



# THE LEGAL LINK

### Arkansas Chapter Newsletter

**UPCOMING EVENTS:** 

•April 2024—Mental Health First Aid Cert. Program

•April16, 2024—Cyber Chapter Webinar: Long Term Disability

•May 6-31, 2024—CLM Testing

•May 8, 2024—Chapter Meeting: Angela Falco—Personal Financial Wellness

•May 10, 2024—Mental Health First Aid Cert. Program

•May 16, 2024—BP Event—AR Travelers Game

•May 19-22, 2024—Annual Conference, Aurora, Colorado

•June 12, 2024—Chapter Meeting: Annual Conf. Recap

### running around like headless chickens most of the time – trust me, with three offices on my plate and now the Presidency, I totally get it – but here's the thing: if we roll up our sleeves and tackle this together, there's no limit to what we can achieve.

I'm excited to see us grow this chapter together!

## President's Message

Spring 2024

I'm honored to step into the role of chapter leader once again! This time around, my mission is crystal clear: I want to laser-focus on meeting the needs of our incredible members and invaluable business partners, ensuring that they get the utmost value out of their memberships and sponsorships.

So, what's the game plan for the year ahead, you ask? Well, it's all about growth – growing our membership numbers and growing the opportunities for us to come together and form those real, lasting connections that make our association so special. I know we're all



By: Michelle Stewart

By: ERYN CARTER, CAE

### Making Mental Well-Being a Priority

As the parent to two daughters who are entering the initial stages of adulthood, I am answering questions and offering advice to them about topics that are teaching me more about myself than I expected. What subjects to study, how to prepare for a career and managing relationships are often topics at the top of the list. The conclusion to our conversations is usually reminding them to identify, prioritize and take care of their needs.

### Read more here.



#### **MISSION STATEMENT**

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