



CROSS-CONTAMINATION DISCLAIMER



At OAKBERRY, we take the safety and dietary needs of our customers very seriously. While we strive to ensure that our products are free from allergens not listed in the ingredients, please be aware that cross-contamination may occur, as our facilities handle a variety of allergens, including but not limited to peanuts, tree nuts, dairy, gluten, and seeds.


Important Notice:

- **Peanuts:** Many of our products contain peanuts, and although we implement stringent cleaning protocols, there is a risk of cross-contamination with other products.
- **Tree Nuts:** Products containing almonds, cashews, and other tree nuts are processed in the same facilities, increasing the risk of cross-contamination.
- **Dairy and Gluten:** Dairy and gluten-containing products are also handled in our facilities.


If you have a severe allergy, we recommend that you exercise caution and consult with our staff before consuming our products.

We appreciate your understanding and are committed to providing a safe and enjoyable experience for all our customers.


OAKBERRY Ireland - Allergens Information (Last Updated 19.06.2025) - A ticked box indicates an allergen present in that item line.

Product	1.Gluten				2.Crustaceans	3.Eggs	4.Fish	5.Peanuts	6.Soybeans	7.Milk	8.Tree Nuts	9.Celery	10.Mustard	11.Sesame Seeds	12.Sulphites	13.Lupin	14.Molluscs	
	Wheat	Rye	Barley	Oats	Includes crabs, prawns, lobsters, and other shellfish.	Found in all forms, including as an ingredient in baked goods and other foods.	All types of fish and products containing fish protein.	Groundnuts and products containing peanut protein.	Includes soy protein, soy flour, and all soy-derived products.	Includes all dairy products from mammals, such as cows, goats, and sheep.	Almonds(A), Hazelnuts(H), Walnuts(W), Pecans(Pe), Brazil Nuts(B), Pistachios(Pi), Cashews(C), and Macadamia Nuts (M).	Tree Nut Source (If Present). ALL may refer to traces and/or potential for contamination / exposure to nuts in production factories.	Includes celery stalks, leaves, seeds, and root (celeriac).	Mustard seeds, mustard flour, and prepared mustard.	Includes whole sesame seeds and sesame seed products.	Preservatives used in dried fruits, wines, and some processed foods, at concentrations above 10 mg/kg or 10 mg/L.	Seeds and flour derived from lupin plants.	Includes mussels, clams, oysters, squid, and other shellfish.
NEW Menu Items																		
Coconut Syrup (Monin)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Creamy Oat Organic (Oatly)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Oat Drink Barista Edition (Oatly)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Granola (Maynooth Only)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Almonds. May Contain Traces of Other Tree Nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Roasted Hazelnut Syrup (Monin)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Hazelnuts. May Contain Traces of Other Tree Nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sesame Seeds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	!	May Contain Tree Nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Vanilla Syrup (Monin)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
For additional ingredient notes and information, please scan the QR code on page 1 of this guide																		


