## **Olympic Taekwondo Of Cheshire**

136 Elm St, Cheshire, CT 06410 Call 203-651-0270 www.otacheshire.com

| Belt Level        |   | Mon  | <u>Tues</u> | <u>Wed</u> | <u>Thurs</u> | <u>Fri</u> |
|-------------------|---|--|-------------|------------|--------------|------------|
| Little<br>Tiger   | Age 3-5   | 5:20   | 4:00        |            | 5:20         | 4:40       |
| Level 1           | Trial Children / None /<br>White / White-Yellow | 4:00   | 6:30        | 5:20       | 4:30         | 6:40       |
| Level 2           | Yellow / Yellow-Green /<br>Green / Green-Blue   | 6:00   | 4:30        | 4:40       | 5:50         |            |
| Level 3           | Blue / Blue-Red / Red /<br>Red-Yellow           | 6:40   | 5:10        | 4:00       | 6:30         | 5:20       |
| Level 4           | Red-Green / Red-Blue /<br>Red-Black Belt        | 4:40   | 5:50        | 6:40       | 7:10         |            |
| BLACK BELT        |   | 5:20   | 7:10        | 6:00       | 5:10         | 4:40       |
| TEEN & BLACK BELT |   | 7:20   |             | 7:20       |              | 7:20       |
| ADULT             |   |  | 7:40        |            | 7:40         | 7.20       |
| Sparring Class    |   | Children: Friday 6:00PM requiment full sparring gear |             |            |              |            |

## • Birthday Party -

Who betteer to help celebrate your child's birthday than the fun and enthusiastic master at our school? The party includes a higi energy class , Breaking board & game. Make your reservations early!

## • Demonstrations -

Demonstrations and group trial lessons are available upon request.

Please see an master if you are interested in a performance for school, church, scouts, or special groups.

- After School Program
- Day Camp / Summer Camp

