

PLEASANT RIDGE AME ZION CHURCH



FAMILY & FRIENDS DAY

This Is Home.



COMING SOON
9:30 AM Worship Experience

910 Spencer Ave
Gastonia, NC

Immediately Following:
Food • Fellowship • Celebration

PLEASANT RIDGE AME ZION CHURCH

BIBLE STUDY

Resuming March 4



Wednesdays • 6:30 PM

Grow Deeper. Think Stronger. Live the Word.

NEW MEMBERS CLASS

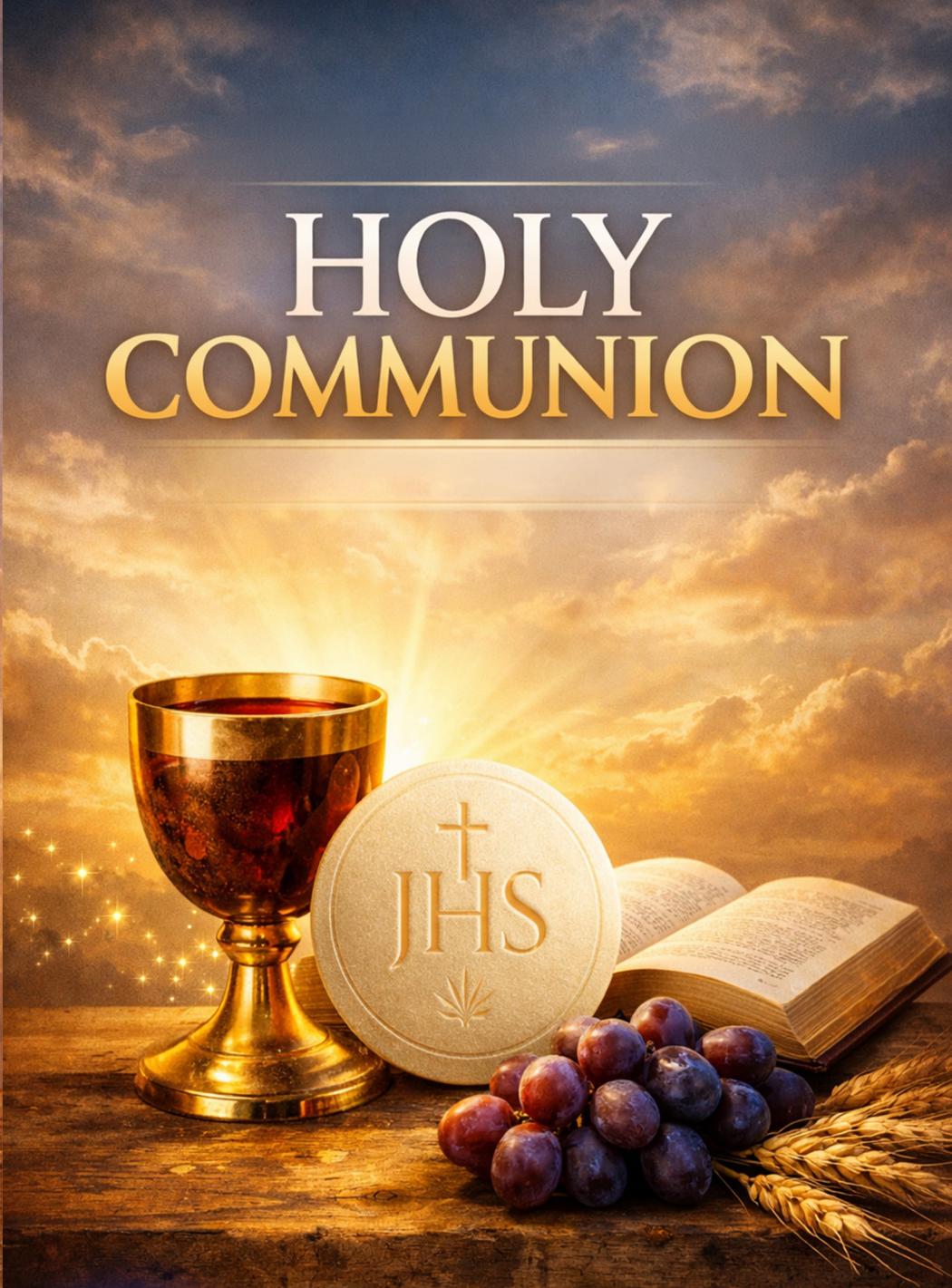
Tuesday, March 4 • 5:30 PM

This is where your journey continues

Pastor's Contact Information
Rev. Dr. Kay M. Gabriel
Cell: 704.657.0190
Email: KayGabriel01@gmail.com



