

**Genuine Living Faith** 

## Taming the Tongue

James 3:1-12

James 3:1-2 Not many of you should become teachers, my fellow believers, because you know that we who teach will be judged more strictly. We all stumble in many ways. Anyone who is never at fault in what they say is perfect, able to keep their whole body in check.

Matthew 12:26-27 But I tell you that every careless word that people speak, they shall give an accounting for it in the day of judgement. The words you say will either acquit you or condemn you.

#### Luke 12:2-3

There is nothing concealed that will not be disclosed, or hidden that will not be made known. What you have said in the dark will be heard in the daylight and what you have whispered in the ear in the inner rooms will be proclaimed from the roofs.

James 3:3-4 When we put bits into the mouths of horses to make them obey us, we can turn the whole animal. Or take a ship for example. Although they are so large and are driven by strong winds, they are steered by a small rudder wherever the pilot wants to go.



Colossians 4:6 Let your conversations be always full of grace, seasoned with salt, so that you may know how to answer everyone.

#### James 3:5-6

Likewise, the tongue is a small part of the body, but it makes great boasts. Consider what a great forest is set on fire by a small spark. The tongue also is a fire, a world of evil among the parts of the body. It corrupts the whole body, sets the whole course of one's life on fire, and is itself set on fire by hell.

## Proverbs 18:21 The tongue has the power of life and death, and those who love it will eat its fruit.

#### John Gottman 5:1 Ratio

For every negative thing we hear about ourselves, we essentially need 5 positive things to help lessen the negative impact.

Proverbs 12:18 The words of the reckless pierce like swords, but the tongue of the wise brings healing.

James 3:7-8 All kinds of animals, birds, reptiles and sea creatures are being tamed and have been tamed by mankind, but no human being can tame the tongue. It is a restless evil, full of deadly poison.

#### James 3:9-12

With the tongue we praise our Lord and Father, and with it we curse human beings, who have been made in God's likeness. Out of the same mouth comes praise and cursing. My brothers and sisters, this should not be.

Can both fresh water and salt water flow from the same spring? My bothers and sisters, can a fig tree bear olives, or a grapevine bear figs? Neither can a salt spring produce fresh water.

# 1. When do we stay silent?

Ecclesiastes 3:7
There is time to speak and a time to be silent.

- If you haven't verified the story. Deuteronomy 17:6

- If you don't have all the facts. Proverbs 18:13

- If the issue is none of your business.

1 Thessalonians 4:11

- If you are tempted to joke about sin. Proverbs 14:9 - If you would be ashamed of your words later.

Proverbs 8:8

- If your words will damage someones reputation.

Proverbs 25:10 & Psalm 15:3

- If your words will become a stumbling block.

**Romans 14:13** 

- If you can't speak without yelling. Proverbs 15:1

- In the heat of anger. Proverbs 29:8-11

# 2. We need to work on guarding our hearts and filling it with God's word.

Matthew 12:34
From out of the overflow of our heart, the mouth speaks.

## Proverbs 4:23 Above all else guard your heart for everything you do flows from it.

# 1. Stay silent when you should stay silent.

2. Work guarding our hearts and filling our hearts with God's word.