



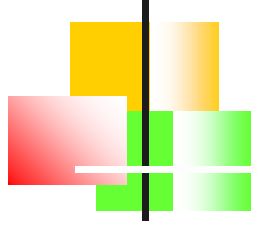
Dignity For All Students Act Training Program

Roni Benson and Ginger Lieberman

www.lipenlearn.com info@lipenlearn.com

516 697 0885, 516 509 7900

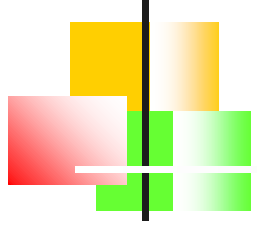
Athletic Directors and Officials



Bullying in Sports

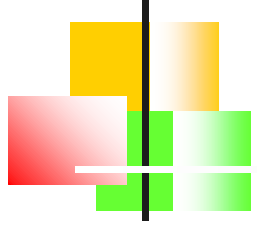
“On our fields and in our gyms, there is an elephant in the room. Its presence is well known among athletes but rarely confronted.”

Randy Nathan: author of “Bullying in Sports”



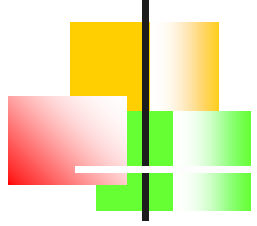
Bullying in Sports, continued

- Bullying amongst Team-members
- Who can be the biggest bully on the team?
- Social Isolation: leaving someone out



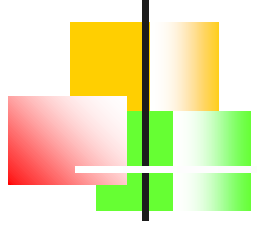
Bullying in Sports, continued

- How do coaches handle losing?
- How do coaches handle a lopsided score?
- How do coaches handle other team talking trash or making illegal moves?



Upstanders

- Recognizing that a situation is inappropriate
- Teaching about empathy
- Having team members create two lists
 - Differences, Similarities
- Having a plan of action



Ways to deal with bullying on your team

- Set Behavioral Expectations
- Emphasize Respect
- Be a Positive Role Model
- Encourage Friendships
- Ensure All Team Members Play
- Handle Bullying Situations Immediately



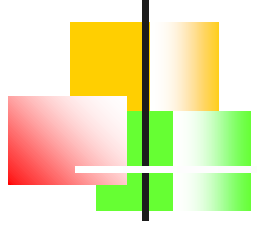
DASA – The Dignity Act - August 2013

“In accordance with the Dignity for All Students Act, students have a right to be free from harassment, bullying, including cyberbullying and/or discrimination, including but not limited to harassment, bullying, including cyberbullying and/or discrimination based on a person’s actual or perceived race, color, weight, national origin, ethnic group, religion, religious practice, disability, sexual orientation, gender/gender identity or sex,



DASA, continued

by school employees or students on school property, at school functions and/or off school property where such harassment, bullying, including cyberbullying and/or discrimination creates or would foreseeably create a risk of substantial disruption within the school environment, where it is foreseeable that the conduct, threats, intimidation or abuse might reach school property.”



Harassment or Bullying

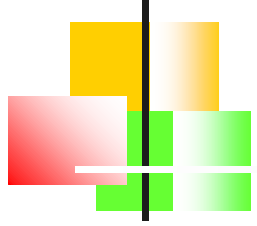
Harassment or Bullying shall mean the
creation of a hostile environment by
conduct or threats, intimidation or abuse,
including Cyberbullying



Harassment or Bullying

“Emotional harm” within the context of harassment or bullying means harm to a student’s emotional well-being through creation of a hostile school environment that is so severe or pervasive as to reasonably and substantially interfere with the student’s education.

Since “cyberbullying” is a form of bullying, the term “bullying” will implicitly include cyberbullying even if it is not explicitly stated.

