



April

Dates to Remember

Eastern Shore Community Gathering-April 13th, 2024, at Camp Occohannock, 9403 Camp Lane, Belle Haven, VA, 23306. No Covered Dish and Worship at 7:15. **Candle Lighting is at 9:00 p.m.**

Eastern Shore Board

Meeting – April 22, 2024, at 7:00 p.m. at Pungoteague Community Church, Belle Haven VA. All are welcome to attend.

Newsletter Articles- Due for May Walk Way (April 20th for May Newsletter)

PLEASE DON'T BE LATE!!

Please send articles in MSWord Doc. TY.



Eastern Shore Emmaus

An Article From Our Community Lay Director

April is here! How did that happen? It seems like we just celebrated Christmas, and now we are sensing the beginning of spring!

Wherever we look we see the promise of new life, God's creation bursting forth with promise....with beauty, freshness, and a feeling of incredible opportunity! The time for our walks are here, and with them comes the excitement of seeing what the Lord will do, both in the life of the pilgrims and the life of our community. Do not miss the blessing He has for us, be a part of His work here on the Eastern Shore!



There are so many opportunities to serve in our community, so many ways we can "Pass it On"! Please participate in our special events, let's envelop Camp Occohannock with Christ's love and Light! Also don't forget to deliver some Agape! There are also still slots left on our Prayer Vigil (when this was written) so check and see if there is a time you can fill with your prayers!

If you are sponsoring someone on the Men's or Women's walk, please remember to get our new community members to the Day of Deeper understanding! This is so important to the health of our community!

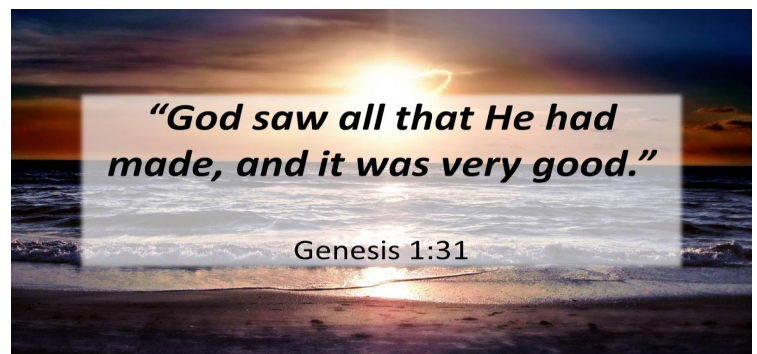
It is not too early to start thinking about our elections for board positions which will happen in November. Please consider serving on our board. Any nominations must be in before the October gathering. If you are interested or just want more information, talk to any member of the board or myself.

The board is always interested in hearing from you, our community. If you have concerns, kudos, or any thoughts please pass them on!

DeColores!

John Sutton

CLD 2024





An Article from Our Community Spiritual Director

Hello Eastern Shore Emmaus!

My prayer is that you each had a blessed Easter!

I used to love getting my Easter basket on Easter morning. I didn't particularly care for my Easter suit, but the basket; oh my! We old people no longer get Easter baskets (at least, I don't)



But what if we did? Maybe a dozen eggs in our basket would have something like this:

Egg #1- The Bible. God's perfect word. What is recorded here is more than just a history book. It is a book that we live our lives by.



Egg #2- A Lamb. The perfect son of God. The Lamb without blemish. Imagine sacrificing your perfect child, your perfect Lamb.



Egg #3- The Last Supper – As Jesus prepared for the Last Supper, he knew one of the twelve would betray him. Hey, Judas ate too! Agape love, perhaps?



Egg #4- 30 silver coins. Judas handed over Jesus for money, for something material. What did that money do for Judas? Our hope is not in money, our hope is in Jesus.



Egg #5- Garden- It was in the Garden of Gethsemane that we see Jesus like us. We see Jesus scared. This tells us in tough times we can pray for what we want, but in reality, what is best for us is that our Lord's will be done.



Egg #6- Pilate. Knew that Jesus was innocent. But he bowed to the crowd. As Christians, when the going gets tough we cannot bow to the pressures of the outside world.



Egg # 7- The Cross and two more. When Jesus was placed on the cross, he was hung between two thieves. On continued to harass him, and the others said Remember Me Jesus. Just as simple

An Article from Our Community Spiritual Director -

as that.



