

THE GRIT GAZETTE

THE OFFICIAL GRIT GIRL GROUP NEWSLETTER



GRIT GIRLS' NIGHT OUT!

BY ABBEY RINDLISBACHER

We're excited to announce that our second-ever Grit Girls' Night Out event is happening this Friday, and we don't want you to miss it! Our team has been working hard to create a fun and memorable experience for all of our attendees.

If you're not familiar with Grit Girls' Night Out, it's an evening of empowerment, inspiration, and connection for women in our community. We believe in the power of bringing women together to uplift and support one another, and that's exactly what Grit Girls' Night Out is all about.

This year, we're thrilled to announce that we plan to host multiple Grit Girls' Night Out events throughout the year, so even if you can't make it this Friday, keep an eye out for future events.

We'll have plenty of fun activities, delicious refreshments, and inspiring speakers lined up for the evening. Plus, you'll have the opportunity to connect with other amazing women in our community.

We can't wait to see you at Grit Girls' Night Out this Friday and at future events throughout the year. Let's come together, empower each other, and make lasting connections!

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REMINDER: ALL EVENTS SHARED IN THIS NEWSLETTER ARE FREE TO ATTEND!



HAPPY WOMEN'S HISTORY MONTH!

BY ABBEY RINDLISBACHER

As we near the end of Women's History Month, we want to take a moment to honor the women who have made history and continue to make strides in various fields today. This month, we've celebrated the contributions of women throughout history, from political leaders to artists, scientists, and entrepreneurs who have shaped our world and paved the way for future generations.

In recognition of Women's History Month, we'd like to share a fun fact about a remarkable woman who played a significant role in the founding of the world's oldest university. Did you know that the University of Bologna, founded in 1088, was the first university in the world and was founded by a woman? Her name was Fatima al-Fihri, and she was a Muslim woman from Tunisia who used her inheritance to establish the university, which became a center of learning and innovation in Europe during the Middle Ages. Fatima al-Fihri's legacy is a testament to the power of women's leadership and their ability to create lasting change in the world.

As we celebrate Women's History Month, let's continue to honor the achievements of women throughout history and work towards a more equitable and inclusive future for all.



Grit Girls Night Out

Join us to close out celebrating Women's History Month with a fun and informative Grit Girl's Night Out!

Activities and Events:

- Great speakers
- Information booths about Utah women resources
- Mini Farmer's Market
- Treats
- Service Project

Informational and Farmer's Market booths will be set up around the room. Participants will have time to visit each booth between speakers!

Details:
 March 31st
 5:00 PM to 9:00 PM
 Orem Family Fitness Center

More information:
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UPCOMING EVENTS

SPRING 2023

- March 30 - [UWHEN Spring Leadership Luncheon, UVU](#)
- March 31 - Grit Girls' Night Out!
- April 2 - [How to have a healthy relationship, virtual masterclass](#)
- April 14 - [Revolutionizing Fempreneurship - Virtual](#)
- April 21 - ["Be the Change" event at Provo City Library, hosted by UCASA and Halftree](#)
- April 25 - [Teen Girls Experiencing Increased Sadness and Violence: A Discussion with Experts](#)