

**Cross-Contamination:**

At OAKBERRY, we take the safety and dietary needs of our customers very seriously. While we strive to ensure that our products are free from allergens not listed in the ingredients, please be aware that cross-contamination may occur, as our facilities handle a variety of allergens, including but not limited to peanuts, tree nuts, dairy, gluten, and seeds.

**Important Notice:**

- Peanuts: Many of our products contain peanuts, and although we implement stringent cleaning protocols, there is a risk of cross-contamination with other products.
- Tree Nuts: Products containing almonds, cashews, and other tree nuts are processed in the same facilities, increasing the risk of cross-contamination.
- Dairy and Gluten: Dairy and gluten-containing products are also handled in our facilities.

If you have a severe allergy, we recommend that you exercise caution and consult with our staff before consuming our products.

We appreciate your understanding and are committed to providing a safe and enjoyable experience for all our customers.

**Disclaimer:**

At OAKBERRY Ireland, we strive to ensure the accuracy of all product, pricing, and nutritional information provided. However, as we are not the manufacturers of these products, the information we share relies on the accuracy and completeness of the data supplied to us by our suppliers.

As such, we cannot accept liability for any inaccuracies or errors in the product information on this site and are not responsible for any omissions or incorrect details. Please be aware that from time to time, suppliers may change product formulations or ingredients without notifying us immediately, which may lead to temporary inaccuracies in the information provided.

For this reason, we strongly recommend that you always check the product packaging for the most up-to-date information before using or consuming any products, rather than relying solely on the information available on this site. Please also refer to our terms and conditions.

OAKBERRY Ireland - Allergens Information (Last Updated 28.08.2024)

Product	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Nuts	Celery	Mustard	Sesame Seeds	Sulphites	Lupin	Molluscs
	Wheat, rye, barley, oats, and their hybridised strains.	Includes crabs, prawns, lobsters, and other shellfish.	Found in all forms, including as an ingredient in baked goods and other foods.	All types of fish and products containing fish protein.	Groundnuts and products containing peanut protein.	Includes soy protein, soy flour, and all soy-derived products.	Includes all dairy products from mammals, such as cows, goats, and sheep.	Almonds, hazelnuts, walnuts, pecans, Brazil nuts, pistachios, cashews, and macadamia nuts.	Includes celery stalks, leaves, seeds, and root (celeriac).	Mustard seeds, mustard flour, and prepared mustard.	Includes whole sesame seeds and sesame seed products.	Preservatives used in dried fruits, wines, and some processed foods, at concentrations above 10 mg/kg or 10 mg/L.	Seeds and flour derived from lupin plants.	Includes mussels, clams, oysters, squid, and other shellfish.
<b>Menu Items</b>														
Açaí	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Collagen Pro+	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Granola 275g	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Granola (Keto 1.5kg)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Oak Bars Banana	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Oak Bars Coconut	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Oak Bars Peanut Butter	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Oak Matcha	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Paç Oak	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pacoca Zero 1KG	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Peanut Butter 500gm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sparkling Water	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Still Water	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
VIT-HIT Mango	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
VIT-HIT Pink	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
VIT-HIT Raspberry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Whey Protein 1KG	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Signature Smoothies</b>														
Crunchy Berries	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hydration Booster	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Power Punch	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Purple Fuel	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tropical Beats	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Very Berry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Signature Bowls</b>														
Crunchy Bowl	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
The Original	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Toppings</b>														
Almonds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Banana	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Blueberries	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cacao Nibs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cashews	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Chia Pudding	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Chia Seeds	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Coconut Flakes	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Condensed Milk	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Goji Berries	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Creamed Coconut	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Granola	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Menu Item	Ingredients	Allergens	Notes
Açaí	Açaí Pulp, Water, Sugar, Agave Syrup	None	No allergens
Almonds	Almonds	Nuts, Peanuts	Contains Nuts, may contain peanuts
Alpro Almond Milk	Water, Almonds	Almonds, Nuts	Contains Almonds, May contain traces of other nuts
Alpro Coconut Milk	Water, Coconut, Soya Beans	Nuts, Soy	May contain traces of nuts also. No peanuts.
Americano	Americano	None	No allergens
Banana	Banana	None	No allergens
Blueberries	Blueberries	None	No allergens
Cacao Nibs	Cacao	Milk	Contains Milk
Cappuccino	Espresso, Milk	Milk	Contains Milk
Califa Farms Oat Barista Blend	Oat Drink (Water, Oats (10%)), Rapeseed Oil, Acidity Regulator (Dipotassium Phosphate), Calcium Carbonate, Tricalcium Phosphate, Sea Salt	Gluten, Soyabeans, Nuts	Contains Gluten, May contain Soy and Nuts
Caramel Syrup	Sugar, Water, Caramel Flavour	None	No allergens
Cashews	Cashews	Nuts, Peanuts	Contains Nuts, may contain peanuts
Chia Pudding	Chia Seeds	Milk, Gluten, nuts, Sesame Seeds, Sulphites	Contains Chia Seeds, Milk. May contain gluten, nuts, sesame seeds, sulphites
Chia Seeds	Chia Seeds	Gluten, nuts, Sesame Seeds, Sulphites	May contain gluten, nuts, sesame seeds, sulphites
Coconut Flakes	Coconut	Sulphites, Gluten, Nuts, Sesame Seeds	Contains Sulphites. May contain Gluten, Nuts, Sesame Seeds
Collagen Pro+	Hyrdolised Collagen Peptides, D-Biotin	Milk (Eggs, Soy & Nuts possible also)	Contains Milk, made in factory with exposure to eggs, soy, and nuts.
Condensed Milk	Milk, Sugar	Milk	Contains Milk
Creamed Coconut	Coconut	None	No allergens
Espresso	Espresso	None	No allergens
Flat White	Espresso, Milk	Milk	Contains Milk
Goji Berries	Goji Berries	None	No allergens
Granola 275g	Wholegrain Oat Flakes, Nuts	Gluten, Nuts, sesame seeds, peanuts, soy, milk	Contains Gluten (oats), Nuts (cashew nuts, almonds, hazelnuts, walnuts), sesame seeds, peanuts, soy, dairy
Harrys Coco Buzz	Peanuts, Hazlenuts, Coconut Oil, Sunflower Oil, Cacao Nibs, Cocoa Powder, Salt	Nuts, Peanuts	Nuts, Peanuts

