Volume 33
Number 11

The Walk Way

Eastern Shore Emmaus Newsletter



November Dates to Remember

Eastern Shore Community Gathering

Saturday, November 14, 2026
Christ Fellowship Bible Church
5910 Crisfield Highway
Marion Station, MD 21838
Team Critique 2:00
Day of Deeper Understanding 3:00
Pot Luck 5:30
Gathering at 6:30

ES Emmaus Board Meeting

November 23, 2026
7:00 pm
Craddockville UMC
3346 Boston Rd
Craddockville, VA 23341

All are welcome

Articles from Community Members are welcome!! Please submit in MSWord format before the 20th of the month to:
Jean Baker
Jean.mbaker@cox.net



A Message From Our Community Lay Director

Happy November Eastern Shore Emmaus! Well, the Fall Walks have passed and as always, God showed up and was in charge. Our teams and community gave the pilgrims a view of Jesus through all of the acts of love, kindness and service. Now, it's time to take things a step further with our Day of Deeper Understanding. It is so very important for our teams to attend. This event is the final element of the Walks. Sponsors please encourage our new community members to attend. Their attendance will open the door for the next part of the Emmaus experience.....teaming and sponsoring. Anyone who has participated on a Walk in the past, whether here or elsewhere, is welcome as well.

Our Weekend Lay Directors and Head Spiritual Directors for the Spring Walks have been selected and announced. John Baker will be the WLD for ES134 with Pastor Wayne Johnson as Head Spiritual Director. Christi Medice will be the WLD for ES 135 and Pastor Annette Austin will serve as Head Spiritual Director. How exciting!

Our Community Lay Director Continued

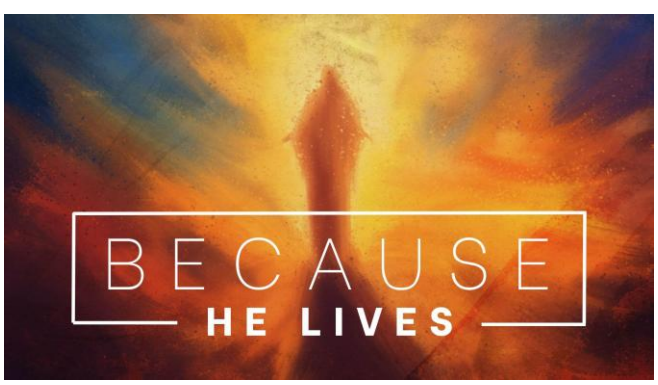
Applications for the Spring will be accepted starting at the DODU. Think about applying to team, or who you might sponsor. Pray on it and God will answer. Think about all the other ways to serve, as well. There is a place for every one of us come April when the time for the Walks arrives.

It has been a true honor and privilege to serve as your Community Lay Director for 2026. I am grateful that the Lord gave me this opportunity. The year has flown by. There is no better way to get to know our brothers and sisters in Christ than the experience of serving Him together. Perhaps the greatest blessing has been those Board members that I've served with. This group approached the tasks and decisions with their hearts and minds open and always looked to Him for Guidance.

At our gathering after the DODU on November 14th at Christ Fellowship Bible Church in Marion Station Md, our new Community Lay Director and new Board Members will be announced. Please stay after our meal and join us for our praise and worship, as well as these important announcements. You'll hear our Fourth Day speaker and as always, end with Holy Communion. Hope to see you there!

Frank Walter ES104 Community Lay Director

Because He lives, I can face tomorrow
Because He lives, all fear is gone
Because I know, He holds the future
And life is worth the living, just because He lives.



An Article From Our Spiritual Director





Emmaus November Spiritual Director Devotion

And being found in appearance as a man, He humbled Himself and became obedient to the point of death, even the death of the cross." Philippians 2:8

The Cannon makes the point that humility is a virtue that we should strive to have while preparing for the walk, through teaming.

Humble Yourself!

The cannon reads as following: "I will serve in humility, and gratitude for the opportunity to be here, and will remember the Holy Spirit calls for my **love**, my **patience**, my **kindness**, my **gentleness**, and my **self-control** in all things."

