

# THE GRIT GAZETTE

THE OFFICIAL GRIT GIRL GROUP NEWSLETTER



## THE REFUGE

BY ABBEY RINDLISBACHER

The month of October is officially deemed Domestic Violence Awareness Month. While Domestic Violence impact men, women, and children it disproportionately negatively impacts women. We decided we wanted to support those who have survived these crimes this year by sponsoring a supply drive for the local Domestic Violence and Sexual Assault shelter, The Refuge Utah. Miss Orem, Miss Provo, and Miss Salem volunteered to lead the collection of items and we provided all other materials. Together we were able to gather 3,526 items which amounted to an estimated monetary value of just over \$10,400.00! When we dropped off the

items to The Refuge Utah headquarters their donation boxes were overflowing and we had create 3 additional donation piles throughout their office.

We know these donations will be put to great use by this incredible organization and hope the women, children, and men who receive them will feel some comfort.

We were incredibly impressed by the number of people who donated and grateful for everyone in the community who came together to support survivors of domestic violence. We truly live in the best state!

We look forward to future opportunities to support women in our state!

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*All featured resources, organizations, and events are FREE for all Utah women to utilize. Click the link (underlined text) to learn more about each event and register!*

HAPPY HOLIDAYS! WE HOPE YOU ENJOY THIS TIME OF YEAR AND SPEND LOTS OF TIME WITH FAMILY AND FRIENDS. THE GRIT GIRL GROUP TEAM WILL BE CELEBRATING TOO AND WILL PICK UP MORE EVENTS COME THE NEW YEAR!  
SEE YOU JANUARY 2023!

## UPCOMING EVENTS

NOVEMBER 2022

- Nov. 3rd @ 5:30 PM - Women Who Succeed, Girls Giveback Event
- Nov. 9th @ 12 PM - Hacks to help women maximize profits and minimize expenses
- Nov. 10th @ 7-9 PM - She.E.O. women in business seminar hosted by Sarah Nelson, Miss Greater Salt Lake and co-owner of Ypsilon Dresses
- Nov. 15th @ 12 PM - Biases, Barriers, & Barricades for Utah Women: A Solutions-Based Workshop
- Nov. 15th @ 6 PM - Utah Women Run Fall Social

## RESOURCE HIGHLIGHT

THE UTAH WOMEN IN LEADERSHIP PROJECT (UWLP)

Dr. Susan R. Madsen is the director of UWLP based at Utah State University. The organization works discover measurable ways Utahns can improve gender equality throughout the state. The research Dr. Madsen and the UWLP publishes is truly ground-breaking and has spurred the creation of several other women's groups throughout Utah to address the issues their research highlights. The Grit Girl Group has used UWLP research in various blogs and programs curriculums as we strive to encourage young girls and women to build grit and take on more leadership roles.

