Volume 33
Number 9

The Walk Way

Eastern Shore Emmaus Newsletter



A Message From Our Community Lay Director

Hello Eastern Shore Emmaus Community!

Here we are, it's September already.

When I think about my Emmaus experience, one of the highlights that always comes to mind is our music. When I walked on ES104 as a pilgrim, on Thursday night, we started singing and sang all weekend. I so enjoyed that part of the Walk!

We have Weekend Music Directors on the Walks, a Community Music Director and all those who volunteer to play at all our walks, events and gatherings. These are a very dedicated group of Christians who work hard and show up to praise the Lord with their musical gifts! I'm so grateful for all they do.

One song that has been on my mind lately is "Great Is Thy Faithfulness". The line "Strength for today and bright hope for tomorrow" has a special message for me. I didn't always have the strength that reliance on the Lord provides; and I didn't have that hope for tomorrow. The assurance that all is well and there are no wolves at the door is a gift not to be taken for granted. One of God's many blessings.

September Dates to Remember

Eastern Shore Community Gathering

September 12, 2026
Exmore Baptist Church
11624 Occohannock Neck Rd
Exmore, VA 23350

Potluck at 5:30 PM
Gathering and Service at 6:30 PM

ES Emmaus Board Meeting

September 28, 2026
7:00 pm
Craddockville UMC
3346 Boston Rd
Craddockville, VA 23341

All are welcome

Articles from Community Members are welcome!! Please submit in MSWord format before the 20th of the month to:
Jean Baker
Jean.mbaker@cox.net



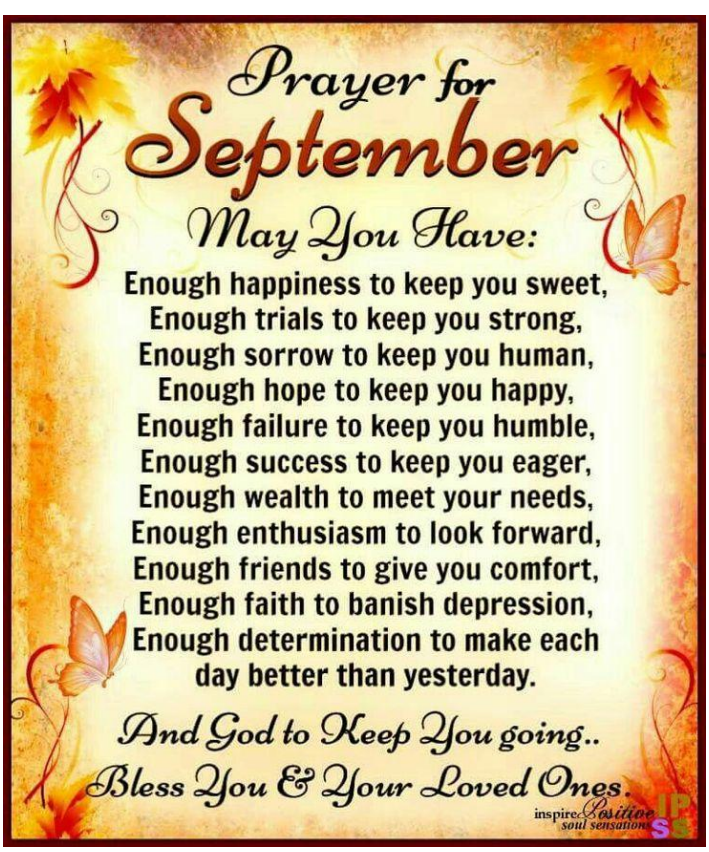
Our Community Lay Director Continued

With Walks ES132 and ES133 coming up soon, please try to attend the September gathering. This will be the last gathering before the Walks and we will be introducing the teams. The gathering will be held at Exmore Baptist on September 12th. We will start with out pot-luck meal at 5:30 followed by worship and praise at 6:30. Hope to see you there.

There will be many service opportunities during the walks, for community members who are not teaming. Kitchen help, cabin cleanup/luggage handling, Agape, prayer vigil, candle lighting and more. Our September gathering is a good time to sign up for these opportunities.

DeColores!

Frank Walter ES104 Community Lay Director



An Article From Our Spiritual Director





Emmaus September Spiritual Director Devotion

"For just as each of us has one body with many members, and these members do not all have the same function, so in Christ we, though many, form one body, and each member belongs to all the others." *Romans 12:4 – 5*

Being Part of an Emmaus Team

Why do we spend ten Friday nights together as a team before each walk? The Bible makes it clear starting with Romans chapter twelve, verses four and five. Along with other scripture verses that I am listing below, Christ makes it clear that He is not looking for "Lone Rangers," "Many Chiefs," or "Individual Heroes." No, the Bible clearly speaks to Christ's desire is that we come together as one body, *"Striving together as one for the faith of the gospel."* (Philippians 1:27)

Think about this verse found in I Corinthians 12:12: *"Just as a body, though one, has many parts, but all its many parts form one body, so it is with Christ."* Emmaus is not a place that is looking for a homerun hitting hero, nor is it looking for someone that exceeds in every task and position that teaming offers. Instead, it is a place where everyone gets to experience while multiple teaming experiences to sometime to be a foot, sometimes to be an arm, sometimes to be a toe, sometime a heart, a brain. When teaming and taking up these parts of a body, we learn what part we play in our local church and excel to make the church a more powerful body.