Egg #8- Nails. Those nails that were driven into the wrists and feet of Jesus were placed by you and me. For Jesus took our sins that day. He said no matter what you've done in this life I'll take it.



Egg # 9 Eraser. On that day Jesus was marched to Golgotha he erased our sins. And when we accept Jesus into our hearts and say Lord forgive me of my sins, he says what sins?



Egg # 10 Key. For Jesus holds the key to the kingdom. All of this was done to prepare the kingdom for us. Jesus holds the key to our eternal kingdom.



Egg # 11- Heart = Love. God loves each and every one of us. God is love and he loved us so much that he sent his one and only son to suffer and die for each of us.

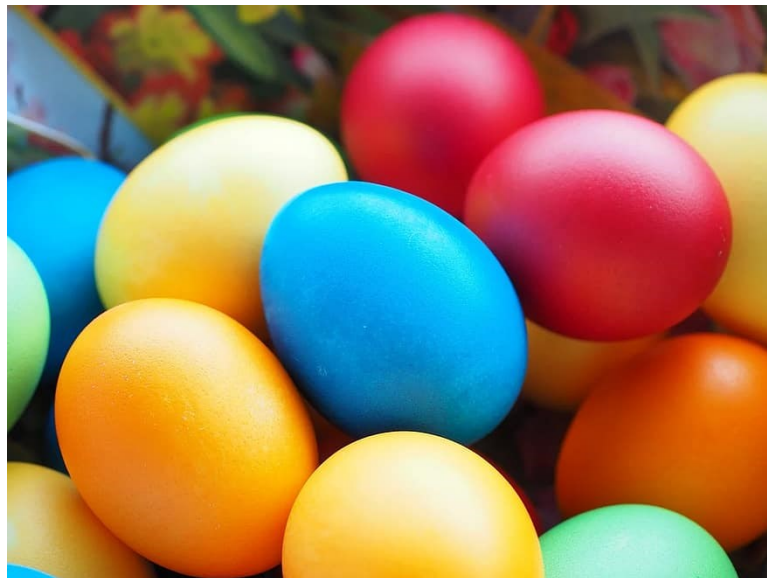


Egg # 12- Empty. Aren't you glad that the tomb was empty, too?



Happy Easter,

Pastor Bob



Articles From Your Fellow Community Members

Breakthrough ES #123

Please join us in prayer for the upcoming women's walk ES # 123. God laid upon my heart the theme Breakthrough. He is always looking for us to draw closer to Him and for us to truly know Him as our Father. Remember, He gave us freewill. This limits Him to what He can do for us, before we ask. Are you ready to give up your stress, anxiety, worry, anger, depression or _____ to be closer to Him?

Romans 8:8-9 "Those who are in the realm of the flesh cannot please God."

You, however, are not in the realm of the flesh but are in the realm of the Spirit, if indeed the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, they do not belong to Christ." Paul reveals a glorious fact. "The Spirit of God dwells in you "if you have received Him as your personal Savior.

2 Corinthians 3:17 "Now the Lord is the Spirit; and where the Spirit of the Lord is, there is FREEDOM."

We can have freedom from ALL our issues, trauma, hurt, if we are truly willing to give them to Him and let Christ be the center and Lordship of our life.

Lets begin by saying this Prayer: Jesus, we break agreement with any areas in our life that keep us from having a deep relationship with You. We repent of the sins that have been keeping us from having the kind of relationship You want to have with us. We break the agreement with the things, people or resources (money) we have looked to find solutions and not look to You as our resource. We come to You as children who are looking to our Father for guidance, wisdom and come into alignment with You. We ask the Holy Spirit to come in and fill these areas in our heart, emotions and soul You have just removed from us. Our heart's desire is to put You first in our lives. Wrap Your arms around us and draw us into You so we desire to spend more quality time with You and get to know You at a new and Victory in the name of Jesus.

Please join us in prayer for our pilgrims to have their BREAKTHROUGH during the walk. We look forward to seeing a large community outpouring into this weekend.

We thank you in advance for your time given to support this weekend with agape, time given in the kitchen, (call Wanda Ward to sign up), with luggage (call Brittany Busic to sign up), Sponsors' Hour, Stations of the Cross, (call Zach Annon to sign up), Clown Communion, Community Candlelight, (at the Camp at 7:15 p.m.), Dying Moments, Rise & Shine, (at the Camp but not before 6:30 a.m.), Closing at the Camp Worship Center (3:30 p.m.), and prayers throughout the whole weekend.