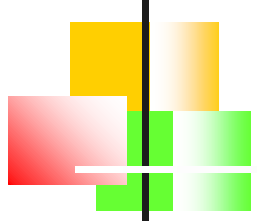


Coaches' Directive

- How do you set the tone?
- At the beginning of the season, coaches should make clear that if anyone is heard talking negatively about anyone on the team, anyone on the other team, the refs or umpires,e.g. you will sit out the game"

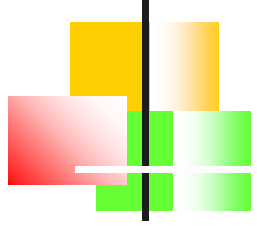
Source: Why Good Kids Act Cruel: The Hidden Truth about the Pre-Teen Years. Carl Pickhardt

- What would you consider severe abuse?



Sexual Harassment

- Is harassment or unwelcome attention of a sexual nature.
- Is illegal and *never* okay.



Consent is Everything

Blueseatstudios.com

“Do you want tea?” (clean version)

“Consent for Kids”



Teachers/Reporting

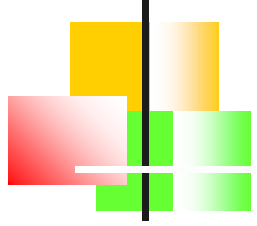
All teachers are expected to maintain and encourage a climate of mutual respect and dignity for all students that is free from harassment, bullying, and/or discrimination, including but not limited to harassment, bullying, including cyberbullying and/or discrimination based on actual or perceived race, color, weight, national origin, ethnic group, religion, religious practice, disability, sexual orientation, gender/gender identity or sex in accordance with the Dignity for All Students Act which will strengthen student self concept and promote confidence to learn.



Filing of the DASA Complaint

You are a mandated reporter
for child abuse.

You are a mandated reporter
for all bullying incidents.



Reporting

Every district makes up an
incident report form.

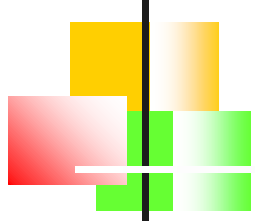
Check your district's DASA policy



What Happens After a Report is Filed?

There will be an investigation as to whether or not this was a bullying incident.

If the reporter feels it was not and you believe it was, then you can report your feelings to the district-wide (usually a central office person) coordinator. This will then produce another set of eyes evaluating the complaint.

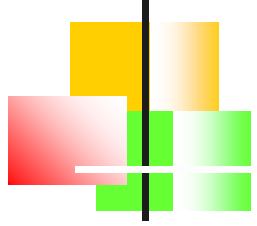


After a Report is Filed, continued

If the complaint is found to be bullying, then you must come up with a plan on how to solve the situation.

Your plan must show how you will help make it better by enacting something that will improve the situation. This can be done in a group or individual setting.

Use your skills to model good behavior

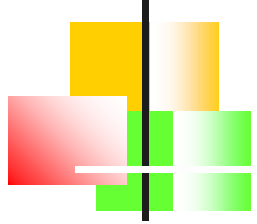


Microaggressive Behavior

Microaggression: Subtle, stereotypical and insensitive behavior or comments about a person's identity, background, ethnicity or disability.

[microaggression cartoon](#)

