

The Walk Way

Eastern Shore Emmaus Newsletter



A Message From Our Community Lay Director

March Dates to Remember

Eastern Shore Community Gathering

March 14, 2026
First Baptist Church
31027 Depot Rd
NewChurch, VA 23415
Pot luck 5:30
Gathering 6:30

ES Emmaus Board Meeting

March 23, 2026
7:00 pm
Craddockville UMC
3346 Boston Rd
Craddockville, VA 23341

All are welcome

Articles from Community Members
are welcome!! Please submit in
MSWord format before the 20th of
the month to:
Jean Baker
Jean.mbaker@cox.net

Hello Eastern Shore Emmaus! What a February we had! With the Men's Walk meeting the minimum number of Pilgrims at the final hour and the Women's Walk not far behind, it's been a bit of a nail biter. God came through as he always does, blessing us with yet another opportunity to serve him by sharing the Emmaus experience with a new group of Pilgrims. And when I think about it, aren't we all at our very best when we are serving our Lord? I know I am. Matthew 10:8 tells us, "Freely you have received, freely give". We get to plant the seeds.....The rest is up to Him.

Every member of our Community has the opportunity to participate in each Walk. Whether teaming, sponsoring, participating in and attending the special events, writing agape, signing up for kitchen help, cabin cleanup, prayer vigil, making desserts. The list just goes on and on. Please take a look at ways you can get involved.

After I walked as a Pilgrim, I skipped one Walk before teaming for the first time. Once I started teaming, I sponsored several Pilgrims, but never had the opportunity (since I was teaming) or made the choice to attend Sponsor's Hour. When I attended for the first time, it was a moving experience. It helped me to grasp what was going on behind the scenes while the Walks take place. If you have never experienced Sponsor's Hour, whether you are sponsoring or not, I encourage you to attend and observe and participate in a truly special Christian experience.

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All the special events that take place during the Walks are opportunities for us to show the Pilgrims our sense of Community. Where are they going to see Jesus? How about when they walk outside for candle lighting? Or Rise and Shine? When they carry the Cross into the Worship Center at closing and the Community is giving them a cheering, standing ovation and singing De Colores? What a wonderful moment that is!!! Sponsors please plan on attending these events and all other Community members, as well.

With Easter approaching, we are now in the season of Lent. This 40 day period that leads up to Easter is a time of fasting, prayer and spiritual preparation to reflect on Jesus Christ's sacrifice

We have this opportunity to prepare for the celebration of his sacrifice on the Cross, to his return from the tomb. During this time, we can search for knowledge of where He wants us to be. To serve our Emmaus Community, strengthen our churches and enrich our relationships with others.

The Men's Walk starts just a few days after Easter Sunday. See you at the Camp!!!

De Colores!

Frank Walter ES104

Community Lay Director



An Article From Our Spiritual Director



Emmaus March Spiritual Director Devotion

“And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.” **Hebrews 10:24-25**

Community Challenge

It is a wonderful thing that we manage to get enough pilgrims to walk by the time we reach our deadline. We know it reveals how faithful God is in coming through in the last hours before we would cancel the walk for not meeting our required quota. And it is not a lack of faith on my part that God can do it. But I believe that He can bring in the quota before teaming begins. I say this because before meeting the quota for the pilgrims we still need someone to sign them up and agree to sponsor them. So along with depending on God to get them to say yes, we also need to generate the need to find pilgrims. So, let us begin now by taking on this challenge.

Everyone in the community that has sponsored a pilgrim contact those pilgrims and ask them this question, “What do they remember about their walk?” Asked them if they attended the “Day of Deeper Understanding?” If they have attended the “Day of Deeper Understanding” ask them if they would consider inviting someone they know would benefit from the walk like they did? If they have not attended the “Day of Deeper Understanding” ask them if they would consider doing so and if they say no, ask them if they would be willing to invite someone that would benefit from going on the walk. In this case, you will tell them that we will find a sponsor for them. I am convinced that there are at least a hundred prospective pilgrims out there missing the opportunity to experience these wonderful weekends where they go seeking Jesus and find Him sometimes for the first time but also rekindle a relationship that has gone dry.

This challenge is important because we have a wonderful community that supports the work done through Emmaus and has provided pilgrims along the way because of their active involvement. But pilgrims have taken the walk and as time passed, they never took the “Day of Deeper Understanding” because they knew they were too busy to team, volunteer, or not sure of committing to sponsor someone. This is where our verse comes in: “Let us consider how we may spur one another on toward love and good deeds.” These are the pilgrims that experienced the love of God and left there filled up and on fire. These past pilgrims now members of the community need spurring up because to stay filled up and on fire we need to share it. Humbly remind them that you do it because when we flipped that cross over on the last day of the walk we said, “Lord, You can depend on me.” It may be the first step for them to become active community members and least get a basket of prospects for future walks.