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Product	1.Gluten				2.Crustaceans	3.Eggs	4.Fish	5.Peanuts	6.Soybeans	7.Milk	8.Tree Nuts	9.Celery	10.Mustard	11.Sesame Seeds	12.Sulphites	13.Lupin	14.Molluscs	
	Wheat	Rye	Barley	Oats	Includes crabs, prawns, lobsters, and other shellfish.	Found in all forms, including as an ingredient in baked goods and other foods.	All types of fish and products containing fish protein.	Groundnuts and products containing peanut protein.	Includes soy protein, soy flour, and all soy-derived products.	Includes all dairy products from mammals, such as cows, goats, and sheep.	Almonds(A), Hazelnuts(H), Walnuts(W), Pecans(Pe), Brazil Nuts(B), Pistachios(Pi), Cashews(C), and Macadamia Nuts (M).	Tree Nut Source (If Present). ALL may refer to traces and/or potential for contamination / exposure to nuts in production factories.	Includes celery stalks, leaves, seeds, and root (celeriac).	Mustard seeds, mustard flour, and prepared mustard.	Includes whole sesame seeds and sesame seed products.	Preservatives used in dried fruits, wines, and some processed foods, at concentrations above 10 mg/kg or 10 mg/L.	Seeds and flour derived from lupin plants.	Includes mussels, clams, oysters, squid, and other shellfish.
Menu Items																		
Açaí	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Collagen Pro+	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Eggs	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Soy	<input checked="" type="checkbox"/>	!	May Contain Tree Nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Granola (Premium 275g)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Granola (Keto 275g)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Peanuts	May Contain Soy	May Contain Dairy Products & Lactose	<input checked="" type="checkbox"/>	A,W. Traces of All Other Tree Nuts Also	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	May Contain Sulphites	<input type="checkbox"/>	<input type="checkbox"/>
OAK Bars Banana	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	ALL	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
OAK Bars Chocolate Praline	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	!	Manufactured on equipment that processes nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
OAK Bars Coconut	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Oats	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	!	May Contain Tree Nuts: A, H, C, B, W	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
OAK Bars Crispy Vanilla	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	!	Manufactured on equipment that processes nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
OAK Bars Crunchy Strawberry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	!	Manufactured on equipment that processes nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>


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	Wheat	Rye	Barley	Oats	Includes crabs, prawns, lobsters, and other shellfish.	Found in all forms, including as an ingredient in baked goods and other foods.	All types of fish and products containing fish protein.	Groundnuts and products containing peanut protein.	Includes soy protein, soy flour, and all soy-derived products.	Includes all dairy products from mammals, such as cows, goats, and sheep.	Almonds(A), Hazelnuts(H), Walnuts(W), Pecans(Pe), Brazil Nuts(B), Pistachios(Pi), Cashews(C), and Macadamia Nuts (M).	Tree Nut Source (If Present). ALL may refer to traces and/or potential for contamination / exposure to nuts in production factories.	Includes celery stalks, leaves, seeds, and root (celeriac).	Mustard seeds, mustard flour, and prepared mustard.	Includes whole sesame seeds and sesame seed products.	Preservatives used in dried fruits, wines, and some processed foods, at concentrations above 10 mg/kg or 10 mg/L.	Seeds and flour derived from lupin plants.	Includes mussels, clams, oysters, squid, and other shellfish.
OAK Bars Peanut Butter	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Oats	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	!	May Contain Tree Nuts: A, H, C, B, W	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
OAK Matcha Cans	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Paç Oak	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	May Contain Milk	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pacoca Zero 1KG	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	May Contain Milk	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Peanut Butter 500gm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sparkling Water	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Still Water	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
VIT-HIT Mango	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
VIT-HIT Pink	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>


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	Wheat	Rye	Barley	Oats	Includes crabs, prawns, lobsters, and other shellfish.	Found in all forms, including as an ingredient in baked goods and other foods.	All types of fish and products containing fish protein.	Groundnuts and products containing peanut protein.	Includes soy protein, soy flour, and all soy-derived products.	Includes all dairy products from mammals, such as cows, goats, and sheep.	Almonds(A), Hazelnuts(H), Walnuts(W), Pecans(Pe), Brazil Nuts(B), Pistachios(Pi), Cashews(C), and Macadamia Nuts (M).	Tree Nut Source (If Present). ALL may refer to traces and/or potential for contamination / exposure to nuts in production factories.	Includes celery stalks, leaves, seeds, and root (celeriac).	Mustard seeds, mustard flour, and prepared mustard.	Includes whole sesame seeds and sesame seed products.	Preservatives used in dried fruits, wines, and some processed foods, at concentrations above 10 mg/kg or 10 mg/L.	Seeds and flour derived from lupin plants.	Includes mussels, clams, oysters, squid, and other shellfish.
VIT-HIT Raspberry	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Whey Protein 1KG	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Eggs	<input type="checkbox"/>	May Contain Peanuts	May Contain Soy	<input checked="" type="checkbox"/>	!	May Contain Tree Nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Signature Smoothies																		
Blue Spirulina Signature Smoothie	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Matcha Signature Smoothie (with Almond Milk)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	A. May Contain Other Tree Nuts Also	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Matcha Signature Smoothie (with Oat Milk)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Power Punch Signature Smoothie	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Eggs	<input type="checkbox"/>	<input checked="" type="checkbox"/>	May Contain Soy	<input checked="" type="checkbox"/>	!	May Contain Tree Nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Super Glow Signature Smoothie	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Eggs	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	!	May Contain Tree Nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tropical Beats Signature Smoothie	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Very Berry Signature Smoothie	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	!	May Contain Tree Nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>


