

CCYC

COLORADO CHRISTIAN YOUTH CAMP OVERNIGHT CAMP PARENT HANDBOOK



Updated: April 2025

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WELCOME TO CCYC!

The Patterson Road Church of Christ is pleased to welcome you to Colorado Christian Youth Camp (CCYC). We will strive to make the experience safe and fun while providing opportunities to grow in relationship with Jesus Christ.

You can help us make the week at CCYC the best it can be by reading this handbook and following the guidelines.

CCYC 2025 CAMP DATES

JUNE 15-21, 2025

DIRECTIONS TO CAMP

26269 Old Grand Mesa Road, Cedaredge, CO 81413

(GPS/Google/Maps is not always reliable to get you here)

From I-70: TAKE EXIT 49 (Grand Mesa Hwy 65). Stay on Hwy 65 through the town of Mesa and PAST Powderhorn Resort. Approximately 15 MILES past Powderhorn is the Grand Mesa Visitor's Center where you will turn LEFT. (Visitors Center is approximately 3 miles from camp). You will pass Alexander Lake Lodge on your left. In about ½ mile you will see Baron Lake on your right. If you look closely you will see a big wooden cross on the far shore (that is camp). When you reach a road sign and a sharp left turn toward Eggleston Lake, continue straight ahead over the rise and on the gravel road. Go ½ mile and turn RIGHT at the church camp sign.

AGES OF CAMPERS ACCEPTED

CCYC serves children who are ten years of age or older through eighteen years of age.

FINANCIALS

Camp Fees

Camp Fees are \$150 for the first child, \$75 for the second, and \$50 for each additional child per family.

Payment Policy

All payments are required to be in the church office by June 1, 2025. Payments can be submitted via check (payable to Patterson Road Church of Christ) to the church office or online via secure payment at <https://yggj.org/ccyc-2025-registration>.

We strongly suggest that you make a copy of all forms and checks mailed to the church office.

Scholarships

CCYC is open to all children regardless of ability to pay.

CCYC offers scholarships with the hope that no child will miss the chance to spend a terrific week building their faith, making memories, meeting new friends, and learning from new experiences. These scholarships are made possible through the generous donations of many caring people. We invite you to be a part of spreading the joy of camp to those who could not otherwise afford it. Your monetary donation, of any size, can really make a difference! Contact the church office to learn more about donating to the Scholarship Program.

We accept scholarship applications on an ongoing basis and there is no deadline to submit an application. Please do not let the cost of summer camp prevent your camper from an experience at CCYC. Thanks to the continuous generous support of our church members, we are able to offer a variety of ways to help offset the cost of a week of summer camp for anyone interested.

To apply for a Scholarship, submit the scholarship application registering first and then completing the 'Scholarship Application (optional)' in your camper's registration packet.

STAFF

CCYC is staffed by a qualified, passionate, and responsible volunteer staff, minimum age of 18, to fill many important roles in cabin counseling and specialist positions.

CCYC understands the importance of positive role models for today's young people. We carefully recruit, select, and maintain staff for their Christian faith, character, enthusiasm, maturity, skills, and ability to be an example to each of our campers. Staff members are chosen through a detailed application process. All staff backgrounds are checked against the Central Registry for Crimes Against Children and the Colorado or Federal Bureau of Investigation in accordance with Colorado licensing requirements.

All staff undergo a training program in preparation for our campers' arrival. We emphasize the Christian walk of life, safety and health for each of our campers.

CAMP FORMS

There are several mandatory forms you will find in your camper's registration packet. Please be sure to have the following forms completed as soon as possible and no later than June 1, 2025. These forms will be saved electronically and in hard copy format.

Physician's Examination

Each camper must submit a current physical. The Record of Physical form must be signed and dated by a health care provider who has seen the camper within the last twenty-four (24) months and includes any physical or mental health conditions which would limit the camper's activity, and any special care the child will need. It is essential that this form be completed and returned to the church office by June 1, 2025. This form is available in your camper's registration packet.

Colorado state law requires each camper to have a physical with a physician, physician's assistant or nurse practitioner including the examiner's address and telephone number or by state law the camper cannot attend camp.

Medications and Homeopathic Treatments

Colorado state law stipulates that only medications prescribed by your health care provider may be dispensed at camp. The medication section acts the same as a prescription when completed properly by your provider. This does mean that your physician, physician's assistant, or nurse practitioner must complete this section in the same manner that they would write a prescription. Make certain that the lower Doctor's signature section is entirely completed, signed and dated.

