

The Walk Way

Eastern Shore Emmaus Newsletter



February Dates to Remember

Eastern Shore Community Gathering

February 14, 2026
Living Waters Inspirational Church
of God
2226 Bypass Rd
Pocomoke City, MD 21851
Pot luck 5:30
Gathering 6:30

ES Emmaus Board Meeting

February 23, 2026
7:00 pm
Craddockville UMC
3346 Boston Rd
Craddockville, VA 23341

All are welcome

Articles from Community Members
are welcome!! Please submit in
MSWord format before the 20th of
the month to:
Jean Baker
Jean.mbakerc@cox.net

A Message From Our Community Lay Director

Happy February to all!!!

January has come and gone and for the years I have been actively participating in Eastern Shore Emmaus, I recall that things are about to get busy. Behind the scenes, we have had Leadership Selection and Team selection. Now comes the greatest opportunity of all. The preparation for sharing our Emmaus experience with those yet to come. As I think back to when I walked as a Pilgrim, the memories of witnessing things that I'd never seen or done before left me in a state of amazement. Between the Talks, all the special events and the Christian Fellowship that took place, I was drawn in and wanted more. And all I had to do was fulfill a few simple requirements and the pieces fell in place. The result has been the opportunity to humbly serve God and share the message of our Lord and Savior Jesus Christ. Philippians 2: 3-4 says... "Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests, but each of you to the interests of the others". Freely we have received and freely we give, expecting nothing in return. Whether teaming or not, there are so many ways to participate and serve.

As of this writing, the minimum number of Pilgrims for the Spring Walks have not been met and the deadline is drawing near. Always pray for God to prepare those who will come with willingness and availability to attend the Walks. Once minimums are met, we continue to accept applications until a couple weeks before the Walks. For the last several Walks, we have been blessed to have had an abundance of Teamers and Pilgrims alike. Let's not rest on our laurels in that regard. Also, remember that if there is ever financial difficulty or challenge, there is scholarship help available for Pilgrims and we have a Community that loves to help in that regard. Speak with Cody Lewis, our Pre-Weekend Chair by calling 757-894-5493.

How many times in our daily lives are we blessed with the opportunity to offer someone encouragement and hope? Perhaps the greatest tool we possess is our testimony. Have you ever been asked to give your testimony at a Revival? Or to simply share your experience with an individual? Whether speaking to one or many, the message is the same. I try to remember that God puts the right people in each other's paths just when needed the most. We all have a story in which God has done for us what we could not do for ourselves.

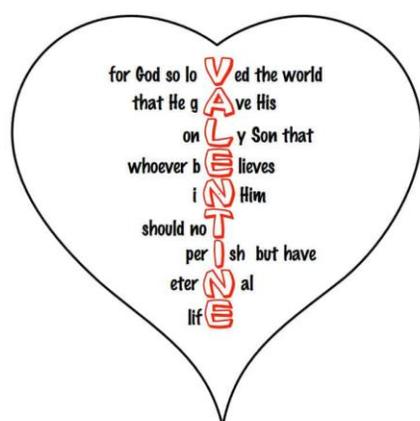
John 9:25 says...."He replied, "whether he is a sinner or not, I don't know. One thing I do know. I was blind, but now I see".
De Colores!

Frank Walter

Community Lay Director



John 3:16



An Article From Our Spiritual Director



Emmaus February Spiritual Director Devotion

“Blessed be the God and Father of our Lord Jesus Christ, the Father of compassion and the God of comfort, who comforts us in all of our troubles, so that we can comfort those in any trouble with the comfort we ourselves have received from God.”

II Corinthians 1: 3 – 4

The Prayer to the Holy Spirit

As we move into the month of February, we have much going on being part of the Emmaus Community. On a personal level, we know that Valentine’s Day is right in the middle. For those of us that have a significant other, (husband, wife, boyfriend, girlfriend) it can be exciting. It often means special cards, flowers, chocolates and in certain cases the big engagement proposal followed by a ring. For other people that are without a significant other, they would just wish we could just jump past that day. It can remind them of loneliness, bitter break-ups, or loss by death. So, you say, “What does all this have to do with Emmaus? The “Prayer to the Holy Spirit,” gives us that answer.