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	Wheat	Rye	Barley	Oats	Includes crabs, prawns, lobsters, and other shellfish.	Found in all forms, including as an ingredient in baked goods and other foods.	All types of fish and products containing fish protein.	Groundnuts and products containing peanut protein.	Includes soy protein, soy flour, and all soy-derived products.	Includes all dairy products from mammals, such as cows, goats, and sheep.	Almonds(A), Hazelnuts(H), Walnuts(W), Pecans(Pe), Brazil Nuts(B), Pistachios(Pi), Cashews(C), and Macadamia Nuts (M).	Tree Nut Source (If Present). ALL may refer to traces and/or potential for contamination / exposure to nuts in production factories.	Includes celery stalks, leaves, seeds, and root (celeriac).	Mustard seeds, mustard flour, and prepared mustard.	Includes whole sesame seeds and sesame seed products.	Preservatives used in dried fruits, wines, and some processed foods, at concentrations above 10 mg/kg or 10 mg/L.	Seeds and flour derived from lupin plants.	Includes mussels, clams, oysters, squid, and other shellfish.
Signature Bowls																		
Crunchy	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	A,C,H,Pi,W. May contain traces of other Tree Nuts Also	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fruity	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	May Contain Eggs	<input type="checkbox"/>	May Contain Peanuts	May Contain Soybeans	May Contain Milk/Dairy	<input checked="" type="checkbox"/>	ALL	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Sesame Seeds	May Contain Sulphites	<input type="checkbox"/>	<input type="checkbox"/>
Nutty	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Eggs	<input type="checkbox"/>	<input checked="" type="checkbox"/>	May Contain Soy	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	ALL	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Original	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	A,C,H,W. May contain traces of other Tree Nuts Also	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pistachio Cream	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Peanuts	May Contain Soy	<input checked="" type="checkbox"/>	!	ALL	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tiger	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	May Contain Eggs	<input type="checkbox"/>	<input checked="" type="checkbox"/>	May Contain Soy	<input checked="" type="checkbox"/>	!	ALL	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Sesame Seeds	May Contain Sulphites	<input type="checkbox"/>	<input type="checkbox"/>
Matcha Drinks																		
OG Matcha Latte (with Oat Milk)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
OG Matcha Latte (with Coconut Milk)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	!	May Contain Tree Nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>


OAKBERRY Ireland - Allergens Information (Last Updated 19.06.2025) - A ticked box indicates an allergen present in that item line.

Product	1.Gluten				2.Crustaceans	3.Eggs	4.Fish	5.Peanuts	6.Soybeans	7.Milk	8.Tree Nuts	9.Celery	10.Mustard	11.Sesame Seeds	12.Sulphites	13.Lupin	14.Molluscs	
	Wheat	Rye	Barley	Oats	Includes crabs, prawns, lobsters, and other shellfish.	Found in all forms, including as an ingredient in baked goods and other foods.	All types of fish and products containing fish protein.	Groundnuts and products containing peanut protein.	Includes soy protein, soy flour, and all soy-derived products.	Includes all dairy products from mammals, such as cows, goats, and sheep.	Almonds(A), Hazelnuts(H), Walnuts(W), Pecans(Pe), Brazil Nuts(B), Pistachios(Pi), Cashews(C), and Macadamia Nuts (M).	Tree Nut Source (If Present). ALL may refer to traces and/or potential for contamination / exposure to nuts in production factories.	Includes celery stalks, leaves, seeds, and root (celeriac).	Mustard seeds, mustard flour, and prepared mustard.	Includes whole sesame seeds and sesame seed products.	Preservatives used in dried fruits, wines, and some processed foods, at concentrations above 10 mg/kg or 10 mg/L.	Seeds and flour derived from lupin plants.	Includes mussels, clams, oysters, squid, and other shellfish.
OG Matcha Latte (with Low Fat Milk)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Blackberry Matcha Latte (with Oat Milk)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Blackberry Matcha Latte (with Coconut Milk)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	⚠	May Contain Tree Nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Blackberry Matcha Latte (with Low Fat Milk)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Jabuticba Matcha Lemonade	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Rhubarb & Custard Matcha Latte (with Oat Milk)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Rhubarb & Custard Matcha Latte (with Coconut Milk)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	⚠	May Contain Tree Nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Rhubarb & Custard Matcha Latte (with Low Fat Milk)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Strawberry Matcha Latte (with Oat Milk)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>