<b>Menu Item</b>	<b>Ingredients</b>	<b>Allergens</b>	<b>Notes</b>
Hemp	Hemp	None	No allergens
Honey	Honey	None	Contains Honey
Hot Chocolate	Cocoa Powder, Sugar	Milk	May contain Milk
Iced Coffee	Espresso, Milk, Ice	Milk	Contains Milk
Keto Granola	Nuts, Seeds	Nuts, Seeds	Contains Nuts, Seeds
Kiwi	Kiwi	None	No allergens
Latte	Espresso, Milk	Milk	Contains Milk
Mango Puree	Mango Puree	None	No allergens
Milk Powder	Milk Solids, Lactose, Whey Powder	Milk	Contains Milk
Mocha	Espresso, Chocolate, Milk	Milk	Contains Milk
Nido	Powdered Milk	Milk	Contains Milk
Oak Bars Banana	zero milk chocolate-flavored protein coating, zero-flavored OAKBERRY paçoca, protein blend (calcium caseinate, isolated soy protein, isolated whey protein), oat granola with coconut sugar, maltitol, peanuts, sweet pasty banana, dehydrated dates, cassava isomalto-oligosaccharide, milk from coconut powder, glycerin, coconut oil, acacia gum, emulsifier: soy lecithin (INS 322), vitamin E, sodium chloride, natural identical flavoring, natural sweetener: stevia, preservatives: potassium sorbate and sodium benzoate.	Peanuts, Nuts, Milk, Soy	Contains Peanuts, Milk, Soy. May contain traces of other nuts

Menu Item	Ingredients	Allergens	Notes
Oak Bars Coconut	zero white chocolate flavored OAKBERRY paçoca, zero açaí flavored paçoca, protein blend (calcium caseinate, isolated soy protein, isolated whey protein), maltitol, peanuts, protein ganache zero coconut flavor, dehydrated dates, cassava isomaltooligosaccharide, coconut flakes, powdered coconut milk, glycerin, coconut oil, acacia gum, emulsifier: soy lecithin (INS 322), vitamin E, sodium chloride, flavoring identical to natural, natural sweetener: stevia, preservatives: potassium sorbate and sodium benzoate.	Peanuts, Nuts, Milk, Soy	Contains Peanuts, Milk, Soy. May contain traces of other nuts
Oak Bars Peanut Butter	zero milk chocolate-flavored protein coating, zero-flavored OAKBERRY paçoca, protein blend (calcium caseinate, isolated soy protein, isolated whey protein), maltitol, peanuts, protein ganache zero peanut flavor, dehydrated dates, cassava isomaltooligosaccharide, powdered coconut milk, biscuit ground zero peanut flavor, glycerin, coconut oil, acacia gum, emulsifier: soy lecithin (INS 322), vitamin E, sodium chloride, natural identical flavoring, natural sweetener: stevia, preservatives: potassium sorbate and sodium benzoate.	Peanuts, Nuts, Milk, Soy	Contains Peanuts, Milk, Soy. May contain traces of other nuts