May God bless you abundantly for all of your sacrifice, love and commitment.

Dorcas Richmond-David, WLD ES123

Articles From Your Fellow Community Members

What the Emmaus Walk Has Done for Me.

Hello, my name is Katherine Winfield. Gail Deans asked me the night after the first Breakthrough Team Meeting for the upcoming women's walk on April 25-28 of this year if I would be willing to write about what the Emmaus Walk meant to me. I said yes, without even thinking about it. Next, Satan entered my mind and started filling it with anxiety. "Whatever you write will not be any good." However, I am determined not to let Satan stop me from spreading the wonderful experience that I had. I walked in the Spring of 2023, "Come to the Table " ES 119 and had the BEST time of my life. I thought I had died and gone to heaven. I felt nervous and apprehensive that the only person I knew was Amy Sutton. However, the peace and love that I felt when I entered the camp was so calming that all my anxieties just washed away. It was like being wrapped in a warm blanket on a cold winter's day. Amy had promised me that I would have a good time. I knew that this was going to be a true spiritual awakening and it was.

Amy later told me the peace that I felt came from the camp being blessed over before the pilgrims arrived. I was sure that I was going to have a hard time sleeping in a cabin with 4 plus women. Boy, was I wrong! Each night I slept like a baby. Then rise and shine!!! Bright and early. But, what an experience that waited for me each and every day of the weekend. I kept hearing over and over; just wait, "it just keeps getting better and better." I thought to myself; how could that possibly be; but it did! I received what I had yearned for all of my life, as a result of my walk "I" was finally at age 62 able to comprehend that **"Jesus has forgiven ALL of my sins. But even more importantly that he loved "ME." It has taken me 62 years to realize that yes, "Jesus did love "ME."**

I realized then and now that a lot of my fear and lack of faith came from the way that I was raised. I know that my parents did the best they could and that they had it harder growing up than I did. I didn't know this when I was younger which resulted in decades of severe clinical depression, anxiety, years of drinking and doing drugs which only resulted in making my life even more miserable. Thus, as a result I grew up believing that I could not trust anyone or love anyone or trust or be loved by anyone; especially not by God. I didn't realize all my life; that only through the grace, mercy and love of our Lord and Savior; and the Emmaus walk that all these years God had my back. He's always had it.

So Gail, what the Emmaus Walk has meant to me was learning that God really, could and has forgiven me and loves me and even had plans for my life. The name of the upcoming walk is called "Breakthrough." Our lay director, Dorcas Richmond-David sent each of the Team members a letter before the walk started and during the first 2 team meetings to be prepared to respond to the question of the week:

1. Describe a time when the Holy Spirit was dealing with you to either:
 - A. Do something more, new or different in your life OR
 - B. To give something up for a closer walk with Christ.
2. Share a time when God provided a breakthrough in your life over an ongoing situation.

So, I decided to give up watching TV and spend more time reading the Bible and listening to