OAKBERRY Ireland - Allergens Information (Last Updated 19.06.2025) - A ticked box indicates an allergen present in that item line.																		
Product	1.Gluten				2.Crustaceans	3.Eggs	4.Fish	5.Peanuts	6.Soybeans	7.Milk	8.Tree Nuts		9.Celery	10.Mustard	11.Sesame Seeds	12.Sulphites	13.Lupin	14.Molluscs
	Wheat	Rye	Barley	Oats	Includes crabs, prawns, lobsters, and other shellfish.	Found in all forms, including as an ingredient in baked goods and other foods.	All types of fish and products containing fish protein.	Groundnuts and products containing peanut protein.	Includes soy protein, soy flour, and all soy-derived products.	Includes all dairy products from mammals, such as cows, goats, and sheep.	Almonds(A), Hazelnuts(H), Walnuts(W), Pecans(Pe), Brazil Nuts(B), Pistachios(Pi), Cashews(C), and Macadamia Nuts (M).	Tree Nut Source (If Present). ALL may refer to traces and/or potential for contamination / exposure to nuts in production factories.	Includes celery stalks, leaves, seeds, and root (celeriac).	Mustard seeds, mustard flour, and prepared mustard.	Includes whole sesame seeds and sesame seed products.	Preservatives used in dried fruits, wines, and some processed foods, at concentrations above 10 mg/kg or 10 mg/L.	Seeds and flour derived from lupin plants.	Includes mussels, clams, oysters, squid, and other shellfish.
Strawberry Matcha Latte (with Coconut Milk)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	!	May Contain Tree Nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Strawberry Matcha Latte (with Low Fat Milk)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Vanilla Matcha Latte (with Oat Milk)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Vanilla Matcha Latte (with Coconut Milk)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	!	May Contain Tree Nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Vanilla Matcha Latte (with Low Fat Milk)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Violet Cloud Matcha	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	!	May Contain Tree Nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Overnight Oats																		
Coconut Oats	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	ALL	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Crunchy Pistachio Choc Overnight Oats	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	ALL	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>


