

Feeding, Weight & Health Charts

The easiest thing to use to track your kittens' weights is a kitchen food scale set to display pounds and ounces. As of late, we have begun to weigh in grams so it is easier to detect weight gains and losses. Kittens from zero to two weeks old should be weighed twice a day and the weights recorded in a chart. After two weeks, weigh once a day. A sample weight recording chart is included as Appendix D. Feel free to copy and print it as needed or create your own. The important thing is to track their growth.

The following is a chart to show you the average normal weights for both male and female kittens. Your particular kittens may not fall exactly within the range shown, week after week; the important thing is to ensure that kittens are gaining roughly $\frac{1}{4}$ to $\frac{1}{2}$ an ounce every day, or 1.75 to 3.5 ounces every week.

Feeding and Weight Chart				
Age	Type of Food	Feedings Per Day	Amount of Formula per Feeding	Kitten Body Weight
Birth to 6 days	Formula	9 to 12	$\frac{1}{4}$ to $\frac{1}{2}$ tablespoon	3 to 7 ounces
1 week old	Formula	9 to 12	$\frac{1}{2}$ tablespoon	5 to 10 ounces
2 weeks old	Formula	9	$\frac{1}{2}$ to 1 tablespoon	8 to 14 ounces
3 weeks old	Formula; begin introducing Canned Kitten Food in a gruel with Formula	9	$\frac{1}{2}$ to 1 tablespoon	10 ounces to 1 pound
4 weeks old	Formula; continue Canned Kitten Food gruel, reducing Formula and introducing crushed Dry Kitten Food	7	$\frac{2}{3}$ to 1 tablespoon mixed in food	14 ounces to 1.5 pounds
5 weeks old	Formula; decrease Formula in Wet Canned Food and top Canned Food with crushed Dry Kitten Food	7	$\frac{2}{3}$ tablespoon mixed in food	14.5 ounces to 1 pound
6 weeks old	Formula in bowl; Dry Kitten Food crushed on top of Canned Kitten Food	6	$\frac{1}{2}$ tablespoon mixed in food	1 pound to 1.5 pounds
7 weeks old	Wean from Formula completely and onto Dry Kitten Food	3	$\frac{1}{2}$ tablespoon mixed in food	1 to 2.5 pounds
8 weeks old	Dry Kitten Food only		Food and Water available at all times	1.5 to 2.5 pounds

