

Southgate Plaza

954 A Union Rd. Suite 3,

West Seneca, NY 14224

(716) 608-1010

www.zpac.biz

To our Performance Clients:

Welcome to ZPAC, LLC- Stacy Zawadzki’s Performing Arts Center!

We at ZPAC, LLC- Stacy Zawadzki’s Performing Arts Center strive to bring you the best in all forms of dance, acting, voice, and exercise. ZPAC is the cleanest studio in Western New York and with health and safety first. All our teachers are highly qualified instructors. Our experiences in our fields of work will give you, our clients, the best training possible.

We not only offer the basic styles of theatre, dance and exercise, but we also offer more profound courses for the client who is looking to enhance his or her career in their chosen field. ZPAC- Stacy Zawadzki’s Performing Arts Center provides a wide variety of courses and performances not offered any where else in Western New York! We do not have a recital, we have a professional and entertaining formal production! We may also offer free informal Holiday and Summer Performances.

We look forward to seeing you at our home: Southgate Plaza (behind Dollar Tree), West Seneca, N.Y. 14224! Our home is equipped with two studios, a dressing room, ample parking. Our phone number is (716) 608-1010. Website is [www.zpac.biz](http://www.zpac.biz). We will also provide WI –FI, microwave, filtered water, coffee, tea, for your convenience.

Respectfully,

Owner, Director and Professor

Stacy Zawadzki-Janusz

\*Every student who pays registration fee at our Fall Registration/Open House, will receive tickets to put into a drawing for prizes!

\*Every returning student who refers a new registered student receives $50 in his or her own account. The new student must be registered for the whole year. You will receive this at the end of November.

\* No Child Left Behind-1 qualified assistant per every two children in younger classes.

\* Discounts: Univera Healthcare, Independent Health, Blue Cross Blue Shield, University Discount, Thank a Veteran Program

\*Fundraising Program: Not mandatory. Whatever you make goes into your own account to help offset costs of costume, tuition, tickets etc. We take no cut of.

\*I am still looking for ANY ZPAC student to perform and or be hired in Music Video’s in L.A, AGT, Disney, NYC, Sand Diego, New Orleans, Indy 500 AND OR NASCAR. And to work in collaboration with Stacy and Bellisimo Talent Agency. The student receives School History Credit! OR ANY Parent or Student who would like to come for the ride and support ZPAC! Reasonable rates for food, stay and air fare and well worth your time!

Our Mission Statement

“Come create and polish yourself!”

*“At ZPAC- Stacy Zawadzki’s Performing Arts Center LLC, we strive to bring out the best and strengthen each individual, mentally and physically for a non-professional and professional track in the arts. In working together, we will share our educational background, extensive experiences, and talent with every individual to help them pursue their own creative, artistic, or future aspirations. Our Performing Arts Center is welcoming and caring, to help celebrate the arts and exercise****.***