Spiritual Director (continued)

- Now let us look at Romans chapter twelve verses four and five again with all this in mind. We are one body with these many members. As members of one body, we all have different functions connected to one another. If my function is the foot but I attempt to do the work of an arm, the whole body is going to suffer because now the foot is missing or at best lame. But being the best foot will help overcome any lack in other parts of the body and Christ can do the rest and will because the body is functioning as He has purposed. And face it, the only homerun hitting hero on an Emmaus walk and in our local church is Jesus Himself and all glory and honor and praise is His alone.
  De Colores!
  Joe Barnes E.S. 114

Praise and Worship

Our Walks, Gatherings and other activities of the Emmaus Community are not the same without music. We are in great need of musicians for all of these activities. If you play a musical instrument, please consider contributing your talent to make a joyful noise to the Lord!



Message from a Community Member

I went to the hospital to visit a very sweet lady that we all know and love and is a large part of our Emmaus Community.
As I was leaving, I saw a group of people praying and singing. As I continued my way to the parking lot I felt the Holy Spirit telling me to turn around, but I kept walking. The feeling grew stronger and stronger until I had to turn around.
There was a young woman there, with her husband. She was crying and I asked her what was wrong. She told me that her mother had just died.
I felt compelled to give her a long hug and told her that her mother was with God.
I shared with her just how great our God is and we talked for several minutes.
I know that it was God telling me to turn around, as it says in 2 Corinthians 1:4 "..who comforts us in all our troubles, so that we can comfort those in any trouble with the comfort we ourselves receive from God"

Billy Duke



1 Thessalonians 5:12
Therefore encourage one another and build each other up, just as in fact you are doing

Outreach

September 3 – 6 2026	September 10 – 13, 2026	September 17 – 20, 2026
Women's Walk #291 Dallas Emmaus Community San Rafael Retreat Center Dallas, TX	Men's Walk #71 Dakotas Emmaus Community Byron Bible Camp Huron, South Dakota 57350	Women's Walk #72 Highland Rim Emmaus Community Fayetteville UMC Fayetteville, TN
Walk # 201 Southwest Virginia Emmaus Church of God Camp Roanoke, VA 24019	Walk #128 Dayspring Emmaus Tattnall Campground Claxton, Georgia 30417	Women's Walk #72 Dakota Emmaus Community Byron Bible Camp Huron, SD 57350
September 10 – 13, 2026	Walk #202 Southwest Virginia Emmaus Church of God Camp Roanoke, VA 24019	Women's Walk #143 Coastal Georgia Walk to Emmaus Dorchester Hunting Preserve Midway, Georgia 31320
Men's Walk # 71 Highland Rim Emmaus Community First Methodist Church Winchester, TN	Women's Walk #123 Piedmont Emmaus Camp Maranatha High Point, NC 27265	Women's Walk #47 Still Waters Emmaus Community Dayton, Tennessee
Men's Walk #142 Coastal Georgia Walk to Emmaus Dorchester Hunting Preserve Midway, Georgia 31320	**September 16 – 19, 2026**	Spanish Women's Walk #112 Houston Bay Area Emmaus The Lodge at Danbury Danbury, TX 77534
Men's Walk #45 Still Waters Emmaus Community Dayton, Tennessee	Mens Walk #40 Northern Lights Emmaus Monroe UMC Monroe, Ohio 45050	Walk # 129 Dayspring Emmaus Tattnall Campground Claxton, Georgia 30417
Women's Walk #182 Missouri East Emmaus Pinecrest Christian Missouri		Men's Walk # 163 Eastern Panhandle of West Virginia Marlu Ridge Conference Center Jefferson, MD 21755

September 17 – 20, 2026	September 24 -27, 2026
Women's Walk #124 Piedmont Emmaus Camp Maranatha High Point, NC 27265	Men's Walk # 166 Rushing Wind Emmaus Waka Christian Center Waka, TX
Women's Walk #93 Crossroads Emmaus Community Cathedral Oaks Center Weimer, TX78962	Women's Walk #109 Lansing Area Emmaus St. Louis Church of Christ St. Louis, Michigan 48880
September 24 – 27, 2026	Men's Walk # 114 TX GRACE Emmaus Camp Gilmont Gilmer, TX
Men's Walk # 54 West Michigan Emmaus Community Portage Lake Bible Camp Onekamp, Michigan 49675	Women's Walk #82 Southern Nevada Walk to Emmaus St. John's UMC Kingman, Arizona 86409
Men's Walk # 66 Chattanooga-Lafayette Emmaus Georgia	Men's Walk # 81 Southern Nevada Walk to Emmaus St. John's UMC Kingman, Arizona 86409
Men's Walk #208 Nashville Upper Room Emmaus Good Shepherd UMC Hendersonville, TN	

September Fun Facts

The Latin origin for the word September is *septem,* because it was the seventh month in the old Roman calendar.