OAKBERRY Ireland - Allergens Information (Last Updated 19.06.2025) - A ticked box indicates an allergen present in that item line.																		
Product	1.Gluten				2.Crustaceans	3.Eggs	4.Fish	5.Peanuts	6.Soybeans	7.Milk	8.Tree Nuts		9.Celery	10.Mustard	11.Sesame Seeds	12.Sulphites	13.Lupin	14.Molluscs
	Wheat	Rye	Barley	Oats	Includes crabs, prawns, lobsters, and other shellfish.	Found in all forms, including as an ingredient in baked goods and other foods.	All types of fish and products containing fish protein.	Groundnuts and products containing peanut protein.	Includes soy protein, soy flour, and all soy-derived products.	Includes all dairy products from mammals, such as cows, goats, and sheep.	Almonds(A), Hazelnuts(H), Walnuts(W), Pecans(Pe), Brazil Nuts(B), Pistachios(Pi), Cashews(C), and Macadamia Nuts (M).	Tree Nut Source (If Present). ALL may refer to traces and/or potential for contamination / exposure to nuts in production factories.	Includes celery stalks, leaves, seeds, and root (celeriac).	Mustard seeds, mustard flour, and prepared mustard.	Includes whole sesame seeds and sesame seed products.	Preservatives used in dried fruits, wines, and some processed foods, at concentrations above 10 mg/kg or 10 mg/L.	Seeds and flour derived from lupin plants.	Includes mussels, clams, oysters, squid, and other shellfish.
Peanut Butter Overnight Oats	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	ALL	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Protein Overnight Oats (Proats)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	May Contain Eggs	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	ALL	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Toppings																		
Almonds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Peanuts	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	A	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Banana	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Blueberries	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cacao Nibs	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Peanuts	May Contain Soy	<input checked="" type="checkbox"/>	!	May Contain A,C,H,Pi,W	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Sesame Seeds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Cashews	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Peanuts	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	C	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Chia Pudding	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	ALL	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

OAKBERRY Ireland - Allergens Information (Last Updated 19.06.2025) - A ticked box indicates an allergen present in that item line.


Product	1.Gluten				2.Crustaceans	3.Eggs	4.Fish	5.Peanuts	6.Soybeans	7.Milk	8.Tree Nuts		9.Celery	10.Mustard	11.Sesame Seeds	12.Sulphites	13.Lupin	14.Molluscs
	Wheat	Rye	Barley	Oats	Includes crabs, prawns, lobsters, and other shellfish.	Found in all forms, including as an ingredient in baked goods and other foods.	All types of fish and products containing fish protein.	Groundnuts and products containing peanut protein.	Includes soy protein, soy flour, and all soy-derived products.	Includes all dairy products from mammals, such as cows, goats, and sheep.	Almonds(A), Hazelnuts(H), Walnuts(W), Pecans(Pe), Brazil Nuts(B), Pistachios(Pi), Cashews(C), and Macadamia Nuts (M).	Tree Nut Source (If Present). ALL may refer to traces and/or potential for contamination / exposure to nuts in production factories.	Includes celery stalks, leaves, seeds, and root (celeriac).	Mustard seeds, mustard flour, and prepared mustard.	Includes whole sesame seeds and sesame seed products.	Preservatives used in dried fruits, wines, and some processed foods, at concentrations above 10 mg/kg or 10 mg/L.	Seeds and flour derived from lupin plants.	Includes mussels, clams, oysters, squid, and other shellfish.
Chia Seeds	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	ALL	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Coconut Flakes (Dessicated)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	!	May Contain Tree Nuts	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Sesame Seeds	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Condensed Milk	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Goji Berries	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Granola (Simple)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Peanuts	May Contain Soybeans	May Contain Milk/Dairy	<input checked="" type="checkbox"/>	A,C,H,W. May Contain Traces of Other Tree Nuts	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Sesame Seeds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Granola (Irish Oat Honey Baked)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	May Contain Eggs	<input type="checkbox"/>	May Contain Peanuts	May Contain Soybeans	May Contain Milk	<input checked="" type="checkbox"/>	ALL	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Sulphites	<input type="checkbox"/>	<input type="checkbox"/>
Harrys Coco Buzz	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	H	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hemp	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Honey	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

OAKBERRY Ireland - Allergens Information (Last Updated 19.06.2025) - A ticked box indicates an allergen present in that item line.