Please read further information listed below regarding your camper's medications:

- a. Any medications your camper takes, including but not limited to, any maintenance medications; behavioral disorder medications; antibiotics; vitamins; eye/ear drops; inhalers; epinephrine "epi" pens, etc. must be listed (including dosage) on the Medications Form. Any prescribed medication or non-prescription, over-the-counter medication **MUST** be noted properly in the Medications Form. Please send all medications to camp in their original container noting the RX number and physician name. Medications or food supplements of any type not listed on the Medications Form cannot be stored or administered by CCYC's medical staff, so they should not be brought to camp.
- b. Medications added or changed: For any medication prescribed or changed for your camper during camp, you will need to bring the medication in the original pharmacy container noting the Rx number and physician name. If this is not possible, you or your health care provider will need to provide us with a prescription.
- c. Over the counter (OTC) medications for the common cold, stomach ailments, headaches, cuts and abrasions are stocked in our Nurse's Cabin and administered by our camp nurse according to our camp physician's standing orders and the permissions you indicated on the camper's Health History. Contact the church office if you need more specific information.
- d. Homeopathic Treatments and Herbal Preparations: Homeopathic and herbal preparations are not a required element of, and are not included in CCYC's camp nurse's Medication Administration Training. Therefore, these preparations may not be delegated within the routine task of medication administration and will not be administered to campers.
- e. All medications are required to be turned into the camp nurse during check-in. The camp nurse or other delegated staff with medication administration training will administer all medications. The only exceptions are inhalers and epi-pens which require an additional form authorizing the camper to self-carry these medications. All emergency medications must be checked in with the camp nurse at check-in and will then be placed in the camper's backpack with the pocket labeled.

Topical Preparations (Sunscreen, Insect Repellent, Lotion/Cream/Balm, Vaseline)

Parents must sign the Topical Preparations form to allow permission for CCYC staff to assist with applying these topical treatments to your camper. Campers must provide their own sunscreen and insect repellent, please label the container with your camper's name.

Immunization Record

The Colorado Department of Public Health and Environment (CDPHE) lists all required vaccines on the table below. Childcare Licensing requires camper's immunization record be on the provided Colorado Department of Public Health & Environment (CDPHE) Certificate of Immunization even for out-of-state campers. Dates may be written on the form provided in your camper's registration packet or a copy of your camper's official record may be submitted. The Certificate of Immunization must be signed by your healthcare provider of your child's school health authority.



KINDERGARTEN THROUGH 12TH GRADE IMMUNIZATION TABLE
VACCINES REQUIRED FOR SCHOOL ATTENDANCE 2023-24

VACCINE	Number of Doses	Kindergarten through 12th grade (4 -18 years of age)
<p><i>Vaccines must be given no earlier than the minimum intervals & ages in order to be valid. A 4-day grace period applies in most situations but should not be applied to the 28-day interval between two live vaccines.</i></p>		
<p>Hepatitis B (HepB) Administration of 4 doses is permitted when a combination vaccine containing HepB is used after the birth dose.</p>	3 or 4*	<p>The minimum age for the final dose is 24 weeks of age. If dose 3 is given prior to 24 week of age, a 4th dose is required. Catch up: Three doses at minimum intervals of 0 (dose 1), 4 weeks (dose 2), 8 weeks, and at least 16 weeks after the first dose (dose 3). Note: there is a 2 dose option for adolescents age 11-15 years that uses a specific vaccine (Reconbivax HB).</p>
<p>Diphtheria/Tetanus/Pertussis (DTaP) For students through 6 yrs of age.</p>	4 or 5	<p>5 doses of DTaP or 4 doses of DTaP if the fourth dose was administered on or after the fourth birthday and at least 6 months after dose 3. Catch up: for children age 6 months through 6 years use CDC's DTaP catch up guidance job aid.</p>
<p>Tetanus/Diphtheria/Pertussis (Tdap) For students 7 years of age or older.</p> <p>One dose of Tdap given at age 10 or older is required for students in 6th through 12th grades.</p>	1	<p>For those fully vaccinated with DTaP (see above), 1 dose of Tdap prior to sixth grade entry at 10 or 11 years of age. Catch up:</p> <p>For children 7 through 9 years of age who are not fully vaccinated with DTaP, determine the number of additional doses of Td/Tdap required by using CDC's Tdap catch up guidance job aid.</p> <p>For children and adolescents 10 through 18 years of age who are not fully vaccinated with DTaP, determine the number of additional Td/Tdap doses required by using CDC's Tdap catch up guidance job aid.</p>
<p>Polio (IPV) Doses of oral polio virus (OPV) administered on or after April 1, 2016, should not be counted.</p>	3 or 4	<p>4 doses of IPV/OPV or 3 doses of IPV/OPV if the third dose was administered on or after the fourth birthday and at least 6 months after dose 2. Catch up: for children 4 months through 17 years of age, use CDC's IPV catch up guidance job aid. There is no school IPV requirement for 18 years and older.</p>
<p>Measles/Mumps/Rubella (MMR) If 2 live vaccines are not given on the same day, there must be at least a 28 day interval between the 2 doses.</p>	2	<p>Dose 1 is not valid if administered more than 4 days before the 1st birthday. Catch up: 4 weeks between dose 1 and 2.</p>
<p>Varicella (Chickenpox) If 2 live vaccines are not given on the same day, there must be at least a 28 day interval between the 2 doses.</p>	2	<p>Dose 1 is not valid if administered more than 4 days before the 1st birthday. Catch up: Age 7-12: 3 months between dose 1 and 2. Age 13 and older: 4 weeks between doses. Note: no vaccine required if there is laboratory documentation of varicella or a disease screening performed by a healthcare provider.</p>

