

Does your child have ADHA?

Here is a test to identify the warning signs of Attention Deficit Disorder (ADD) and Attention Deficit Hyperactivity Disorder (ADHD) to discuss with your Behavioral Specialist. ADD and ADHD are conditions generally diagnosed in school- aged children, but teens and adults suffer from them too. This quick quiz will identify whether your child is exhibiting symptoms of ADHD, as defined in the DSM-IV criteria. Circle the "YES"? or "NO"? answers.

Yes No

1. Your child is disruptive in family and social settings, with playmates and at school.
2. Your child continually makes 'silly' mistakes in school work that wouldn't be made with more focus.
3. It's hard for your child to sustain attention in any setting.
4. Your child tunes people out or seems not to hear what they say, at home, socially or at school.
5. Your child is restless.
6. Your child leaves tasks, chores and assignments unfinished.
7. Your child has to be constantly prodded to get things done.
8. Your child may have difficulty playing well and sometimes angers playmates.
9. Your child can't get organized no matter what.
10. Your child is extremely forgetful of details.
11. Your child is unprepared for events and shows up without items needed.
12. Your child's motor seems to be going all the time but lacks purpose.
13. Your child is easily distracted by random things.
14. Your child's viewing attention can only be held by cartoons, TV or games with loud noises, explosions and frenetic activity.
15. Waiting their turn and following rules or structure is really hard.
16. Getting your child up, dressed, fed, organized and ready for school is a 'battle'.
17. You feel your child's behavior is producing family tension and reducing family harmony.
18. Your child acts impulsively or inappropriately for their age.
19. Your child finds it difficult to keep quiet and has frequent outbursts.
20. You feel your child's behavior is holding them back socially, emotionally and academically.

If you answer yes to 10 or more of these questions there is a high degree of likelihood that your child has ADHD.

The typical ADHD child is a loving and mostly happy child in their younger years but constant failure in school academically and failure socially due to inappropriate behavior can produce a bitter, angry teen with low self esteem twice as likely to turn to drugs in later years if they have been medicated for ADHD as a child. Moreover, medication with the popular amphetamine or cocaine like drugs used today have terrible side affects physically and emotionally and do not achieve a high or sustained degree of scholastic and behavioral performance.

Please complete the information below and email to Dr. Hargis at calhargis@gmail.com.

Your Name	Phone #	Email
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Child's First Name	Child's Age
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All information will be held in the strictest confidence.