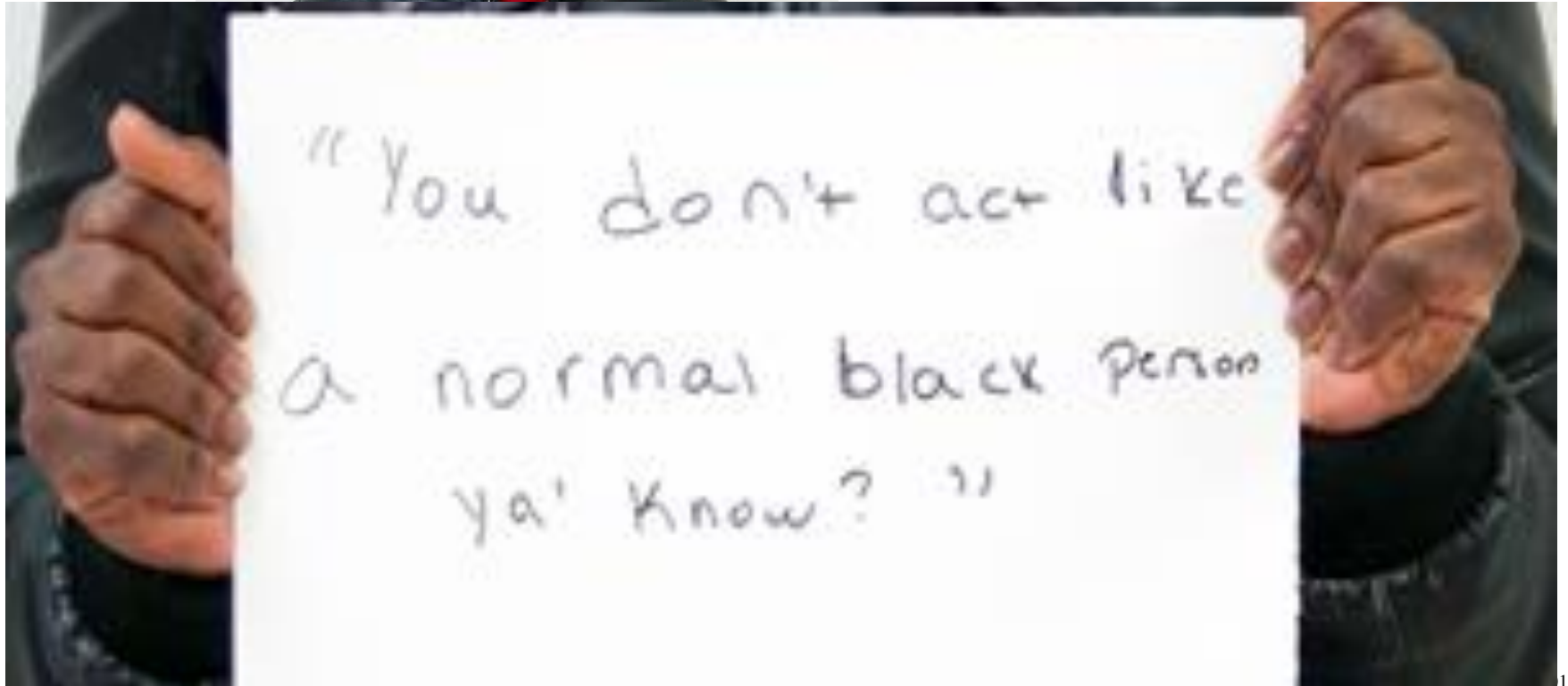
<http://goo.gl/Y3Fase>