***Stacy Zawadzki-Janusz Biography***

***Owner/Director/PROFESSOR/FACULTY***

***Stacy Zawadzki-Janusz (Owner/Director/educator OF Dance, ACtIng, VOICE AND EXERCISE)*** *of Stacy Zawadzki’s Performing Arts Center (ZPAC), Stacy’s Choreography can be seen in the music video “IDWD” and “Let Me In” under “It’s Giselle’smusic.com and Royalty Records. Her Concepts can be seen on the television show “The X-Factor”. Stacy and her ZPAC Competition Team were invited to compete on Season 3, 4, 5 and 6, of “Dance Moms”. Her Company was also scouted for a private audition for the television show “America’s Got Talent,” and the company also performed in the Hawaii’s 75th Pearl Harbor Parade, Buffalo Infringement Festival, Fed Ex Orange Bowl alongside the Goo Goo Dolls and performed in Walt Disney World, in variety of local benefits and festivals. Her accolades include students from Julliard, Ajkun Ballet Theatre Company, New fashion Week, National Pageant winners, Milwaukee Ballet, Nyssa, “So You Think You Can Dance Western NY” Top Four, and Title Winners from various competitions.* *Stacy’s direction and choreography was also seen on the carnival cruise line-“Ecstacy” in the Bahamas. Stacy is an Adjunct Professor of Theatre and Dance at Niagara University, a choreographer for local performing art companies, a Fitness Assessor and Professional Instructor with BWI Health and Promotions, and an Instructor of Pilates, Zumba and various cardio and toning Classes and a Choreographer for the Lancaster Colorguard. She is also Co-Founder and choreographer of “Youth for Truth Performing Arts Company”. She is a Certified Dance Teacher in the New York City Board of Education. Stacy has been a teaching artist for the Arts in Education and dance teacher at St. Margaret’s School and School 69 in Flatbush, Brooklyn, N.Y. She received Masters of Arts and Humanities Degree and Bachelor’s of Fine Arts Degree, Magna Cum Laude in Dance and Education from the University of Buffalo.**Stacy is also the director, founder, and choreographer of her dance company “ECNAD”. She is also CPR Certified under the American Red Cross. Stacy’s biography can also be seen in the “Who’s Who of American Women of 2007-2023”Who’s Who In America and the World 2009 - 2023”. Stacy has been a member of the Buffalo Contemporary Dance Company, Marie-Christine Giordano Dance Company, where she was reviewed in The New York Times, Alpha Omega Dance Company, New Dance Collective Dance Company and the Zodiaque Dance Company. Stacy also has choreographed for the Music Is Art Festival under the direction of Robbie Tacak of the Goo Goo Dolls, Irish Classical Theatre, Elmwood Art Festival, Zodiaque Dance Company, American College Dance Festival, New Dance Collective, Young Choreographer’s Showcase, Dancer’s Workshop and “So You Think You Can Dance Western New York” and Walt Disney World “Magic Music Days”. For the past twenty nine years, Stacy has choreographed various musicals in the New York City area as well as the Buffalo area, such as “A Man of No Importance”-which has been awarded an Artie Award, “Les Miserable”- which has won a Kenny Award, “Into the Woods”- which has won a Kenny Award, “Adam’s Family”, “Annie”, “Anything Goes”, “Chorus Line”-which was nominated for an Artie Award, “Gypsy,” “The Sound of Music,” “Once On This Island,” “Pippin,” Singin’ In The Rain,” "High Society," “42nd Street,” “Guys and Dolls,” “Hello Dolly,” “My Fair Lady,” “West Side Story,” “Oklahoma,” “Damn Yankees,” “ A Night at The Wax Museum”, “Bye Bye Birdie,”, “Jesus Christ Superstar,” and “Grease,” - where she was honored from the New York State Tanys Theatre Association for her choreography. She also is a choreographer for Red Carpet Productions, MTC Productions of Lancaster Opera House, and the Irish Classical Theatre, Lancaster Youth Bureau****.*** *Professional credits include: Sandra D. in “Grease,” the Hyena Ed in the “Lion King,” Dancer in “Pocahontas" in Playa Del Carmen, Mexico, a dancer in the Tommy Hilfiger Fashion Show in the British Virgin Islands, a principle dancer in "Aida and Carmina Burana,” a dancer in "Chess," and "Anything Goes". She has studied privately with Marie Christine Giordano and Louis Facciotto aka: Luigi. She also has extensive training in the Vaganova and Checchetti Techniques, Lester Horton, Martha Graham, Twyla Tharp, Jose Limon, Merce Cunningham, Phil Black, Ron Lewis Techniques, Frank Hatchett and Savion Glover, in NYC and Buffalo. She has also been a dancer in the World University Games and World Veterans Games. Stacy has made appearances on short films on HBO and was also featured in Tom Ralabate’s dance instructional video called “Jazzmania”. Stacy currently can be seen as a soloist on a commercial demo spot aired by the TCT network and can be viewed on its local affiliate, WNYB TV 26.**Stacy also spends her time judging for dance competitions regionally and Nationally, all over United States and Canada. In the future, Stacy also plans on getting her P.H.D.*

***FACULTY***

***WE WELCOME TO ZPAC THE BELLISIMO INTERNATIONAL-MODELING ARTISTS AND TALENT AGENCY UNDER THE DIRECTION OF TOM MCNULTY AND ELIZABETH COLANGELO IN COLLABORATION WITH STACY ZAWADZKI-JANUSZ AT ZPAC!***

***IZZY BUCKI (DANCE EDUCATOR AND ASSISTANT)*** *has had a passion for performing since the very beginning. At three years old she began taking classes at ZPAC and has been doing so for the past fourteen years. She is well versed in all styles and a short time after dancing recreationally she began competing which she has been doing for the past ten years. Throughout her time as a competition dancer, she has received numerous awards and been presented with many opportunities such as receiving a $3000 scholarship for an intensive program through Discovery Spotlight. There she met with agencies and trained in dancing, acting and modeling. Another opportunity she gained was competing at The World Dance Championship four times. Alongside being a dancer Izzy, has been assisting ZPAC’s dance classes for eight years in multiple styles including Tap, Jazz, Ballet, Acro, Combo and boys classes. This sparked a passion for teaching and led Izzy to taking 2 years of student choreography. Besides dancing Izzy has done a multitude of musicals the past eight years, many of which she was the dance captain for. She was also the assistant choreographer for “Matilda” the musical. Along with everything else Izzy has also performed in a Nascar race, parades, and many other events.*

***JOCELY KEESEE (DANCE EDUCATOR)*** *has been dancing for fifteen years, beginning her training at the age of three as a competitive dancer trained in ballet, jazz, lyrical, contemporary, tap, hip hop, and pointe. At the age of thirteen, she began to pass on my knowledge and love of dance onto the next generation of dancers by assistant teaching a variety of dance classes including ballet, tap, jazz, and hip hop. In 2021, she began teaching a wide variety of levels and styles of dance, and fell in love with choreographing. Some of her most recent achievements as a competitive dancer include being awarded highest scoring senior lyrical soloist, elite high gold award at Starbound National Talent Competition for my lyrical solo, first place overall senior contemporary duo/trio, first place overall senior hip hop production, first place overall senior contemporary small group, high score awards for both solo and group numbers, as well as numerous judge's awards including an award for "beautiful feet and lines" for her solo at Onstage New York and an award for "outstanding passion and storytelling" for her solo at Starbound National Talent Competition. Beyond performing at competitions and recitals, she also loves dancing and choreographing for good causes that will help make a positive impact in my community. For example, choreographing for and performing at the Valentine's Day Prom benefiting Autism Services at Babeville in Buffalo, New York I n 2022, and performing in numerous showcases at the Dance to Fight Cancer and the Heather Moore Foundation benefit each year since it was created in 2018, benefiting the Heather Moore Foundation. Jocelyn always will have a strong passion for dance and teaching others and she hopes to continue to bring a positive and empowering energy to those around her through dance.*