www.TheRidge-Church.org



HOLY COMMUNION



PLEASANT RIDGE AME ZION CHURCH
910 SPENCER AVE
GASTONIA, NC 28052
Pastor: Rev. Dr. Kay M. Gabriel
WWW.TheRidge-Church.org

Pleasant Ridge

AME Zion Church

www.TheRidge-Church.org



Rev. Dr. Kay M. Gabriel, Pastor
Mar 1, 2026

Call to Worship...Rev. Sciandra Hush

Invocational Prayer

Hymn - Nothing But the Blood

Apostles Crueed

Black History Moment

Selection - OneVoice

Proclamation of the Word...Rev. Dr. Kay M. Gabriel

Holy Communion

Worship Through Giving

Pastoral Greetings

Benediction

The Lord's Supper

THE GENERAL CONFESSION

Almighty God, Father of our Lord Jesus Christ, Maker of all things. Judge of all men, we acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word, and deed, against Thy Divine Majesty, provoking most justly Thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievous unto us. Have mercy upon us, have mercy upon us, most merciful Father: for Thy Son, our Lord Jesus Christ's sake, forgive us all that is past: and grant that we may ever hereafter serve and please Thee in newness of life, to the honor and glory of Thy name, through Jesus Christ our Lord. Amen.

THE COLLECT FOR PURITY

Almighty God, unto Whom all hearts are open, all desires known, and from Whom no secrets are hid, cleanse the thoughts of our hearts by the inspiration of Thy Holy Spirit, that we may perfectly love Thee, and worthily magnify Thy Holy Name, through Jesus Christ our Lord. Amen.

THE LORD'S PRAYER

Our Father who art in heaven. hallowed be Thy name. Thy kingdom come. Thy will be done in earth, as it is in heaven. Give us this day our daily bread: and forgive us our trespass-es, as we forgive them that trespass against us: and lead us not into temptation, but deliver us from evil: for thine is the kingdom, and the power, and the glory forever. Amen.



Members MEETING
 IMMEDIATELY FOLLOWING CHURCH

Pastor invites all members to join us for a
IMPORTANT CONGREGATIONAL MEETING!

HEAR UPDATES | SHARE YOUR VOICE | GET INVOLVED

Together, Let's Move Our Church Forward!
 — Your Presence Matters — **Be There!** —



