

### CAREN LANGLOIS



Caren Langlois, 70, of Hilliard, peacefully passed away December 9, 2024. She was born May 18, 1954 and raised in Holyoke, Massachusetts. She was one of six siblings and the eldest daughter. A free-spirited and adventurous teen and young adult, Caren embraced life with passion and determination.

In her late-20s, Caren joined Alcoholics Anonymous and recently celebrated 43 years of sobriety...a milestone that reflected her strength, resilience, and unwavering commitment to helping others. She found joy in the fellowship of AA, attending conferences, and guiding newcomers on their journeys to sobriety. Her home was always open, with coffee brewing and a safe space available to anyone in need of support or companionship.

Later in life, Caren met and married her devoted husband of 25 years, Charles "Chuck" Langlois, and together they built a life in Hilliard. She raised three granddaughters over more than a decade, pouring her love and energy into their lives. Caren was an active member of the Flashes Band Boosters, tirelessly working at football games and the Northeast Florida Fair in Callahan, to raise funds for uniforms and equipment. She cheered for her girls in band, color guard and cheerleading and was always their biggest supporter.

Caren was immensely proud of all her children and grandchildren, often sharing stories of their accomplishments, special skills, and talents. Her sense of humor was infectious, and one of her favorite jokes was: "How do you make a tissue dance? Put a little boogie in it." It made her belly laugh every time and her joy was contagious to everyone around her.

Caren was a passionate and strong woman who faced life's challenges with courage and grace. She fought until the very end, leaving a legacy of love, resilience, and hope. It brings comfort to her family to know that she is now at peace, surrounded by loved ones who passed before her.

She is survived by her loving husband Charles "Chuck" Langlois; daughters Catherine Slaughter and Sarah Blair; stepchildren Brian Lyons, Kelly LaPlante, Charles Langlois and Rebekah Caldwell; and grandchildren Allan O'Neil, Trinity Jordan, Marissa Jordan, Christina Lee, Brandi Whitty, Rochelle Fuston, Robert LaPlante II, Caitlyn Caldwell, Zayne Caldwell and Nurie Langlois; and brother Jim (Sandy) Langlois; and brothers Kenneth Roj, Daniel Roj and Christopher Roj.

Caren was predeceased by her parents, William and Jacqueline (Blanchette) Roj; brother Michael Roj; and sister Pam Mahue.

A celebration of life will be held at a later date.