

Volume 32, Number 11

November 2025



November

Dates to remember:

Day of Deeper Understanding

At 3:00 before the

Gathering, Team Critique at 2:30

Eastern Shore

Community Gathering

November 8, 2025

Pot Luck at 5:30

Gathering at 6:30 pm

Christ Fellowship Bible
Church

5910 Crisfield Highway

Marion Station, MD 21838

ES Emmaus Board Meeting

November 24, 2025 at
7:00pm

Craddockville UMC

33464 Boston Rd

Craddockville, VA 23341

All are welcome

The Walk Way

Eastern Shore Emmaus

Here we are again, another month gone. Can you believe the Fall Walks are behind us? Both Walks were wonderful and God showed up and showed off. The Walks were a blessing to all in attendance. We are now looking forward to the Spring Walks, with excitement, anticipation, and joy for our new Lay Directors. Miles Brittingham and Becky Dennis. Two of our great Christian brothers, and sisters in our community. Congratulations!

My time as Community Lay Director has really flown by too quickly. I've learned that one year in this position is not enough. By the time you figure out what needs to be done, the year is gone. When God called me to do this, I asked Him if He had lost His mind? Good grief how do you ask God if He has lost His mind? He called me here for some reason, I am still not sure about that one. I continue to pray about that, and probably will for a while. Enough about me.

Elections will be held November 8th during the Gathering. There is a list of candidates on website www.esvaemmaus.com. Jean may even have a list in the newsletter. So please come vote for the candidate that is best suited for the job. First pray, pray, pray about your candidate. Then look at who is most like Jesus. The one that shows up, the person that has the skills needed to be a Board member. Someone organized, that has banking skills, likes to work with others, and has Emmaus as something on their priority list. Remember to Pray, Pray, Pray about this before the Gathering. Also please come to the event.

I just want to say that I am so very proud of everyone that has been showing up for all events in Emmaus. Showing up is so very special for the Pilgrims and Teams, it shows we are a strong community, so thank you very much!!

Remember that November is the month for being thankful. It's about food, family, friends and mostly about being thankful for all that God has given us. So please be grateful and thankful this season and enjoy being with your friends and family.

If you have lost someone this last year, it isn't going to be easy, but hang on to the fact that they are in heaven with our Lord and Savior Jesus Christ, dancing in the streets with Him, who loves us, knowing we will see them again. You will celebrate with them in heaven again someday.

I pray the community will pray for all people that have suffered loss, not just in our community but in the world.

To wrap this up, I pray each of you have a very blissful, peaceful, joyful day.

De Colores

Wanda Ward



An Article From Our Spiritual Director



Emmaus November Spiritual Director Devotion

"Come, Holy Spirit, fill the hearts of your faithful and kindle in us the fire of Your love. Send forth Your Spirit and we shall be created, and You shall renew the face of the earth. O, God, Who by the light of the Holy Spirit did instruct the hearts of the faithful, grant that by that same Holy Spirit we may be truly wise and enjoy Your consolations. Through Christ our Lord. Amen."

How Do You Start Your Day?

We have just completed our fall "Walks to Emmaus," and we found that each "Talk" started with our prayer to the Holy Spirit. I do not think that we should grow dependent on reading a specific prayer. I realize that prayer is each one of us personally communicating with God, but I also know that sometimes that certain prayers done in community, can also be valuable in our personal prayer life as well.

Think about it Emmaus Community, how powerful the talks shared on your pilgrim walk and then on your team walks were. The community prayers on-going during those 72 hours, added to those team members that went into the prayer chapel to pray for a specific speaker during their "Talk," and combined with the speaker calling on each pilgrim and team in the talk room praying this prayer above, all played a part in the success of each walk. So, why would we not want to make that part of our daily walk with God.