VACCINES RECOMMENDED FOR THE BEST PROTECTION AGAINST
VACCINE-PREVENTABLE DISEASE

VACCINE	Number of Doses	Kindergarten through 12th grade (4-18 years of age)
<p><i>Vaccines must be given no earlier than the minimum intervals & ages in order to be valid. A 4-day grace period applies.</i></p>		
<p>Human Papillomavirus (HPV)</p>	2 or 3	<p>Routinely recommended at age 11-12 years. 2 doses if series initiation at age 9-14: (6-12 mos apart). 3 doses if series initiation at age 15+: (0, 1-2 mos and 6 mos).</p>
<p>Meningococcal ACWY (MenACWY)</p>	2	<p>Routinely recommended at age 11-12 years. Dose 2 given at age 16.</p>
<p>Meningococcal serogroup B (MenB)</p>	2	<p>MenB may be administered to people, preferably 16 through 18 years of age on the basis of shared clinical decision-making.</p>
<p>Hepatitis A (HepA)</p>	2	<p>All children and adolescents 1 year of age and older. Minimum interval of 6 months between doses.</p>
<p>Influenza (Flu)</p>	1 annually ¹	<p>For individuals 6 months of age and older. Some children age 6 months through 8 years should receive a 2nd dose 4 weeks or more after the 1st 1) if they are receiving flu vaccine for the 1st time, 2) if they have not received a total of at least two doses of any flu vaccine before July 1 of the current year, or 3) if their vaccination history is unknown.²</p>
<p>COVID-19</p>	At least one dose ³	<p>For current recommendations, visit CDC's: Stay up to date with COVID-19 vaccines. Recommendations may vary based on age and prior vaccination status.</p>

Immunization requirements must be strictly enforced for all students. Students who do not meet the requirements must be denied attendance according to Colorado Revised Statutes § 25-4-902. There are three ways to be in compliance with the school immunization law:

1. Student's immunization record documented on the [Colorado Certificate of Immunization](#) or [Approved Alternate Certificate of Immunization](#), shows they are fully immunized with required vaccines. A laboratory report for select vaccines or diseases showing immunity is also acceptable.
2. For students who are not up to date on required vaccines, the school must directly notify the parent/guardian that the student has 14 days to receive the required vaccine(s). Parents are to provide a written plan for the remaining vaccines following the [minimum intervals of the Advisory Committee on Immunization Practices \(ACIP\) schedule](#). If the plan is not followed, the student must be excluded from school for non-compliance. Submission
3. of a [Certificate of Medical Exemption](#) signed by a healthcare provider, (MD, DO, APN, PA) or a [Certificate of Nonmedical Exemption](#) signed by an immunizing healthcare provider or obtained after the completion of CDPHE's Online Immunization Education Module.

Refer to the ACIP Immunization Schedule, <https://www.cdc.gov/vaccines/schedules/index.html>
For **catch-up** refer to <https://www.cdc.gov/vaccines/schedules/hcp/lmz/catchup.html>
Note: these recommendations are routine and do not include special situations for vaccination.

As needed, refer to CDPHE's [2023-24 child care immunization table](#) to verify that vaccines administered from birth and prior to kindergarten entry were timed and spaced appropriately.

Last Reviewed 8/2023

If your camper is not up to date on all required vaccines, you will be required to submit a medical or non-medical exemption. The update to required vaccines and exemptions applies out of state campers as well. Campers who are missing required vaccines and do not have a medical or non-medical immunization record, will not be able to attend under any circumstance.

Health History and Healthcare Authorization

This form would accompany your camper to the medical center, giving permission for emergency treatment. Make sure you sign and date the bottom. This form is required by Childcare Licensing.