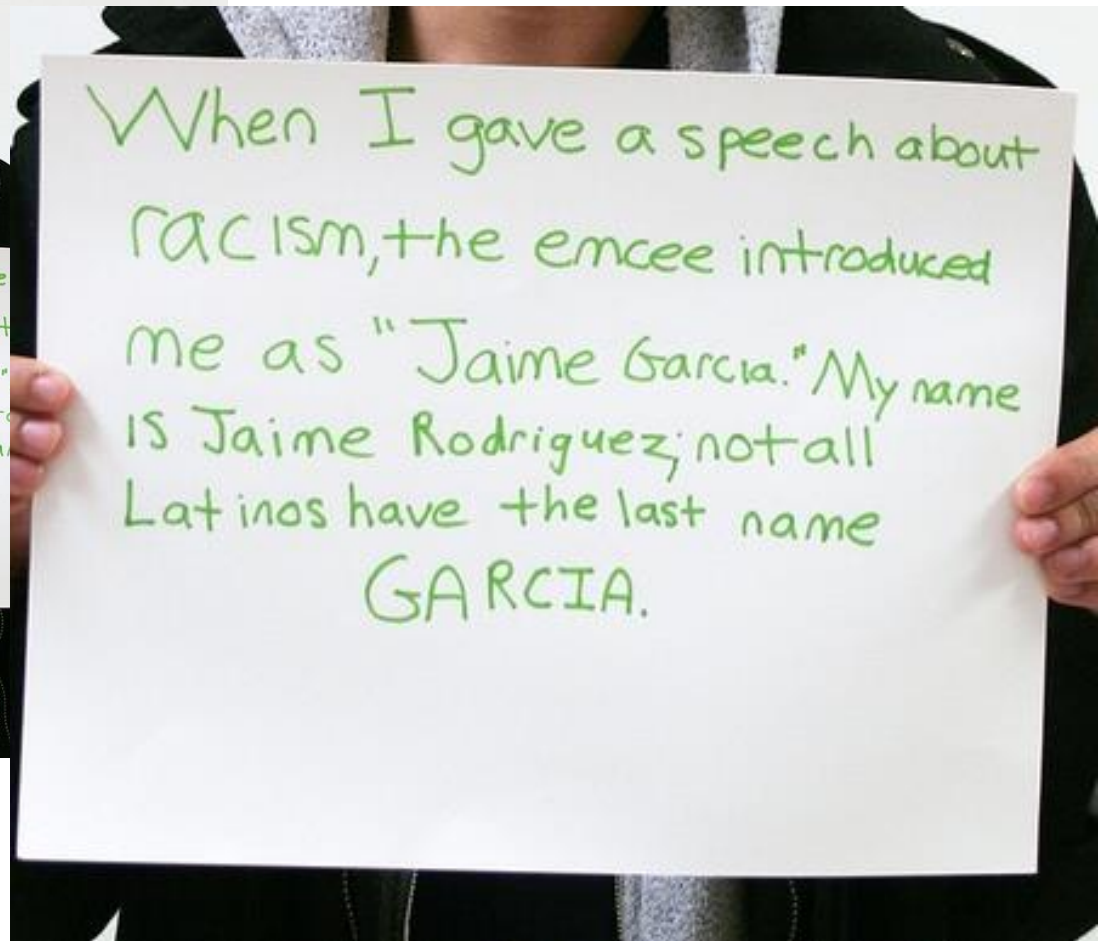
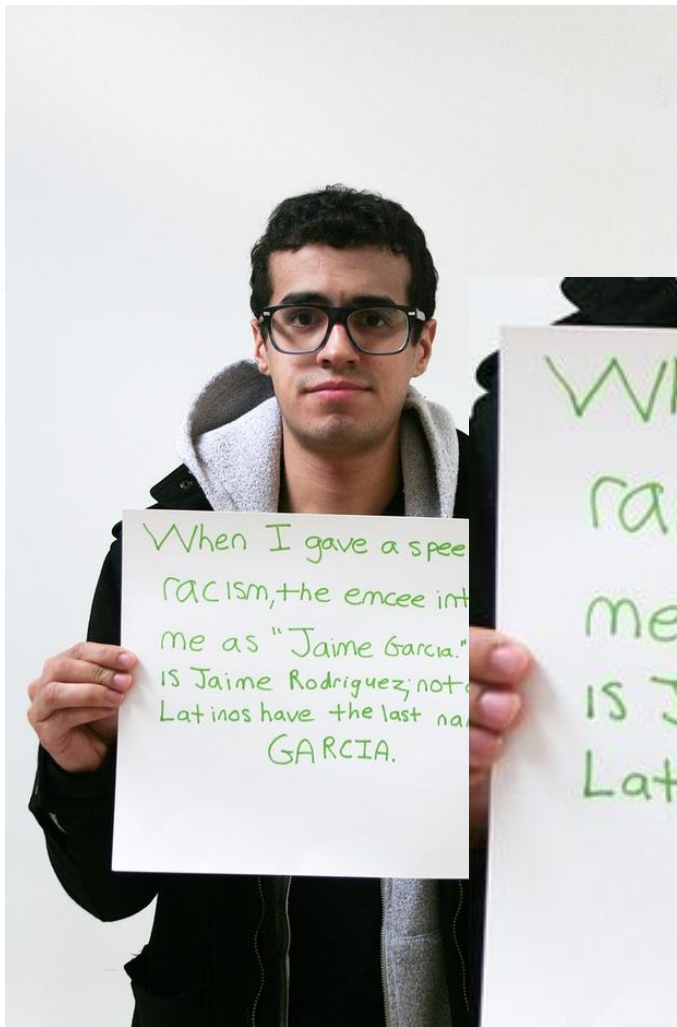