ZION
 LINCOLNNTON DISTRICT

Join in for Lent Devotions
 Each morning at 7am via Conference Call

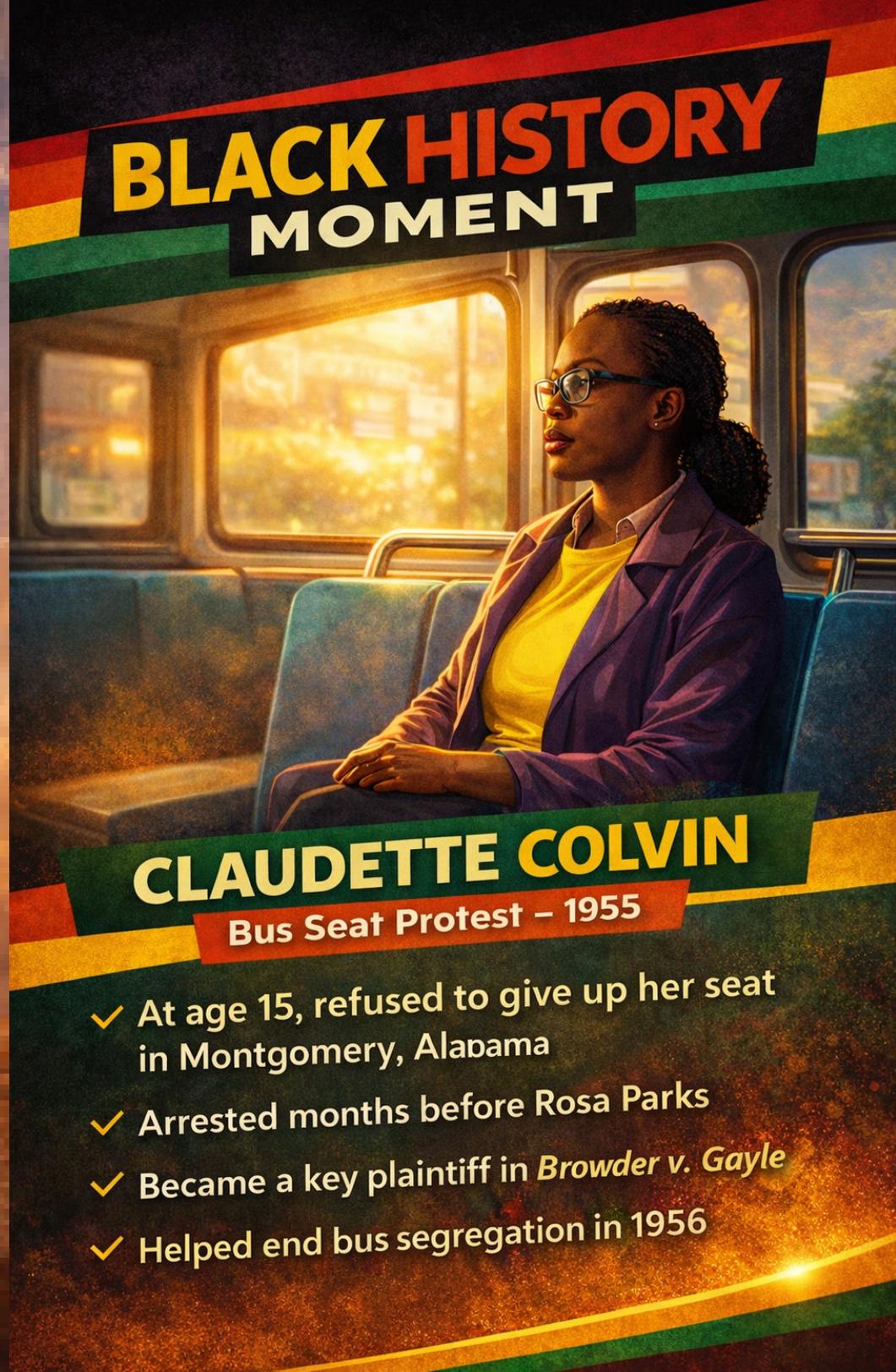
605-475-4000
 Access Code 228928#



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BLACK HISTORY MOMENT

CLAUDETTE COLVIN
 Bus Seat Protest – 1955

- ✓ At age 15, refused to give up her seat in Montgomery, Alabama
- ✓ Arrested months before Rosa Parks
- ✓ Became a key plaintiff in *Browder v. Gayle*
- ✓ Helped end bus segregation in 1956

BLACK HISTORY MOMENT

SHE DIDN'T JUST BREAK THE SURFACE.

SHE EXPLORED THE DEPTHS.

CARHONDA DAWSON

First Black Woman to Scuba Dive
All Five Oceans

Atlantic.
Pacific.
Indian.
Arctic.
Southern.



History Made.  Barriers Broken.  Legacy Cemented.

WHEN LIMITS DON'T EXIST

While many only dream of seeing the world...
Carhonda Dawson decided to explore it — underwater.

The first Black woman to dive off five oceans.

This required:

- ✓ Advanced Cold Water Certification
- ✓ Extreme Endurance Training
- ✓ Arctic & Southern Ocean Diving
- ✓ Mental Toughness.

WHY THIS MATTERS

- ✓ Expands Representation
- ✓ Inspires Future Explorers
- ✓ Rewrites Narratives
- ✓ Breaks Barriers

“Depth is not something to fear—
it’s something to **conquer.**”