As part of the Emmaus Community and members of the upcoming teams for our Spring walk, we are the ones on the side of enjoying a significant other, whose name is God. He has showered us with the love that brings the kind of joy of receiving flowers, cards, and chocolates. Look at verse three above, “Blessed be the God and our Father of the Lord Jesus Christ, the Father of compassion and the God of comfort. He just told us, “You are my Valentine.” And our prayer to the Holy Spirit is to ask Him to help us be able to say and show the pilgrims the same compassion and comfort that He has shown us. With this kind of love that God has for us, God creates us and can use us to renew the face of the earth. Yes, we can still turn the world upside down, just as apostles did in the book of Acts. We are in the process of writing chapter twenty-nine of Acts today and we are the vessels God is using. Let the light of the Holy Spirit instruct our hearts so that we may be truly wise and ever enjoy Your consolation. This is how I want to end this devotion. I do not know the number of people who understand that word **consolation**. So here is the meaning given by the “Topical Encyclopedia:” “**Consolation** refers to the comfort, solace, or encouragement given to someone who is experiencing grief, suffering, distress. In the biblical context, consolation is often associated with the presence and promises of God, the work of the Holy Spirit, and the support of fellow believers.”

This is how we say to our pilgrims, “You are God’s Valentine.” When we show them the source of consolation is God!

De Colores!

Pastor Joe Barnes



A Message From A Community Member

Emmaus has been a “gamechanger” for me. A life-changer., as I know it’s similar for all of us. Walk #116 “I KNOW YOU ARE ABLE”- DANIEL 3:17- “Our God who we serve is able to deliver us from the fiery furnace”. -Coming into the Emmaus walk, I knew only 2 people and those are my sponsors. So grateful for them to open up the skies, that now the Holy Spirit rains (reigns) down into my daily routines living my life out. Then the Thursday night round-up and meeting all you wonderful spirited God lovers. Then meeting my “new best friend” is another uplifting serendipity of Emmaus. Today, we can choose to have a “new best friend” any time and at any moment. My table leaders have a huge role in my relationship building/meeting people even today. My TL showed me how to get relationships started (with other pilgrims I never knew) and keep convo’s going to maintain the value of the small table group. This method instilled in me that we really can have a convo with merely anybody, anytime. Reaching out to others and sharing God is the product of the Holy Spirit and living in Gods calling. Share the good (God) news.

Now onto the Emmaus community: I love you brothers and sisters! I am honored to call you my friend. And to many reading this- We may not have met personally face to face- I am assured from the Agape we share is another building stone to know that we can Love and pray for each other- Another serendipity of Emmaus. My day starts out with a devotion- various- I tend to lean into Sarah Young “Jesus Calling” devotions. Devotion, pray first thing sets up my day with a firm foundation to conquer the battles during my day. Pray, Pray, Pray at times randomly during the day to thank our God knowing that we are able. I thought I knew what Grace was (I really couldn’t describe it or talk about it tho) until Emmaus put it in my heart to never leave me. Saved by Grace really does mean God to me now. WOW.... What else do I need to do a deep dive into??

I was raised catholic for my first 37 years- and since enjoy the non-denominational spirit of daily walking with Christ is everything we need for this revival to share Gods Word to the world. I love sharing my testimony, making it real and relating to all people the best I know how to in that moment. Being, feeling vulnerable is really ok. Honestly- at our monthly get-togethers and Emmaus Walks, I feel I can “feel” uncomfortable, and “feel” vulnerable with you all as I practice my story and testimony with you. Another serendipity of Emmaus. I also love praying with you and for you. Know that you are lifted up in prayer. His power of prayer is sweeping through this nation today. I am still learning to know the prayer to the Holy Spirit. It is new to me- I wouldn’t have it any other way. It brings me to review the words each we/I pray. I like the prayer “fresh” and therefore it works for me not memorizing the Words. I lean into the words sometimes differently when I pray that prayer to the Holy Spirit.

