cook (Paula) and her assistants are all certified. They will be providing meals for us on the Walks.

Alyce and Danny are still very much a part of our community and though they are wonderful, they will not be cooking for us at this time.

In addition, ONLY those signed up for kitchen help **will be allowed in the kitchen**. Dining Room servants will ask for and receive items through the window only. Team food will be kept in a refrigerator outside the kitchen. This is in compliance with the code that the camp has to meet. They are subject to inspection at any time.

Please help the camp to maintain compliance by abiding by these new regulations.



Outreach

October 1 – 4, 2026	October 1-4, 2026	October 8 – 11, 2026
Men's Walk #99 Reynoldsburg Emmaus Reynoldsburg Community Church Reynoldsburg, OH	Men's Walk #113 Sandhills Walk to Emmaus Pinehill Baptist Camp Bennettsville, SC 29512	Men's Walk #7 Brush Country Emmaus El Shaddai Retreat Center Yorktown, TX 78164
Men's Walk #41 (Women's Walk #41 Oct 8-11) Valley Walk to Emmaus Pine Eden Hamilton, GA 31811	Men's Walk #125 (Women's Walk # 126 Oct 8 -11 2026) Shenandoah Valley Emmaus Camp Overlook Keezletown, VA 22832	Women's Walk #158 Heart of Carolina Emmaus Short Journey Retreat Center Smithfield, NC
Men's Walk #135 (Women's Walk #136 Oct 15-18) Emmaus of the Albemarle 4HCenter Columbia, NC	Men's Walk #140 (Women's Walk #141 Oct15-18) Brazos Valley Emmaus CrossRoad Retreat Center Caldwell, TX 77836	Men's Walk #50 (Women's Walk #57 Oct 22-25) Ashland Area Emmaus Cornerstone Methodist Church Ashland, KY 41101
Men's Walk #33 (Women's Walk #34 Oct 8-11) Grace Emmaus of the Bluegrass Bluegrass Christian Camp Lexington, KY 40509	Women' Walk #92 Spring Hill Emmaus Baptist Hill Campground Mount Vernon, MO	Women's Walk #93 New Horizon Emmaus Amherst Christian Retreat Center Amherst, TX
Men's Walk #113 Houston Bay Area Emmaus The Lodge at Danbury Danbury, TX 77534	Men's Walk #99 (Women's Walk #100 Oct 8-11) Heart of the Ozarks Emmaus Camp Siloam Siloam Springs, Arkansas 72761	Men's Walk #218 (Women's Walk #252 Oct 15-18) North Georgia Walk to Emmaus King's Retreat Dallas, GA
Women's Walk #59 (Men's Walk #59 Oct 22-25) Western Reserve Emmaus Camp Asbury Hiram, OH	Women's Walk #115 GRACE Emmaus Camp Gilmont Gilmer, TX	Men's Walk #194 (Women's Walk #195 Oct 15-18) Central Mississippi Emmaus 6 Mile Camp Crystal Springs, Mississippi 39059
Men's Walk #150 (Women's Walk #151 Oct 15-18) West Tennessee Emmaus Lakeshore Camp and Retreat Center Eva, TN 38333	Women's Walk #79 Chattanooga-Lafayette Emmaus Georgia	Men's Walk # 120 (Women's Walk #121 Oct 15-18) New Covenant Emmaus Crystal Springs Camp Kelso, TN

October 8-11, 2026	October 12-15, 2026	October 22-25, 2026
Men's Walk #99 (Women's Walk #100 Oct 22-25) Suncoast Emmaus Dayspring Retreat Center Parrish, FL 34219	Face to Face Encounter #8 Iowa Walk to Emmaus First UMC Perry, IA	Men's Walk #111 Eastern Carolina Emmaus CYC Dunn, NC 28334
Men's Walk #70 (Women's Walk #81 Oct 15-18) Greensburg Area Emmaus Greensburg, Indiana 47240	**October 14 – 17, 2026**	Men's Walk #139 Quad Cities Emmaus Camp Summit New Windsor, Illinois
Women's Walk #90 New River Valley Emmaus Camp Maranatha Dublin. VA 24084	Men's Walk #115 (Women's Walk #53 Oct 15-18) Greater Cincinnati Emmaus St. Paul UMC Madeira, OH 45243	Women's Walk #164 Eastern Panhandle of WV Marlu Ridge Conf Center Jefferson, MD
Women's Walk #97 Greater Sidney Area Emmaus Sidney First Methodist Church Sidney, OH 45365	**October 15-18, 2026**	Men's Walk #101 Mid-Michigan Emmaus Aldersgate Church Midland, Michigan 48642
Women's Walk #290 Golden Spread Emmaus Ceta Canyon Retreat Center Wayside, TX	Men's Walk # 108 (Women's Walk #108 Oct 22-25) East Ohio Emmanuel Emmaus Beach City, OH	Men's Walk #117 Illinois Heartland Emmaus East Bay Camp Hudson, Illinois
Men's Walk #269 (Women's Walk #270 Oct 15-18) North Indiana Emmaus Epworth Forest North Webster, Indiana	Women's Walk #57 Darke County Area Emmaus Cedar Grove Church of the Brethren New Paris, OH 45347	Men's Walk #248 Heart of Georgia Emmaus Dooly Campground Vienna, GA
Women's Walk #136 Minnesota Walk to Emmaus Lake View Methodist Health Care Center Fairmont, Minnesota 56031	Men's Walk #147 Richmond Emmaus Chanco on the James Spring Grove, VA 23381	Men's Walk #256 (Women's Walk #257 Oct 22-25) Puget Sound Emmaus Lakeside Bible Camp Clinton, Washington 98236
October 12 - 15, 2026	Women's Walk #164 (Men's Walk #165 Oct 22-25) United Emmaus Appalachian Christian Camp Unicoi, TN 37652	Walk #78 High Desert Emmaus Mountain Pointe Camp California
Women's Walk #127 (Men's Walk #128 Oct 22-25) Coastal Carolina Emmaus Salt & Light Christian Center North Topsail Beach, NC	Men's Walk #143 Mesquite Country Emmaus Camp Butman Merkel, TX	Hey ya'll. I could have added a whole other page of walks. If you wish to view them all go to https://www.upperroom.org/events/list?