**De Colores!
Pastor Joe Barnes**

A Message From A Community Member

What has Emmaus meant to me?

My journey with Emmaus began over 26 years ago. I spent a weekend on the eastern shore of Virginia that changed my life forever. I had no idea the plans the Lord had for me. I was a baby Christian who thought going to church once or twice a week was enough. I have received blessing after blessing after blessing from the Lord and this community. He has taken me places. I never thought I would go, both literally and figuratively. I learned the importance of being a servant, and being served. I was shown the importance of gathering together in Jesus' name! Each new experience the Lord had for me was a growing and blessed opportunity. From serving at my local church to going on the international mission trips to local mission trips, and every turn, he had lessons for me. Through serving at Emmaus, the truth of being blessed to be a blessing was shown through. One of the greatest blessings has been getting to know more of the body of Christ. Having so many Christian friends has been so important in my life. I don't know what the Lord has planned for the next season of my life, but I look forward to finding out. If there is one thing I would like to pass along, it would be this: step out in faith, serve wherever you can, doing everything you can, for everyone you can. You will be blessed beyond your expectations!

De Colores!

John Sutton ES 29

The Battle Belongs to the Lord!



What's happening at Camp OOTB

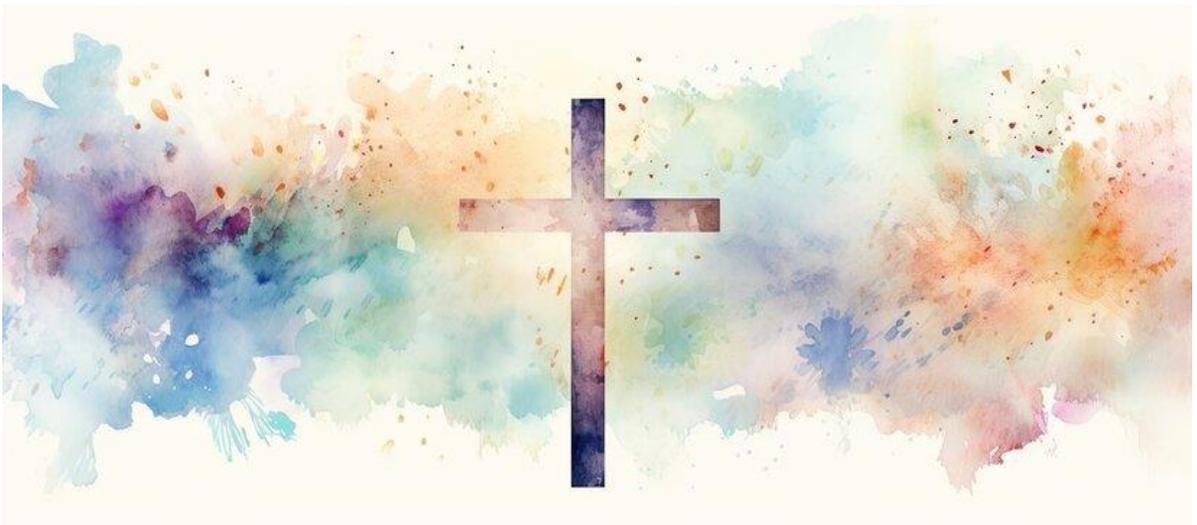
Great things happen when God mixes with us....

MARK YOUR CALENDARS!!! MARCH 14TH IS A VOLUNTEER WORK DAY FROM 8AM-3PM. (It is also the date of our next gathering!)

Lunch is provided , also coffee with Grab and go donuts for breakfast!

Don't forget to sign up for both the men's and the women's walk kitchen help! Also for clean up and luggage duty for both walks

See you there!!



The Eastern Shore Emmaus and Chrysalis Facebook Page

All Community Members are invited to join, but because it is a closed group, you must answer the questions:

Have you walked (where)?
What is your walk number?

