

DID YOU KNOW?



Pathogens such as influenza or coronavirus can travel **up to 6 feet** when a sick person coughs or sneezes.¹



Handwashing can reduce the risk of respiratory infections by **21%**.²

TAKE 20 SECONDS TO HELP PREVENT THE SPREAD OF COVID-19

HERE'S HOW TO PRACTICE GOOD HANDWASHING:



WET

hands with clean running water, turn off the tap and apply soap.



LATHER

the backs of hands, between fingers and under nails.



SCRUB

for at least 20 seconds.



RINSE

hands well under clean running water.



DRY

hands using a clean towel or air dryer.

IF SOAP AND WATER ARE NOT AVAILABLE, use an alcohol-based hand sanitiser that contains at least 60% alcohol.



▶ CLEAN HANDS ARE SAFE HANDS.

Contact your **Ecolab representative** to learn how to help your team practice good hand hygiene.



¹ https://www.cdc.gov/nonpharmaceutical-interventions/pdf/244999C-6_Slow-the-Spread-of-Flu-Factsheet-final-508.pdf

² <https://www.ncbi.nlm.nih.gov/pubmed/18556606>