

Saying Yes to God

~Things that Hold us Back~
Fear of Loss of Freedom

1. Change
2. Loneliness
3. Failure
4. Rejection
5. Uncertainty
6. Something Bad Happening
7. Getting Hurt
8. Being Judged / What People Think
9. Inadequacy
10. Loss of Freedom

**It's really about a fear of
losing personal autonomy.**

**Fearful of not being able
to make your own choices
and do what you want to
do.**

Psychological Reactance

Eve

Genesis 3:1-6

Now the serpent was more crafty than any of the wild animals the Lord God had made. He said to the woman, “Did God really say, ‘You must not eat from any tree in the garden?’”

The woman said to the serpent, “We may eat fruit from the trees in the garden, but God did say, ‘You must not eat fruit from the tree that is in the middle of the garden, and you must not touch it or you will die.’”

“You will not most certainly die,” the serpent said to the woman. “For God knows that when you eat from it your eyes will be opened, and you will be like God, knowing good and evil.”

When the woman saw that the fruit of the tree was good for food and pleasing to the eye and also desirable for gaining wisdom, she took some and ate it. She also gave some to her husband who was with her and he ate it. Then the eyes of both of them were opened and they realized they were naked so they sewed fig leaves together and made coverings for themselves.

The Israelites in the desert

Exodus 16:2-3

Then the whole community of Israelites began complaining again. They complained to Moses and Aaron in the desert. They said, “It would have been better if the Lord had just killed us in the land of Egypt. At least there we had plenty to eat. We had all the food we needed. But now you have brought us out here into this desert to make us all die from hunger.”

Numbers 14:2-4

If only we had died in Egypt! Or in this wilderness! Why is the Lord bringing us to this land only to let us fall by the sword? Our wives and children will be taken as plunder. Wouldn't it be better for us to go back to Egypt? And they said to each other, "We should choose a leader and go back to Egypt."

John 8:31-34

Jesus said to them, “If you hold to my teaching, you are really my disciples. Then you will know the truth and the truth will set you free.”

They answered him, “We are Abraham’s descendants and have never been slaves of anyone. How can you say that we shall be set free?”

Jesus replied, “Very truly I tell you everyone who sins is a slave to sin.”

If you abide in my
word, you will know
the truth and the truth
will set you free.

1. We need to break the illusion

Is the thing you are holding
onto or worried about giving to
God really about freedom?

Or is it about wanting to have
your own way?

Romans 6:16

Don't you know that when you offer yourselves to someone as obedient slaves, you are slaves of the one you obey - whether you are slaves to sin, which leads to death, or to obedience which leads to righteousness.

2. Surrender leads to Freedom

**There is nothing in
your hands that God
won't replace with
more of Himself.**

John 8:36

Who the Son sets free
is free indeed.