Since my participation in the Emmaus Community, I have found that the prayer to the Holy Spirit as I begin my day has established the direction in which I want to travel that day. As I begin with, "Come, Holy Spirit." It is as important as it is for me to push the start button on my car in the morning. I am inviting the Holy Spirit to be my power source throughout the day. Fill my heart according to my faithfulness, which holds me accountable to God first in my life. Holy Spirit kindle in me a fire of Your love. Not a fire to debate, argue, and attack those that do not know or follow you, but instead the love needed to cast coals of fire on their hearts to melt their cold hearts. As you send forth Your Spirit, you remind me that because of wonderful salvation, I am a new creation, and through my surrender, You can renew the face of the earth. O, God, Who by the light of the Holy Spirit will instruct my heart to know faithfulness and righteousness and grant that by that same Holy Spirit that I be truly wise and enjoy Your consolation (encouragement and comfort). Through Christ our Lord. Amen.

I start my day with this prayer. And now I finish this day with prayer in reverse. I thank the Holy Spirit for His presence in my day. I thank Him for leading my steps through the day and instruct my heart according to God's will not my own. I thank Him for overcoming my fleshly response to those that seek to hurt me and instead respond with the love with the same love that God loved me. And I thank the Holy Spirit for every opportunity that God used my surrender to Him to renew the face of the earth. This prayer does not have to be prayed only on the walks or during Emmaus Community events, it is available for us to use on our fourth days that follow. Try it I know you will agree with what God can do with our days defined by this prayer.

De Colores

Joe Barnes



Welcome to our new Community Members!

ES 128

Chris Brittingham	Ben Mason
Brett Cooper	Ralph Osborne
Jim Davis	Bob Papai
Dallas Dowden	Tyler Parks
Glenn Evans	Jamen Ramsey
Bill Ferguson	Fredy Rodriquez
Jesse Gardner	Bernie Rogan
Larry Goslie	Manny Rosales Jr.
Nathan Hume	Robert Selby
Alec Jones	Sky Thornton
Larry Lang	Mike Tully
	Jesse Verges

ES 129

Madie Broadwater	Hannah Groschup	Karen Natal
Patience Calhoun	Rachel Johnson	Ana Parks
Sarah Callis	Jessica Keller	Kathleen Poerstel
Candie Daffin	Michelle Klassen	Deb Ripka
Becka Daum	Laurie Laird	Brittany Scott
Connie Decker	Amy Lokey	Karen Steelman
Lisa Drummond	Sandy Lothridge	Cherie VanMalderghem
Debbie Ely	Diana Martin	Cindi Verges
Debbie Ellis	Loretta Mason	Marie Whitehead
		Ulonda Williams



The Day of Deeper Understanding

The Eastern Shore Emmaus holds their Fall DODU at the November Gathering at Christ Fellowship Bible Church starting at 3 pm. You must attend if you plan on participating on a team or to sponsor someone to walk. If you cannot make November 8, the Tidewater Emmaus is holding their Fall DODU on November 15, 2025 at Oak Grove UMC (472 Battlefield Blvd Chesapeake, VA) at 3:00 pm. Please make sure to get a copy of the sign in list for the Records and Manual Board person.

T-Shirts, Ball Caps, Visors and Pens

T-shirts, Sweatshirts, Ball Caps, Visors and Pens with various Emmaus logos are available for purchase. If you are interested in purchasing any of these items, please contact Curt Dennis Jr. and he will make arrangements to get them to you. He will take orders from you and will deliver them to you at the following gathering.

Curt Dennis

443-783-1892



Important Announcements

The Election for the Board of Directors takes place at the November Gathering

Applicants:

Robbie Daum

Laura Atkins

Karen Macca

Cody Lewis

Jean Baker

Steven Atkins

Gail Deans



The Emmaus

Facebook Page

All Community Members are invited to join, but because it is a closed group you must answer the two questions. Have you walked (where?) and your Walk Number !!!

The Newsletter

Community Members are encouraged to submit articles to share. Please send them to me (jean.mbaker@cox.net) in MSword format before the 20th of the month!

I plan to send an electronic copy of the newsletter to all the Pilgrims of the last walk. If You wish to continue to receive it monthly, send me an email and let me know (have already received some requests!)