Camper to Counselor Letter

This is a form that is given to your camper's counselors before they arrive. Please give the counselors as much information as possible to make your camper's experience the best it can be. Younger campers may need assistance filling out their letters.

HEALTH AND SAFETY AT CAMP

Our program is designed with camper health and safety in mind. We have a well-equipped Nurse's Cabin at camp with a registered nurse in charge of medications and first-aid needs.

Health Care Facilities and Staff

Our camp nurse resides in the Nurse's Cabin during the camp session. They may be contacted during this time. The year-round administrative staff at the church can make notations regarding specific health needs for your camper's records during the remainder of the year. Parents/guardians are contacted by our health care staff if a camper's illness, accident, or injury requires treatment by the camp's clinic physicians or the camper is retained in our Nurse's Cabin for a period of 24 hours. Our camp nurse will be in communication with parents regarding the diagnosis, any necessary medications, and after care treatment. Camp staff will communicate with parents/guardians if other issues arise during the session.

Delta Health Hospital is a 50-minute drive away and utilized for emergency services. It offers 24-hour care and consultation. Delta Health Emergency and Trauma Services is fully staffed 24 hours a day. Transportation to and from the clinic is provided by our camp staff for non-emergency trips. Ambulance service is provided by Delta County EMS for emergencies. A staff member will be with your camper at all times during their transport and throughout their entire clinic visit.

- Your camper usually is seen through the emergency room portion of Delta Health Hospital. The clinic portion cannot always schedule appointments for our campers. The only exception is for any type of maintenance injections such as allergy shots. If your camper requires this type of medical treatment, please contact the church office prior to camp.

Emergency or Health Care Clinic Billing Procedures

The following are the clinic billing procedures should your camper need emergency services provided outside of the CCYC camp nurse:

- Your insurance company will be directly billed by the clinic. As the camper's parent/guardian, you will receive statements. It is your responsibility to get payment to the clinic according to their terms. If your camper is seen in the emergency room, you will receive a physician's fee statement and an emergency room fee statement separately. If seen in the clinic portion, all procedures are typically on one statement. If ambulance transportation was provided, a separate fee statement for the Delta County EMS will be mailed to you.
- Fees charged will vary depending upon the medical services provided.
- In non-emergency cases, you may wish to take your camper home. You are welcome to discuss this option with our camp nurse.
- Pharmacy services will be provided by the local City Market Pharmacy. If your camper requires prescribed medication, the pharmacy staff will bill your insurance directly whenever possible. If the pharmacy cannot bill your insurance company, the prescription cost for your camper will be charged to the CCYC account. The prescription receipts for individual charges will be mailed to you. We request reimbursement payment upon receipt (checks payable to Patterson Road Church of Christ).

Health Care on Check-In Day

Make sure your camper's Health History, Physician's Exam, Immunization Record and Healthcare Authorization are completed prior to check-in. All campers will receive a health screening. This consists of, but not necessarily limited to; a lice check, temperature check, and questions regarding your camper's current health condition.

All medications brought to camp must be turned into the Health Center staff in the original container at check-in. The only exceptions allowed by Colorado state law are an inhaler and an epinephrine "epi" pen, which will still need to be checked in with the camp nurse. The nurse will determine based on the information shared in the accompanying form if the camper can self-carry these emergency medications.

Health Care During Camp

CCYC will supply all necessary over-the-counter medications for common ailments and illnesses per standing orders from our camp physician. Medications and homeopathic treatments are dispensed by our camp nurse daily after breakfast, lunch, dinner, and before bedtime.

Our nurse will call home if there is a fever of over 100 degrees, vomiting associated with other symptoms, more than two episodes of diarrhea, head or spinal cord injuries, or a stay in the health center for more than 24 hours.

If a camper confides in our staff the intent to do self-harm, our protocols require staff to consult with the nurse who may elevate concerns to mental health services in the county to get professional support, which may result in a trip to the Emergency Room. Per our protocols, camp staff are not allowed to transport in these situations, it would either be the Delta County Emergency Medical Services, or the Delta County Sheriff and camp staff would accompany the camper in both situations. Any calls home in this situation would come from Mental Health Services and the licensed provider.

Health and Safety Procedures for Hiking Programs:

- Staff members are trained in Wilderness First Aid or Wilderness First Responder and carry a first aid kit on all trips.
- Staff are trained in evacuation procedures and equipped with maps that identify the closest ranger stations.
- If staff members are unable to tend to an emergency, 911 is called.

