



# USATF National Junior Olympic Cross Country Championships

Dale Watts '71 Cross Country Course  
Bryan-College Station, TX - Texas A&M University  
December 10, 2022



## Results Girls 3k (11-12)

TEMPERATURE  
76 °

HUMIDITY  
78%

CONDITIONS  
SHOWERS

PI	Athlete Name	Affiliation	.7k	.7k PI	+/-	2.1k	2.1k PI	+/-	Time	Pts
1	Gianna Rahmer	12 Albuquerque Athl	2:04.9	3	▼1	7:04.6	4	▲3	10:25.0	
2	Elin Latta	12 CC XC A	2:04.6	1	▼1	7:03.9	2	—	10:37.7	1
3	Ava Padilla	12 California Grizz	2:05.2	6	▲3	7:04.3	3	—	10:37.8	2
4	Giuliana Martino	12 Unattached-38	2:04.6	1	—	7:03.7	1	▼3	10:42.2	
5	Kaia Streadbeck	12 OC Grit	2:04.9	3	▼3	7:12.8	6	▲1	10:45.0	
6	Elin Beeler	11 Cascade Striders	2:10.7	29	▲22	7:13.3	7	▲1	10:48.4	3
7	Teagan Harris	12 Wolfpack RC Utah	2:11.3	33	▲22	7:18.3	11	▲4	10:49.2	
8	Chloe Grieco	12 Cougar TC	2:10.4	27	▲14	7:18.7	13	▲5	10:51.0	4
9	Ava Torgersen	12 Oakland Cubs	2:06.6	10	▲5	7:11.7	5	▼4	10:51.5	
10	Avery Koger	11 Boulder Mountain	2:10.8	30	▲21	7:17.3	9	▼1	10:54.0	5
11	Zia Fadil	11 Unattached-32	2:08.8	18	▲10	7:16.9	8	▼3	10:54.5	
12	Ella Alberici	12 Alpha Crush	2:05.6	7	▼3	7:17.9	10	▼2	10:54.6	6
13	Reese Ray	11 Valley United A	2:09.7	22	▲8	7:18.9	14	▲1	10:56.1	7
14	Reese Vagedes	11 Alpha Crush	2:06.2	8	▼7	7:19.0	15	▲1	10:57.3	8
15	Isabel Gladden	12 San Diego Waves	2:07.9	15	—	7:19.0	15	—	10:58.9	9
16	Addison Michalak	11 Kokopelli Kids	2:18.1	83	▲58	7:25.7	25	▲9	11:02.0	10
17	Kathleen Lambe	11 California Comets	2:12.8	41	▲17	7:25.6	24	▲7	11:05.7	11
18	Ella Haber	11 Rain City Flyers	2:10.9	32	▲2	7:29.2	30	▲12	11:05.9	12
19	Emma Rogers	12 Unattached-13	2:12.5	39	▲20	7:21.7	19	—	11:06.7	
20	Taelyn Janssen	12 NX Level Athletx	2:17.4	74	▲34	7:32.5	40	▲20	11:06.8	
21	Hadassah Beshears	12 Unattached-23	2:08.0	16	▼13	7:28.2	29	▲8	11:06.8	
22	Charlene Evangelista	12 California Grizz	2:18.6	87	▲48	7:32.1	39	▲17	11:07.1	13
23	Haley Fernandez	11 Unattached-26	2:07.7	14	▲2	7:18.6	12	▼11	11:07.2	
24	Saffa Ellis	12 Prospect Park	2:16.5	64	▲31	7:30.1	33	▲9	11:07.7	
25	Iris Latta	12 CC XC A	2:07.3	13	▼8	7:22.9	21	▼4	11:09.2	14
26	Kajsa Wik	12 Boulder Mountain	2:09.8	24	▲6	7:19.5	18	▼8	11:09.8	15
27	Mckenna Groen	12 Parker Panthers	2:15.9	57	▲19	7:31.8	38	▲11	11:09.9	
28	Kyla Breslin	12 Unattached-02	2:12.2	38	▲10	7:27.6	28	—	11:10.3	
29	Brylee McKay	12 CC XC A	2:08.8	18	▼2	7:22.8	20	▼9	11:10.4	16
30	Neela Whatley	12 Diablo Valley	2:06.6	10	▼5	7:19.0	15	▼15	11:10.6	
31	Madisyn Scott	11 Texas Thunder	2:07.1	12	▼11	7:25.0	23	▼8	11:11.1	
32	Miley Morical	12 Central Oregon RK	2:09.6	21	▼6	7:26.6	27	▼5	11:14.2	
33	Susan Hedengren	11 Roadrunners	2:27.7	172	▲119	7:39.0	53	▲20	11:15.5	