I will send hard copies ONE TIME to those on the walks

that did not provide an email address with the message that if they wish to continue to receive a hard copy monthly a fee of \$20.00 is required to cover print costs and postage.

A message from our Community

It's been an honor to contribute to our newsletter. Writing my story has brought both excitement and nerves; sometimes I question if it's good enough, but as I write this, I know it is. I'm here to share how I came to know the Emmaus Walk. Let me provide a bit of background. I grew up in a good family, but my grandparents ended up raising me because my parents weren't around. When my mother was present, those times were rarely happy. I suffered significant trauma at the hands of my mother and her boyfriends—pain that lasted well into my twenties until I met the love of my life, who I've now been married to for eighteen years. Life has had its ups and downs; I've struggled with mental health and, most importantly, with my faith, having been led astray. My upbringing was strictly Roman Catholic, but as I got older, I became somewhat of an atheist—or, as my husband says, an optimist.

In June 2024, while working at a grocery store, a customer physically confronted me. Because of past experiences with PTSD and abuse, I was conditioned to stay quiet and comply. Although terrified, I kept calm and spoke to him as though nothing had happened. That experience triggered a downward spiral in my mental health, job performance, relationships with my husband and children, and overall sense of hopelessness. Things worsened until about three weeks before the Emmaus Women's Walk in April 2025. Not long before that, after trying to have the man who assaulted me prosecuted, the judge released him despite video evidence, declaring I wasn't a victim. It felt like I'd hit rock bottom. One day, my pastor noticed I was struggling and invited me to take a walk—which I naively thought would be a simple 5K event. My husband explained that the Emmaus Walk was actually a three-day weekend designed to help me reconnect and find peace. Leading up to the walk, I was overwhelmed by anxiety, fighting with my husband and son, and afraid to go home due to stalking from the same man, despite a restraining order. I reached a point where I considered running away altogether but decided to attend the walk out of responsibility to my pastor. At the retreat, I initially resisted participating and being cared for by others, especially when it came to religious discussions—I felt abandoned by God. Despite going through the motions, I wasn't happy until I joined the group in walking to the cross, symbolically nailing my pain there. In that moment, I felt an incredible sense of safety, love, and release from all past hurts. The experience was overwhelming and emotional—especially as someone who rarely embraces feelings—and for the first time, I felt these emotions sober as a recovering alcoholic and addict. After returning, I found joy was beginning to return to me, even though trust was still difficult. The community's warmth, generosity, and shared struggles made me feel accepted. My belief in God was still developing, but the path was clearer. Following my stepson's fatal car accident, I fully committed myself to God on August 8th, 2025. Though he wanted to be an organ donor, his organs seemed too damaged to help others—that news devastated us. The suitability of his organs for donation was confirmed within a matter of days. Reading the good news that night, I broke down, prayed, and handed myself completely over to God.

Reflecting on everything, I realized I was meant to experience the Emmaus Walk at that pivotal moment. Through faith and community, I've found strength and meaning. Now, it's an honor to help others grow and rediscover faith, and I'm grateful to be able to serve as part of the team this year. Reflecting on everything, I realized I was meant to experience the Emmaus Walk at that pivotal moment. Through faith and community, I've found strength and meaning. Now, it's an honor to help others grow and rediscover faith, and I'm grateful to be able to serve as part of the team this year.

Lisa Brittingham



Sponsorship Corner

Hello Community!

The Fall Walks are completed with a brand new crop of potential Community Members!

Please make sure your no-longer Pilgrims are aware of the Day of Deeper Understanding to be held November 8, 2025 at Christ Fellowship Bible Church (5910 Crisfield Highway, Marion Station, MD 21838) at 3:00. Provide transportation for them to attend. They are not required to bring a dish for the pot luck at 5:30 (but you should bring one! :).

If they cannot make the Eastern Shore DODU, the Tidewater Emmaus is having theirs on November 15, 2025 at 3:00 at Oak Grove UMC in Chesapeake. 472 Battlefield Blvd, Chesapeake, VA

It is not too early to start submitting applications for pilgrims for the Spring Walks! With Miles Brittingham and Becky Dennis as our Lay Directors you know they are going to be mighty in His name!