T-shirts, Sweatshirts, Ball Cap, Visors and Pens with various ES Emmaus logos are available for purchase. If you are interested in buying any of these items, please contact, Miles Brittingham and he will make arrangements to get them to you. He will take orders from you and will deliver them to you at the following gathering.

Miles Brittingham
(410) 603-6920
Curt Dennis has had to resign from the Board for work and family reasons. Miies Brittingham has graciously agreed to fill in



How did Halloween Come About?

October 31st is Halloween or All Hallowed Eve
In early England deeply revered people were referred to as Hallowed, thus the evening before “all Hallowed Day” (eventually becoming All Saint’s Day) became “All Hallowed Eve” or Halloween
The origin of Halloween is traced back to a festival celebrated by the Celts and Druids called Samhein (sow-in) which celebrated the end of summer, the end of harvest and the start of a new year. The ancient Celts believed that the veil between the worlds of the living and the dead was it’s thinnest during the “death night” of the old year.
Halloween was once known as “Nutcrack Night” in England when the family would gather around the hearth to enjoy cider, nuts and apples
The name “Jack-O-Lantern” comes from Irish folklore about a man named Stingy Jack who invited the devil to have a drink with him but then wouldn’t pay. Jack tricked the devil and made a deal by which the devil couldn’t claim his soul, but God didn’t want him in heaven either, so Jack is stuck roaming the earth as a spirit with his lantern shining the way. The tradition was to hollow out a potato or turnip, make a scary face on it and put a lighted candle on the inside to scare Jack away.



Eastern Shore Emmaus Prayer Chain



Our God knows our frame. He knows that our bodies have come from dust and will one day return to their original form. He knows that without his help we accomplish nothing. But Paul's declaration in Philippians 4:13 is just as true for you and me as it was for him:
"I can do all things through him who strengthens me." We can do all things through the anointing and power of our heavenly Father. We can tackle any obstacle that stands in our way because our God is perfectly strong in our weakness.
Where do you need the strength of God today? Where do you feel weak, powerless, or weary? Where do you feel exhausted?
Your purpose is not to go through life living solely by your own power. You've been given a new identity as a son or daughter of the Most High God who desperately wants to clothe you with strength and teach you how to use the authority given to you by Jesus.
In God you can defeat the powers of sin and darkness that have held you back. In God you can accomplish the tasks set before you with joy, energy, and strength. And in God you can love and be loved to such a capacity that your very attitude, outlook, and emotions transform into reflections of your heavenly Father's.
Through the privilege of prayer, we can renew our strength. Conversations with our Father, or simply just time spent in his holy presence can refresh and rejuvenate our spirits, and change our perspective like nothing else. With those thoughts in mind, I'd like to invite each of you to take part in the Emmaus Prayer Team. The address to remember is EmmausPrayerTeam@gmail.com
Steve Johnson
Prayer Team Coordinator



Sponsorship Corner

Hello Community!
Well done, Sponsors, to fill our walks with pilgrims who are sure to be filled with the JOY of Jesus!!
Be sure to attend Sponsor's Hour, the gathering on Saturday and all the special activities Saturday night and Sunday!
Don't forget to have your pilgrims at the camp by 7 pm, get them registered and belongings in their assigned cabins (and make their beds!). You can pick up their belongings on Sunday at the worship center at closing.
Also make sure that you have emergency numbers for family to reach you or for you to reach them. (Hopefully not needed)
Keep that JOY going by making sure that the pilgrims attend the Day of Deeper Understanding on Saturday, November 14.
Also, pray, pray and pray some more!

De Colores
Jean Baker ES 107



Directory, Website, Newsletter

Greetings to everyone! The Emmaus directory and website are being maintained by Steve Johnson. Please remember that if you notice errors in the current directory please contact Steve by completing a contact information form on the website (esvaemmaus.com). Please send **any** information you may have such as addresses. marriages, deaths and email addresses on file. Steve has posted a link to the directory on the Eastern Shore Emmaus and Chrysalis facebook page.

Community members may request access to the **Eastern Shore Emmaus and Chrysalis Facebook** page. You will be requested to provide your walk location and date to be allowed in. It is for Community Members Only!

The Walk Way Newsletter will be sent via email as close to the first of the month as possible (provided all requested articles are received).
You may submit articles for the newsletter; they will be included (after review) if received before the 20th of the month.
The newsletter editor is
Jean Baker
757-650-2303
Jean.mbaker@cox.net
Please contact me if you wish to be added/removed from the newsletter distribution list, you are not receiving or cannot open the newsletter.

Don't forget this month's Gathering!
Saturday, October 10, 2026
Camp Occohannock
9403 Camp Lane
Belle Haven, VA 23350

No Pot Luck
Gathering and Service at 7:00