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34	Dylan Shaklee	11	Rock Creek TC	2:22.8	123	▲72	7:38.7	51	▲17	11:17.2	
35	Remy Latta	12	CC XC A	2:11.4	34	▼3	7:31.4	37	▲2	11:18.2	17
36	Daria Lamakina	12	Waltham	2:15.0	53	▲9	7:36.2	44	▲8	11:18.3	18
37	Vitalia Hernandez	12	El Paso Wings	2:10.3	26	▼10	7:31.3	36	▼1	11:20.7	
37	Quinn Sitzmann	11	West Seattle Roa	2:11.7	36	▼14	7:37.6	50	▲13	11:20.7	
39	Savannah Russell	11	Cougar TC	2:18.4	85	▲29	7:39.8	56	▲17	11:21.0	19
40	Scarlett Maxwell	11	Unattached-32	2:14.9	52	▲18	7:30.9	34	▼6	11:21.9	
41	Lillian Feldman	12	Bowerman TC	2:18.9	89	▲31	7:40.9	58	▲17	11:23.1	20
42	Zara Konkader	12	Valley United A	2:12.0	37	▼9	7:36.7	46	▲4	11:25.0	21
43	Kirsten Theobald	11	Valley United A	2:16.6	65	▲23	7:36.0	42	▼1	11:25.9	22
44	Jane Conrad	12	Waltham	2:11.5	35	▲1	7:30.9	34	▼10	11:26.0	23
45	Valentine Steinman	11	Valley United A	2:16.3	62	▲14	7:37.0	48	▲3	11:26.4	24
46	Hazel Vowell	12	The Falcons	2:17.8	77	▲45	7:29.9	32	▼14	11:26.9	
47	Gabriella Pelov	12	Lakeland TC	2:10.4	27	▲1	7:26.3	26	▼21	11:26.9	
48	Tess McNamara	12	Unattached-03	2:06.5	9	▼38	7:36.9	47	▼1	11:27.7	
49	Kendall Maloy	11	Track Houston	2:16.1	60	▲5	7:39.7	55	▲6	11:28.1	25
50	Reagan Duncan	12	Kokopelli Kids	2:17.0	69	▲24	7:36.5	45	▼5	11:28.8	26
51	Kalia Blanchard	12	Valley Flash	2:15.6	56	▲13	7:36.1	43	▼8	11:29.7	
52	Naomi Ukiwa Ebhaleme	11	New England Elite	2:14.4	49	▼17	7:45.0	66	▲14	11:29.9	27
53	Madison Scott	11	402 XC & Track	2:17.0	69	▲10	7:41.3	59	▲6	11:29.9	
54	Lucia Martinez	11	Wolfpack RC Utah	2:24.9	143	▲73	7:47.8	70	▲16	11:30.2	
55	Chloe Tragger	12	Fayette County	2:14.3	48	▼1	7:37.4	49	▼6	11:30.6	
56	Aine Pitillo	11	California Comets	2:21.2	106	▲52	7:39.4	54	▼2	11:31.0	28
57	Jasmine Coy	12	Cascade Striders	2:24.4	138	▲49	7:53.9	89	▲32	11:31.0	29
58	Shae Romero	11	Penguins XC	2:17.2	72	▲12	7:42.6	60	▲2	11:33.5	
59	Reed Atwood	12	Rain City Flyers	2:13.1	43	▼14	7:40.3	57	▼2	11:33.7	30
60	Hanyu Zhang	12	California Grizz	2:19.4	94	▲27	7:46.1	67	▲7	11:33.8	31
61	Annabel Martin	12	Unattached-55	2:19.2	93	▲30	7:43.7	63	▲2	11:35.1	
62	Lilly Lendrum Fort	12	Rain City Flyers	2:13.6	45	▼27	7:50.3	72	▲10	11:35.8	32
63	Siona Kelly	12	Boulder Mountain	2:25.0	145	▲69	7:51.3	76	▲13	11:36.5	33
64	Fairfax Walker	11	Manhattan YTC	2:17.2	72	▲11	7:43.5	61	▼3	11:36.8	
65	Savannah Mitchell	12	Kokopelli Kids	2:16.8	67	▼4	7:49.7	71	▲6	11:38.0	34
66	Anna Lauferweiler	12	Nashua PAL Striders	2:16.2	61	▼7	7:47.1	68	▲2	11:38.2	35
67	Reese Latta	12	CC XC A	2:14.4	49	▼16	7:44.7	65	▼2	11:40.1	36
68	Abrielle Ontiveros	12	So Cal Roadrunners	2:16.7	66	▼10	7:51.3	76	▲8	11:40.9	
69	Jett Hansen	12	Tri City Thunder	2:15.9	57	▼12	7:47.3	69	—	11:43.6	



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70	Eleanor Jang	11	Unattached-07	2:24.0	133	▲43	7:54.2	90	▲20	11:43.8	
71	Mary Quintana	11	Unattached-24	2:09.5	20	▼32	7:38.8	52	▼19	11:44.2	
72	Lucy Friend	12	Boulder Mountain	2:25.7	154	▲71	7:52.2	83	▲11	11:44.3	37
73	Azra Gercek	12	Unattached-33	2:08.7	17	▼14	7:29.4	31	▼42	11:44.9	
74	Olivia Richard	12	Valhalla RC	2:21.8	110	▲30	7:51.8	80	▲6	11:45.3	
75	Beatrice Gladden	12	San Diego Waves	2:22.3	117	▼6	8:05.9	123	▲48	11:45.3	38
76	Linden Donner	12	Alpha Crush	2:13.9	47	▼28	7:50.8	75	▼1	11:47.0	39
77	Morgan Huggins	12	TakeOff	2:12.6	40	▼34	7:50.7	74	▼3	11:48.7	
78	Ruthie Laughridge	12	North Idaho Dist	2:24.0	133	▲27	7:59.7	106	▲28	11:49.4	40
79	Riley Teurman	11	Body in Training	2:16.9	68	▲4	7:44.1	64	▼15	11:49.7	
80	Emmaline Carr	12	North Idaho Dist	2:13.5	44	▼47	7:54.5	91	▲11	11:49.7	41
81	Sophie Shen	11	California Grizz	2:19.5	95	▲23	7:50.3	72	▼9	11:50.1	42
82	Jasmine Alexander	11	Track Houston	2:13.0	42	▼57	7:56.8	99	▲17	11:50.3	43
83	Madison Mungia	12	CC XC A	2:21.1	105	▲18	7:53.4	87	▲4	11:50.8	44
84	Emily Tran	11	Mount Diablo Heat	2:26.7	162	▲77	7:52.6	85	▲1	11:51.5	45
85	Hadley Hanchett	12	Sun City	2:17.7	76	▼24	7:57.2	100	▲15	11:51.8	
86	Madeline Garguilo	12	Unattached-05	2:17.8	77	▲15	7:43.6	62	▼24	11:52.3	
87	Vera McCown	11	New England Elite	2:22.6	119	▲26	7:55.3	93	▲6	11:52.5	46
88	Alyssa Castaneda	11	So Cal Roadrunners	2:20.5	99	▲19	7:51.8	80	▼8	11:53.3	
89	Ani McManus	11	Rain City Flyers	2:23.2	127	▲18	8:01.0	109	▲20	11:53.4	47
90	Jaedyn Price	12	AP Ranch	2:26.6	161	▲31	8:09.0	130	▲40	11:53.4	
91	Willa Bernd	11	California Comets	2:24.5	140	▲24	8:03.3	116	▲25	11:53.9	48
92	Kailie Rader	12	Unattached-02	2:20.8	103	▲15	7:53.8	88	▼4	11:54.5	
93	Paige Dance	12	North Idaho Dist	2:17.1	71	▼22	7:55.3	93	—	11:54.5	49
94	Mariko Palmieri	12	Sacramento Valle	2:18.0	79	▼18	7:56.0	97	▲3	11:54.5	
95	Laila Goodman	11	Litchfield TC	2:15.2	54	▼25	7:51.7	79	▼16	11:54.6	
96	Hana Miller	12	California Comets	2:21.6	108	▼6	8:02.6	114	▲18	11:55.1	50
97	Alana Victorino	11	Acoma Running	2:22.1	115	▲17	7:56.1	98	▲1	11:55.1	51
98	Emma Kelly	12	Palatine Pack	2:18.0	79	▲3	7:51.3	76	▼22	11:55.5	
99	D'vani Hernandez	11	CC XC A	2:13.6	45	▼47	7:54.6	92	▼7	11:55.8	52
100	Piper Richmond	12	Amazon Distance	2:21.8	110	▲7	7:58.5	103	▲3	11:56.1	
101	Thilde Killam	11	Litchfield TC	2:18.9	89	▲5	7:52.5	84	▼17	11:56.7	
102	Victoria Howard	11	North Idaho Dist	2:24.1	135	▲30	7:59.2	105	▲3	11:56.9	53
103	Giulia Bussone	12	Waltham	2:27.1	165	▲31	8:09.7	134	▲31	11:58.0	54
104	Adelina Berry	12	Spokane Mercury	2:25.5	152	▲25	8:08.4	127	▲23	11:58.6	
105	Autumn Gersmeyer	11	Valley United A	2:22.7	122	▲27	7:55.5	95	▼10	11:59.7	55