***AUDREY KURDZIEL (DANCE, THEATRE, EDUCATOR AND ASSISTANT)*** *Audrey is excited for her return to the stage after 2 years some of Audrey’s acting experiences include roles such as: “Hunyak” in Chicago, “Mrs. Alexander” in The Curious incident of the Dog in the nighttime, “Anybodys” and “Velma” in Westside Story, Ensemble member is Cinderella, “Flower Painter” in Still life of Iris, “Mrs. Bucket” in Charlie and the Chocolate Factory, and “Pippi” in Pippi Longstocking. She has also had work Choreographing and being the Assistant Director For Chicago also being the assistant director in and swing for The production of “You” by Green buffalo productions. Audrey traveled with Stacy to California to be in a music Video “Let Me In” with Artist Giselle, produced under Royalty Records. She has also traveled with Zpac to Hawaii to perform in the 75th Pearl Harbor Parade And also performed with Zpac on The carnival Cruise ship Ecstasy.*

***LENA MACHOWSKI- (DANCE EDUCATOR AND ASSISTANT)*** *was born and raised in Buffalo . She started dancing at the age of 5 at ZPAC, has tried every style of dance and has been dancing ever since.  Lena competed in competitions as part of the ZPAC Company, including competing against “Dance Moms” a couple times. She was invited to perform on the Carnival Cruiselines ZPAC Show in 2013. Lena has volunteered, worked as an assistant and is currently a staff member at ZPAC. She graduated from Leonardo da Vinci high school in Buffalo and currently attending Medaille College in where she will pursue A degree in Early Childhood Education.  In addition to working with children at ZPAC, Lena also works at Just Kids Early Child Center Inc. in West Seneca. Working with children is her very best passion.*

***MELISSA TORRES (DANCE EDUCATOR)*** *Mitzi Torres is a fitness instructor at many gyms, a former Buffalo Jill and former studio owner, has been teaching, coaching and a fitness instructor and Choreographing for over 20 years, maintaining a high standard of dance education, while fulfilling the enjoyment of dance as an art. She is committed to excellence through solid technique and quality performance. Annually, her Students of her studio “Dancer’s Turn” took to the stage performing in the Recital with great success. They have also performed at The Asian Food and Cultural Festival, The Erie County Fair and Peregrine’s Landing, as well as other venues in and around Buffalo. Mitzi’s Competition Team has also excelled each year, winning numerous medals, trophies, Special Awards and Overall High Score Awards. Former students have gone on to professional careers in the performing arts dancing in ballet companies, modern dance companies, on cruise ships, in Broadway Touring Companies and more!*

***KIMBERLY WHITE: (CLOGGING CLASS/TEAM EDUCATOR- THE NATIONAL CLOGGING ASSOCIATION AND ASSISTANT)*** *has been clogging for over 30 years and has taught many ages and levels during this time. This is her third year teaching clogging at ZPAC. She is a member of the Western New York Cloggers Association currently serving on the Board of Directors as Secretary and a Public School teacher during the day.*

***WORKSHOP EDUCATORS***

***LIAM BALDWIN (WORKSHOP/POP IN EDUCATOR)*** *From a young age, Liam Baldwin has always had a passion for entertainment, whether it be taking dance classes, on stage rapping at Music is Art festival, professionally clowning around at various events in WNY and PA, screaming in your face at haunted houses or falling of the roof with his father, Black Bart at Fantasy Island! He also has a lot of experience behind the scenes too. He has been a part of the ZPAC crew for 4 years now. He’s also a former Shakespeare in Delaware Park Set Construction Team Member. In Liam’s free time, he enjoys collecting Pokémon cards, playing video games, song writing, making music, editing videos and watching anime!*

***KATHY ZAWADZKI-(YOGA AND MEDIATION/POP IN EDUCATOR)*** *has been teaching yoga for over 25 years to a vast audience. She is trained in Hatha Yoga through the Himalyan Institute of Buffalo and its international headquarters in Hinesdale, PA. After volunteering at the Himalyan Institute of Buffalo and teaching in gyms, churches, outpatient clinics, and chiropractic offices she decided to rent a space in West Seneca for a yoga studio. Studio (s) were open from 2009-2022. Now she teaches yoga using Zoom and also in person at the West Seneca Adult Education Programs and is delighted to be at ZPAC. She has also taught Ai-Chi which stems from Tai-Chi, a practice that improves balance, strength, and stamina.*

***ASSISTANTS***

***Payton Angle, Bridget Bucki, Sydney Deyoe, Kaci Dunn, Chloe McCormick, Olivia Taton***

***SUBSTITUTE EDUCATORS***

***Linda Appleby, Margo Davis, Keith Kelly, Anthony Kurdziel, Emily Wilhelm***

***CURRICULUM***

Dance, Theatre-voice and acting, and piano group courses for all levels are offered to student ages two and up. The Center also offers one-on-one private lessons, duets and small group lessons, by appointment only. Performance Based Classes: The students have a picture day in May and perform with a costume on the stage in the month of June.