Health Care on Check-Out Day

Medications your camper brought will be returned to the authorized adult at check out by a staff member.

Staff to Camper Ratio

Per Child Care Licensing, CCYC follows the ratios below:

10-year olds	1:8 (one staff member for every eight campers)
11-13 year-olds	1:10 (one staff member for every ten campers)
14+ year-olds	1:12 (one staff member for every twelve campers)

Our staff and campers are instructed to follow “the rule of three or more” at all times; meaning no camper will be left alone with a staff member or another camper. Campers will always be with at least two other people (one staff and another camper or two staff).

Children with Special Needs

We make every effort to serve all children in our programs. Participation by special needs campers will be evaluated on a case-by-case basis. Parents/guardians should contact the church office prior to their camper’s program to ensure the best possible experience for your camper.

Visitors

Parents and guardians are welcome to visit CCYC. Please call the camp phone (970-856-3455) in advance of your visit. All guests must provide photo identification, sign in to the visitor’s log and provide their current address and reason for visiting. Upon sign in, visitors will be provided with a badge and must have the badge visibly displayed at all times while on camp premises.

Only those approved to sign out a camper by the parent/guardian will be allowed to do so.

Colorado Childcare Services

Overnight camps in Colorado are regulated as Childcare Services under the Colorado Department of Early Childhood. CCYC operates under the childcare license for the camp facility (Grand Mesa Christian Association) that is licensed by the State of Colorado as a Child Care Facility (license #47912) and is required to advise parents, guardians and the general public on how to report concerns.

If you believe that your camper has been abused at CCYC, you should seek immediate assistance from the county Department of Social Services. The telephone number to report child abuse in Delta County is 970-874-2030.

For additional information regarding licensing or if you have concerns about a childcare facility, please consult the Colorado Division of Childcare at 1575 Sherman Street, Denver, Colorado 80203-1714, 303-866-5858.

All CCYC staff and volunteers are mandated reporters and are trained to recognize and prevent child abuse. We will report any suspected child abuse to the Department of Human Services.

EMERGENCY MANAGEMENT

All CCYC staff are trained in emergency procedures and guidelines to follow in the event they are needed. Counselors carry whistles and radios at all times in case of an emergency.

They are trained to get campers to safety, account for all individuals, ensure the most effective and safe means of first aid and/or response, and communicate with the camp Directors as soon as possible.

Fire

In case of a fire, all campers will be accounted for and brought to a designated location on property. Parents/guardians will be notified by phone. If danger is imminent, campers and staff will be evacuated to the designated evacuation center and parents/guardians will be contacted. Reunification instructions will be shared with information on how to pick up

campers if needed. Campers will only be released to individuals with a valid ID and on the authorized pick-up list for the camper.

Lost Child

All CCYC staff are trained in our lost child emergency procedures during staff training. In the event of a lost camper, staff will immediately conduct a hasty search of the area and contact the camp Director. A complete search of the grounds will be conducted if the camper is not found during the hasty search. Law enforcement will be contacted for support if needed. The Camp Director will make the decision as to when to call the camper's parents to inform them of the situation.

Natural Disaster

In the case of flood, tornado, or other severe weather, the most conservative action possible will be taken. Staff will move children to the most protected location possible until help can be summoned. If danger is imminent, campers and staff will be evacuated to the designated evacuation center and parents/guardians will be contacted. Reunification instructions will be shared with information on how to pick up campers if needed. Campers will only be released to individuals with a valid ID and on the authorized pick-up list for the camper.

Inclement Weather

The camp property includes both indoor and outdoor spaces, with many activities taking place outdoors. Outdoor programs will continue whenever possible. Campers should be prepared for rainy, windy, or cloudy days. When lightning or hailstorms approach, groups take cover at the nearest indoor shelter. If lightning is near and groups are in the open, counselors are trained to teach children to spread out, squat with feet together on the ground, and cover their heads with their hands. Counselors are also trained to teach children to cover their heads with their backpacks in hailstorms and to take shelter in windstorms. Groups will take shelter inside on extremely cold days for which children are not prepared. In the unlikely event of outdoor temperatures greater than 90°F, staff will monitor campers for signs of overheating, ensure sunscreen is applied, and campers stay adequately hydrated by drinking plenty of liquid. Fresh drinking water will be available to campers at all times.

Camp staff will monitor the EPA's U.S. Air Quality Index (AQI). If the AQI reaches 100 or greater, campers will be kept indoors until conditions improve.

Evacuation

If, for any reason, CCYC must be evacuated, campers and staff will be taken to the Cedaredge Fire Department: 210 S Grand Mesa Dr, Cedaredge, CO 81413. Urgency of the evacuation on will determine which, if any, personal items are transported.