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106	Hudson Boschen	12	Westchester Stri	2:15.3	55	▼40	7:55.5	95	▼11	11:59.8	
107	Sol Sitzmann	11	West Seattle Roa	2:18.3	84	▼41	8:07.6	125	▲18	12:01.3	
108	Laurel Kent	11	Kokopelli Kids	2:29.0	185	▲54	8:09.1	131	▲23	12:01.9	56
109	Rebecca Bezerra	12	CC XC A	2:20.7	102	▼8	8:01.1	110	▲1	12:02.1	57
110	Maribeth Owens	11	Gulf United A	2:22.6	119	▲12	8:00.3	107	▼3	12:02.3	58
111	Belle Parrel	11	Nevada TC	2:10.8	30	▼56	7:53.0	86	▼25	12:02.8	
112	Caitlin Lanese	11	Barron Park Stri	2:27.2	166	▲55	8:01.4	111	▼1	12:02.8	
113	Lucille Walker	12	Sentinel Striders	2:21.3	107	▼4	8:01.4	111	▼2	12:02.9	59
114	Kenedy Card	12	Unattached-26	2:17.5	75	▼27	7:58.1	102	▼12	12:03.1	
115	Jayla Flemons	12	San Antonio Swift	2:10.0	25	▼16	7:32.9	41	▼74	12:03.2	
116	Sutton Amerman	11	CC XC B	2:21.0	104	▼4	8:00.8	108	▼8	12:03.3	
117	Josie Hoy	12	San Diego Waves	2:18.5	86	▼33	8:04.8	119	▲2	12:04.2	60
118	Nicole Chambers	12	Valley United A	2:24.3	137	—	8:10.6	137	▲19	12:04.9	61
119	Piper McKee	11	Rain City Flyers	2:23.6	131	▲7	8:06.5	124	▲5	12:05.4	62
120	Brady Preneta	12	New England Elite	2:19.0	91	▼20	8:01.4	111	▼9	12:06.4	63
121	Caroline Reina	11	Katy Blazin' Red	2:32.1	214	▲81	8:09.2	133	▲12	12:06.8	
122	Caroline Bold	12	Alpha Crush	2:09.7	22	▼60	7:51.9	82	▼40	12:07.3	64
123	Kinsey Moore	12	Roadrunners	2:32.7	223	▲86	8:10.6	137	▲14	12:07.5	
124	Reese Wagner	12	Woodside Wildebe	2:20.6	101	▼3	7:58.9	104	▼20	12:08.3	
125	Catherine Gomez	11	Long Beach Flyers	2:23.5	129	▲14	8:03.0	115	▼10	12:09.0	
126	Paisley Stanley	12	Fort Worth Flyers	2:26.7	162	▲34	8:08.5	128	▲2	12:09.4	
127	Isha Awasthi	11	Unattached-08	2:18.0	79	▼38	8:03.5	117	▼10	12:10.0	
128	Bronwyn Vaughan	11	ALT Performance	2:25.4	149	▲21	8:08.5	128	—	12:11.1	
129	Anna Shulika	12	San Diego Waves	2:32.4	216	▲96	8:05.3	120	▼9	12:11.4	65
130	Nezeyya Bugher	11	Bowerman TC	2:20.1	96	▼5	7:57.9	101	▼29	12:12.0	66
131	Layla Thompson	12	Whittier Warriors	2:15.9	57	▼65	8:05.8	122	▼9	12:14.7	67
132	Adaline Dangerfield	12	Race Cats - Herr	2:24.7	142	▲21	8:05.6	121	▼11	12:14.8	
133	Sofia Busch	12	Rain City Flyers	2:22.9	125	▼1	8:07.9	126	▼7	12:15.7	68
134	Sienna Reeder	12	Bowerman TC	2:23.6	131	—	8:09.1	131	▼3	12:15.9	69
135	Aditi Naveen	11	2nd Wind Athletics	2:28.2	177	▲33	8:13.2	144	▲9	12:16.4	
136	Mya Lugo	12	Long Beach Flyers	2:22.8	123	▲5	8:03.7	118	▼18	12:16.9	
137	Shea Maher	11	Sentinel Striders	2:36.4	263	▲70	8:30.5	193	▲56	12:17.9	70
138	Audrey Moore	12	Roadrunners	2:32.9	228	▲74	8:18.8	154	▲16	12:17.9	
139	Desinayah Pacheco	11	NB3F XC Club	2:21.6	108	▼27	8:09.8	135	▼4	12:18.0	
140	Cecilia Bass	12	West U Flash	2:24.2	136	▼11	8:15.8	147	▲7	12:18.7	71
141	Sophia Mills	11	Sun City	2:29.2	188	▲16	8:22.9	172	▲31	12:19.1	