Non-Performance based classes: The students take the classes for the full year without picture day and without the stage performance in June.

Workshops in Dance, Nutrition, Etiquette, Self Defense, Stage Combat, Dance and Theatre are also available at the center. Workshop classes are TBA.

One on one personal training are available upon request.

**Leaps and Turns/ Stamina, Strengthening and Conditioning :(** AGES : 7-Adult). All levels. This course also helps develop leaps and turns. This course also helps develop stamina and control. This course is designed to extend the body to its fullest and to build a stronger technical dancer. An athletic sport which flexibility, and stretching are needed for conditioning the body for dance Dress Code Girls: Any Color leotard, black jazz pants or black shorts, tight fitting t-shirts or tank tops may be worn. Dress Code for boys: Any colored T-shirt or tank top with black shorts or black sweatpants. Bare Feet or socks, jazz shoes, pirouettes, pedini’s or foot paws. Non- Performance based.

**Audition Preparation/Famous and Fabulous-(Poise Confidence and tricks of the trade for Modeling, Acting, Dance and Film):** Social Media Professionalism, Confidence and poise. How to Audition for Stage, Film, Music Videos, Pageants or Modeling and even how to expose your hidden talent.

Learn the new tools of the trade and from teachers who have been in the business. May have guests come in to teach a workshop, additional fee may apply. ZPAC is working in collaboration with the Bellisimo International Modeling/Artist and Talent Agency with this class. Non-performance.

**BOYS COMBO CLASS:** (AGES : 5-14). An athletic cardio sport for boys which strengthening, stretching are needed for conditioning the body for dance. All styles in one class: Dress Code for Boys: Any colored T-shirt or tank top with black shorts or sweatpants. Bare feet, socks or sneakers (np outside sneakers and tap shoes. In Performance, costume required and Non-performance based.

**Mommy and Me**: (AGES 1-3). Creative Movement with Mom or guardian This course is an introductory course to develop a child’s creative spirit. The course will include beginning instruction of ballet, jazz, acro, hip hop and tap. Dress Code: Girls: Any color Leotard with attached skirt and pink canvas ballet shoes are required. Boys: Black pants or shorts and any color t-shirt and black ballet/jazz shoes. Black tap shoes required for both. If you don’t have tap shoes, you can borrow some from the center. Performance, costume required and Non-performance based. Students do not have to be potty trained.

**Combo I Class:** (AGES 2-5). (All styles in one class: Ballet/Jazz/Hip Hop/Acro/Tap/Musical Theatre): Creative Movement): Ages Two -Five: This course is an introductory course to develop a child’s creative spirit. The course will include beginning instruction of ballet, jazz, acro, hip hop and tap. Dress Code: Girls: Any color Leotard with attached skirt and pink canvas ballet shoes are required. Boys: Black pants or shorts and any color t-shirt and black ballet/jazz shoes. Black tap shoes required for both. If you don’t have tap shoes, you can borrow some from the center. Performance, costume required and Non-performance based. Students do not have to be potty trained.

**Combo Course II:** (AGES 5-7) All styles in one class: Ballet/Jazz/Hip Hop/Acro/Tap/Musical Theatre): This course is a beginning/intermediate/advanced level course to develop a child’s creative spirit. The course will include instruction of ballet with either jazz/lyrical and contemporary, and acro/ hip hop and tap and musical theatre and voice. Dress Code: Girls: Any color Leotard with attached skirt OR a uni-tard with shorts OR leotard and shorts or leggings. Boys: Black pants or shorts and any color T-shirt. SHOES: Ballet: pink canvas ballet shoes are required. Jazz/lyrical/contemporary: tan jazz gore or bare feet. Acro: barefeet and Hip Hop: white soled hip hop sneakers, not taken outside. Tap: May borrow from the studio. Black tap shoes required. Boys Shoes: black ballet/jazz shoes. Tap:Black tap shoes required. Performance, costume required and Non-performance based.

**Combo Course III** (AGES 10+): (All styles in one class: Ballet/Jazz/Hip Hop/Acro/Tap/Musical Theatre):. This course is beginning/intermediate/advanced level. The course is based off the class level. The course will include instruction of ballet with either jazz/lyrical and contemporary, and acro/ hip hop and tap and musical theatre and voice. Dress Code: Girls: Any color Leotard OR a uni-tard with shorts or leggings OR leotard and shorts. Boys: Black pants or shorts and any color T-shirt. SHOES: Ballet: pink canvas ballet shoes are required. Jazz/lyrical/contemporary: tan jazz gore or bare feet or socks. Acro: bare feet and Hip Hop: white soled hip hop sneakers, not taken outside or socks. Tap: May borrow from the studio. Black tap shoes required.

Boys Shoes: black ballet/jazz shoes. Tap-Black tap shoes required. Performance, costume required OR Non-performance based.

