



# Strategic Prayer Tool

Use with a Prayer Bracelet, Key Chain, Bookmark

## Clean Slate - White, Carnelian - Heb. 4:16, Lam. 3:23, Luke 11:1, Rom 11:1-2, 2 Tim. 1:7

I am responding to your invitation to come to You, to Your place of grace to receive help and mercy in my time of need. I come to you because Your mercy is new every morning and Your faithfulness is so great. Teach me to pray and renew my mind to understand what is best today, because You have given me a sound mind, not a spirit of fear, but powerful, loving, and stable thinking.

## Praise - Purple, Amethyst - Matt. 6:9-10, Ps. 26:7, Ps. 139:14

Thank You for making me a new creation and rescuing me from myself, my fears, hurts, and hang-ups. Thank You for being the Rock upon which I can stand in the middle of the challenges raging around me. Thank You for being with me every moment, for the good that is coming my direction, for being my dance in the rain and strength in the storm. Thank You for bearing my burdens, helping me to walk in peace, changing my mourning into dancing and my sorrows into joy. You are my strength, salvation, hope, shield, defender, provider, healer, helper, rest, refresher, forgiver, and secure future. You are the light unto my path, my Friend, and I am in awe of You.

## Surrender - Red, Red Jasper - Ps. 139:23, I John 1:8-9, Matt. 6:14-15

Search me and know my heart, test me and know my anxious thoughts. Help me to surrender the things I know I need to let go of and help me to surrender the things I don't yet know are hurting me. I choose to forgive \_\_\_\_\_, to not hold a grudge. Help me surrender my pace, to live a more sustainable, joyful, loving, and healthy life. Thank You that because of You, I can receive the opposite of what I surrender. I surrender \_\_\_\_\_ and hold on to Your promise to release and fill me with \_\_\_\_\_ (opposite of what you surrendered). I choose to let go and not take back what I have already let go of.

## Receive - Clear, Clear or Blue Topaz - Matt. 7:7-8, I Chron. 4:9-10, I John 8:18

Thank You for providing me with food, shelter, clothing, a job, and my health. For the strength to work and generate wealth that I might have something to help others. I receive Your help today and choose to only plant in life what I want to receive from life. To treat others the way I want to be treated. I choose to not worry about anything instead, to bring all of my concerns to You, to tell You what I need and trust that You will provide for me. I receive Your peace, which is beyond my understanding and guards my heart and mind. I choose to focus my thoughts on what is true, honorable, correct, pure, lovely, admirable, excellent, and praise-worthy. Thank You for healing my body, mind, and spirit. Thank You that when I ask, I receive, when I seek, I find, and when I continue to knock, You open doors for me. I receive increased influence and increased favor today. Lead me today by the hand so I can walk in step with You, and continue to keep me from all harm. I receive Your courage and fearlessness today and choose to not allow fear to make any of my choices.

## Give It - Green, Green Jasper - I Tim. 2:1-3

This is where you pray for the people you are close to or for needs that you see and think God can help with. This is your conversation with God for them. Pray for family members, friends, community leaders, and people you know who are struggling and can use God's help. Prayer is not a commentary regarding the world's problems or other people - it's a conversation with God that invites His help for you and others.

## In the Spirit - Blue, Lapis - Jude 20, I Cor. 12-14

This element of prayer is developed over time and happens often when being quiet and being in the moment you are in - not letting your mind wander off to somewhere else. When something comes to mind: a situation, hurt, character flaw, or person, ask God to intervene for the person or circumstance you are praying for. Ask for God to bring help, strength, wisdom, or insight to the person or circumstance He just reminded you of. There is a deeper element to this that requires explanation.

## Prophecy - Black, Onyx - I Cor. 14:01, John 16:13, I Kings 19:11-12

This is more quiet time when we sit and listen. Listen for God's still, soft voice. To listen for direction and insight into your own life that concerns your future and relationships. God always speaks in love, even when correcting us by reminding us of things we need to ask others to forgive us for, behaviors that need to be corrected, and encouragement to overcome fears we have allowed to control us.

## Thanksgiving and Gratitude - Purple, Amethyst - I Thes. 5:16-18

Be thankful and grateful in all circumstances, even those ones that are difficult and awkward. Find someone or something to be thankful for every day. Gratitude primes our soul to truly receive love, joy, peace, patience, divine help, etc. Gratitude is the language of thankfulness and it becomes contagious in your life.

# Strategic Prayer

## Clean Slate

Heb. 4:16, Lam. 3:23, Luke 11:1,  
Rom. 11:1-2, 2 Tim. 1:7

## Praise

Matt. 6:9-10, Ps. 26:7,  
Ps. 139:14

## Surrender

Ps. 139:23, 1 John 1:8-9,  
Matt. 6:14-15

## Receive

Matt. 7:7-8, 1 Chron. 4:9-10,  
1 John 4:18

## Give It

1 Tim. 2:1-3

## In the Spirit

Jude 20, 1 Cor. 12-14

## Prophecy

1 Cor. 14:1, John 16:13,  
1 Kings 19:11-12

## Thanksgiving

1 Thes. 5:16-18