



## **First Aid Policy**

Last Review Date: September 2023

### **First Aid**

The Forest School Leader is responsible for First Aid and is qualified in First Aid at Work and Outdoor First Aid. Forest school support staff are advised to hold a relevant first aid qualification. All certificates and training need to be updated on a regular basis.

Staff dealing with a first aid incident, need to follow the medical emergency procedure, they must complete all relevant paperwork as soon as possible.

**An emergency kit is available during all Forest school sessions.**

#### **This contains:**

Medical Emergency Procedures (laminated)

Whistle

First Aid Kit

Thermal Blanket/Survival Bag

Baby wipes

Chocolate and fresh bottled drinking water

Cotton wool pads in a sealed container

Clingfilm

Small ground sheet

Bite and Sting Relief Spray

Burn relief spray

High Vis vest

### **First Aid Kit checklist:**

4 eye irrigation solution sachets

20 x saline cleansing wipes

2 instant ice packs

5 large plasters/10 medium plasters/15 small plasters

2 triangle bandages

2 large bandages

1x resuscitation face shield

2 medium bandages

3 pairs of protective gloves/1 roll of micropore tape

Safety pins