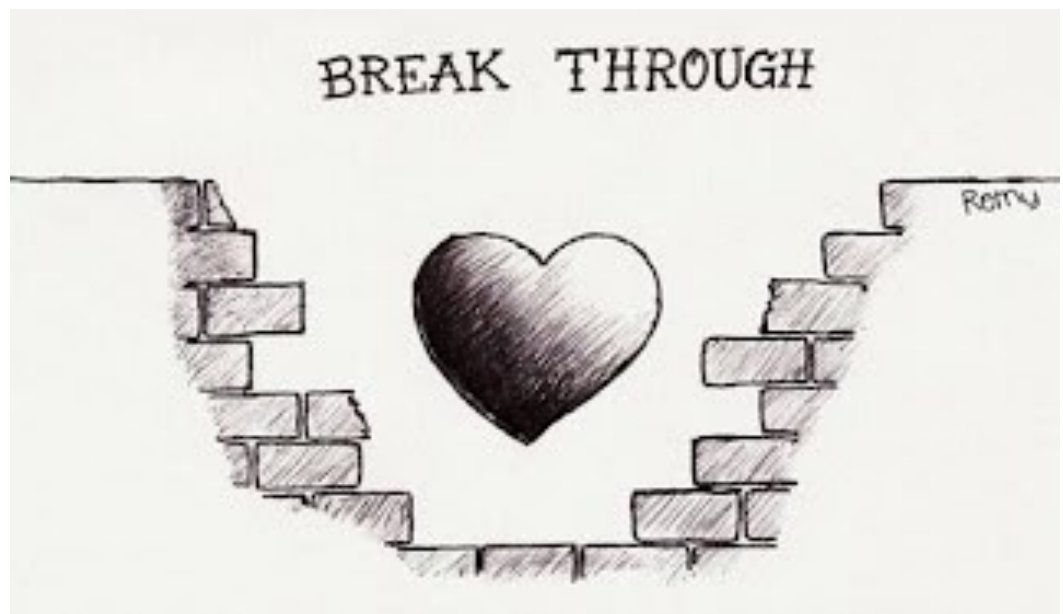
Dr. David Jerimiah on the way to work. Wow!!! I am so glad that Dorcas asked us to do that. I had thought about minimizing the amount of time that I spend watching TV at night and on the weekends. Yet, I kept putting it off. So, back to Gail's question, what did the walk mean to me? It meant believing that God has forgiven my sins, loves me and has a purpose for **"MY life."** I spoke with Dorcas on my walk re: feeling that the Lord wanted me to do a mission trip and or become a missionary. She warned me, "Be careful, Satan will try to come after you." Well, he has.

However, I am determined to fight the devil and put my trust in God. Since my walk in 2023 I have decided to change my life and work on being the disciple that God wants me to be. I have been accepted to be a part of a mission trip in Peru. I am so excited to be blessed with the opportunity to be a part of the missions team. It's probably been a month since I found out that I was accepted to work on the team. Just enough time for Satan to try to ruin my spiritual joy and growth. I know that my faith will be strengthened even more through the privilege of being a team member on this walk, and the mission trip will allow my faith to be strengthened even more by trusting in the Lord and following his plans for my life. For I know that **"I can do All things through Christ Jesus who strengthens me"**. So Gail, my Emmaus walk has increased my belief that God does Love me, he has forgiven me of my sins and he does have plans for "My Life." It is only through grace, glory and the righteousness of God; that I have finally reached the point in my life where I am happy and looking forward to continuing my walk with the Lord. This is my Breakthrough; all praise, glory and honor be to the Lord.

I had been praying that the Lord would bless me with more Christian friends. The Emmaus walk has also done that for me. I have found such wonderful, kind and loving new Christian friendships who are helping me to learn more about what it means to be a true follower/disciple of the Lord, deepen my faith, and follow the plans that God has for my life. Last, The Emmaus Walk has taught me how to love the way that our sweet, precious, loving, merciful, forgiving, compassionate Father in heaven does; and wants you and I to pass it on.

Katherine Winfield,

ES119



Outreach

Wow! So many Walks happening this month! Praise God! We have waited a long time to see this again! May God's will be done! Praise God!

April 4-April 7, 2024

Northern Kentucky Emmaus Men's Walk #50 West Harrison, Indiana	Emmaus of Southeast Michigan Men's Walk #194 Saline, Michigan	New York Annual Conference Emmaus Men's Walk #51 Hampton Bays, New York
Signal Mountain Emmaus Women's Walk #82 Staunton, Texas	Pamlico Area Emmaus Women's Walk #84 Dunn, North Carolina	New Covenant Emmaus Men's Walk #110 Kelso, Tennessee
Central Illinois Emmaus Men's Walk #278 Cantrall, Illinois	Tampa Bay Area Emmaus Men's Walk #27 Brandon, Florida	Highland Rim Emmaus Men's Walk #65 Winchester, Tennessee
Tampa Bay Area Emmaus Women's Walk #27 Brandon, Florida	Houston Bay Area Emmaus Men's Walk #100. Danbury, Texas	Mid-Michigan Emmaus Men's Walk #93 West Branch, Michigan
Missouri East Emmaus Women's Walk #176 Fredericktown, Missouri	Brazos Valley Emmaus Men's Walk #130 Caldwell, Texas	Chattanooga-Lafayette Emmaus Men's Walk #61 Lookout Mountain, Georgia
Hawaii Emmaus Men's Walk #55 Honolulu, Hawaii	Coastal Georgia Walk to Emmaus Men's Walk #132 Midway, Georgia	Blue Lake Chrysalis Girl's Flight #110 Andalusia, Alabama
Iowa Walk to Emmaus Face to Face Encounter #5 Laurens, Ohio	Chattanooga-Lafayette Emmaus Men's Walk Camp Lookout, Georgia	
Texas Valley to Emmaus Fae to face Encounter Harlingen, Texas	Eastern Shore Emmaus Men's Walk #122 Camp Occohannock, Virginia	