**Combo Course IV** (Ages:2+): (All styles in one class: (Ballet/Jazz/Hip Hop/Acro) This course is a beginning/intermediate/advanced level course to develop a child’s creative spirit. The course will include instruction of ballet with either jazz/lyrical and contemporary, and acro/ hip hop.. Dress Code: Girls: Any color Leotard with attached skirt OR a uni-tard with shorts OR leotard and shorts or leggings. Boys: Black pants or shorts and any color T-shirt. SHOES: Ballet: pink canvas ballet shoes are required. Jazz/lyrical/contemporary: tan jazz gore or bare feet. Acro: barefeet and Hip Hop: white soled hip hop sneakers, not taken outside. Tap: May borrow from the studio. Black tap shoes required. Boys Shoes: black ballet/jazz shoes. Tap:Black tap shoes required. Performance, costume required and Non-performance based.

**COMBO V Extraordinary Abilities**: (AGES 8 and up): (All styles in one class: Ballet/Jazz/Hip Hop/Acro/Tap/Musical Theatre/Freestyle/Improv):. This course is beginning/intermediate level for high functioning students. The course is based off the class level. The course will include instruction of ballet with either jazz/lyrical and contemporary, and acro/ hip hop and tap and musical theatre and voice. Dress Code: Girls: Any color Leotard OR a uni-tard with shorts or leggings OR leotard and shorts. Boys: Black pants or shorts and any color T-shirt. SHOES: Ballet: pink canvas ballet shoes are required. Jazz/lyrical/contemporary: tan jazz gore or bare feet or socks. Acro: bare feet and Hip Hop: white soled hip hop sneakers, not taken outside or socks. Tap: May borrow from the studio. Black tap shoes required.

Boys Shoes: black ballet/jazz shoes. Tap-Black tap shoes required. Performance, costume required OR Non-performance based.

**Ballet**: For ages: (AGES 6-ADULT). Levels: Beginning/Intermediate and OR and Intermediate/ Advanced. Ballet is the mother of dance, which helps develop good alignment, posture, technique, balance, and control. It is the foundation of all dance styles. Our courses will cover principles a wide variety of principle techniques; Checchetti, Vaganova, and Balanchine Methods. Mandatory Dress Code Girls: Pink or black tights and any color leotard, ballet skirts or shorts and pink Canvas ballet shoes are required. Mandatory Dress Code Boys: Black pants or shorts and any color T-shirt or tank top and black canvas ballet shoes. Warm ups may be worn as weather permits-the teacher may ask for removal. Performance, costume required OR Non-performance based.

**Pointe Technique:** Ages: (AGES 7-ADULT). All levels. Get on top of those toes! Student assessment is required prior to course instruction. Pre-requisite: Must be approved by owner and must take the ballet course. Must have balance up to 25 seconds on one leg, ankles and feet must be strong. Must be approved by owner. Mandatory Dress Code girls: Pink or black tights and any color leotard, ballet skirt or shorts can be worn. Mandatory Dress Code Boys: Black pants or shorts and white T-shirt or tank top and black canvas ballet shoes. Pointe Shoes are required and must be approved by owner. Performance based OR Non-performance.

**Jazz/Sassy Jazz/Jazz Funk** (AGES 6-ADULT). Levels: Beginning/Intermediate and OR Intermediate/ Advanced. Jazz consists of stylized movement emphasizing different rhythms and flexibility. The style was born in America with its basic roots from Africa. These courses will focus on great jazz innovators of jazz dance such as Luigi, Matt Mattox, Ron Lewis, Gus Giordano, and Phil Black Techniques. Dress Code Girls: Any Color leotard, black jazz pants, capris or leggings or black shorts, tight fitting t-shirts or tank tops may be worn. Tan jazz shoes (Gores, split sole, or tie up) or bare feet are required for class, may be different for performance or competition team TBA. Dress Code for boys: Any colored T-shirt or tank top with black shorts or black sweatpants, and In Performance, costume required OR Non-performance.

**Burlesque Jazz Heels**: (AGES 10-ADULT). Levels: Beginning/Intermediate and OR Advanced. Jazz consists of burlesque stylized movement emphasizing different rhythms and flexibility. The style was born in America with its basic roots from Africa. These courses will focus on great jazz innovators of jazz dance Techniques. Dress Code Girls: Any Color leotard, black jazz pants, capris or leggings or black shorts, tight fitting t-shirts or tank tops may be worn. Heels required for class.. In Performance, costume required. OR Non-performance.

**Tap/Rhythm Tap**: (AGES 6- ADULT). Levels: Beginning/Intermediate and OR Intermediate/Advanced. A percussive and audible form of dance in which rhythms are created by striking the feet against the floor. It develops a strong sense of rhythm, coordination and agility. Class will focus on the differences of the classical tap to the grounded tap. Dress Code girls: Any color leotard, tight fitted top or tank top, jazz pants, jazz shorts. Black elastic tie up tap shoes are recommended. Dress Code for boys: Any colored T-shirt or tank top with black shorts or black sweatpants. In Performance, costume required OR Non-performance.

**Clogging :(**AGES : 6-Adult). All levels - BY the National Clogging Association.

**Acrobatic Arts/Contortion/Tumbling:** :(AGES : 2-Adult). Levels: Petite’s /Beginning/Intermediate and OR Intermediate/Advanced. An athletic sport which requires agility, flexibility, and strength. The students will learn different flexibility techniques for contortion and Acro, tumbling techniques, passes and dance combinations. Dress Code Girls: Leotard is mandatory underneath tight fitting shorts, or uni-shorts. Hair must be secured away from face. Dress Code for boys: Any colored tight fitting T-shirt or tank top with black shorts. Bare feet. In Performance, costume required. No jewelry. OR Non-performance.