Menu Item	Ingredients	Allergens	Notes
Oak Matcha	Carbonated water, açai extract, green coffee (containing 90.00mg of caffeine per 269ml), Matcha Green Tea (Camellia sinensis), citric acid, conservative sodium benzoate and potassium sorbate, aroma similar to natural açai, sweetener acesulfame potassium (11.3mg) and sucralose (5.5mg) per 100ml, sodium citrate acidity regulator and EDTA disodium sequestrant.	None	
Oat Drink	Water, Oats	Gluten	Contains Oats (Gluten > 20ppm)
Paç Oak	Nuts	Nuts	Contains Nuts
Pacoca	Peanut, Maltodextrin, Natural Sorbitol Sweetener (INS 420), Dehydrated Acai powder, Salt, Aroma Identical to the natural of Açai and Artificial Sweetener Sucralose (INS 955).	Peanuts	Contains Peanuts, may contain milk traces
Pacoca Zero 1KG	Peanuts, Maltodextrin, Natural Sweetener Sorbitol (INS 420), Salt and Artificial Sweetener Sucralose (INS 955)	Peanuts	Contains Peanuts
Panna Water	Natural Mineral Water	None	No allergens
Peanut Butter	Peanuts, Salt	Peanuts, Nuts	Contains Peanuts, May contain traces of other nuts
Peanut Butter 500gm	Peanuts	Peanuts	Contains Peanuts
Peanuts	Peanuts	Peanuts	Contains Peanuts
Powdered Milk (For Chia pudding)	Milk, glucose	Milk	Milk
Premium Granola	Wholegrain Oats, Nuts	Gluten, Nuts	Contains Gluten (oats), Nuts
Pumpkin Seeds	Pumpkin Seeds	None	No allergens
Raspberries	Raspberries	None	No allergens
S. Pellegrino Water	Natural Mineral Water, Carbon Dioxide	None	No allergens
Simple Granola	Wholegrain Oats, Nuts	Gluten, Nuts	Contains Gluten (oats), Nuts
Sparkling Water	Carbonated Natural Mineral Water	None	No allergens
Still Water	Still Natural Mineral Water	None	No allergens

Menu Item	Ingredients	Allergens	Notes
Strawberries	Strawberries	None	No allergens
Sunflower Seeds	Sunflower Seeds	None	No allergens
Vanilla Syrup	Sugar, Water, Vanilla Flavour	None	No allergens
VIT-HIT Mango	Water, Fruit Juice Concentrates	None	No allergens
VIT-HIT Pink	Water, Fruit Juice Concentrates	None	No allergens
VIT-HIT Raspberry	Water, Fruit Juice Concentrates	None	No allergens
Whey Protein	Whey Protein	Milk (Eggs, Soy & Nuts possible also)	Contains Milk, made in factory with exposure to eggs, soy, and nuts.
White Sugar	White Sugar	None	No allergens
Yogurt	Milk, Live Cultures	Milk	Contains Milk

**NEW SIGNATURE SMOOTHIES RECIPES**

		500ml
TROPICAL BEATS	Açai	300g
	Kiwi	50g
	Strawberries	50g
	Turmeric	1/2 Teaspoon
	Water	70ml
VERY BERRY	Açai	300g
	Berry Mix	100g
	Coconut Water	100ml
POWER PUNCH	Açai	250g
	Paçoca	15g
	Whey Protein	15g
	Banana	100g
	Water	100ml
HYDRATION BOOSTER	Açai	300g
	Coconut Milk	100g
	Ginger	1 Teaspoon
	Water	100ml



Menu Item	Ingredients	Allergens	Notes
CRUNCHY BERRIES	Açai	300g	
	Berry Mix	100g	
	Paçoca	35g	
	Water	100ml	
PURPLE FUEL	Açai	300g	
	Paçoca	35g	
	Banana	100g	
	Coconut Water	100ml	