If the evacuation order includes Cedaredge, campers and staff will be taken to Molina Baptist Church: 53039 KE Rd, Molina, CO 81646. Parents and guardians will be notified by phone and other media where to pick-up their child/children. Regular check-out procedures will be followed, i.e., only parents/guardians may sign campers out unless we have a written record of another authorized person. IDs will be checked. CCYC staff will work with emergency agencies and parents/guardians of campers who cannot be picked up in a timely manner to coordinate safe housing.

PACKING FOR CAMP

Attire & Hygiene While at CCYC

Campers should wear clothing appropriate for an active lifestyle at summer camp, including closed-toed, closed-back shoes. Flip flops/sandals are permitted only for showering. All clothing, hair, and accessories should not become a safety hazard for participants.

CCYC is a community focused on uplifting the core values of caring, respect, responsibility, and faith. To help maintain an inclusive and welcoming community, clothing or attire with inappropriate language, offensive graphics and/or logos, references to alcohol, drugs and/or tobacco are absolutely forbidden. If clothing does not reflect the principles and values of CCYC or presents a safety hazard for you as a participant, you will be asked to change. We do not allow the wearing of tank tops or shorts at CCYC, all shirts must have sleeves and long pants must be worn at all times.

Campers are also expected to maintain their personal hygiene throughout their time at CCYC. We believe in good hygiene and good health. During your time here, you are likely to get pretty dirty and a bit worn out. It is for these reasons that we've established the following common guidelines:

- Shower once each day
- Brush your teeth in the morning and at night before bed
- Eat three full and balanced meals every day
- Stay hydrated - carry your water bottle with you everywhere you go and drink water regularly
- Follow the Rule of Three (always travel in groups of three or more).

Tips for packing:

- Clearly mark everything with your camper's first and last name, not just initials.
- Our temperatures usually reach 60°F to 70°F in the daytime all summer and drop to 25°F to 40°F at night.
- Space is limited in the cabins, please do not overpack.
- CCYC may be able to provide certain supplies on the packing list, please contact the office to discuss this option.

Essential Items:

- Sleeping bag (Warm with a rating of 15-20 degrees; filled with synthetic fibers or down, cotton is not advised).
- Pillow and Extra blanket
- Toiletries (Toothbrush, toothpaste, shampoo, soap)
- Bath towels and washcloths
- Large, heavy trash bag for dirty clothes
- Bug Repellent Spray
- Sunscreen (with camper's name written on it, campers are not permitted to share sunscreen)
- Bible, notepad, and pens
- Two water bottles (screw top lids that don't leak-such as Nalgene brand)
- Clothes for all weather (there are no laundry facilities available, so bring plenty of clothes):
 - Jeans or long pants (no shorts)
 - Short and long sleeve shirts
 - Rain gear (poncho or coat/pants combination)
 - Sweatpants or wind pants
 - Medium weight fleece jacket or sweatshirt
 - Warm jacket

- Warm hat and gloves
- Extra socks
- Extra closed-toe, closed back shoes/sneakers
- Flip-flops or sandals (for showering only)
- Optional: regular watch and camera (not a phone or smart-watch)

Do NOT Bring These Items to Camp

We strive to offer children a unique outdoor experience, unplugged from electronics as much as possible. Please help support us in this mission by not allowing campers to bring cell phones, smart watches, tablets, iPads or electronic games as they detract from the experience.

The following items are prohibited to be brought by campers: alcohol, tobacco, nicotine products, vaporized pens, drugs, weapons (including but not limited to guns, knives, sharp objects, and airsoft guns), snacks, candy, soda, energy drinks, expensive items, money, sports equipment, or pets. Campers are not allowed to have food in their cabin, we don't want to attract animals and wildlife.

We realize in this age of instant connectivity that it may be uncomfortable if your camper does not have their cell phone with them. We ask that if you need to contact your camper to please call the camp phone (970-856-3455) and we will discuss the best way to connect you with your camper. We strive to have campers disconnect electronically so they can not only reconnect with nature but also with themselves and their personal relationship with Christ.

CAMP CHECK-IN PROCEDURES

Check-in Sunday, June 15

Campers check-in between 4:00 and 5:00 p.m. (MDT). PLEASE DO NOT ARRIVE ANY EARLIER THAN 4:00 p.m. We need the time prior to 4:00 p.m. to properly prepare for your camper's arrival. We ask that you arrive no later than 5:00 p.m. and ask you contact the camp phone if you will be late. The first meal served to all campers is dinner at 6:30 p.m.