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142	Davonnie Riley	11	Southern Pueblo	2:31.5	207	▲51	8:19.9	156	▲14	12:19.5	
143	Catherine Azares	11	Lakeland TC	2:35.4	254	▲89	8:21.5	165	▲22	12:19.7	
144	Tatum Goodell	11	Mount Diablo Heat	2:30.6	201	▲32	8:22.3	169	▲25	12:20.3	72
145	Abbey Hackworth	11	Pacer Track	2:28.3	178	▲26	8:18.1	152	▲7	12:20.7	
146	Maddie Marshall	12	Unattached-02	2:18.7	88	▼53	8:11.3	141	▼5	12:21.1	
147	Alex Urquhart	12	Rain City Flyers	2:25.4	149	▲13	8:10.0	136	▼11	12:21.2	73
148	Nadija Mrva	11	Cleveland Youth RC	2:23.3	128	▼14	8:12.0	142	▼6	12:21.4	
149	Naomi Tracey	12	Cougar TC	2:27.6	169	▲30	8:10.9	139	▼10	12:21.7	74
150	Tereza Koudelkova	11	Boulder Mountain	2:32.6	219	▲39	8:25.8	180	▲30	12:21.8	75
151	Emilia Ryan	12	Sacramento Valle	2:28.5	180	▲20	8:20.2	160	▲9	12:22.6	
152	Olivia Kemp	12	Diablo Valley	2:22.2	116	▼32	8:16.3	148	▼4	12:23.0	
153	Aleen Watson	11	Oakland Cubs	2:33.0	230	▲43	8:28.2	187	▲34	12:23.2	
154	Julianna Rodriguez	12	Diablo Valley	2:18.0	79	▼66	8:15.1	145	▼9	12:23.7	
155	Brynlee Reed	12	Cougar TC	2:27.0	164	▲21	8:13.0	143	▼12	12:23.9	76
156	Abigail Wagner	11	Southern Tier SOAR	2:24.9	143	▼3	8:15.4	146	▼10	12:24.3	
157	Megan Doody	12	New England Elite	2:25.2	147	▼20	8:22.0	167	▲10	12:25.9	77
158	Katelyn Allen	12	River Cities A	2:28.3	178	▲2	8:24.3	176	▲18	12:26.7	78
159	Harper Jessen	12	Colorado Coyotes	2:29.0	185	▲17	8:22.2	168	▲9	12:27.1	
160	Anisa Mercado	12	Pearland Speed	2:27.5	168	▲7	8:20.6	161	▲1	12:27.4	79
161	Lexi Paul	12	Beaverton Youth	2:28.5	180	▲16	8:21.3	164	▲3	12:27.8	
162	Liana Arellano	11	Unattached-46	2:31.5	207	▲34	8:23.6	173	▲11	12:28.3	
163	Ella Koconis	12	Sentinel Striders	2:28.9	183	▲27	8:19.9	156	▼7	12:28.3	80
164	Emma Maldonado Ramo	12	Colorado Coyotes	2:32.7	223	▲32	8:29.6	191	▲27	12:28.5	
165	Kaylie Mar	12	Mount Diablo Heat	2:29.5	193	▲30	8:21.0	163	▼2	12:28.9	81
166	Deekshikaa Dhanaseka	12	California Grizz	2:20.5	99	▼52	8:18.0	151	▼15	12:29.3	82
167	Melody Buah	12	Kokopelli Kids	2:30.8	202	▲4	8:33.1	198	▲31	12:30.5	83
168	Davanie Young	12	Bowerman TC	2:23.0	126	▼27	8:18.5	153	▼15	12:31.6	84
169	Delilah Thomas	11	Unattached-26	2:22.6	119	▼47	8:21.8	166	▼3	12:31.8	
170	Violet Hernandez	12	North Idaho Dist	2:21.9	113	▼69	8:27.0	182	▲12	12:31.9	85
171	Maisie Wilderspin	11	Alpha Crush	2:23.5	129	▼20	8:17.0	149	▼22	12:32.3	86
172	Kristen Theobald	11	Valley United A	2:22.4	118	▼32	8:17.7	150	▼22	12:32.9	87
173	Alexa Kalen	11	Peachtree City F	2:25.2	147	▼15	8:20.9	162	▼11	12:33.5	
174	Vivienne Dupere	12	Waltham	2:28.0	176	▲20	8:19.9	156	▼18	12:34.0	88
175	Elka Cafcules	12	Prospect Park	2:19.1	92	▼48	8:11.1	140	▼35	12:34.4	
176	Madelena De Trinidad	11	Eastside Steppers	2:26.3	157	▼2	8:20.1	159	▼17	12:34.6	
177	Mckenna Maher	12	Sentinel Striders	2:37.9	271	▲60	8:36.4	211	▲34	12:34.9	89