De Colores

Jean Baker



OUTREACH

Here Are The Walks for November 2025

October 31– November 2, 2025

New Life Emmaus

Women's Walk #217

Eagles Wing Retreat Center

Burnet, Texas

Columbus Indiana Area Emmaus

Women's Fall Walk # 138

Camp Lakeview

Indiana

Southern Ohio Emmaus

Men's Walk #72

Evans Christian Outfitters

Thurman, Ohio 45685

November 5—November 8, 2025

Reynoldsburg Emmaus

Women's Walk #125

Reynoldsburg Community Church

Reynoldsburg, Ohio 43068

November 6—November 9, 2025

Heart of Carolina Emmaus

Women's Walk #155

Cardinal Gibbons Short Retreat
Center

Smithfield, North Carolina

November 6—November 9, 2025

Evansville District Walk to Emmaus

Men's Walk #102

Historic Santa Claus
Campground

Sant Claus, Indiana

Northwest Ohio Emmaus/ Chrysalis Community

Women's Walk #93

Maumee UMC

Maumee, Ohio

North Georgia Walk to Emmaus

Men's Walk #215

King's Retreat

Dallas, Georgia 30132

Greater Sidney Area Emmaus

Men's Walk #85

Sidney First Methodist Church

Sidney, Ohio 45365

Nebraska Emmaus

Men's Walk # 144

Calvin Crest Camp & Retreat
Center

Fremont, Nebraska 68025

Grace Emmaus of Silicon Valley

Men's Walk #69

Gilroy Presbyterian Church

Gilroy, California 95020

November 6—November 9, 2025

Blue Lake Emmaus

Women's Walk #288

Blue Lake Assembly

Andalusia, Alabama

November 13—November 16, 2025

Philippines Emmaus Walk

Men's Walk #27

Balai Ta Koman

Penablanca, Cagayan 3502
Philippines

Jackson Area Emmaus

Women's Walk #67

First Baptist Church of Jackson

Jackson, Michigan 49201

North Georgia Walk to Emmaus

Women's Walk #249

King's Retreat

Dallas, Georgia

Greater Cincinnati Emmaus

Women's Walk #130

St. Paul UMC

Maderia, Ohio 45243

Outreach (continued)