April 11-April 14, 2024

Grace Emmaus of Silicon Valley Men's Walk #63 Los Altos, California	Grace Emmaus of the Bluegrass Men's Walk #23 Lexington, Kentucky	<u>April 18-April 21, 2024</u> Big Country Emmaus Women's Walk #262 Lueders, Texas
Southern New England Emmaus Men's Walk #88 Exeter, Rhode Island	Sandhills Walk to Emmaus Men's Walk #103 Parkton, North Carolina	Golden Isles Walk to Emmaus Men's Walk #41 Waycross, Georgia
	Golden Spread Emmaus Men's Walk #281 Wayside, Texas	Mesquite Country Christian Emmaus Men's Walk #133 Merkel, Texas
		North Georgia Walk to Emmaus Men's Walk #209 Dallas, Georgia

Outreach Con't

Grace Emmaus of Silicon Valley
Women's Walk #64
Los Altos, California

United Emmaus
Men's Walk #156
Unicoi, Tennessee

Coastal Georgia Walk to Emmaus
Women's Walk #133
Midway, Georgia

Emmaus of the Rockies
Men's Walk #185
Divide, Colorado

Southern Ohio Emmaus
Women's Walk #71
Thrumman, Ohio

Fox Valley Emmaus
Men's Walk #37
Westfield, Wisconsin

Houston Bay Area Emmaus
Women's Walk #101
Danbury, Texas

Mid-Michigan Emmaus
Women's Walk #94
West Branch, Michigan

Central Illinois Emmaus
Women's Walk #279
Cantrall, Illinois

Noahs of Ark Emmaus
Men's Walk #199
Khot Springs, Arkansas

Southern Ohio Emmaus
Women's Walk #71
Rio Grande, Ohio

Quad Cities Emmaus
Men's Walk
New Windsor, Illinois

Cross Point Emmaus
Men's Walk #115
Kingston, Oklahoma

Green Country Walk to Emmaus
Women's Walk #186
Adair, Oklahoma

Eastern Shore Emmaus
Women's Walk #123
Camp Occohannock, Virginia

New Covenant Emmaus
Women's Walk #111
Kelso, Tennessee

Illinois Heartland Walk to Emmaus
Men's Walk #107
Hudson, Illinois

Dakotas Emmaus Community
Men's Walk #67
Arlington, South Dakota

Grace Emmaus of the Bluegrass
Women's Walk #24
Lexington, Kentucky

Western Mountain Emmaus
Men's Walk
Lakeside, Montana

April 23-April 26, 2024

Greater Cincinnati Emmaus
Face to Face #6
Milford, Ohio

April 25-April 28, 2024

Golden Isles Walk to Emmaus
Women's Walk #42
Waycross, Georgia

North Georgia Walk to Emmaus
Women's Walk #243
Dallas, Georgia

United Emmaus
Women's Walk #157
Unicoi, Tennessee

Emmaus of Southeast Michigan
Women's Walk #195
Saline, Michigan

Fox Valley Emmaus
Women's Walk #38
Westfield, Wisconsin

Southwest Virginia Emmaus
Women's Walk #196
Roanoke, Virginia

Brazos Valley Emmaus
Women's Walk #131
Caldwell, Texas

Wyoming Conference Emmaus
Women's Walk #126
Windsor, New York

Noahs of Ark Emmaus
Women's Walk #200
Hot Springs, Arkansas

Sandhills Walk to Emmaus
Women's Walk #104
Parkton, North Carolina

Southern New England Emmaus
Women's Walk #88
Canonicus Retreat Center,
Rhode Island