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178	Luna Ruiz	12	OC Grit	2:25.6	153	▼17	8:22.6	170	▼8	12:35.7	
179	Eva Miller	12	Kokopelli Kids	2:34.7	248	▲61	8:28.2	187	▲8	12:35.9	90
180	Kara Fader	11	San Diego Waves	2:32.7	223	▲33	8:28.7	190	▲10	12:36.4	91
181	Trinity Klingensmith	12	Ankeny TFC	2:29.3	191	▲5	8:28.0	186	▲5	12:36.4	
182	Saige Keatts	11	California Comets	2:34.4	245	▲50	8:31.7	195	▲13	12:37.5	92
183	Noa Schachter	12	Team Onalysis	2:29.8	194	▲9	8:27.8	185	▲2	12:37.6	
184	Alanis Planadeball patx	11	In Stride	2:25.1	146	▼32	8:24.9	178	▼6	12:38.1	
185	Madeline Bostic	12	Bowerman TC	2:25.4	149	▼22	8:22.7	171	▼14	12:38.2	93
186	Kendall Pizzirusso	11	Lakeland TC	2:31.8	211	▲15	8:32.2	196	▲10	12:38.9	
187	Milania Rodrigues	11	Sentinel Striders	2:28.9	183	▲7	8:24.3	176	▼11	12:39.9	94
188	Avery Holley	12	San Diego Waves	2:32.6	219	▲30	8:28.6	189	▲1	12:40.2	95
189	Azriel Cephas	11	DTX Running Schuz	2:22.0	114	▼60	8:23.7	174	▼15	12:41.2	96
190	Enna Gerking	12	Oakland Cubs	2:29.8	194	▲12	8:27.0	182	▼8	12:41.8	
191	Olivia Rule	12	Albuquerque Athl	2:35.0	252	▲45	8:35.5	207	▲16	12:42.1	
192	Natalie Knowles	12	Unattached-07							12:42.1	
193	Ava Arnsdorf	11	Cascade Striders	2:25.7	154	▼27	8:26.7	181	▼12	12:42.2	97
194	Adelynn Moore	11	Palatine Pack	2:32.6	219	▲13	8:35.3	206	▲12	12:42.6	
195	Bella Beres	12	Southern Tier SOAR	2:27.8	173	▼6	8:25.4	179	▼16	12:42.8	
196	Lilah May	12	Mt. Pleasant TC	2:20.1	96	▼79	8:24.1	175	▼21	12:43.6	98
197	Juna Mista	12	Boulder Mountain	2:36.7	266	▲47	8:37.8	219	▲22	12:44.6	99
198	Maggie Mantell	12	Waltham	2:29.3	191	▼23	8:36.8	214	▲16	12:45.1	100
199	Aubrey Liu	11	Mount Diablo Heat	2:36.6	265	▲32	8:43.8	233	▲34	12:47.7	101
200	Ellie Davis	12	Unattached-34	2:24.5	140	▼72	8:36.5	212	▲12	12:47.9	
201	Callan Lee	11	Mount Diablo Heat	2:34.9	249	▲34	8:37.2	215	▲14	12:48.3	102
202	Daniella Villarreal	11	San Antonio Swift	2:39.8	285	▲42	8:46.6	243	▲41	12:49.0	
203	Emily Arriaga	12	Valley United A	2:20.3	98	▼86	8:27.3	184	▼19	12:50.2	103
204	Rayna Lewis	11	Unattached-49	2:29.1	187	▼5	8:30.0	192	▼12	12:50.3	
205	Mckenzy Crilley	12	Cougar TC	2:34.3	244	▲22	8:39.5	222	▲17	12:50.6	104
206	Abigail Garcia	12	Unattached-43	2:14.7	51	▼165	8:37.4	216	▲10	12:50.6	
207	Dylan Fogt	11	California Grizz	2:26.3	157	▲2	8:19.1	155	▼52	12:50.8	105
208	Lily Fowler	12	Sacramento Valle	2:34.9	249	▲42	8:35.5	207	▼1	12:50.8	
209	Azmera Williams	11	Prospect Park	2:31.7	209	▼12	8:38.6	221	▲12	12:51.9	
210	Emily Hardy	12	California Comets	2:34.5	246	▲7	8:44.8	239	▲29	12:52.2	106
211	Bella Salvatore	12	Alpha Crush	2:27.6	169	▼61	8:43.0	230	▲19	12:52.2	107
212	Caylee Weaver	12	Unattached-24	2:24.4	138	▼89	8:41.3	227	▲15	12:52.4	
213	Leah Lamb	11	The Falcons	2:37.4	268	▲24	8:47.6	244	▲31	12:53.0	



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214	Kara Sipiora	12	OC Grit	2:36.1	259	▲19	8:45.1	240	▲26	12:53.6	
215	Amaya Rajandram	11	Windy City Hammers	2:41.6	298	▲48	8:50.4	250	▲35	12:54.2	
216	Melissa Lopez	12	Whittier Warriors	2:29.2	188	▼9	8:32.3	197	▼19	12:54.9	108
217	Makenna Simpson	12	New England Elite	2:29.9	196	▼28	8:40.2	224	▲7	12:55.7	109
218	Ava Ossa	11	Whittier Warriors	2:30.3	198	▼1	8:33.2	199	▼19	12:55.8	110
219	Natalie Ranney	12	Granite State Flash	2:39.7	284	▲32	8:52.5	252	▲33	12:56.4	
220	Matilda Reeg	12	River Cities A	2:36.0	258	▲49	8:36.3	209	▼11	12:56.7	111
221	Addison Ntengeri	12	Nashua PAL Striders	2:25.8	156	▼53	8:36.3	209	▼12	12:57.0	112
222	Maddilynn Scott	12	Unattached-25	2:27.8	173	▼27	8:34.5	200	▼22	12:57.1	
223	Lydia Madrid	12	Kokopelli Kids	2:34.5	246	▲11	8:44.2	235	▲12	12:57.4	113
224	Kathryn Malek	11	Fit 180 Athletics	2:27.4	167	▼53	8:38.4	220	▼4	12:58.1	
225	Jeanette Flores	11	Unattached-43	2:31.9	212	▲10	8:34.9	202	▼23	12:58.7	
226	Clare Kennedy	12	Waltham	2:27.6	169	▼36	8:35.2	205	▼21	12:59.1	114
227	Julia Gribble	11	Cascade Striders	2:35.3	253	▲15	8:44.7	238	▲11	12:59.8	115
228	Sydney Chalmers	11	Unattached-24	2:32.6	219	▼9	8:41.4	228	—	13:00.3	
229	Annie Mattila	12	North Idaho Dist	2:31.2	205	▼27	8:43.7	232	▲3	13:00.5	116
230	Myana Malarkey	11	Fit 180 Athletics	2:31.7	209	▼38	8:49.7	247	▲17	13:00.5	
231	Orissa Lujan	12	Wolfpack RC Utah	2:37.2	267	▲21	8:48.7	246	▲15	13:01.6	
232	Anna Radwanski	12	Pearland Speed	2:32.3	215	▼2	8:37.7	217	▼15	13:02.4	117
233	Taylor Word	11	Gulf United A	2:26.4	159	▼44	8:35.0	203	▼30	13:02.4	118
234	Chloe Jablonski	12	South Central In	2:31.9	212	▼19	8:43.4	231	▼3	13:02.7	
235	Alyanna Lopez	11	Whittier Warriors	2:36.4	263	—	8:56.5	263	▲28	13:02.8	119
236	Emily Bolda	11	Boulder Mountain	2:34.0	240	▲3	8:44.6	237	▲1	13:03.2	120
237	Tailana Lucario	11	Acoma Running	2:33.7	239	▼2	8:45.6	241	▲4	13:03.9	121
238	Cadence Stephenson	12	Gulf United A	2:16.3	62	▼132	8:30.9	194	▼44	13:04.1	122
239	Lillian Schutze	11	DTX Running Schuz	2:35.9	257	▲31	8:41.2	226	▼13	13:04.7	123
240	Ella Lee	12	DTX Running Schuz	2:29.2	188	▼13	8:34.6	201	▼39	13:05.5	124
241	Reese Kohl	11	Windy City Hammers	2:42.0	301	▲49	8:52.5	252	▲11	13:06.5	
242	Hali'a Maldonado	11	Hawaii Elite	2:28.8	182	▼54	8:44.3	236	▼6	13:07.8	
243	Camila Keiningham	12	DTX Running Schuz	2:37.9	271	▲30	8:45.6	241	▼2	13:07.9	125
244	Kinsley Mayfield	12	River Cities A	2:30.8	202	▼2	8:35.1	204	▼40	13:08.0	126
245	Alexandra (Sandra) Wal	12	Sacramento Valle	2:32.9	228	▼6	8:44.1	234	▼11	13:09.2	
246	Kristina Tymianski	12	Track Houston	2:33.0	230	▲7	8:39.6	223	▼23	13:09.7	127
247	Lillie Dance	12	North Idaho Dist	2:31.3	206	▼43	8:50.0	249	▲2	13:10.2	128
248	Audrey Rosaasen	12	California Comets	2:34.9	249	▼17	8:57.1	266	▲18	13:11.0	129
249	Savannah Hislop	11	Mt. Pleasant TC	2:26.5	160	▼53	8:36.7	213	▼36	13:11.6	130