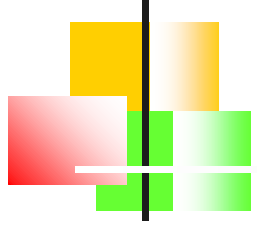
Substitute Teacher

[Substitute Teacher](#)

<https://www.youtube.com/watch?v=Dd7FixvoKBw>







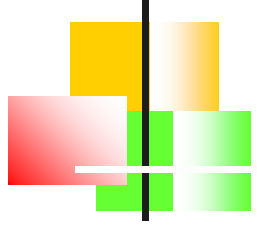
“Run like a girl”

Run like a Girl

ALWAYS commercial

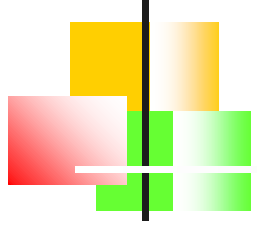
<https://www.youtube.com/watch?v=XjJQBjWYDTs>





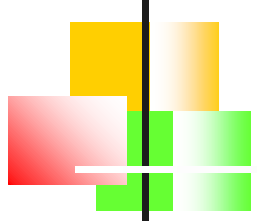
Empathy

[Wheelchair Basketball](#) You Tube Video



High School Football Team

[cbs news "we dine together" – youtube](#)

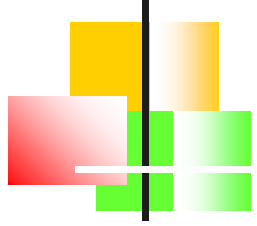


James Lozano – David Wright

Double-Amputee Mets Fan Inspires, Gets
Surprise of a Lifetime from David Wright

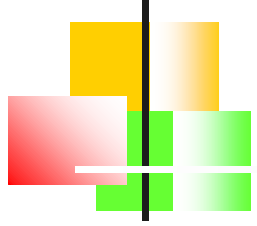
<https://www.youtube.com/watch?v=p9IW8Lr7Tmc>





Heart Exercise

(paper and crayons)



Maya Angelou

“I’ve learned that people will forget
what you said, people will forget
what you did, but people will
never forget how you made them
feel.”



Definition Of Bullying

Bullying is the conscious, willful and deliberately hostile activity intended to harm someone else for pleasure.