“The RIDE”. Living in Chesapeake- we have an entire “heard” of Warriors that take the “journey” and ride together to and through the Eastern Shore for these walks, team events, moments, and get-togethers. Its both fun and enjoyable getting the opportunity to ride with guys and create a such a bond sharing God stories, or just sports talk. It’s the meeting before the Team/Leadership meeting that keeps me pressing in. The RIDE- The JOURNEY; Another serendipity of Emmaus. I know I have not arrived yet- Can we agree on one thing?- Lets meet in the place that is awaiting for us called Heaven. I love you. Jesus loves us more than we would ever know!!

Thanks for giving God all the Glory in all you do!!

De Colores. Bentley Benzick



What's happening at Camp OOTB

Great things happen when God mixes with us....

The camp is undergoing some major renovations!!

The kitchen is being expanded and a walk in freezer and refrigerator added

The dining room is being expanded

An equipment shed will be built near the archery range

MARK YOUR CALENDARS!!! MARCH 14TH IS A VOLUNTEER WORK DAY FROM 8AM-3PM. Lunch is provided , also coffee with Grab and go donuts for breakfast!

See you there!!



The Eastern Shore Emmaus and Chrysalis Facebook Page

All Community Members are invited to join, but because it is a closed group, you must answer the questions:

Have you walked (where)?
What is your walk number?

Outreach

Jan 29 - Feb 1 2026	Feb 13 – 16, 2026	Feb 20 – Feb 22 2026
Women's Walk #165 Iowa Walk to Emmaus First UMC Ankeny, IA	Chrysalis Boy's flight #49 Chattanooga-Lafayette Chrysalis Camp Lookout Georgia	SEGA Journey Dayspring Chrysalis Journey Tattnall Campground Claxton, Georgia 30417
Feb 12 – Feb 15, 2026	Feb 14 – Feb 16, 2026	Feb 25 – Feb 28, 2026
Men's Walk # 68 New Horizon Emmaus Amherst Christian Retreat Center Amherst, Texas	Girls Flight # 38 Son Coast Chrysalis Salt & Light Christian Center North Topsail Beach, North Carolina 28460	Men's Walk #164 (Pastor's Walk) Rushing Wind Emmaus Waka Christian Center Waka, Texas
Men's Walk #43 Great River Emmaus Franciscan Retreat Center Quincy, Illinois	Chrysalis flight # 41 Lexington Chrysalis Richmond First UMC Richmond, Kentucky	Feb 26 – Mar 1, 2026
Feb 13 – Feb 15, 2026	Feb 19 – Feb 22, 2026	Women's walk # 86 Signal Mountain Emmaus Community Circle 6 Baptist Encampment Texas
SEGA Journey # 47 Dayspring Chrysalis Journey Tattnall Campground Claxton, Georgia 30417	Men's Walk # 88 Lowcountry Emmaus Charleston Atlantic Presbytery North Charleston, SC 29401	Women's Walk # 89 Lowcountry Emmaus Charleston Atlantic Presbytery North Charleston, SC 29405
Boy's Chrysalis flight #46 West Tennessee Chrysalis Alamo First Christian Church Alamo, TN 38001	Men's Walk # 4 Ohio's New Covenant Emmaus Community WCHC Grace Methodist Church Washington, OH, Ohio 43160	Men's walk # 99 Blue Ridge Emmaus Bonclarken Flat Rock, NC
Feb 13 – Feb 16, 2026	Women's Walk #95 Greater Sidney Area Emmaus Sidney First Methodist Church Sidney, Ohio 45365	Men's walk #114 Greater Cincinnati Emmaus in conjunction with North Kentucky Emmaus men's walk # 52 St. Paul UMC Madeira, Ohio 45243
Girl's Chrysalis Flight #49 Chattanooga- Lafayette Chrysalis Camp Lookout Georgia	Walk 246 Heart of Georgia Emmaus Dooly Campground Vienna, Georgia	Walk # 247 Heart of Georgia Emmaus Dooly Campground Vienna, Georgia