I believe in Galatians, we call this the "Fruit of The Spirit." Humility calls for us to realize that I am an imperfect earthen vessel, and I am not on the walk to point out others faults nor take the role of correcting other's faults, instead I am here as a servant. What makes the walk so successful is that we allow God's love flow in us and through us by allowing that love to be patient with other members of the team and demonstrating our love and patience for one another. It demands my kindness, my gentleness, and my self-control in everything that takes place during the seventy-two hours of the weekend. With the expectation that I will go back to my family, co-workers, friends, enemies, and church family applying the same humility that we have practiced on the walk. If we have done our due diligence in living out this humility, then the pilgrims will see the Spirit lived out before them and they too will strive to live out this humility.

Spiritual Director (continued)

We learn that humility puts everyone's needs and interest before our own. Our Lord Jesus Christ showed us this kind of humility in that while He did not deserve to die, nor did He lack the choice not to die for our sins. In His humanity He did struggle with that choice, but He humbled Himself, declared not my will but Yours (God the Father). He humbled Himself and became obedient even unto death on the cross. Humility teaches us to die to ourselves and pick-up our cross and follow Jesus. No greater sacrifice than lay down our lives for another. Think about these things as we go about our daily lives.
De Colores!

Joe Barnes
E.S. 114

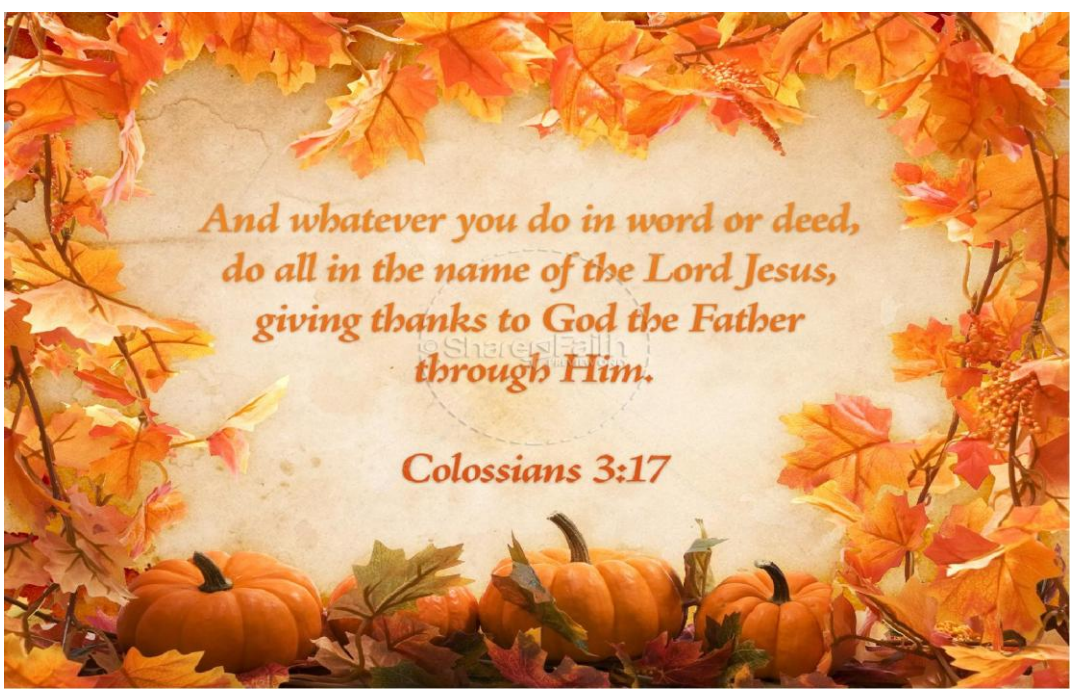


Special Request from the Community

This is a special request from the Spiritual Director for E.S. Emmaus Board. We have a few dedicated Pastor's that serve as Spiritual Directors on the walks and on the Board. We all love serving Emmaus and will continue as our health allows us too. But we are running into a problem because we do not have ample Spiritual Directors to serve and we are stretched thin to fill all the slots we need to fill. If there are any pastors that have been on the walk to Emmaus and would consider being part of this vital ministry that helps strengthen the local church and help ignite that "First Love for Jesus," please consider contacting me or the E.S. Board and we can give you more details and help you fill out the application. If you are a pastor that has not walked, we would love to sponsor you to take the 72 hour "Walk to Emmaus" with us. Please do not get fooled by the word walk, we will explain that to you. If you are part of the community, can you ask your pastor if they would be willing to pray and consider talking to us about serving. Spiritual Director for the Board Joe Barnes E.S. 114. Thank you for your consideration.
Joe Barnes
Email: wjbbjb53@verizon.net
Phone: 410-422-8002