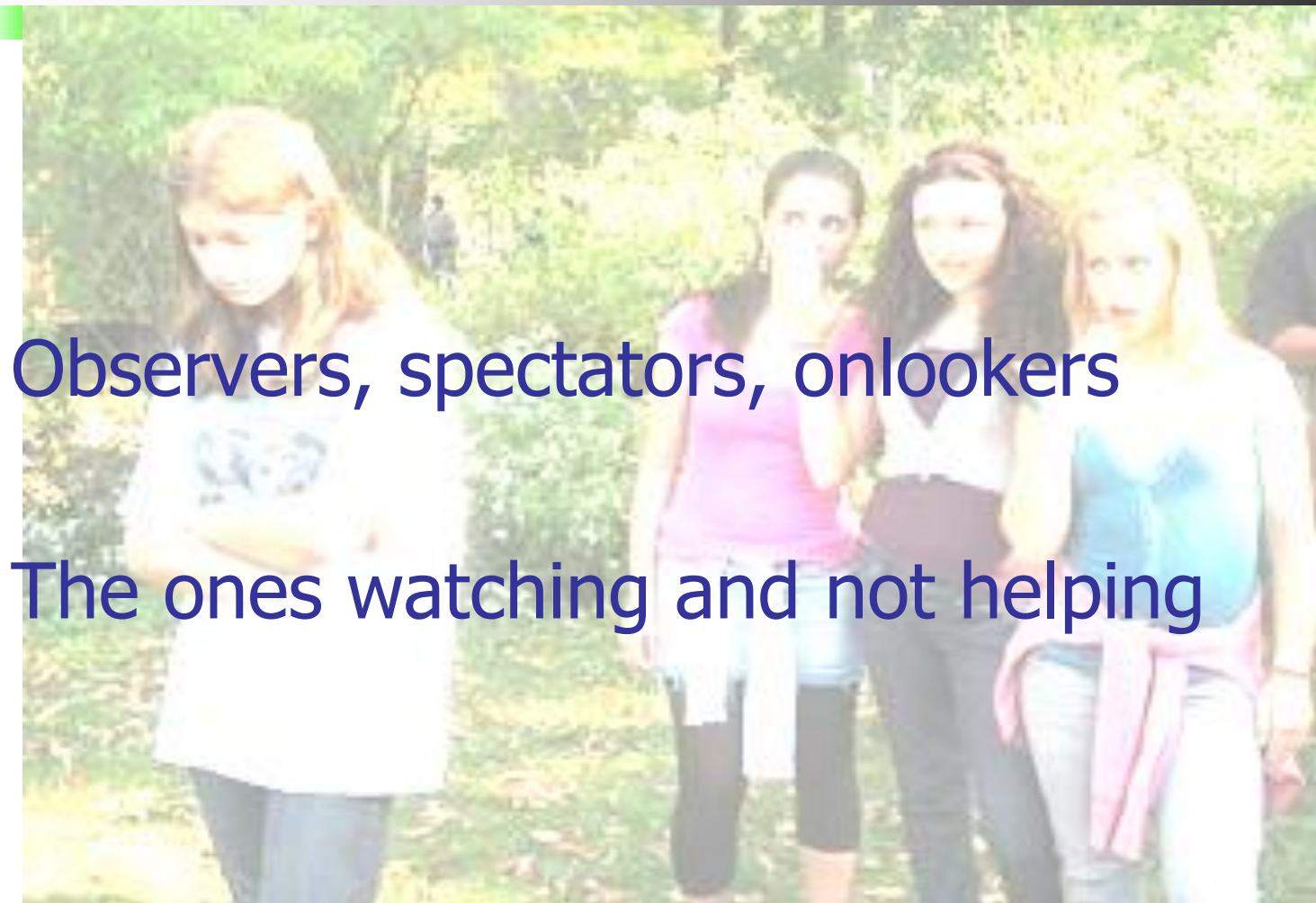
It is pervasive and ongoing.