Outreach Con't

Quad Cities Emmaus
Women's Walk
New Windsor, Illinois

Green Country Walk to Emmaus
Men's Walk #186
Adair, Oklahoma

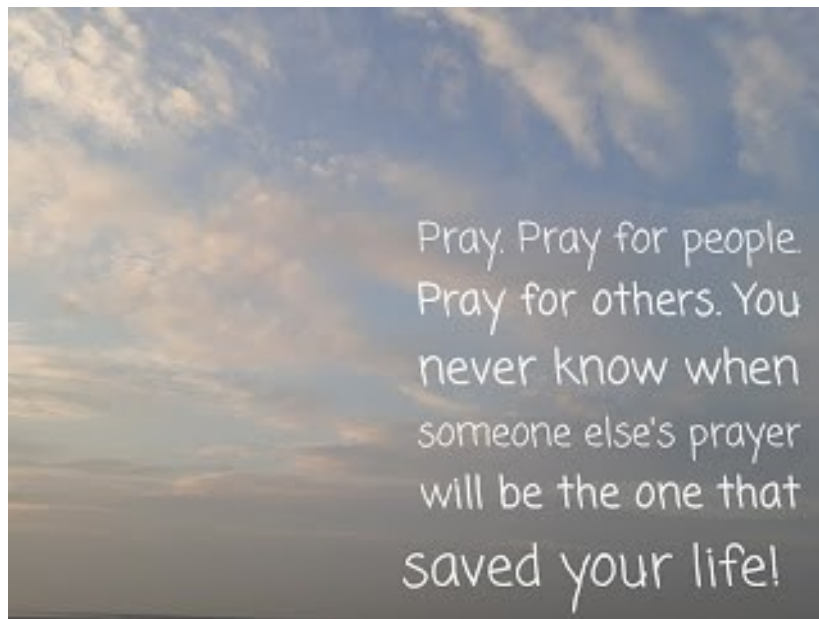
Highland Rim Emmaus Community
Women's Walk #66
Winchester, Tennessee

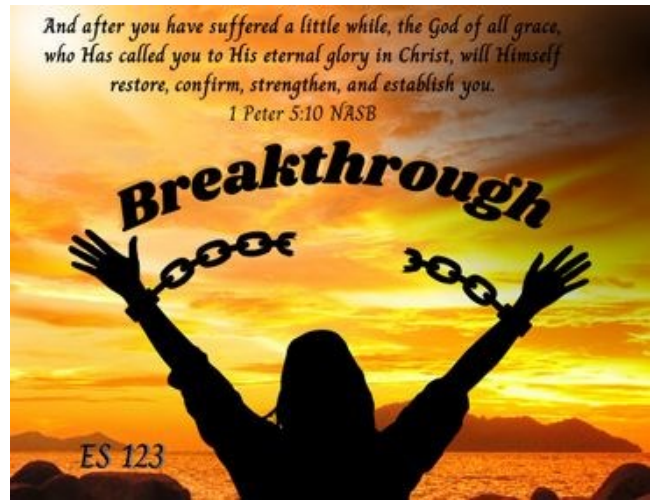
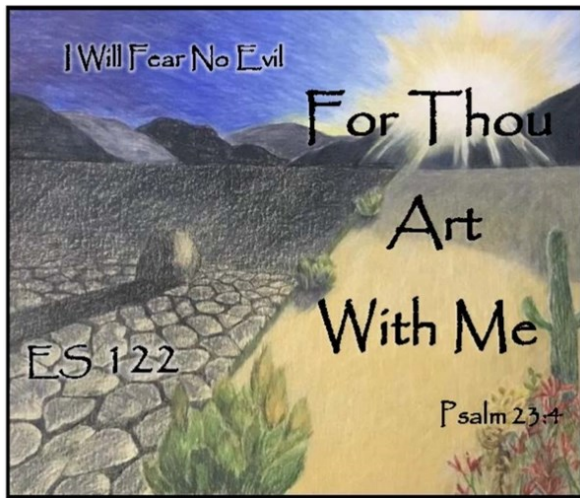
Illinois Heartland Walk to Emmaus
Women's Walk #108
Low Point, Illinois

Cross Point Emmaus
Women's Walk #116
Kingston, Oklahoma

Dakotas Emmaus Community
Women's Walk #68
Arlington, South Dakota

Western Montana Emmaus
Women's Walk
Lakeside, Montana





Team

Zach Annon	Chris Holston
John Baker	Walt Hopkins
Bentley Benzick	Wayne Johnson
Miles Brittingham	Rik Kellogg
C L Brown	Cody Lewis
Donnie Cannon	Bobby Parks
Cookie Cannon	Brian Richardson
Daff Daffin	Bill Sorber
Robbie Daum IV	Mark Spencer
Dan Davis	Fernand Suarez
Buddy Davidson	John Sutton
Curt Dennis Jr	Bob Talbot
Barry Downing Jr	Frank Walter
Bubba Frisby	Gordon Ward Jr
Johnny Haislip	Sam Whipps

