



YOUTH ULTIMATE DISC LEAGUE

Youth Ultimate Training is coming to take-over your PE class.

Our coaches spend 90 minutes at your field/gym and provide assistance to teachers as they prepare players for the Ultimate Frisbee season. We focus on Rules, Spirit of the Game, Strategy and Gameplay.*

We bring the discs for scrimmaging.

- **Register with convenor:**
sleevelessdean@gmail.com
416.553.1127



*A nominal fee for travel may apply.