Eastern Shore Emmaus Prayer Chain



Brothers And Sisters In Christ,
Prayer is one of the most fulfilling aspects of Christian life. It's time set aside to simply listen to God, and to place our lives in his hands in response to the desires of His heart. First, Jesus teaches us that we are to pray in secret. What an amazing God we have that He desires to meet with us in secret! All of us have a longing to know our Creator in a way that no one else is allowed into. We each need a secret place with our Maker. It's vital to our relationship with God that we set aside time to listen to him and talk with him one on one. It's in this secret place that our relationship with him will go deeper and our lives will be radically transformed.

Next Jesus teaches not to "heap up empty phrases" just to be heard for our "many words." Jesus makes it clear that prayer is more about relationship with the Father than the words we say. Prayer is more about the heart than the lips. It's about opening our hearts to God and letting him show us his plan for transformation in both our lives and in the world around us. Prayer is not asking. Prayer is putting oneself in the hands of God, submitting to His will, and listening to His voice in the depth of our hearts. C. S. Lewis wrote, "I don't pray to change God. I pray because I have to. I pray because I can't help myself. It doesn't change God. It changes me."

With those thoughts in mind about prayer, I'd like to invite each of you to join the Emmaus Prayer Team. To receive e-mail updates or make prayer requests, the address to remember is EmmausPrayerTeam@gmail.com.

Steve Johnson

Emmaus Prayer Team Coordinator



February Prayers



T-shirts, Sweatshirts, Ball Cap, Visors and Pens with various ES Emmaus logos are available for purchase. If you are interested in buying any of these items, please contact, Curt Dennis, Jr. and he will make arrangements to get them to you. He will take orders from you and will deliver them to you at the following gathering.

Curt Dennis
443-783-1892



The monthly ES Emmaus Board Meeting is held the fourth Monday of the month at 7:00 pm Craddockville UMC
33464 Boston Rd, Craddockville, VA 23341
All community are welcome to attend

Sponsorship Corner

Ways Sponsorship Strengthens Your Own Faith

Practicing Selflessness

Sponsorship requires you to focus on someone else's needs, hopes, and spiritual growth. This act of service helps refine your humility and compassion—key virtues in Christian life.

Deepening Your Prayer Life

As a sponsor, you commit to praying consistently for your pilgrim. This intentional intercession strengthens your connection to God and fosters a habit of prayer.

Witnessing Transformation

Seeing the changes and growth in your pilgrim can reignite your own sense of wonder and gratitude for God's work, encouraging you to reflect on and renew your own commitments.

Building Community

Walking alongside your pilgrim creates bonds within the faith community, reinforcing the importance of fellowship and mutual support.

Learning Through Guidance

Offering guidance and support often prompts you to revisit foundational spiritual teachings, which can lead to personal growth and deeper understanding.

De Colores and Happy Valentine's Day
Jean Baker



Directory, Website, Newsletter

Greetings to everyone! The Emmaus directory and website are being maintained by Steve Johnson. Please remember that if you notice errors in the current directory please contact Steve by completing a contact information form on the website (esvaemmaus.com). Please send **any** information you may have such as addresses, marriages, deaths and email addresses on file. Steve has posted a link to the directory on the Eastern Shore Emmaus and Chrysalis facebook page.

Community members may request access to the **Eastern Shore Emmaus and Chrysalis Facebook** page. You will be requested to provide your walk location and date to be allowed in. It is for Community Members Only!

The Walk Way Newsletter will be sent via email as close to the first of the month as possible (provided all requested articles are received). You may submit articles for the newsletter; they will be included (after review) if received before the 20th of the month. The newsletter editor is Jean Baker 757-650-2303 Jean.mbaker@cox.net Please contact me if you wish to be removed from the newsletter distribution list, you are not receiving or cannot open the newsletter.

Don't forget this month's gathering!
Saturday February 14
Living Waters Inspirational Church
2226 Bypass Rd
Pocomoke City, MD 21851
Potluck and fellowship 5:30
Worship and Service 6:30