Comments from our Weekend Lay Directors from ES 132 and ES 133

When I was asked if I would consider being the Weekend Lay Director for ES 132 I originally said that I didn't think that I was ready. But as I was driving one day, listening to a CD. God put it on my heart to say yes to the role, giving me my theme "Don't let the Rocks Cry Out" , my scripture, Luke 19:40 and my song "Lift Up Your Hands".
I thank God for the opportunity to be the WLD and serve Him on all the teaming and weekend walk. As things started to come together and teaming started, I could feel the unity and love we had. The Spirit of God was in the meetings, and we all had one thing our hearts; to do what God had for us and let the Pilgrims see and feel God's love through each one of us.
On Thursday I could feel the calmness of the Holy Spirit all day. When the Pilgrims started to come the excitement was there for all of us as we started to focus on them and love them.
As the weekend went on, we could feel the Holy Spirit and knew He was in charge of the weekend. As the Talks were given you could tell that God's anointing was on them. We laughed and had a good time. There was a calmness and sweet Spirit all weekend.
I thank God that he let me share on this Walk to Emmaus 132 with all the Teamers and the Pilgrims He has put in my life. There are a lot of things we don't see from the Community. I say "Thank You all", like I told the Team and the Pilgrims: I wish you could read my heart.
De Colores
Johnny Haislip
WLD ES 132



ES 133 was an amazing walk for the Lord! And the theme of Transformed and scripture Romans 12:2 He picked out for the walk was right on time as always. We watched the pilgrims come in Thursday night not knowing what God had for them. By the end of the weekend you could see answers and a closer walk with Him in every face. They came and found Jesus. They were encouraged and uplifted and had a light shining from them for Jesus we will never forget. The fellowship they were a part of, and friendships they formed will last a lifetime. God showed up and showed out like he always does and we got to watch Him in real time mold and shape hearts and bring life back to dry bones. Even the team leaves different, changed forever from serving for the Lord all weekend and being the hands and feet.

There is a reason the community and the team are unified on every walk for one purpose. That the pilgrims leave transformed and changed, closer to our Lord, with a direction and a purpose for their lives. They are given tools and knowledge to become better disciples, and learn there is a Christian community behind them and with them every step of the way. That they are not alone in pushing back the darkness and are strong enough, tethered to God to make it through every trial and obstacle.

Every minute of everything we do shows Gods glory on the walk and the pilgrims feel and see Jesus through all of it. I am forever grateful for His great love for us.

Nikki Nelson
ES 113



Welcome to our New Community Members

ES 132

Jeremy “JT” Baker
Steve Benson
Charles “Chaz” Bouw
Kirby Bowen
Hunter Cobb
Richard “Rick”Fisher
Adam Gervais
Dean Good
Lawson Lewis
Will McFord
John Nowland
Tim Pass
Josh Pruitt
Bill Riley
Kevin Rios
Maurice “Reese” Taylor
Mason White
Dennis “DW” Whitcher

ES 133

Darlene Allinder
Brook Blizzard
Diane Broadwater
Sherry Catoe
Ashley Critzman
Dominique Custis
Kate Derr
Vicky Ennis
Pat Furniss
Jin Suk Kim
Laura Beth Long
Patti Mears
Riley Nelson
Mary Proctor
Mallory Serman
Bethany Steele
Ashley Stoughtenger
Paige Thompson
Sheryl Wolf





New Board Members

As mentioned in previous months, we have 5 members rotating off of the Board of Directors this year. Five Community Members stepped up to fill those positions. There will be no need for an election at the November gathering.