**Hip Hop/Tik Tok Jams/Breakdance/Step**: (AGES :6-ADULT) Levels: Beginning/Intermediate and OR Intermediate/Advanced. A street form of jazz and a free-style form with the integration of R&B and pop music according to level and age appropriateness. It develops strength, balance, agility, rhythm, and flexibility. Dress code for girls and boys: Hip hop pants (easily movable), tank tops or t-shirts. White soled Hip Hop sneakers, required. No Street sneakers please! Please have separate sneakers for the dance room. Please change shoes, we do not want dirt from the outside on floors. Shoes may be different for performance or competition team TBA. In Performance, costume required. No jewelry. OR Non-performance.

**Contemporary/Modern/Lyrical/African:** :(AGES :7-ADULT) Levels: Beginning/Intermediate and OR Intermediate/Advanced. Students will study three different forms of dance in the course Contemporary/Modern and Lyrical. Contemporary is which the emotion is introverted with modern elements. Students will understand the basic principles of modern dance such as time, space, and force. Students will explore movement of such choreographers as Graham, Limon, Horton, Dunham, Cunningham, Tharp, and Giordano techniques. Dress Code Girls: Any color leotard, tights, any colored tight fitted tank top or T-shirt, with modern shorts, or modern crop pants. Dress Code for boys: Any colored T-shirt or tank top with black shorts or black sweatpants. Bare Feet required. Shoes may be different for performance or competition team TBA. In Performance, costume required and Non-performance based. OR Non-performance.

**Choreography I and II:** :(AGES :7-ADULT) Students will learn the basic principles of choreographic forms; ABA Format, Narrative Format, Theme and Variation, AB Format, Rhondo, Suite, Collage. Improvisation and creativity are encouraged. Students will develop a piece of work with the class at the informal solo and group presentation for the end of the year. Dress Code Girls: Any color leotard, any colored tight fitted tank top or t-shirt, with shorts, or sweatpants. Dress Code for boys: Any colored t-shirt or tank top with black shorts or black sweatpants. Notebook/Paper and pencil required. Bare feet or Jazz shoes required. Only in Showcase. Choreography II: Ages: Ten-Adult. Pre-requisite: Choreography I. Students will learn the advanced principles of choreographic forms; ABA Format, Narrative Format, Theme and Variation, AB Format, Rhondo, Suite, Collage and more. Improvisation and creativity are encouraged. Students will develop their own work and may perform their work at the end of the year performance. Dress Code Girls: Any color leotard, any colored tight fitted tank top or t-shirt, with shorts, or sweatpants. Dress Code for boys: Any colored t-shirt or tank top with black shorts or black sweatpants. Notebook/Paper and pencil required. Bare feet or Jazz shoes required. costume is on own.

**Musical Theatre/The Voice/Acting/Lip Sync Battle/Movement:** :(AGES :6-ADULT) Levels: Beginning/Intermediate and OR Intermediate/Advanced. The students will explore various time periods and choreographers from Hollywood to Broadway--Agnes DeMille, Ann Reiking, Fosse, Susan Stroman, to name a few. This course is revised segment of the "Dance Through Time" Course which uses different vocal techniques and acting skills to perform a number at the end of the year (performance piece: a Pop song, to Broadway). Dress Code Girls: Any color leotard, any colored tight fitted tank top or T-shirt, with shorts, or sweatpants. Dress Code for boys: Any colored T-shirt or tank top with black shorts or lack sweatpants. Men: Black jazz shoes or White Soled Dance Sneakers. Women: Tan Jazz shoes or tan character depending on the performance piece, may be used. Shoes may be different for performance or competition team TBA. In Performance, costume required. Must know how to read. You will be asked to record the song at the end of the year at GCR Audio (Robbie Tacak’s Studio). One time small fee of $35 to record at the end of the year. You receive the chance to sing in professional studio and receive your own cd. AND Learn music theory and have a deeper appreciation for music and the history behind the genres. Learn how to write song lyrics and different music styles and genres. Learn about music technology and the latest cutting software and music \technology. You will also learn how to read music. Must be able to read the English language. Non-performance based. AND Tools of the Trade, Resume Writing, Auditioning, Directing, Performance Enhancement, Script Writing, and Confidence Builder. Dress Code: Comfortable clothing for movement. This course is divided into two sections:. Through improvisational work as well as diverse professional scripts, students will build on a solid foundation to expand imagination, character development, scene analysis, and understanding of the professional world of theatre from a variety of perspectives including writing, direction, design, and critique. Topics relating to commercial acting, casting calls, and other "tools of the trade" will also be covered. Students will take part in year-end performance. Independent work, private coaching on specific monologues and resume for audition and professional theatre preparation. Performance and Non-performance based. costume get on own. Must know how to read.

