



Get in the Zone with your Calm Home Starter Kit

Your Free Guide to Creating a Calm, Organized Home

Inside You'll Discover:

- ✓ The DeclutterZone 3D Method™
- ✓ The 15-Minute Daily Reset
- ✓ Weekly Reset Planner
- ✓ 20 Things You Can Declutter in 15 Minutes
- ✓ 10 Daily Habits of an Organized Home

Created by **Kelli Hallmark, Founder of DeclutterZone**

I'm so glad you're here!



Hi, I'm Kelli. If you've ever looked around your house and thought, **"I don't even know where to start!?"** I want you to know you're not alone. For more than 15 years, I worked in the corporate world while juggling work, family, and everything that comes with a busy life. I know what it's like to rush out the door in the morning, come home exhausted, and feel like your house is one more thing demanding your attention. Over time, I realized clutter isn't just about stuff. It's unfinished decisions, mental load, and the constant feeling that you're always trying to catch up. That's why I took a leap of faith, turned in my corporate keys, and started DeclutterZone. Inside this guide, I'll show you the exact routine I use with clients to keep homes feeling calm without spending hours of the day cleaning. I believe everyone deserves a home that feels peaceful—not perfect. Whether you're a busy mom trying to simplify everyday life, a family overwhelmed by years of accumulated belongings, or someone preparing to downsize into a new chapter, I'm here to help you create a home that works for the life you're living today. My approach is simple. I use the **DeclutterZone 3D Method**:

Declutter. Designate. Daily Reset.

Together, we'll remove what no longer serves you, create practical systems that actually fit your lifestyle, and build simple habits that keep your home organized long after the work is done. Organizing isn't about buying more baskets and bins. It's about creating less stress. I understand that letting go of things isn't always easy. Every item in our home tells part of our story. Some hold memories, milestones, and emotions that can't be replaced. That's why you'll never find judgment here—only encouragement, compassion, and practical support every step of the way. My favorite part of every organizing session isn't seeing the before-and-after photos (although they are extremely satisfying). It's watching the relief on someone's face when they realize...**"I can breathe in here again."** That's why I do what I do. I'm so glad you're here, and I can't wait to help you create a home that gives you more peace, more time, and more room for what matters most. Now, let's get in the zone and clear your clutter!

The DeclutterZone 3D Method™



Three simple habits that create a calmer home.

Step 1: Declutter

Remove what no longer serves your life. Ask yourself:

- Do I use it?
- Do I love it?
- Would I buy it again today?

Step 2: Designate

Everything needs and deserves a permanent home. Start by creating a zone for every item. Sort items and put everything in their proper zone for easy access.

Step 3: Daily Reset

Spend just 15 minutes in the evening returning all items to their zones. Small resets every day maintain the work that you've done and make for a much calmer home when you wake up each morning.

The 15-Minute Daily Reset



Kitchen (3 minutes in the evening)

- ☐ Empty sink
- ☐ Start dishwasher
- ☐ Wipe counters

Living Room (3 minutes in the evening)

- ☐ Put blankets away
- ☐ Pick up clutter
- ☐ Straighten pillows

Bedrooms (3 minutes in the morning)

- ☐ Make beds
- ☐ Put away clothes
- ☐ Clear nightstands

Bathroom (3 minutes in the evening)

- ☐ Wipe counter
- ☐ Hang towels
- ☐ Empty trash if needed

One Minute (morning and evening)

- ☐ Walk through the house
- ☐ Return anything out of place

Weekly Reset Planner



Day	Task	Notes
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		

20 Things You Can Declutter

in just 15 Minutes



DeclutterZone

— DECLUTTER • DESIGNATE • DAILY RESET —

- | | |
|---|--|
| ☐ Junk drawer | ☐ Shoes |
| ☐ Bathroom counter | ☐ Makeup drawer |
| ☐ Pantry shelf | ☐ Tupperware |
| ☐ Purse | ☐ Water bottles |
| ☐ Wallet | ☐ Kids' artwork |
| ☐ Car console | ☐ Dog supplies |
| ☐ Medicine cabinet | ☐ Cleaning products |
| ☐ Refrigerator shelf | ☐ Entryway |
| ☐ Coffee station | ☐ Nightstand |
| ☐ Linen closet | ☐ Spice cabinet |

10 Daily Habits of an Organized Home



- ✓ **Make the bed**
- ✓ **Finish the dishes**
- ✓ **Put things back immediately**
- ✓ **One load of laundry**
- ✓ **Sort the mail**
- ✓ **Wipe kitchen counters**
- ✓ **Five-minute pickup**
- ✓ **Empty trash when full**
- ✓ **Prep tomorrow before bed**
- ✓ **Celebrate progress—not perfection**

Remember: You don't have to do everything perfectly. Consistency matters more than perfection.

You're Officially in the Zone



Congratulations!! You've already taken the first step toward creating a calmer, more peaceful home. Remember...a calm home isn't built in one weekend. It's created one small decision, one simple system, and one daily reset at a time. Don't worry about being perfect. Focus on making progress. Those small victories add up, and before you know it, you'll have a home that feels lighter, more functional, and easier to maintain.

Thank you for trusting me to be part of your journey. It truly means so much that you've invited **DeclutterZone** into your home. **This is just the beginning.**

In the weeks ahead, I'll be sharing practical tips, simple organizing strategies, room-by-room guides, and my favorite products to help you continue creating a home that supports the life you want to live. Until then, keep decluttering and creating simple systems and don't forget to do your 15-minute daily reset. Your peaceful home is closer than you think. One drawer, one shelf, one room, one day at a time. I'll be cheering you on every step of the way.

With gratitude,

Kelli Hallmark

Founder, DeclutterZone

Ready to Stay in the Zone?



Your organization journey doesn't stop here!

Need hands-on help?

📖 **Book a Signature Organizing Session** (Orlando Area)

Ready for a deeper transformation?

💚 Download my **30 Day Decluttering Challenge for Busy Working Moms** <https://declutterzone.com/30-day-challenge>

Need organizing products?

🛒 **Shop** my favorite budget-friendly Amazon organization products.

Want daily motivation?

✨ Follow **DeclutterZone** on *Instagram @declutter.zone, Facebook, TikTok, and Pinterest* for practical tips that you can actually stick with.

Need more inspiration?

💚 **Explore** more realistic organization ideas on **DeclutterZone.com**

Small steps create lasting change. I'll see you back in the Zone soon