

# Sitting at the Feet of Jesus

Luke 24

## Luke 24:1-7

On the first day of the week, very early in the morning, the women took the spices they had prepared and went to the tomb. They found the stone rolled away from the tomb, but when they entered, they did not find the body of the Lord Jesus.

While they were wondering about this, suddenly two men in clothes that gleamed like lightening stood beside them.

In their fright the women bowed down with their faces to the ground. But the men said to them, “Why do you look for the living among the dead? He is not here; he has risen!!!”

**“Remember how he told you,  
while he was still with you in  
Galilee, “The Son of Man must  
be delivered over to the hands  
of sinners, be crucified and on  
the third day be raised again.”**

**Then they remembered his  
words.**



**Luke 9:22**

**And he said, “The Son of Man must suffer many things and be rejected by the elders, the chief priests and the teachers of the law, and he must be killed on the third day be raised to life.”**

## Luke 24:11

They did not believe the women because their words seemed to them like nonsense. Peter however got up and ran to the tomb. Bending over, he saw the strips of linen lying by themselves and he went away wondering to himself what had happened.

## Luke 24:13-16

Now that same day two of them were going to a village called Emmaus about seven miles from Jerusalem. They were talking with each other about everything that had happened. As they talked and discussed these things with each other, Jesus himself came up and walked along with them. But they were kept from recognizing him.

## Luke 24:17-27

He asked them, “What are you discussing together as you walk along?”

They stood still, their faces downcast. One of them named Cleopas asked him, “Are you the only one visiting Jerusalem who does not know the things that have happened there in these days?”

**“What things?” He asked.**

**“About Jesus of Nazareth,” they replied, “he was a prophet, powerful in word and deed before God and all the people. The chief priests and our rulers handed him over to be sentenced to death and they crucified him. But we had hoped he was the one who was going to redeem Israel.**

**“What is more, it is the third day since all this took place. In addition some of our women amazed us. They went to the tomb early this morning. But they didn’t find his body. They came and told us that they had seen a vision of angels who said he was alive. Then some of our companions went to the tomb and found it just as the women had said. But they did not see Jesus.”**

He said to them, “How foolish you are, and how slow to believe all that the prophets have spoken! Did not the Messiah have to suffer these things and then enter his glory? And beginning with Moses and all the prophets, he explained to them what was said in all the Scriptures concerning himself.”

## Luke 24:36-40

While they were still talking about this, Jesus himself stood among them and said to them, “Peace be with you.”

They were startled and frightened thinking they saw a ghost. He said to them, why are you troubled and why do doubts rise in your minds? Look at my hands and my feet. It is I - myself! Touch me and see, a ghost does not have flesh and bones as you see I have.”



When he said this, he showed them his hands and feet. And while they still did not believe because of joy and amazement, he asked them, “Do you have anything here to eat?” They gave him a piece of broiled fish, and he took it and ate it in their presence.

Every single person in this chapter who had witnessed Jesus' death was grieving, discouraged or scared.

None of them had believed Jesus would resurrect even though Jesus had already told them it would.

**1. Your view of God  
shifts your  
expectations.**

**How do you view God  
and how do you let that  
shape your faith?**

**2. Take God at His  
word.**

**Remember His  
Promises.**

## Jeremiah 31:33

But this is the covenant that I will make with the house of Israel, “After those days declares the Lord, I will put my law within them, and on their hearts I will write it. I will be their God and they will be my people.”

a. Surround yourself with people who will encourage you with the word and help to remind you of God's promises.

**b. Get the word of  
God into our hearts.**

**Make a plan!**

**Romans 8:28**

**“And we know that in all things God works for the good of those who love Him who have been called according to His purpose.”**

**Isaiah 41:10**

**“So do not fear, for I am with you.”**

**James 4:8**

**“Come near to God and He will come near to you.”**



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