



First Aid Policy

Review Date: January 2022

First Aid

The Forest School Leader is responsible for First Aid and is qualified in First Aid at Work and Outdoor First Aid. Forest school support staff are advised to hold a relevant first aid qualification. All certificates and training need to be updated on a regular basis.

Staff dealing with a first aid incident, need to follow the medical emergency procedure, they must complete all relevant paperwork as soon as possible.

An emergency kit is available during all Forest school sessions.

This contains:

Medical Emergency Procedures (laminated)

Whistle

First Aid Kit

Thermal Blanket/Survival Bag

Baby wipes

Chocolate and fresh bottled drinking water

Cotton wool pads in a sealed container

Clingfilm

Small ground sheet

Bite and Sting Relief Spray

Burn relief spray

High Vis vest

First Aid Kit checklist:

4 eye irrigation solution sachets

20 x saline cleansing wipes

2 instant ice packs

5 large plasters/10 medium plasters/15 small plasters

2 triangle bandages

2 large bandages

1x resuscitation face shield

2 medium bandages

3 pairs of protective gloves/1 roll of micropore tape

Safety pins