



5 WEEK BARRE PROGRAM

BARRE / PILATES CLASSES FOR ALL LEVELS. AGES 18+

SATURDAYS 1:00-1:50PM

NOVEMBER 21ST - DECEMBER 19TH

We kindly ask all participants to bring their own yoga mat. All additional equipment will be provided!

REGISTER ONLINE OR AT THE FRONT DESK

$120 +HST/5 WEEK SESSION	**$30+HST/ DROP IN CLASS**