Outreach

March 5- 8, 2026	March 9 – 12, 2026	March 12 - 15
Men's Walk #42 Golden Isles Walk to Emmaus Georgia	Face to Face Encounter #3 Valley Walk to Emmaus Christ Community Church Columbus, Georgia 31904	Men's Walk # 121 Piedmont Emmaus Camp Maranatha High Point, NC 27265
Men's Walk #156 Heart of Carolina Emmaus Cardinal Gibbons Short Journey Retreat Smithfield, NC	March 12 – 15, 2026	Boy's Flight #45 Mountain Top Chrysalis Camp Living Water Bryson City, NC 28713
Men's Walk #62 Foothills Emmaus Fellowship Camp and Conference Center Waterloo, SC 29384	Men's walk # 58 Atlanta South Walk to Emmaus Pine Eden Christian Retreat Center Hamilton, Georgia 31811	Women's Walk # 62 Foothills Emaus Fellowship amp and Conference Center Waterloo, SC 29384
Men's Walk #129 North Central West Virginia Emmaus Camp Pioneer Beverly, West Virginia	Women's Walk # 43 Golden Isles Walk to Emmaus Georgia	Women's Walk #29 Tampa Bay Area Emmaus Rotary's Camp Brandon, FL 33510
Men's Walk #108 Lansing Area Emmaus Lawrence Ave UMC Charlotte, Michigan	Women's Walk # 140 Mesquite County Christian Emmaus Camp Butman Merkel, Texas	Men's Walk # 92 Crossroads Emmaus Community Cathedral Oaks Worship & Retreat Center Weimer, TX
Men's Walk # 112 GRACE Emmaus Disciples Crossing Camp Athens, TX	Men's Walk # 216 North Geogia Walk to Emmaus King's Retreat Dallas, Georgia	Women's Walk # 130 North Central West Virginia Emmaus Camp Pioneer Beverly, West Virginia
Women's Walk #145 Nebraska Emmaus The Crossing Retreat Center Lexington, Nebraska	Men's Walk # 171 Elizabethtown Emmaus Camp Nikao Elizabethtown, Kentucky	Men's walk # 99 Mid-Michigan Emmaus Aldersgate Church Midland, Michigan
Men's Walk #107 Cape Fear/Eastern Carolina Emmaus The Refuge of Eastern Carolina Ayden, NC	Walk # 126 Dayspring Emmaus Tattnall Campground Claxton, Georgia	Men's Walk # 89 New River Valley Emmaus Camp Maranatha Dublin, VA

Outreach (continued)

March 12 – 15, 2026	March 19 – 22, 2026	March 19 – 22, 2026
Men's Walk # 86 Greater Sidney Area Emmaus Sidney First Methodist Church Sidney, Ohio	Men's Walk # 41 Darke Couty Area Emmaus Community Cedar Grove Church of the Brethren New Paris, Ohio	Women's Walk #100 Mid-Michigan Emmaus Aldersgate Church Midland, Michigan
Men's Walk #194 Cedar Rapids Emmaus Camp Io-Dis- E- Ca Solon, Iowa	Men's Walk # 139 Columbus Indiana Area Emmaus Camp Lakeview Indiana	Women's Walk #172 Elizabethtown Emmaus Camp Nikao Elizabethtown, KY
Walk # 113 GRACE Emmaus (TX) Disciples Crossing Camp Athens, TX	Dayspring Walk #127 Dayspring Emmaus Tattnall Campground Claxton, Georgia	Women's Walk #195 Cedar Rapids Emmaus Camp Io-Dis-E-Ca Solon, Iowa
Women's Walk # 44 Great River Emmaus Franciscan Retreat Center Quincy, Illinois	Women's Walk Piedmont Emmaus Camp Maranatha High Point, NC	Men's Walk #65 Chattanooga- Lafayette Emmaus Camp Lookout Georgia
March 19 – 22, 2026	Men's Walk #125 Coastal Carolina Emmaus Community Salt & Light Christian Center Topsail, NC	Men's Walk # 275 Big Country Emmaus Big Country Baptist Encampment Lueders, TX
Men's Walk # 2215 Concho Country Emmaus Community Christ the King Retreat Center San Angelo, TX	Emmaus of the Midlands Camp Agape Batesburg-Leesvile, SC	March 20 – 22, 2026
Women's Walk #68 Atlanta South Walk to Emmaus Pine Eden Christian Retreat Center Hamilton, Georgia	Women's Walk #149 West Tennessee Emmaus Lakeshore Camp Jackson, Tennessee	Boy's Flight #74 Girl's Flight #73 North Central West Virginia Emmaus Camp Pioneer Beverly, West Virginia
Men' s Walk # 191 Emmaus of the Rockies John Wesley Ranch Divide, Colorado	Men's Walk # 180 Missouri East Emmaus High Hill Christian Camp High Hill, Missouri	

March 26 – 29, 2026

Women's Walk #140
Columbus Indiana Area
Emmaus
Camp Lakeview
Indiana

Women's Walk # 131
Greater Cincinnati
Emmaus
St. Paul UMC
Madeira, Ohio

Men's Walk # 109
Camp Fear/Eastern
Carolina Emmaus
The Refuge of Eastern
NC
Ayden, NC

Women's Walk #78
Chattanooga-Lafayette
Emmaus
Camp Lookout
Georgia

**About St. Patrick's Day.....**

St. Patrick was born in an area that is known today as Wales. At 16 he was enslaved and taken to Ireland, where he spent 6 years in captivity. He escaped but later returned to bring Christianity to the people of Ireland.