**Playwright/Drama/Scriptwriting:** (AGES :7-ADULT). Students will work both collaboratively and independently to develop a script based around a theme for the annual ZPAC Spring Production. Emphasis will be placed on working creatively and inclusively to integrate the many elements of the performing arts experience, and understand how to communicate a worthwhile, entertaining, and unified message to audiences. These students will be the PLAYWRITERS of the ZPAC performance. This course will also cover monologues and scripts in professional theatre preparation. In Performance, costume get on own. Must know how to read and write.

**Vocal Recording:**:(AGES:7-ADULT) Learn how to record in a professional recording studio GCR Audio-(Robby Tacak’s of the Goo Goo Dolls recording studio!) We will record a demo cd for Halloween, Christmas, and the end of the year performance tracks. During the year you will learn music theory, microphone techniques, vocal techniques and vocal sculpting. Dress Code: Comfortable Clothing for movement. Be prepared to record on a different evening than the class time if need be, depending on the studio availability. Not in Performance, just CD is played in performance. Must know how to read. Pre-Requisite: a musical theatre course or vocal private. Recording fee: small fee of $35 each time to record 4x’s a year. You receive the chance to sing in professional studio and receive your own cd. Non-performance based. AND Solo Demo CD Recording: (Ten-Adult) Learn how to record in a professional recording studio GCR Audio-(Robby Tacak’s of the Goo Goo Dolls recording studio!) We will record a demo cd for performance tracks. Dress Code: Comfortable Clothing for movement. Be prepared to record on a different evening than the class time if need be, depending on the studio availability. Not in Performance, just CD is played in performance. Must know how to read. Pre-Requisite: Vocal Recording Class and a vocal private. Recording fee: One-time fee of $85 an hr to record. You receive the chance to sing in professional studio and receive your own CD. Non-performance based.

**NEW\* POP IN CLASSES:** (Ages 10-Adult) All levels. Workshop classes offered for one day. Stop in any class that is offered with different teachers across Western New York!.

**POP IN CLASSES;**

**University- Workshop Classes-TBA,**

**Ballroom Workshop Classes-TBA**

**Burlesque Workshop Classes-TBA**

**Tap- Workshop Classes-TBA**

**Jazz- Workshop Classes-TBA**

**Hip Hop- Workshop Classes-TBA**

**Contemporary-Workshop Classes-TBA**

**Learning how to Audition- Workshop Classes-TBA**

**Yoga and Mediation Workshop Classes-TBA:**: Understand the fundamentals of Yoga postures, deep breathing, relaxation/mediation philosophy, stress reduction, and to help manage anxiety/depression and also improving eating and sleep habits. This class is taught by a Certified Hatha Yoga and Ai-Chi Himalayan Instructor. Workshop Classes/specific date will be announced.

**Stage Crew-:Workshop Classes-TBA** Learn how to rig scenery, set sound/set lighting, sew costumes, and build sets for productions. You will be creating the scenery, sew costumes and build the sets for both ZPAC productions and events. Learn the aspects of stage crew for any stage production. You will be a part of the stage crew at the ZPAC productions. Non-performance-(must help).

**Private Dance:** :( AGES :5-ADULT). (By appointment only). Non- Performance based OR performance based OR Competitive based.

Learn how to perform any style of dance or enhance your technique.

Dress Code: Leotard, tight fitting shirt and shorts, tights or jazz pants. Costume for performance or competition you may get on your own.

Non-Performance based: Purely for just technique. No other classes needed.

Performance based: Must take a ballet class. Get costume on your own or choose from the costume books. In One Show. Invitation only for other show. You must audition on Jan.4th for shows.

Competitive based Private dance: (Invitation Only basis for competition). Must take regular ballet, comp ballet, and another course and 2 private lessons a month. Get costume on your own or choose from the costume books. In One Show. Invitation only for other show. You must audition on Jan.4th for shows and competitions.

**Private Voice:** :( AGES :5-ADULT) (By appointment only). Non- Performance based OR performance based OR Competitive based.

Learn how to sing from classical, Pop, and Broadway style, with music theory, microphone techniques, vocal techniques and vocal sculpting. Dress Code: Comfortable Clothing for movement. Must be able to read.

Non-Performance Based: Purely for just technique. No other classes needed. May take as many times as you would like a month.

Performance Based: No other classes needed. Can take two times a month or once a month. Must know how to read. Pre-requisite: Chorus in School, or Musical Theatre class, vocal recording. In 1 Show. Invitation only for other show. You must audition on Jan.4th for shows.

Competitive Based Voice: (Invitation Only basis for competition). Must take comp ballet, comp technique course, and musical theatre. Dress for performance or competition may be different. Get costume on your own. Must know how to read music. In 1 Show. Invitation only for other show. You must audition on Jan. 4th for shows and competitions.

**Private Acting**: (By appointment Only) Non- Performance based OR performance based OR Competitive based. Understand monologues. Work on audition material.

Dress Code: Comfortable Clothing for movement. Must be able to read.

Non-Performance Based: Purely for just technique. No other classes needed. May take as many times as you would like a month.

Performance Based: No other classes needed. Can take two times a month or once a month. Must know how to read. Pre-requisite: Musical Theatre class, or acting in a school musical. In 1 Show. Invitation only for other show. You must audition on Jan.8th for shows.

Competitive Based Acting: (Invitation Only basis for competition). Must take comp ballet, comp technique course, and an acting course. Get costume on your own or choose from the costume books. You must audition on Jan.9th for shows and competitions.