Frank Walter has served as our Community Lay Director for the past year (and done a wonderful job).

The new Board members and the new Community Lay Director will be announced at the November gathering.

Have you noticed an increase in costs ?

Well, so has the Emmaus Community. The Board has found the need to increase the cost of teaming and pilgrims to $250.00. This is effective with the spring walks in 2027.
In addition, the Scholarship available for each pilgrim has been increased to $125.00 to help offset that cost.

Outreach

November 4-6, 2026	November 5-8 2026	November 12 – 15, 2026
Girl's Flight #37 Chattanooga-Lafayette Chrysalis Georgia	Men's Walk #219 (Women's Walk #253 11/12 – 11/15, 2026) North Georgia Emmaus King's Retreat Dallas, GA	Women's Walk #29 Philippines Emmaus Sta. Rafaela Maria House of Spirituality Quezon City, National Capitol Region, Philippines
November 5-8, 2026	Chrysalis Flight Hoosier Hills Chrysalis Hilltop Christian Camp Columbus, IN	Women's Walk # 130 Care Bexar Emmaus Community Camp Capers Waring, TX
Men's Walk #104 (Women's Walk # 105 11/12 – 11/5) Evansville District Emmaus Historic Santa Claus Campground Santa Claus, IN	Men's Walk #87 Greater Sidney Area Emmaus Sidney First Methodist Church Sidney, OH	Women's Walk #53 Northern Kentucky Emmaus Ministries St. Paul UMC Maderia, OH
Women's Walk #128 Reynoldsburg Emmaus Reynoldsburg Community Church Reynoldsville, OH	Women's Walk #110 Eastern Carolina Emmaus CYC Camp Dunn, NC	Women's Walk #132 Greater Cincinnati Emmaus St. Paul UMC Madeira, OH
Men's Walk #97 Denton Area Emmaus Lone Oak RV Ranch and Retreat Gainesville, TX	Men's Walk #146 Nebraska Emmaus Calvin Crest Camp & Retreat Center Fremont, NE	Women's Walk #14 Houston Bay Area Emmaus The Lodge at Danbury Danbury, TX
Walk #27 Czech Emmaus Community UK National Board of Emmaus Alaska	Women's Walk #211 Nashville Upper Room Emmaus Good Sheperd UMC Hendersonville, Tennessee	Women's WLK #54 (Men's Walk #54 11/19 - 11/22 2026) Skylands Walk to Emmaus Sacred Heart Retreat Center Newton, NJ
Men's Walk #100 Blue Ridge Emmaus Bonclarken Flat Rock, NC	Women's Walk #74 Grace Emmaus of Silicon Valley Los Altos UMC Los Altos, CA	Women's Walk #219 New Life Emmaus Community Disciple Oaks Retreat Center Gonzales, TX

November 12 – 15, 2026

Men's Walk #291
Golden Spread Emmaus
Ceta Canyon Retreat Center
Wayside, TX

November 19 -22, 2026

Women's Walk #54
New York Annual Conference Emmaus
St. Joseph's Villa
Hampton Bays, NY

November 26 – 29, 2026

Men's Walk #30
Philippines Emmaus
Sta. Rafaela Maria House of Spirituality
Quezon City, Nation Capitol Region. Philippines

Women's Walk #43
Golden Isles Emmaus
Lions Camp for the Blind
Waycross, GA

Women's Walk #142
Columbus Area Emmaus
Camp Lakeview
Indian

Women's Walk #167
Iowa Walk to Emmaus
Faith UMC
Humboldt, IA

November Fun Facts

November is unique as a traditional bridge between autumn and winter, famed for anchoring the holiday season and serving as a time of national reflection

Mo-vember and No-shave November, it has become globally recognized as a month for men's health awareness. Participants stop shaving or grow mustaches to spark conversations and raise funds for cancer research.

Federal elections in the US are mandated to take place on the Tuesday following the first Monday of the month (bye bye campaign ads!)

The First Macy's Thanksgiving Parade in 1924 stretched just two blocks and featured animals from the Central Park zoo. No cartoon ballons but live elephants, camels, monkeys and bears. It did include Santa Claus!