Product	1.Gluten				2.Crustaceans	3.Eggs	4.Fish	5.Peanuts	6.Soybeans	7.Milk	8.Tree Nuts		9.Celery	10.Mustard	11.Sesame Seeds	12.Sulphites	13.Lupin	14.Molluscs
	Wheat	Rye	Barley	Oats	Includes crabs, prawns, lobsters, and other shellfish.	Found in all forms, including as an ingredient in baked goods and other foods.	All types of fish and products containing fish protein.	Groundnuts and products containing peanut protein.	Includes soy protein, soy flour, and all soy-derived products.	Includes all dairy products from mammals, such as cows, goats, and sheep.	Almonds(A), Hazelnuts(H), Walnuts(W), Pecans(Pe), Brazil Nuts(B), Pistachios(Pi), Cashews(C), and Macadamia Nuts (M).	Tree Nut Source (If Present). ALL may refer to traces and/or potential for contamination / exposure to nuts in production factories.	Includes celery stalks, leaves, seeds, and root (celeriac).	Mustard seeds, mustard flour, and prepared mustard.	Includes whole sesame seeds and sesame seed products.	Preservatives used in dried fruits, wines, and some processed foods, at concentrations above 10 mg/kg or 10 mg/L.	Seeds and flour derived from lupin plants.	Includes mussels, clams, oysters, squid, and other shellfish.
Keto Granola	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Peanuts	May Contain Soy	May Contain Milk/Dairy	<input checked="" type="checkbox"/>	A,W/Traces Of All Tree Nuts Also	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	May Contain Sulphites	<input type="checkbox"/>	<input type="checkbox"/>
Kiwi	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mango Puree	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Milk Powder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pacoca	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	May Contain Milk/Dairy	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Peanut Butter	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	!	May Contain Tree Nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Peanuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	!	May Contain Tree Nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pistachio Cream	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Peanuts	<input type="checkbox"/>	<input type="checkbox"/>	!	May Contain Almonds & Hazelnuts	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Sesame Seeds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Premium Granola	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

OAKBERRY Ireland - Allergens Information (Last Updated 19.06.2025) - A ticked box indicates an allergen present in that item line.																		
Product	1.Gluten				2.Crustaceans	3.Eggs	4.Fish	5.Peanuts	6.Soybeans	7.Milk	8.Tree Nuts		9.Celery	10.Mustard	11.Sesame Seeds	12.Sulphites	13.Lupin	14.Molluscs
	Wheat	Rye	Barley	Oats	Includes crabs, prawns, lobsters, and other shellfish.	Found in all forms, including as an ingredient in baked goods and other foods.	All types of fish and products containing fish protein.	Groundnuts and products containing peanut protein.	Includes soy protein, soy flour, and all soy-derived products.	Includes all dairy products from mammals, such as cows, goats, and sheep.	Almonds(A), Hazelnuts(H), Walnuts(W), Pecans(Pe), Brazil Nuts(B), Pistachios(Pi), Cashews(C), and Macadamia Nuts (M).	Tree Nut Source (If Present). ALL may refer to traces and/or potential for contamination / exposure to nuts in production factories.	Includes celery stalks, leaves, seeds, and root (celeriac).	Mustard seeds, mustard flour, and prepared mustard.	Includes whole sesame seeds and sesame seed products.	Preservatives used in dried fruits, wines, and some processed foods, at concentrations above 10 mg/kg or 10 mg/L.	Seeds and flour derived from lupin plants.	Includes mussels, clams, oysters, squid, and other shellfish.
Pumpkin Seeds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Raspberries	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Strawberries	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Sunflower Seeds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Whey Protein	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Eggs	<input type="checkbox"/>	May Contain Peanuts	May Contain Soy	<input checked="" type="checkbox"/>	!	May Contain Tree Nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yoghurt (Natural)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Yoghurt (Strawberry)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	!	Prepared in an area which uses nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
OAKOFFEE																		
Americano	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>


OAKBERRY Ireland - Allergens Information (Last Updated 19.06.2025) - A ticked box indicates an allergen present in that item line.