**Group Voice:** Non- Performance based or performance based or Competitive based. A study on vocal advanced techniques. Learn how to sing from classical to Broadway style, with music theory, microphone techniques, vocal techniques and vocal sculpting. Dress Code: Comfortable Clothing for movement. Must know how to read. Pre-Requisite: Music course, a musical theatre course or vocal private. Performance based and Competitive based: You must audition on Jan.4th for shows and competitions.

**ZPAC Competition/Company Team**: NEW: Petite (7 and under), Junior (8-11), Teen (12-14), Senior (15-19), Adult (20 and over) (Audition Only): Competitions are usually during the Summer months. The students have to be dedicated and have a positive attitude, they must abide by the Competition Team’s and Center’s rules and policies. You must sign a contract to abide by certain rules and regulations in order to be a part of the team. Ages 5-25. (Hip Hop, Jazz, Contemporary, Tap, Musical Theatre, Acro, Acting and Pointe-Invitation Only, Voice and Dance Solos Duets, Trios) If a student is at a higher level of technique and performance then they will not be held back by the age of the team, must be approved by owner and auditioned.

Dress Code for Class: Must have ZPAC Competition team leotard and ZPAC comp. shorts. Boys: ZPAC black shirt and burgundy shorts. Dress Code for events: ZPAC shorts and ZPAC warm up jacket.

* Any Competition Student taking a private lesson in dance of solo, duet or a trio will be invited by invitation only to compete with their solo, duet or trio. You must audition in Jan. for shows and competitions: Students must take at least 2 lessons a month to be considered for shows or competitions. The song may be provided by student or teacher but Director may or may not use for competition. The criteria to be considered for the team: attitude, time, agility, strength, determination, energy, technique, perseverance, team and staff player and commitment. Shoes may be different for performance or competition team TBA. Costumes are required. Levels can also be determined by student abilities regardless of age. This course creates a dance company with well- rounded dancers, actors and singers who want to perform throughout the entire year. The students have to be dedicated and have a positive attitude. This is a great way to learn about the professional dance and theater world. The competition/company members must be at all mandatory rehearsals for all the ZPAC performances, the Summer course and perform at Weddings, Benefits, Dance Parties, Music Is Art Festival with the Goo Goo Dolls, Art Festivals, Darien Lake, parade, Canalside and the Erie County Fair. The students have the chance to win awards, get hours for community service for high school and cash prizes. JOIN NOW! PLEASE SPECIFY ON YOUR REGISTRATION FORM IF YOU WOULD LIKE TO BE A PART OF THE COMPANY AND TRAVEL. In Performance for either opening or finale, costume is determined but get on own.

**ZPAC PARTY ENTERTAINERS:** Dancers/Singers (By appointment/bookings): The

company student dancers, actors and singers make your Mother/Daughter banquet, Anniversary Party, or Wedding Day extremely memorable! Our own Intermediate/Advanced Company or Center’s members dance at your wedding ceremony or reception! After dinner they will help get people off their seats and dancing on the dance floor! We are a reliable group of dancers/singers with great attitudes, professionalism, poise and class! Call Today for Bookings!

**Couple Dances for weddings and parties**-You can also come and learn the most important dance of your life, your wedding dance, or for a Mother /Daughter dance! This course is geared toward partnering skills. It gives a student a chance to understand how to lift, and to learn different techniques of how to lead and follow. No Dress Code. Not in Performance.

**Dance Birthday Parties or Theatre Birthday Parties or Karaoke Birthday\*** Parties: Book your next Dance Birthday Party at a reasonable rate for 1 1/2 hours-3 hours long, you pick a Friday, Saturday or Sunday. For any age. Any one is welcome to have a dance or karaoke party for their Birthday 1-100, Sweet Sixteen Party or any occasion! We supply the decor, the venue, the entertainment and the clean up and you supply the food and drinks! Every child leaves home with a special gift bag of goodies! Call Today for bookings! See our Brochure 954 A Union Rd. Ste. 3, for more details and Packages. Or Call (716) 608-1010.

**Direction/Training for Acting/Film: (By Appointment Only):** For the student/adult looking for direction and training for acting for stage OR acting for film OR voice over characters. Non-performance based.

**Direction/Training for Modeling: (By appointment Only):** The student or adult looking for an experienced Professional direction for modeling, interview and runway. Non-performance based.

**Choreography/Performers for Music Video’s: (By appointment Only):** Choreography and Dancers /Performers needed for a music video.

**Choreography for Gymnastic Floor Routine: (By Appointment only):** Ages Two-Adult. For the gymnast who needs an excellent technical choreographed piece for their floor routines.

**Choreography and Direction/Training for Pageants: (By appointment Only):** Ages two and up. For the pageant who is looking for unique choreography for talent competition. Also learn how to interview and walk the runway.

**Choreography for Color guards: (By appointment Only):** For the Color guard looking to enhance their Choreography for WGI or Regional Competitions.

**Choreography for Cheer Team: (BY Appointment Only):** For the Cheer Team looking to enhance their choreography and technique for competitions.

**Direction or Choreography or Vocal Coaching for Musicals: (by appointment Only):** For the School or Production Company looking for an experienced Professional Director or Choreographer or Vocal Coach.