ALL campers are required to check-in

Upon arrival at camp, you will go through a series of stations in the mess hall, including a temperature check, health screening, and lice check (we will need to access each camper's scalp in order to conduct the lice check properly).

Any campers arriving with medications need to be prepared to hand them over to the camp nurse in their original containers. Both the parent/guardian and camper must talk with the nurses when turning in medication.

After completion of check-in, accompany your camper to their assigned cabin. Counselors will be in cabins to greet campers.

We make every effort to make this check-in as efficient as possible, but you should plan on spending approximately 30-60 minutes at check-in. We do ask that you plan to say goodbye by 5:00 p.m., as most children will be at camp by that time, and the cabin groups will begin their camp tours and relationship building activities.

CABIN ASSIGNMENTS & CAMP LIFE

All campers will be living in cabin groups with campers of their same age or grade and gender. Campers will live in rustic cabins, one side of the camp is designated for male campers and a separate side for female campers. There is a centrally located toilet/shower facility on each side; campers are only permitted to use the facilities on their designated side of camp and are not allowed in cabins on the opposite gender side of camp under any circumstances.

Each camper will have a bunk and a designated space for storing their personal belongings. Responsibility for the cleanliness and basic up-keep of the cabins and bathroom facilities is divided between the cabins. The cabin unit is our basic and most important group at camp; they play, work and eat together the whole week. Here your camper will learn about the “give and take” of group living, understanding others and making new friends.

Our counselors are trained to build cabin unity and make each camper feel welcome from the moment the session begins. This encourages our campers to expand their comfort zone and make new friends while at camp. However, we do recognize that going to camp with a friend may make the adjustment process easier for some campers. You can request a cabin-mate in the “Camper Request” section of your registration form. Note that cabin assignments are not made until the week before camp starts.

Campers may make one cabin-mate request, following the guidelines below:

- Cabin-mates must be no more than 12 months apart in age
- Cabin-mate requests must be mutual between campers
- We do not guarantee placement
- If your request does not meet one of these requirements, please email the church office including the other camper’s parent/guardian.

Meals

All meals are served in the mess hall. Meals provided for the camp week are Sunday Dinner, Breakfast/Lunch/Dinner Monday-Friday, and Breakfast on Saturday. An afternoon snack is provided daily Monday-Friday. Campers have access to fresh drinking water at all times and adequate hydration is encouraged.

A well-balanced, varied menu is served to accommodate the majority of food preferences and restrictions. Dietary needs and restrictions (i.e. food allergies, vegetarian, gluten free, vegan, etc.) should be documented in the camper’s Health History. If your child has special needs or requests, please call the church office as far in advance of camp as possible to help plan a menu for your camper. You may be asked to provide specific food items that are difficult to obtain through regular food vendors.

Menus are prepared by the Head Cook to ensure a variety of choices meeting dietary needs. Sample menus are available upon request. Cabin groups sit at tables together with their counselors. Our service is buffet-style and all campers/staff share what is being served (with the exception of those with dietary needs). Counselors will pick up food for campers with dietary restrictions directly from the kitchen and serve it to campers at the table. Campers will share in the responsibility for post-meal clean-up. Counselors are responsible for ensuring campers have enough to eat, and general supervision during mealtimes. A snack is served every afternoon.

If you have a question on food, please reach out to the church office for further conversation.

Possible Camp Activities

Sports & Games
Talent Show
Bible Class

Arts & Crafts
Campfire
Worship

Fishing
Hiking
Evening Lesson

If you do not want your camper to participate in any of the above activities, your request must be made in writing and included with your camper's registration packet.

CAMPER COMMUNICATION

Due to the short duration of camp, please do not mail or bring packages to camp. Instead, an option to keep in contact with your camper is to pre-write them letters for the days of the week and pack them into their luggage. If you do bring a package, you will be asked to keep it until the end of the week or give it to your camper at check-in. Please do not pack food/snacks in a camper package as it can attract unwanted wildlife into the cabins.

The camp phone number is 970-856-3455.

Missing Home

Please help us with our request that your camper not bring their cell phone to camp. Additionally, please do not tell your camper to call you if they are homesick. We understand that for many parents/guardians (if not all), it is an expectation to have instant access to communicate with their camper. We ask that you help us help your camper develop the independence that comes with a session of camp. Our staff are trained to help build positive relationships and overcome homesickness. We will contact you if we need support on any camper concerns. You may contact the camp phone any time if you need to speak with your camper and we will work with you on the best way to connect with your camper.

