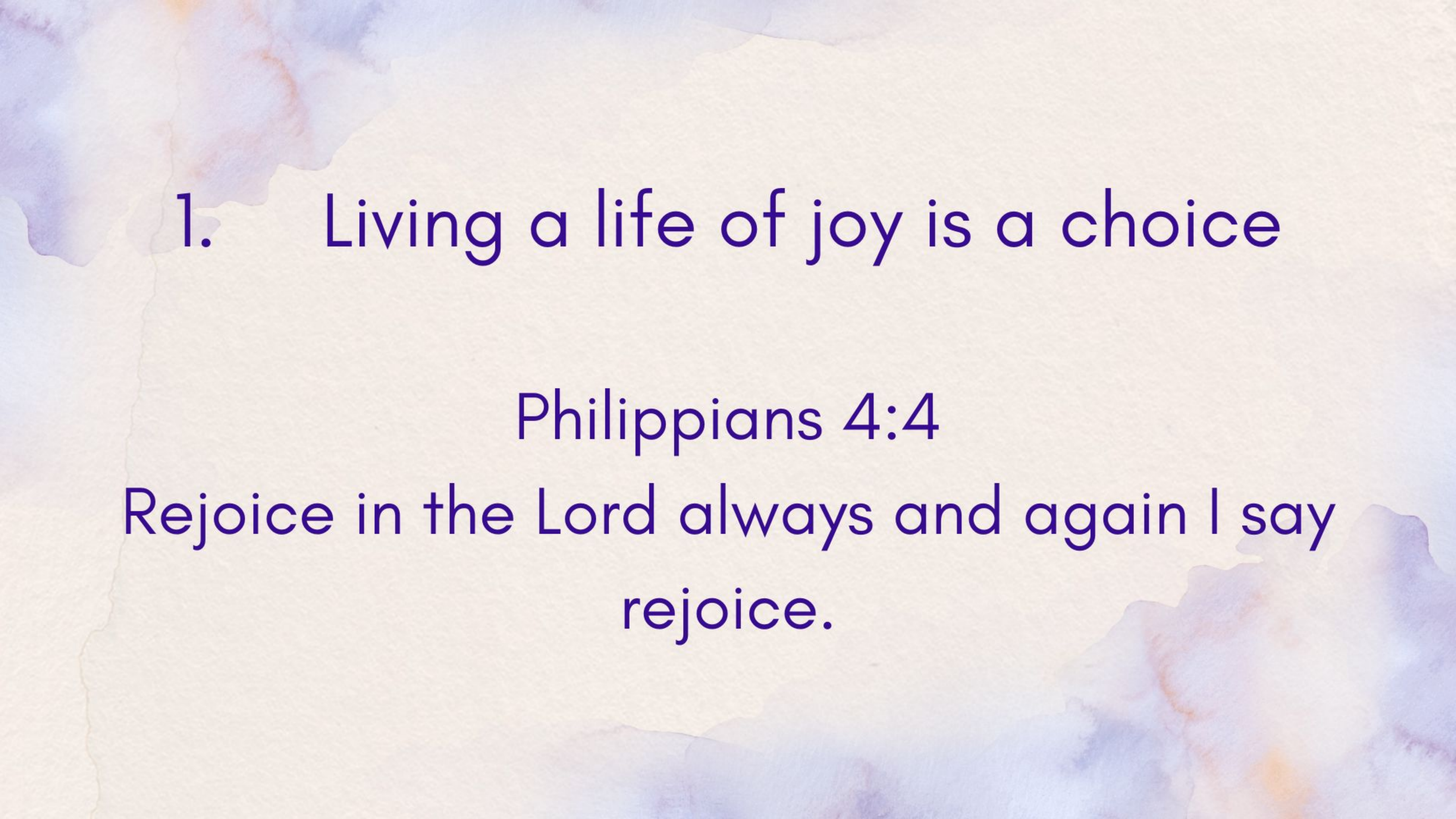




Living a Life of Unshakeable Joy

Philippians Wrap Up



1. Living a life of joy is a choice

Philippians 4:4

Rejoice in the Lord always and again I say
rejoice.

2. We are a Work in Progress

Progress = Fruit

Philippians 1:6

He who began a good work in you will carry it on to completion until the day of Christ Jesus.

James 1:2-3

Consider it pure joy, my brothers and sisters,
whenever you face trials of many kinds,
because you know that the testing of your faith
produces perseverance. Let perseverance
finish its work so that you may be mature and
complete, not lacking anything.

3. Press Onward and Stay Focused on the Big Picture

Philippians 3:13-14

Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus.



Hebrews 2:1

We must pay the most careful attention,
therefore to what we have heard, so that
we do not drift away.

4. A life of Joy = a Life of Humility

Philippians 2: 3-5

Do nothing out of selfish ambition or vain conceit.

Rather in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others. In your relationships with one another, have the same mindset of Christ.

2 Timothy 2:23-24

Don't have anything to do with foolish and stupid arguments, because you know they produce quarrels. And the Lord's servant must not be quarrelsome but must be kind to everyone, able to teach, not resentful.

5. Bring Everything to God

Philippians 4:6

Do not be anxious for anything but in every situation, by prayer and petition with thanksgiving present your requests to God. And the peace of God, which transcends all understanding will guard your heart and your mind in Christ Jesus.

Matthew 6:34

Therefore do not worry about tomorrow for tomorrow will worry about itself. Each day has enough trouble of its own.

6. Transform our Minds by Taking the Thoughts Captive

2 Corinthians 10:5

We demolish arguments and every pretension that sets itself up against the knowledge of God and we take captive every thought to make it obedient to Christ.

a. This can apply to our fear and anxiety.

Philippians 4:6

Do not be anxious for anything but in every situation, by prayer and petition with thanksgiving present your requests to God. And the peace of God, which transcends all understanding will guard your heart and your mind in Christ Jesus.

b. Our Negative vs Positive Thought Patterns

Philippians 4: 8

Finally brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable– if anything is excellent or praiseworthy think about such things.

c. Being Content in a Discontented World

Philippians 4: 11-13

I have learned to be content whatever the circumstances, I know what it is to be in need and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all things through Him who gives me strength.

Paul had a neural pathway of joy worn so deep that he could not be moved by suffering. Especially so, since his Savior was always present.

–Pastor Rick

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2. We are a Work in Progress.
3. Press Onward and Stay Focused on the Big Picture.
4. A Life of Joy = a Life of Humility.
5. Bring Everything to God.
6. Transform our Minds by Taking Thoughts Captive.