Team

Ethel Abbott	Brenda Laws
Margaret Allen	Meagan Lewis
Amy Austin	Christi Medice
Jean Baker	Nikki Nelson
Sierra Bowden	Nikki Richmond
Tammy Boyce	Dorcas Richmond-David
Bethany Busic	Debra Riley
Debbie Colburn	Kim Savage
Gail Deans	Shana Shay
Debby DeLoach	Chris Smith
Becky Dennis	Amy Sutton
Becky Gladden	Carrie Talbot
Brittany Holsten	Heather Tucker
Lou Hopkins	Wanda Ward
Denise Johnson	Katherine Winfield
Carol Kellogg	

The Location of our next Gathering:

Camp Occohannock on the Bay
9403 Camp Road
Belle Haven, VA 23306



Please do not forget our next Gathering for Praise and Worship at 7:15 p.m. on April 13th. Please come together for our Candle Lighting for the men at 9:00 p.m. Oh!! How exciting indeed! Hope to see all of you there!

Sponsorship Corner

Well our walks are here! Praise be to God for those who have stepped up to Sponsor someone! Don't forget all the agape you received and pass it on to your pilgrims! Have you forgotten all of that?

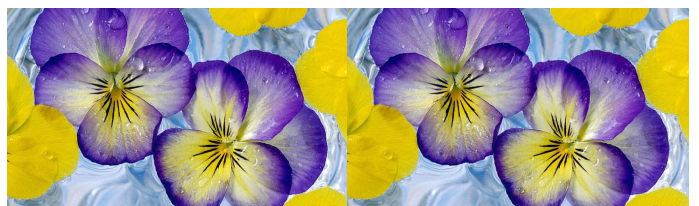
Your job isn't done you know! After the walks are over it is your responsibility to get them to the Day of Deeper Understanding! That should be at the May Gathering, on **May 11th at 3:00 p.m., at Market Street UMC on Market Street in Onancock, Virginia.**

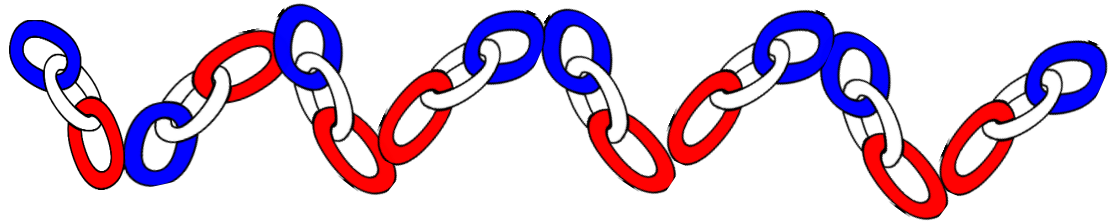
Please do not forget your pilgrims! Remember how you felt after your walk? Well, it's time to pass it on to your pilgrims! Make them feel what you felt after your walk! **GOD IS GOOD! ALL THE TIME! GOD IS GOOD!**

Will your pilgrims feel the same way?

DeColores!

Gail Deans



Prayer Chain

The purpose of prayer is
not to get your own way
but rather it's to get
yourself out of the way
and aligned to the will of
God.