Labor Day (the unofficial end of summer) is celebrated the first Monday in September. Although generally noted as the last summer holiday, Labor Day was established as a response to the harsh working conditions of the Industrial Revolution. Average Americans worked 12-hour days, seven days a week. The Adamson Act, passed in 1916, established an 8-hour work day.

Historians say that the fashion rule "no white after Labor Day" comes from when the upper class returned from summer vacations and stowed away their lightweight, white summer clothes.

The autumnal equinox lands on September 22 or 23, marking the official start of fall in the Northern Hemisphere. The amount of daylight and night is roughly the same. The full moon closest to the equinox is known as the Harvest Moon.






T-shirts, Sweatshirts, Ball Cap, Visors and Pens with various ES Emmaus logos are available for purchase. If you are interested in buying any of these items, please contact, Curt Dennis, Jr. and he will make arrangements to get them to you. He will take orders from you and will deliver them to you at the following gathering.

Curt Dennis
443-783-1892



Our Board of Directors members serve a three year term. Elections take place at the November Gathering.

Five Board Members will be rotating off of the Board this year. Please take some time to pray and consider if serving on the Board is something that God is calling you to do.

Requirements

Have teamed on a Walk within the last 3 years and 2 years have elapsed since you walked
Have attended a DODU
Be active in your local Church
Be active in the ES Emmaus Community

FYI

Pastor Bob Talbot has resigned from the Board due to family issues. Pastor Wayne Johnson has agreed to step in to fulfill that role until the end of the year.

Eastern Shore Emmaus Prayer Chain



Hebrews 4:16 says, “Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need.” This speaks of a throne from which comes mercy and help for those in need. And it commands us to come before the throne of the King of Kings, Creator and Ruler of all, with confidence.
God is full of both power and compassion. His presence brings grace. He is a God whose voice both commands obedience and is full of the richest kind of love. And he is beckoning you to draw near to him today so that he can offer you grace, mercy, and help.

James 4:8 tells us, “Draw near to God, and he will draw near to you.” The same God whose robe fills the temple longs for you as his child to simply get wrapped up in his arms. You can boldly come before the Lord of Lords and tell him all of your needs. David understood this when he wrote in Psalm 40:17, “As for me, I am poor and needy, but the Lord takes thought for me. You are my help and my deliverer; do not delay, O my God!” And Jesus teaches us in Matthew 7:7-11:
Ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks receives, and the one who seeks finds, and to the one who knocks it will be opened. Or which one of you, if his son asks him for bread, will give him a stone? Or if he asks for a fish, will give him a serpent? If you then, who are evil, know how to give good gifts to your children, how much more will your Father who is in heaven give good things to those who ask him!
So, what will you pray and ask of God? Do you trust in the grace and mercy found at the throne, which says that he will provide for your every need?

With thoughts of His grace and drawing closer to Him in mind, I’d like to invite each of you to join the Emmaus Prayer Team. The address to remember is EmmausPrayerTeam@gmail.com.

Steve Johnson
Prayer Chain Coordinator

Sponsorship Corner

Hello Community!
We have enough pilgrims to have our walks, now let's fill them to the brim!!
How wonderful it would be to have 30 pilgrims on each walk to experience the Lord in such a joyful way!
Don't forget to make sure to attend Sponsor's Hour and all our special events!
De Colores
Jean Baker ES 107

Help for the Walks

Just a reminder to contact Pat Johnson to sign up for the Prayer Vigils (757) 894-1108; Karen Thornton for kitchen help (512) 999-8364 and Bethany Busic for luggage and clean up (443) 235-8364

Directory, Website, Newsletter

Greetings to everyone! The Emmaus directory and website are being maintained by Steve Johnson. Please remember that if you notice errors in the current directory please contact Steve by completing a contact information form on the website (esvaemmaus.com). Please send **any** information you may have such as addresses. marriages, deaths and email addresses on file. Steve has posted a link to the directory on the Eastern Shore Emmaus and Chrysalis facebook page.

Community members may request access to the **Eastern Shore Emmaus and Chrysalis Facebook** page. You will be requested to provide your walk location and date to be allowed in. It is for Community Members Only!

The Walk Way Newsletter will be sent via email as close to the first of the month as possible (provided all requested articles are received).
You may submit articles for the newsletter; they will be included (after review) if received before the 20th of the month.
The newsletter editor is
Jean Baker
757-650-2303
Jean.mbaker@cox.net
Please contact me if you wish to be added/removed from the newsletter distribution list, you are not receiving or cannot open the newsletter.

Don't forget this month's Gathering!
Saturday, September 12, 2026
Exmore Baptist Church
11624 Occohannock Neck Rd
Exmore, VA 23350

Potluck at 5:30
Gathering and Service at 6:30