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250	Emily Pierce	11	New England Elite	2:35.8	256	▲27	8:41.8	229	▼21	13:12.4	131
251	Briella Parry	11	Johnston RC	2:33.5	236	▼12	8:49.8	248	▼3	13:12.5	
252	Jenna Priest	12	DTX Running Schuz	2:36.2	260	▲5	8:53.5	255	▲3	13:13.0	132
253	Taylor Hankin	12	Kokopelli Kids	2:38.1	273	▲19	8:52.9	254	▲1	13:13.1	133
254	Addison Seidel	12	Zion Hill				9:07.3	281	▲27	13:13.6	
255	Quinn Delaney	12	Mission Mountain	2:40.6	292	▲24	8:58.3	268	▲13	13:13.6	
256	Emelina Cazares	11	Cougar TC	2:39.1	279	▲54	8:40.5	225	▼31	13:13.7	134
257	Talitha Schroeder	11	Valley United B	2:41.6	298	▲31	8:57.2	267	▲10	13:13.9	
258	Jolie Russell	12	Bowerman TC	2:30.2	197	▼48	8:47.9	245	▼13	13:14.3	135
259	Ellison Frasch	11	Immer Sportlich	2:42.7	307	▲51	8:54.6	256	▼3	13:14.5	
260	Remington Tate	11	402 XC & Track	2:40.4	289	▲18	8:59.8	271	▲11	13:14.6	
261	Sophia Shaw	11	River Cities A	2:38.6	275	▲15	8:56.2	260	▼1	13:15.9	136
262	Emma Udey	11	Valley Youth RC	2:41.3	295	▲22	9:00.6	273	▲11	13:18.5	
263	Maria Lucia Nunez	12	Team Green Running	2:33.2	233	▼18	8:50.6	251	▼12	13:19.6	
264	Annabella Espinoza	11	Whittier Warriors	2:34.1	241	▼24	8:56.7	265	▲1	13:20.3	137
265	Nora Golden	11	Southern Tier SOAR	2:34.2	242	▼16	8:55.4	258	▼7	13:21.9	
266	Kate Cox	11	River Cities A	2:39.4	281	▲18	8:56.5	263	▼3	13:22.0	138
267	Julissa Vargas	12	Unattached-46	2:41.5	296	▲7	9:20.4	289	▲22	13:23.7	
268	Mattie DeMooney	12	Mt. Pleasant TC	2:30.5	200	▼61	8:56.4	261	▼7	13:23.8	139
269	Ahna Pirkle	11	Diablo Valley	2:36.2	260	▼1	8:56.4	261	▼8	13:25.8	
270	Kennedy Fraser-Mcknig	12	Track Houston	2:33.5	236	▼23	8:56.0	259	▼11	13:27.4	140
271	Julia Chlebus	12	Unattached-21	2:32.7	223	▼34	8:54.7	257	▼14	13:29.9	
272	Alexandra De Leon	11	Gulf United A	2:31.1	204	▼75	9:05.3	279	▲7	13:30.0	141
273	Madison Challis	11	Team Green Running	2:33.4	234	▼50	9:10.0	284	▲11	13:30.4	
274	Kami Burke	11	Unattached	2:21.8	110	▼107	8:37.7	217	▼57	13:30.5	
275	Lucy Lindamood	11	Boulder Mountain	2:43.7	312	▲32	9:06.9	280	▲5	13:32.0	142
276	Charlianna Downey	11	Nashua PAL Striders	2:35.5	255	▼20	9:00.9	275	▼1	13:32.2	143
277	Amelia O'Sullivan	12	Unattached-20	2:33.0	230	▼39	8:58.9	269	▼8	13:32.3	
278	Kelsey Dare	12	Fayette County	2:40.4	289	▲11	9:04.5	278	—	13:34.1	
279	Lucia Camino	12	Cascade Striders	2:30.4	199	▼70	8:58.9	269	▼10	13:34.8	144
280	Hannah Friedman	11	AOC Ambler TC	2:33.4	234	▼43	9:03.3	277	▼3	13:38.0	
281	Lileigh Winters	11	Southern Indiana	2:32.7	223	▼53	9:01.4	276	▼5	13:39.9	
282	Allyson Lincoln	12	ALT Performance	2:38.8	277	▼6	9:09.0	283	▲1	13:43.2	
283	Raquel Ruiz	12	Whittier Warriors	2:27.9	175	▼99	9:00.7	274	▼9	13:47.1	145
284	Chloe Mendez	12	Whittier Warriors	2:34.2	242	▼30	9:00.3	272	▼12	13:47.2	146
285	Jolina Wang	11	Gulf United A	2:48.6	327	▲22	9:33.8	305	▲20	13:53.2	147