Bullying is about an imbalance of power



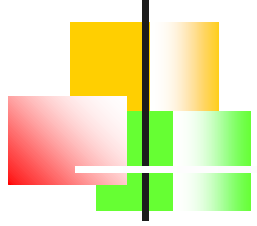
TEASING vs. BULLYING

Bystanders



Observers, spectators, onlookers

The ones watching and not helping



How Children Bully

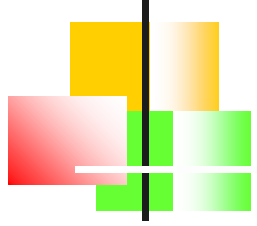
By physical aggression

By verbal aggression

By intimidation

By social alienation

Tyler Clementi 1992-2010



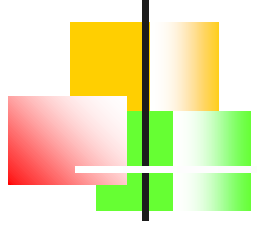


Carl Walker Hoover 2000-2012



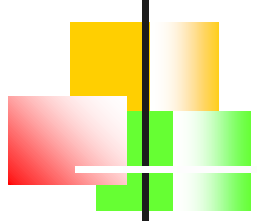
Evan Rosenstock 1997-2013



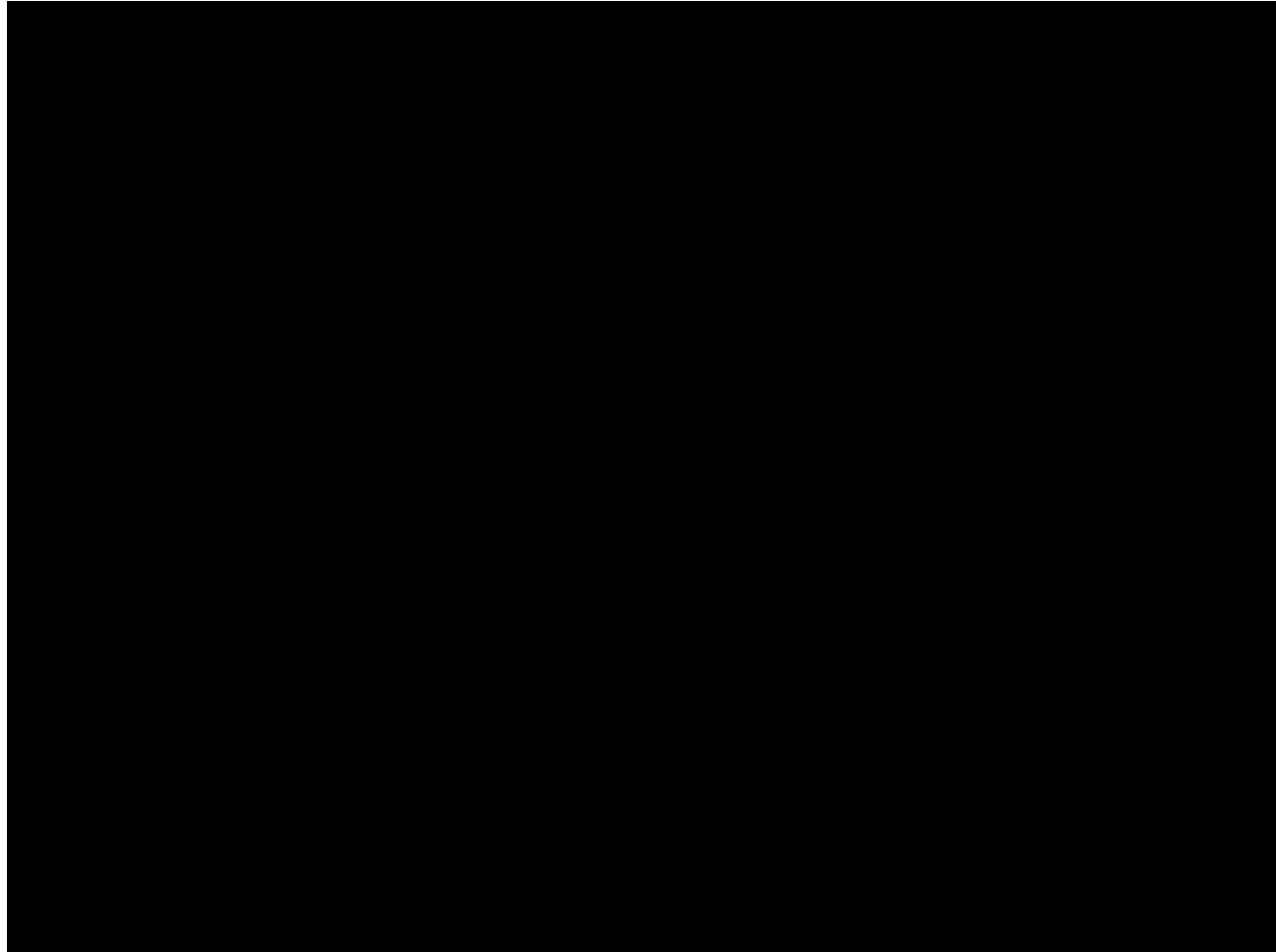


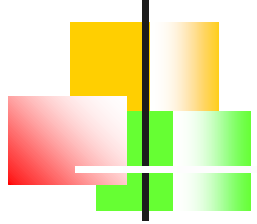
Suicide Prevention

- National Suicide Hotline:
1 800 273 TALK
- Crisis Text Line:
Text - HOME to 741741



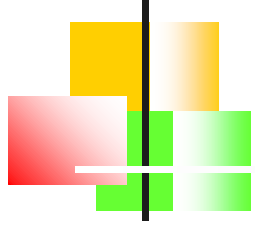
Blackboard





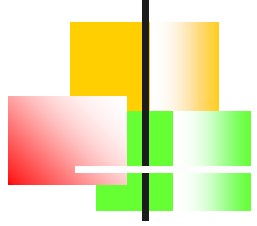
Facebook, Twitter, Instagram, Snapchat

- Outsiders' Access to Student Athletes
e.g. Badmouthing after losses
- Parents and Students Commenting Online
- Loss of Scholarships



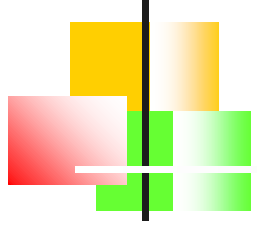
Screenagers

- “I text therefore I am”