During his lifetime he became a priest and founded schools, churches and monasteries throughout the Emerald Isle until his death on March 17, 461. There was no official canonization process in the 400's but calling him "Saint" Patrick likely caught on and stuck over time due to his popular acclaim. As early as the ninth or tenth century Christians were observing March 17 as a religious feast day. Because it falls during Lent it became a day to take a break from the abstinence practiced during the weeks leading up to Easter. In the U.S. St. Patrick's day has shifted from a religious observation to a secular celebration largely due to the influx of Irish immigrants due to the potato famine in the 19th century.

Why green?

The shade has been associated with the holiday since the Irish Rebellion of 1798. The rebels adorned themselves in green to differentiate themselves from the British, who wore red.

The Shamrock is the national plant of Ireland and legend holds that Saint Patrick used the three-leafed shamrock to explain the Holy Trinity.

Eastern Shore Emmaus Prayer Chain



Hebrews 4:13 says, “And no creature is hidden from his sight, but all are naked and exposed to the eyes of him to whom we must give account.” Scriptures like this used to seriously frighten me. The idea that an all-powerful, all-knowing, and perfectly holy God knows everything that we have ever done can give us both humbling and freeing. So we are called to be fully transparent and honest with our Father in our relation with Him.

To be honest before God is to invite a perfectly loving, powerful, and grace-filled Father into the places of our lives that need him the most. He longs to be asked into the very wounds we work so tirelessly to cover up. He longs to heal and transform the darkest, hardest places of our hearts we’ve hidden into fertile soil that can bear the fruit of his Spirit. He longs for us to be fully known by him in every way that we might experience the full depths of his powerful, transformational love.

Take time in prayer to truly open your heart to God and be honest. Tell him your doubts, fears, and failures. Open up the parts of your past that you have worked so hard to cover up. And let his love in that you might experience healing in his powerful presence.

With those thoughts about personal prayer in mind, I’d like to invite each of you to join the Emmaus Prayer Team. The address to remember is

EmmausPrayerTeam@gmail.com

Steve Johnson

Emmaus Prayer Team Coordinator





T-shirts, Sweatshirts, Ball Cap, Visors and Pens with various ES Emmaus logos are available for purchase. If you are interested in buying any of these items, please contact, Curt Dennis, Jr. and he will make arrangements to get them to you. He will take orders from you and will deliver them to you at the following gathering.

Curt Dennis
443-783-1892



The monthly ES Emmaus Board Meeting is held the fourth Monday of the month at 7:00 pm Craddockville UMC
33464 Boston Rd, Craddockville, VA 23341
All community are welcome to attend

Sponsorship Corner

Well done Community to fill the Spring Walks with Pilgrims. Sponsors, you know that your job is not finished with the Walk or even with the Day of Deeper Understanding. We need to start NOW to fill the Fall Walks. This can be done easily if the Pilgrims from the Spring share with their Church Community how much the Walk changed and renewed their spiritual lives. Encourage your pilgrims to get involved and become sponsors themselves. You know how it makes you feel, let them have that feeling as well!

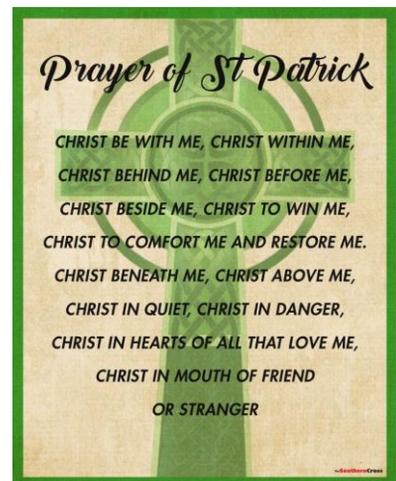
De Colores
Jean Baker



Directory, Website,
Newsletter

Greetings to everyone! The Emmaus directory and website are being maintained by Steve Johnson. Please remember that if you notice errors in the current directory please contact Steve by completing a contact information form on the website (esvaemmaus.com). Please send **any** information you may have such as addresses, marriages, deaths and email addresses on file. Steve has posted a link to the directory on the Eastern Shore Emmaus and Chrysalis facebook page.

Community members may request access to the **Eastern Shore Emmaus and Chrysalis Facebook** page. You will be requested to provide your walk location and date to be allowed in. It is for Community Members Only!



The Walk Way Newsletter will be sent via email as close to the first of the month as possible (provided all requested articles are received). You may submit articles for the newsletter; they will be included (after review) if received before the 20th of the month. The newsletter editor is Jean Baker 757-650-2303 Jean.mbaker@cox.net Please contact me if you wish to be removed from the newsletter distribution list, you are not receiving or cannot open the newsletter.

Don't forget this month's gathering!

Saturday March 14
First Baptist Church
31027 Depot Rd
NewChurch, VA 23415
Potluck and fellowship 5:30
Worship and Service 6:30