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286	Carlie Stroope	11	Pearland Speed	2:40.7	293	▲5	9:19.6	288	▲2	13:53.6	148
287	Rose Edelen	11	Penguins XC	2:43.7	312	▲8	9:32.1	304	▲17	13:54.3	
288	Kiara Romero	12	Acoma Running	2:41.8	300	▲14	9:16.8	286	▼2	13:55.2	149
289	Ella Huyser	12	Palatine Pack	2:44.3	315	▲21	9:25.5	294	▲5	13:56.1	
290	Beatrice Rusk	12	Oakland Cubs	2:38.6	275	▼17	9:23.0	292	▲2	13:57.1	
291	Devyn Meredith	11	Southern Indiana	2:32.5	218	▼67	9:15.7	285	▼6	13:57.9	
292	Baker West	12	Mt. Pleasant TC	2:36.2	260	▼30	9:20.9	290	▼2	13:59.0	150
293	Odelia-Jo Chesnut	12	Gulf United A	2:42.8	308	▼3	9:37.0	311	▲18	14:02.0	151
294	Lainey Siska	12	Gulf United A	2:42.6	305	▲6	9:29.8	299	▲5	14:02.5	152
295	Alta Miller	12	Unattached-34	2:44.5	316	▲15	9:31.0	301	▲6	14:02.9	
296	Sammi Reinke	12	IM BETTER THAN TH	2:42.1	302	▲20	9:07.8	282	▼14	14:03.6	
297	Kate Nipper	12	West Omaha	2:39.8	285	▼17	9:31.2	302	▲5	14:08.0	
298	Alexis Takizawa	11	Bowerman TC	2:40.9	294	▼2	9:26.2	296	▼2	14:10.5	153
299	Isabella Garcia	12	Zion Hill	2:40.4	289	▼6	9:26.1	295	▼4	14:10.9	
300	Amanda Bou-fahreddin	12	Fit 180 Athletics	2:38.2	274	▼19	9:23.9	293	▼7	14:11.0	
301	Taylor Cantillo	11	Peachtree City F	2:33.5	236	▼55	9:21.4	291	▼10	14:13.9	
302	Ava Terwelp	11	West U Flash	2:39.5	282	▼5	9:19.1	287	▼15	14:15.6	154
303	Isabella Melendez	11	OC Grit	2:43.4	311	▲5	9:34.9	306	▲3	14:16.7	
304	Angel Miller	12	Acoma Running	2:42.6	305	▼4	9:35.6	309	▲5	14:18.2	155
305	Kayley Rush	12	Fit 180 Athletics	2:40.0	287	▼10	9:28.4	297	▼8	14:18.6	
306	Gabriela Guerrero	12	West U Flash	2:42.5	303	▼5	9:35.5	308	▲2	14:23.0	156
307	Elly Cutchen	12	Cougar TC	2:40.0	287	▼11	9:29.1	298	▼9	14:23.2	157
308	Madelyn Reardon	11	Nashua PAL Striders	2:48.4	326	▲5	9:51.4	321	▲13	14:25.7	158
309	Lucy Evans	11	Valley Youth RC	2:44.9	317	▲6	9:37.0	311	▲2	14:28.2	
310	Georgie Howell	11	Unattached-45	2:42.9	310	▼4	9:41.3	314	▲4	14:29.4	
311	Emmi McCarthy	12	New England Elite	2:39.2	280	▼19	9:29.8	299	▼12	14:30.5	159
312	Felicity Vacher	11	Nashua PAL Striders	2:53.7	333	▲18	9:45.4	315	▲3	14:30.9	160
313	Morgan Horn	11	West U Flash	2:37.7	269	▼38	9:35.4	307	▼6	14:32.2	161
314	Bagchi Anjali	12	DTX Running Schuz	2:37.7	269	▼34	9:32.0	303	▼11	14:32.8	162
315	Lexi Strobel	12	Southern Tier SOAR	2:48.1	325	▲9	9:45.5	316	▲1	14:34.2	
316	Savannah Hawkins	11	Rain City Flyers	2:46.6	321	▲4	9:46.4	317	▲1	14:36.4	163
317	June Furlong	12	River Cities A	2:42.8	308	▼2	9:36.8	310	▼7	14:39.3	164
318	Lucie Millas	11	West U Flash	2:43.9	314	▲1	9:40.9	313	▼5	14:40.5	165
319	Faith Bennett	12	Northwest Flyers	2:47.1	322	—	9:52.5	322	▲3	14:40.8	
320	Katherine Peters	11	Eastside Steppers	2:47.5	323	▲4	9:48.6	319	▼1	14:43.7	
321	Siena D'Agostino	11	Mt. Pleasant TC	2:32.4	216	▼110	10:04.6	326	▲5	14:47.9	166



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322	Sarah Hamann	11	Zion Hill	2:56.7	336	▲11	10:04.5	325	▲3	14:48.8	
323	Olivia Prowker	12	Nashua PAL Striders	2:41.5	296	▼22	9:46.9	318	▼5	14:50.7	167
324	Elia Diep	11	Palatine Pack	3:00.7	338	▲6	10:09.9	332	▲8	14:51.0	
325	Shealyn Compton	11	Sun City	2:39.0	278	▼42	9:49.2	320	▼5	14:51.2	
326	Bella Hatter	12	Pearland Speed	2:45.5	318	▼6	10:00.7	324	▼2	14:52.6	168
327	Maria Velazquez gutierr	12	DTX Running Schuz	2:46.3	319	▼9	10:08.0	328	▲1	14:54.9	169
328	Layla Patricio	12	Acoma Running	2:49.5	328	▲6	9:52.5	322	▼6	14:55.7	170
329	Mariana Clark	12	Cougar TC	2:39.6	283	▼47	10:08.6	330	▲1	15:03.3	171
330	Jayde Smith	11	Unattached	2:54.5	334	▲3	10:09.8	331	▲1	15:06.5	
331	Paige Nardo	11	DTX Running Schuz	2:47.8	324	▼5	10:08.4	329	▼2	15:10.4	172
332	Allyana Sullivan	11	Nashua PAL Striders	2:57.5	337	▲3	10:13.1	334	▲2	15:12.9	173
333	Emma Mize	12	Gulf United B	2:46.3	319	▼8	10:07.8	327	▼6	15:19.8	
334	Ryann Oswald	11	River Cities B	3:01.5	339	▲3	10:23.7	336	▲2	15:24.6	
335	Madison Philpot	11	Northwest Flyers	2:51.7	332	▼1	10:11.5	333	▼2	15:27.3	
336	Lily Cross	11	Boulder Mountain	3:03.9	341	▲4	10:45.8	337	▲1	15:43.5	
337	Amani Shroulote	12	Acoma Running	2:49.5	328	▼7	10:20.0	335	▼2	15:44.6	174
338	Mia D'Errico	12	Gulf United A	2:42.5	303	▼39	11:12.4	342	▲4	15:57.4	175
339	Ruby Bonior	12	Bethesda Track	2:50.5	330	▼9	10:59.6	339	—	16:12.7	
340	Seli Orellana	11	River Cities A	3:06.1	344	▲3	11:07.2	341	▲1	16:13.6	176
341	Kaelyn Prowker	12	Nashua PAL Striders	2:54.8	335	▼3	10:50.0	338	▼3	16:36.2	177
342	Marlow George	11	River Cities A	2:51.1	331	▼9	11:03.2	340	▼2	17:19.3	178
343	Nyasha Baltimore	12	Track Houston	2:04.9	3	▼19	7:24.7	22	▼321	17:23.1	179
344	Zamaria Holmes	11	Acoma Running	3:04.5	342	▼2	11:46.4	344	—	17:30.0	180
345	Melodi Strawn-Velasque	11	Eastside Steppers	3:04.5	342	▼1	11:28.3	343	▼2	17:36.5	
346	Kaeden Vinson	11	Pearland Speed	3:13.6	345	▼1	12:25.0	346	—	18:06.0	181
347	Ma'kenzy Long	11	River Cities B	3:14.3	346	▲1	12:05.6	345	▼2	18:25.3	
348	Kenadie Bell	12	Track Houston	3:25.7	347	▼1	12:53.8	348	—	18:50.2	182
349	Victoria Maskell	11	River Cities B	3:02.4	340	▼7	12:25.7	347	▼2	19:09.7	
350	Alaina Orsted	11	Immer Sportlich	4:00.6	348	▼1	15:08.9	349	▼1	22:38.2	