November 13—November 16, 2025Evansville District Walk toEmmaus

Women's Walk #103

Historic Santa Claus

Campground

Santa Claus, Indiana

Care Bexar Emmaus Community

Women's Walk #128

Camp Capers

Waring, Texas 78074

Springfield Area Walk to Emmaus

Women's Walk #79

High Street UMC

Springfield, Ohio 45505

Golden Spread Emmaus

Men's Walk #287

Ceta Canyon Retreat Center

Wayside, Texas

Cedar Rapids Emmaus

Men's Walk #192

Camp Io Dis E Ca

Solon, Iowa 52333

Grave Emmaus od SiliconValley

Women's Walk #70

Gilroy Presbyterian Church

Gilroy, California 95020

November 20—November 23**2025**Philippines Emmaus Walk

Women's Walk #28

Balai Ta Koman

Penablanca, Cagayan, 3502

Philippines

New York Annual ConferenceEmmaus

Women's Walk #53

St. Joseph's Villa

Hampton Bays, New York

Nebraska Emmaus

Women's Walk #144

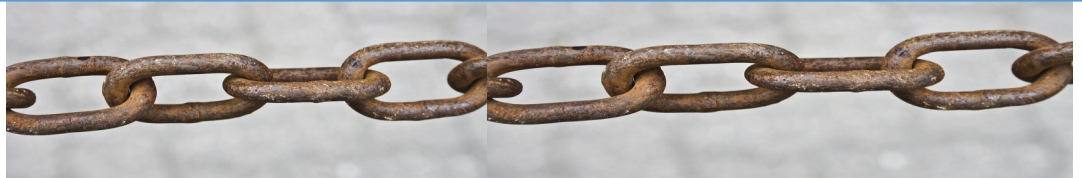
Calvin Crest Camp & Retreat

Center

Fremont, Nebraska 68025

Prayer

Chain



The ways of God are radically different than what we experience in the world. The world tells us that only the strong survive. The world values those who can take care of themselves. We're taught to look to our own strength as our source. We're taught never to let others see our weakness. But God values those who acknowledge their weakness in humility. His heart is for the destitute, the needy, and the lost. Jesus spent his valuable, limited time with the prostitutes, tax collectors, lepers, and sinners. And as a result, we who can never be perfect, who even at our best still can't cut it, have renewed hope.

In 2 Corinthians 12:9 Paul writes, *"But he said to me, 'My grace is sufficient for you, for my power is made perfect in weakness.' Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me."* Stop trying to attain perfection in this life. Stop finding your value and identity in what you do. And look to God as your strength. Allow his love, power, and help to be your source. Live in light of the truth that his strength is both able and available to you. May you enter into a season of peace founded on the limitless grace and power of your heavenly Father.

One way to renew your strength is to seek his presence in prayer. Honest communication with Him with reassure you that He is the one, true foundation of your life. With that about prayer in mind, I'd like to invite each of you to join the Emmaus Prayer Team. The address to remember for E-mail updates or to submit a request, is EmmausPrayerTeam@gmail.com.

Steve Johnson

Emmaus Prayer Team Coordinator



Roster, Newsletter, Website

“The Walk Way”

A newsletter for the
Eastern Shore
Emmaus Community

Greetings to everyone! The Emmaus Directory is being maintained by Steve Johnson. Please remember that if you notice errors in the current directory please contact Steve by sending an email to :

Esvaemmaus.com, or send a note to P.O. Box 91, Franktown, VA .

Please send **any** updated information you may have such as addresses, marriages, or deaths and email addresses. Steve has distributed the revised directory by email. If you have a current email address on file, Steve will email the roster to you upon request. If you need a hard copy let Steve know.

It is important for the community to keep the information as up to date as possible.

Thank You!!!

Community members may request access to the **Eastern Shore Emmaus & Chrysalis** Facebook page. You will be requested to provide your walk date to be allowed in. It is for Community Members Only!

The Walk Way Newsletter will be sent via email as close to the first of the month as possible (providing all requested articles are received).

You may submit articles for the newsletter, they will be included (after review) if received before the 20th of the month.

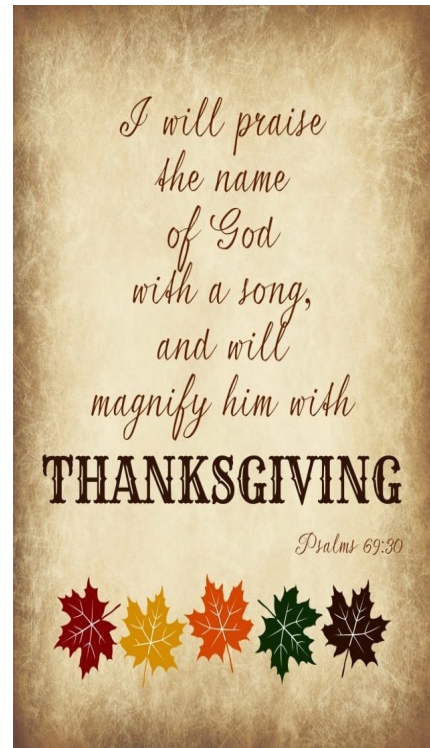
The newsletter editor is Jean Baker
757-650-2303

Jean.mbaker@cox.net

Please contact me if you cannot open or do not receive the newsletter.

The website is up and running is maintained by Steve Johnson

Esvaemmaus.com



November Gathering

Team critique	Saturday November 8,	Pot Luck and Fellowship
2:30	2025	5:30
Day of Deeper Understanding	Christ Fellowship Bible Church	Worship and Service
3:00	5910 Crisfield Highway	6:30
	Marion Station, MD 21838	