Product	1.Gluten				2.Crustaceans	3.Eggs	4.Fish	5.Peanuts	6.Soybeans	7.Milk	8.Tree Nuts		9.Celery	10.Mustard	11.Sesame Seeds	12.Sulphites	13.Lupin	14.Molluscs
	Wheat	Rye	Barley	Oats	Includes crabs, prawns, lobsters, and other shellfish.	Found in all forms, including as an ingredient in baked goods and other foods.	All types of fish and products containing fish protein.	Groundnuts and products containing peanut protein.	Includes soy protein, soy flour, and all soy-derived products.	Includes all dairy products from mammals, such as cows, goats, and sheep.	Almonds(A), Hazelnuts(H), Walnuts(W), Pecans(Pe), Brazil Nuts(B), Pistachios(Pi), Cashews(C), and Macadamia Nuts (M).	Tree Nut Source (If Present). ALL may refer to traces and/or potential for contamination / exposure to nuts in production factories.	Includes celery stalks, leaves, seeds, and root (celeriac).	Mustard seeds, mustard flour, and prepared mustard.	Includes whole sesame seeds and sesame seed products.	Preservatives used in dried fruits, wines, and some processed foods, at concentrations above 10 mg/kg or 10 mg/L.	Seeds and flour derived from lupin plants.	Includes mussels, clams, oysters, squid, and other shellfish.
Cappuccino	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Espresso	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Flat White	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hot Chocolate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Iced Coffee	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Latte	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mocha	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Vietnamese Iced Latte	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other Items																		


OAKBERRY Ireland - Allergens Information (Last Updated 19.06.2025) - A ticked box indicates an allergen present in that item line.

Product	1.Gluten				2.Crustaceans	3.Eggs	4.Fish	5.Peanuts	6.Soybeans	7.Milk	8.Tree Nuts		9.Celery	10.Mustard	11.Sesame Seeds	12.Sulphites	13.Lupin	14.Molluscs
	Wheat	Rye	Barley	Oats	Includes crabs, prawns, lobsters, and other shellfish.	Found in all forms, including as an ingredient in baked goods and other foods.	All types of fish and products containing fish protein.	Groundnuts and products containing peanut protein.	Includes soy protein, soy flour, and all soy-derived products.	Includes all dairy products from mammals, such as cows, goats, and sheep.	Almonds(A), Hazelnuts(H), Walnuts(W), Pecans(Pe), Brazil Nuts(B), Pistachios(Pi), Cashews(C), and Macadamia Nuts (M).	Tree Nut Source (If Present). ALL may refer to traces and/or potential for contamination / exposure to nuts in production factories.	Includes celery stalks, leaves, seeds, and root (celeriac).	Mustard seeds, mustard flour, and prepared mustard.	Includes whole sesame seeds and sesame seed products.	Preservatives used in dried fruits, wines, and some processed foods, at concentrations above 10 mg/kg or 10 mg/L.	Seeds and flour derived from lupin plants.	Includes mussels, clams, oysters, squid, and other shellfish.
Alpro Almond Milk	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	A. May Contain Other Tree Nuts Also	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Alpro Coconut Milk	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Tree Nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Alpro Plain Yoghurt with Coconut	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Tree Nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Alpro Soya (Barista)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bewley's Fairtrade Academy Blend No. 99 Beans	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Califa Farms Oat Barista	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Soy	<input type="checkbox"/>	<input type="checkbox"/>	May Contain Nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Caramel Syrup	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Coconut Water (Vita Coco 100% Pure)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	May Contain Tree Nuts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dark Chocolate	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	May Contain Milk	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>


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Product	1.Gluten				2.Crustaceans	3.Eggs	4.Fish	5.Peanuts	6.Soybeans	7.Milk	8.Tree Nuts	9.Celery	10.Mustard	11.Sesame Seeds	12.Sulphites	13.Lupin	14.Molluscs	
	Wheat	Rye	Barley	Oats	Includes crabs, prawns, lobsters, and other shellfish.	Found in all forms, including as an ingredient in baked goods and other foods.	All types of fish and products containing fish protein.	Groundnuts and products containing peanut protein.	Includes soy protein, soy flour, and all soy-derived products.	Includes all dairy products from mammals, such as cows, goats, and sheep.	Almonds(A), Hazelnuts(H), Walnuts(W), Pecans(Pe), Brazil Nuts(B), Pistachios(Pi), Cashews(C), and Macadamia Nuts (M).	Tree Nut Source (If Present). ALL may refer to traces and/or potential for contamination / exposure to nuts in production factories.	Includes celery stalks, leaves, seeds, and root (celeriac).	Mustard seeds, mustard flour, and prepared mustard.	Includes whole sesame seeds and sesame seed products.	Preservatives used in dried fruits, wines, and some processed foods, at concentrations above 10 mg/kg or 10 mg/L.	Seeds and flour derived from lupin plants.	Includes mussels, clams, oysters, squid, and other shellfish.
Ground Turmeric (Country Range)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Oats (Flahavan's Porridge)	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Oatly Oat Drink	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Maple Syrup	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Matcha Ninja: Blue Ninja Butterfly Pea Flower Powder (Spirulina Substitute)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Monin Cloudy Lemonade	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Monin Vanilla Syrup	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Monin Rhubarb Puree	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Monin Blackberry Syrup	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