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## Girls 3k (11-12) Team Scores

Rnk	Team	Total	R1	R2	R3	R4	R5	R6	R7
1	<b>CC XC A</b> <i>Total Time: 55:55.60</i> <i>Average: 11:11.12</i>	84	1	14	16	17	36	44	52
2	<b>Valley United A</b> <i>Total Time: 57:13.10</i> <i>Average: 11:26.62</i>	129	7	21	22	24	55	61	87
3	<b>Boulder Mountain Warriors</b> <i>Total Time: 57:46.40</i> <i>Average: 11:33.28</i>	165	5	15	33	37	75	99	120
4	<b>California Grizzlies</b> <i>Total Time: 57:38.10</i> <i>Average: 11:31.62</i>	170	2	13	31	42	82	105	
5	<b>Rain City Flyers</b> <i>Total Time: 58:14.20</i> <i>Average: 11:38.84</i>	183	12	30	32	47	62	68	73
6	<b>Alpha Crush</b> <i>Total Time: 58:18.50</i> <i>Average: 11:39.70</i>	203	6	8	39	64	86	107	
7	<b>Kokopelli Kids</b> <i>Total Time: 58:41.20</i> <i>Average: 11:44.24</i>	209	10	26	34	56	83	90	113
8	<b>California Comets</b> <i>Total Time: 59:03.20</i> <i>Average: 11:48.64</i>	229	11	28	48	50	92	106	129
9	<b>San Diego Waves</b> <i>Total Time: 59:36.20</i> <i>Average: 11:55.24</i>	263	9	38	60	65	91	95	
10	<b>North Idaho Distance Proj</b> <i>Total Time: 1:00:02.40</i> <i>Average: 12:00.48</i>	268	40	41	49	53	85	116	128
11	<b>Cougar TC</b> <i>Total Time: 59:48.20</i> <i>Average: 11:57.64</i>	277	4	19	74	76	104	134	157
12	<b>Waltham</b> <i>Total Time: 1:00:01.40</i> <i>Average: 12:00.28</i>	283	18	23	54	88	100	114	
13	<b>New England Elite</b> <i>Total Time: 1:00:50.40</i> <i>Average: 12:10.08</i>	322	27	46	63	77	109	131	159
14	<b>Bowerman TC</b> <i>Total Time: 1:01:00.80</i> <i>Average: 12:12.16</i>	332	20	66	69	84	93	135	153
15	<b>Cascade Striders</b> <i>Total Time: 1:01:36.20</i> <i>Average: 12:19.24</i>	388	3	29	97	115	144		



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16	<b>Sentinel Striders</b> <i>Total Time: 1:02:03.90</i> <i>Average: 12:24.78</i>	392	59	70	80	89	94		
17	<b>Mount Diablo Heat</b> <i>Total Time: 1:02:16.70</i> <i>Average: 12:27.34</i>	401	45	72	81	101	102		
18	<b>Track Houston</b> <i>Total Time: 1:07:18.60</i> <i>Average: 13:27.72</i>	514	25	43	127	140	179	182	
19	<b>Whittier Warriors</b> <i>Total Time: 1:04:28.50</i> <i>Average: 12:53.70</i>	541	67	108	110	119	137	145	146
20	<b>Gulf United A</b> <i>Total Time: 1:05:32.00</i> <i>Average: 13:06.40</i>	586	58	118	122	141	147	151	152
21	<b>River Cities A</b> <i>Total Time: 1:05:09.30</i> <i>Average: 13:01.86</i>	589	78	111	126	136	138	164	176
22	<b>DTX Running Schuz</b> <i>Total Time: 1:05:12.30</i> <i>Average: 13:02.46</i>	600	96	123	124	125	132	162	169
23	<b>Nashua PAL Striders</b> <i>Total Time: 1:07:04.00</i> <i>Average: 13:24.80</i>	608	35	112	143	158	160	167	173
24	<b>Acoma Running</b> <i>Total Time: 1:08:08.10</i> <i>Average: 13:37.62</i>	646	51	121	149	155	170	174	180
25	<b>Mt. Pleasant TC</b> <i>Total Time: 1:08:05.90</i> <i>Average: 13:37.18</i>	683	98	130	139	150	166		
26	<b>Pearland Speed</b> <i>Total Time: 1:12:22.00</i> <i>Average: 14:28.40</i>	693	79	117	148	168	181		
27	<b>West U Flash</b> <i>Total Time: 1:10:10.00</i> <i>Average: 14:02.00</i>	707	71	154	156	161	165		