Brothers And Sisters In Christ,

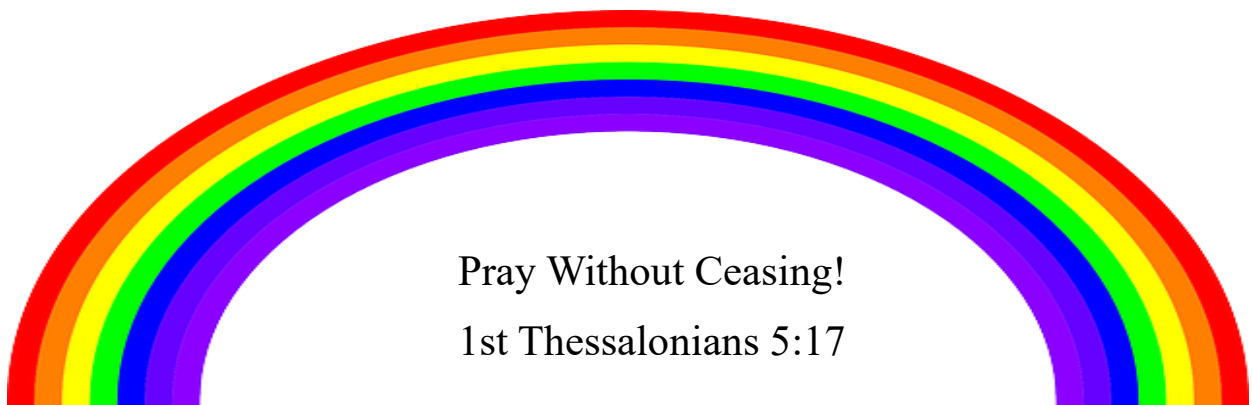
I came across this recently and it served as a reminder for me. Prayer is a privilege that we have as believers. It is an opportunity to communicate directly with God and to share our hearts with Him. It is also a time to listen and seek His desires for us. We must remember that prayer, as this graphic says, is not about getting our way. It should however, be our constant attempt to discover what God's will is for us and to line ourselves up with His plan.

With those thoughts about prayer in mind, I'd like to invite you to join the Emmaus Prayer Team. To receive E-mail updates or to make a prayer request, the address to remember is EmmausPrayerTeam@gmail.com.

757-894-5858

Steve Johnson

Prayer Team Coordinator



Pray Without Ceasing!

1st Thessalonians 5:17

T-Shirts, Sweatshirts, Ball Caps, Visors, & Pens

T-Shirts, Sweatshirts, Ball Caps, Visors, and Pens are still available for you to purchase for either yourself or your pilgrims. If you are interested in purchasing any of these items, please contact Gene Ward (info below) and he will make arrangements to get them to you. He will take orders from you and will deliver them to you at the following Gathering after your order is placed.

Gene Ward

443-944-2742



WALK APPLICATION FEE INCREASE

COMMUNITY MEMBERS,
THE 2023 BOARD OF DIRECTORS, AFTER MUCH CONSIDERATION, HAVE VOTED TO INCREASE THE WALK APPLICATION FEE AND THE PILGRIM APPLICATION FEE FROM \$175 TO **\$200**. THE INCREASE OF \$25 WAS NECESSARY DUE TO THE INCREASING COSTS RELATED TO THE WALKS. THE INCREASE IS EFFECTIVE **IMMEDIATELY**— WHICH INCLUDES THE UPCOMING WALKS AND ALL FUTURE WALKS. PLEASE NOTE: THE DEPOSIT REQUIRED WITH THE APPLICATIONS REMAIN AT **\$50** AND IS NON-REFUNDABLE. **THANK YOU FOR YOUR UNDERSTANDING!**



Roster, Newsletter, Website

“The Walk Way”

A newsletter for the
Eastern Shore
Emmaus Community

Greetings to everyone! The
Emmaus Directory is being
maintained by Steve Johnson.

Please remember that if you
notice errors in the current
directory please contact Ste-
ve by sending an e-mail

Or send a note to P. O. Box 91,
Franktown, VA., 23354.

Please send **ANY** updated in-
formation you may have such
as addresses marriages, or
deaths and email addresses.
Steve has distributed the re-
vised directory by email.

If you have a current email ad-
dress on file, Steve will

email the roster to you. If you
need a hard copy let Steve
know. It is important to the
community to keep the infor-
mation as up to date as possi-
ble. Thank you!!!

You may also request to be a
part of the **Eastern Shore Em-
maus & Chrysalis** Facebook
Page—for community only!
Please make sure we know
your walk number too, if pos-
sible!!

The newsletter will be sent as
soon as all articles are re-
ceived as close to the first of
the month as possible!

Articles to be included in The
Walk Way are to be sent to
the editor on or by the 20th of
the month before it is to be
included (**April 20th for the
May newsletter**) in the cur-
rent publication. Thank you so
very much!

The website is by Steve John-
son and it is up and running.

esvaemmaus.com

Blessings to each of you!

Gail Deans

Make
Today
Amazing

**HAPPY DAY OF LOVE and
Friendship!**

Eastern Shore Emmaus

P. O. ox 91

Franktown, VA 23354

We are on the web.

esvaemmaus.com