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Product	1.Gluten				2.Crustaceans	3.Eggs	4.Fish	5.Peanuts	6.Soybeans	7.Milk	8.Tree Nuts	9.Celery	10.Mustard	11.Sesame Seeds	12.Sulphites	13.Lupin	14.Molluscs
	Wheat	Rye	Barley	Oats	Includes crabs, prawns, lobsters, and other shellfish.	Found in all forms, including as an ingredient in baked goods and other foods.	All types of fish and products containing fish protein.	Groundnuts and products containing peanut protein.	Includes soy protein, soy flour, and all soy-derived products.	Includes all dairy products from mammals, such as cows, goats, and sheep.	Almonds(A), Hazelnuts(H), Walnuts(W), Pecans(Pe), Brazil Nuts(B), Pistachios(Pi), Cashews(C), and Macadamia Nuts (M). Tree Nut Source (If Present). ALL may refer to traces and/or potential for contamination / exposure to nuts in production factories.	Includes celery stalks, leaves, seeds, and root (celeriac).	Mustard seeds, mustard flour, and prepared mustard.	Includes whole sesame seeds and sesame seed products.	Preservatives used in dried fruits, wines, and some processed foods, at concentrations above 10 mg/kg or 10 mg/L.	Seeds and flour derived from lupin plants.	Includes mussels, clams, oysters, squid, and other shellfish.
Monin Jabuticaba Puree	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Monin Rhubarb Puree	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Monin Strawberry Syrup	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PerfectTed Matcha Powder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PerfectTed Ube Powder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
PerfectTed Pitaya Powder	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Vanilla Extract (Dr. Oetker)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
White Sugar	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Brown Sugar	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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Product	1.Gluten				2.Crustaceans	3.Eggs	4.Fish	5.Peanuts	6.Soybeans	7.Milk	8.Tree Nuts		9.Celery	10.Mustard	11.Sesame Seeds	12.Sulphites	13.Lupin	14.Molluscs
	Wheat	Rye	Barley	Oats	Includes crabs, prawns, lobsters, and other shellfish.	Found in all forms, including as an ingredient in baked goods and other foods.	All types of fish and products containing fish protein.	Groundnuts and products containing peanut protein.	Includes soy protein, soy flour, and all soy-derived products.	Includes all dairy products from mammals, such as cows, goats, and sheep.	Almonds(A), Hazelnuts(H), Walnuts(W), Pecans(Pe), Brazil Nuts(B), Pistachios(Pi), Cashews(C), and Macadamia Nuts (M).	Tree Nut Source (If Present). ALL may refer to traces and/or potential for contamination / exposure to nuts in production factories.	Includes celery stalks, leaves, seeds, and root (celeriac).	Mustard seeds, mustard flour, and prepared mustard.	Includes whole sesame seeds and sesame seed products.	Preservatives used in dried fruits, wines, and some processed foods, at concentrations above 10 mg/kg or 10 mg/L.	Seeds and flour derived from lupin plants.	Includes mussels, clams, oysters, squid, and other shellfish.
Sea Salt Flakes (Maldon)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Strathroy Whole Milk	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Strathroy Low Fat Milk	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

For additional ingredient notes and information, please scan the QR code on page 1 of this guide