A woman named Sarah Joseph Hale lobbied for years for a National Day of Thanks that was recognized by Abraham Lincoln in 1863.The permanent date of the fourth Thursday in November was established by Congress in 1941.

World War I ended on the 11th day of the 11th hour of the 11th month. Originally know as Armistice Day it is known today as Veteran's Day in the US, but in many nations as Remembrance Day








T-shirts, Sweatshirts, Ball Cap, Visors and Pens with various ES Emmaus logos are available for purchase. If you are interested in buying any of these items, please contact, Miles Brittingham and he will make arrangements to get them to you. He will take orders from you and will deliver them to you at the following gathering.

Miles Brittingham
(410) 603-6920

Eastern Shore Emmaus and Chrysalis Facebook page

We have a private Facebook Page for which only those who have done the Emmaus walk can access. All Community are invited. Upon request to access the page you will be requested to provide your Walk location and the date.



Eastern Shore Emmaus Prayer Chain



The joy of the Lord available to us in the Holy Spirit transcends all circumstances, relationships, and possessions. It is an internal joy fed to our hearts by our Heavenly Father. God longs to make us a people filled and known by His joy. He longs to make us a joyful people in every circumstance and season. 1 Peter 1:6-9 says,

We can have joy in the midst of trial and tribulation because we have a genuine faith that this life is not all there is. Our hope reaches toward the day when we will live in perfect, face-to-face relationship with our Creator. Every trial and tribulation is an opportunity to cling to the truth that this world is not our home and to be filled with joy at the thought of what awaits us on the other side of this life.

Your heavenly Father has a compassionate heart toward the problems you face. He longs to meet you at the very core of your trial and fill you with abundant joy that's rooted in his love alone. One way that God gives us the opportunity to meet him is through prayer in His presence. God calls us into His presence to share our hearts so that we renew our spirits and be filled with His joy. With those thoughts in mind, I'd like to remind each of you about the Emmaus Prayer Team. The address to remember to submit a prayer request is EmmausPrayerTeam@gmail.com.

Steve Johnson
Prayer Team Coordinator



Sponsorship Corner

Hello Community!
I especially welcome our new community members from ES 132 and 133. If you have not heard, our Day of Deeper Understanding (DODU) is on November 14 at Christ Fellowship Bible Church in Marion Station, MD. Attendance at this special function is necessary if you wish to team on an Emmaus walk or sponsor someone to walk.
We will review some of the history of the Walk, our Pastors will be giving a brief summary of what was covered on each day of the Walk (listen well, we have a game based on their information), how you can give agape to pilgrims and teamers, how to sign up for community support roles, worship and a pot luck dinner!.
Pilgrims from ES 132 and 133 do not need to bring food to share, but at other gatherings everyone should. Our monthly Gathering begins with more worship, introduction of new community and new Board members, a Fourth Day Speaker and communion.
If you wish to submit an application to team, they will begin to be accepted at this time.
Hope o see you there!!

De Colores
Jean Baker ES 107



Directory, Website, Newsletter

Greetings to everyone! The Emmaus directory and website are being maintained by Steve Johnson. Please remember that if you notice errors in the current directory please contact Steve by completing a contact information form on the website (esvaemmaus.com). Please send **any** information you may have such as addresses. marriages, deaths and email addresses on file. Steve has posted a link to the directory on the Eastern Shore Emmaus and Chrysalis facebook page.

Community members may request access to the **Eastern Shore Emmaus and Chrysalis Facebook** page. You will be requested to provide your walk location and date to be allowed in. It is for Community Members Only!

The Walk Way Newsletter will be sent via email as close to the first of the month as possible (provided all requested articles are received).
You may submit articles for the newsletter; they will be included (after review) if received before the 20th of the month.
The newsletter editor is
Jean Baker
757-650-2303
Jean.mbaker@cox.net
Please contact me if you wish to be added/removed from the newsletter distribution list, you are not receiving or cannot open the newsletter.

Don't forget this month's Gathering!
Saturday, November 14
Christ Fellowship Bible Church
5910 Crisfield Highway
Marion Station, MD 21838

Pot Luck 5:30
Gathering and Service at 6:30