BEHAVIOR AND DISCIPLINE

We have high but reasonable expectations about our camper's behavior. All behavior at camp should reflect Matthew 22:37-40:

“Jesus replied: “‘Love the Lord your God with all your heart and with all your soul and with all your mind.’ This is the first and greatest commandment. And the second is like it: ‘Love your neighbor as yourself.’ All the Law and the Prophets hang on these two commandments.”

Every situation is handled as a unique situation. The offenses outlined below are more serious in nature and may result in immediate dismissal from camp:

1. Vandalism, breakage, or damage to equipment, buildings, or grounds will not be tolerated. Such activity may require restitution by the parent/guardian and/or immediate dismissal without a refund;
2. Bullying is contradictory to loving our neighbors; thus, CCYC has a zero tolerance policy for bullying, including physical, verbal and emotional bullying. A call home will be made and counseling offered; however, continued bullying will result in the offender being sent home without a refund;
3. Drugs, alcohol, vaping and tobacco are detrimental to loving God, our neighbors and ourselves. Possession of drugs or alcohol is grounds for immediate dismissal without a refund. Possession of tobacco or vaping products will result in confiscation, a call home for the first offense, and immediate dismissal without a refund for a second offense.

For more minor offenses, should a camper choose to repeatedly disrupt the experience of other campers and staff, the following action steps may be taken:

1. Conversation between camper and counselor with administrative staff, verbal warning;
2. Natural consequences of behavior are put in place, such as supervised space and time away from other campers (must not exceed 5 minutes);
3. If behaviors continue, we will contact parents to get insight on the situation. We believe parents know their camper best, so having your help to identify language you use at home, or how you help with behavior development, will help your camper stay at camp;
4. Conversation between camper, counselor, and camp director. Using the insight from a parent call, we use this information to help create a behavior contract outlining acceptable/unacceptable behavior, alternative positive behaviors, and consequences;
5. Meeting with camper, counselor, camp director, parent/guardian: camper dismissed from camp for the remainder of the camp session;
6. Suspension from camp (time frame indefinite; TBD based on safety of other children and positive behavior changes).

Those who do not comply will be sent home at parents/guardians' expense and with no refund.

Discipline shall be constructive or educational in nature and may include such measures as diversion, separation from problem situations, talking with the child about the situation, or praise for appropriate behavior.

LOST AND FOUND

CCYC is not responsible for lost or damaged items. We will do all that we can to ensure that your camper returns with all of the items brought to camp. Please be sure to mark ALL of your camper's belongings with their full name (not just initials). Be sure to send older, non-valuable items with your camper. Due to limited storage, CCYC will only keep the items one week after the end of camp at which point all items will be donated. It is your responsibility to contact the church office (970-245-4210) if you believe one of your camper's belongings was lost, even if the item has the camper's name on it.

CAMP CHECK-OUT PROCEDURES

ALL campers are required to check-out

Camp ends on Saturday morning, June 21; you are required to show your photo ID and sign out your camper(s). Campers must remain at camp until their cabin and cabins' assignment is cleaned and inspected. These areas must be completely clean and checked by the director before the cabin will be allowed to leave. Parents must wait until their camper is released to leave.

We will allow check-outs starting at 10:00 a.m. If someone other than the parents/guardians listed on registration will be picking up your camper, please make sure you list their legal name on the "Authorized to Pick-Up" section in your camper's registration. They will also need to show a photo ID in order to pick up your camper(s). Campers will not be released to individuals without valid ID and/or who are not listed on their registration. We can accept a digital ID from the myColorado app, but we cannot accept a photo or screenshot of the photo ID.

Early pick-ups must be arranged with the Camp Director. Please call the camp phone (970-856-3455) to arrange early pick-ups.

PARENT HANDBOOK SIGNATURE PAGE

After reading the Parent Handbook with your camper, please sign the appropriate lines below and return the form with your camper's registration packet.

We, the parent(s)/guardians of _____
have been provided with a copy of the Parent Handbook. We have read and understand the contents of the Parent Handbook.

We agree to follow the policies outlined in Parent Handbook.

We understand that the camp reserves the right to amend policies and procedures when necessary, and that we will abide by changes. Any changes made to the Handbook will be distributed by the camp.

We authorize and approve our camper to participate in all camp activities, except as noted here:

Parents, please take a few minutes to discuss your camper's behavior and its relation to the success and positive nature of our camp community. We certainly do not anticipate having to dismiss any camper; however, they need to be aware of appropriate behavior and the consequences of inappropriate behavior. Please discuss expectations with your camper and answer any questions they may have before their arrival. If you need any clarity on questions please contact the church office at 970-245-4210.

Signature of Parent/Guardian _____ Date _____

Signature of Parent/Guardian _____ Date _____