- About 14% of communication is the words
- Addiction to phones
- Gaming addiction (American Psychiatric Assoc.)



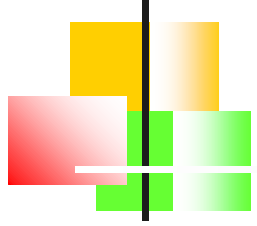
Dealing With Parents

- “Learned helplessness”,
waiting for Parents to step in
- Bulldozer Parents
- Concierge Parents



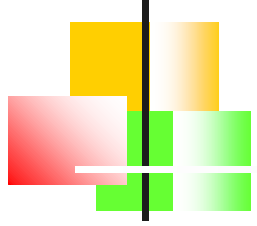
If only everyone thought before making a decision

The Decision



Qualities of a Good Leader

- Empathy
- Humility (confidence vs. conceit)
- Self-Awareness
- Self-Reflection (ability to admit mistakes)
- Resilience

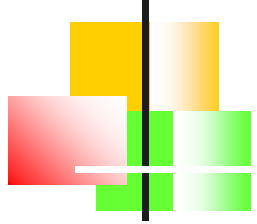


Bullying ...

Be upstanders, not bystanders

Giving up is easy. Getting up is hard.

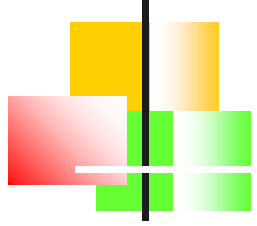
What you permit, you promote.



Jason McElwain

[Jason MacElwain wmv](#)

[Jason MacElwain YouTube](#)



Sporting Philosophy

Every person in every role has the right to participate in an environment that is fun, safe and healthy and to be treated with respect, dignity and fairness.

"Play by the Rules" www.playbytherules.net.au