

IRISH BLESSING

On St. Partick's Day, pray this blessing as a family. Use it as copy work and give it to friends and family with a bag of green mints, homemade Irish soda bread, or chocolate gold coins.



An Irish Blessing

May the road rise to meet you, May the wind be always at your back.

May the sun shine warm upon your face,

The rains fall soft upon your fields.

And until we meet again, May God hold you in the palm of his hand.





Celebrate the luck of the Irish and St. Patrick's Day by doing some creative writing.

LIMERICK ACTIVITY

Limericks have 5 Lines with a rhyming scheme of AABBA. It also follows a syllabification of 8, 8, 5, 5, 8.

There once was a mom from Wahoo
Who didn't know what to do.
She needed insight
To help her kids write
So she called her best friend, Sue.

Sue knew exactly what to do
Because they hated writing too.
She said, "It's super quick.
Write a Limerick.
Watch them have a writing breakthrough!

There once was a	_ from
Who	
He/She	
And/But/Then	

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Hinky Pinky Poems & Puns

Hinky Pinky Puns are riddles that begin with a definition.

The answer is a pair of rhyming words.

What do you call a bashful insect?

A Shy Fly

What do you call a little horse?

A Bony Pony

What do you call a rude Scottish girl?

A Sassie Lassie

Solve Some

What do you call a humorous rabbit?

What do you call a wet puppy?

What do you call gloves for baby cats?

What do you call a chubby kitten?

Try Creating Your Own.

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IRISH SODA BREAD

This is a simple recipe for a classic Irish treat.

Ingredients

- 4 cups all-purpose flour
- 1/2 cup margarine or butter, softened
- 4 tablespoons white sugar
- 1 teaspoon baking soda
- 1 tablespoon baking powder
- 1/2 teaspoon salt
- 1 cup buttermilk
- 1 large egg
- 1/4 cup butter, melted
- 1/4 cup buttermilk



Directions

- 1. Preheat the oven to 375 degrees F. (190 degrees C). Lightly grease a large baking sheet.
- 2.Mix flour, softened margarine, sugar, baking soda, baking powder, and salt together in a large bowl. Stir in 1 cup of buttermilk and egg. Turn dough out onto a lightly floured surface and knead slightly. Form dough into a round loaf and place on the prepared baking sheet. Note that the dough will be a little sticky.
- 3. Combine melted butter with 1/4 cup buttermilk in a small bowl; brush loaf with this mixture. Use a sharp knife to cut an 'X' into the top of the loaf.
- 4.Bake in preheated oven until a toothpick inserted into the center of the loaf comes out clean, 45 to 50 minutes. Check for doneness after 30 minutes. You may continue to brush the loaf with the butter mixture while it bakes.

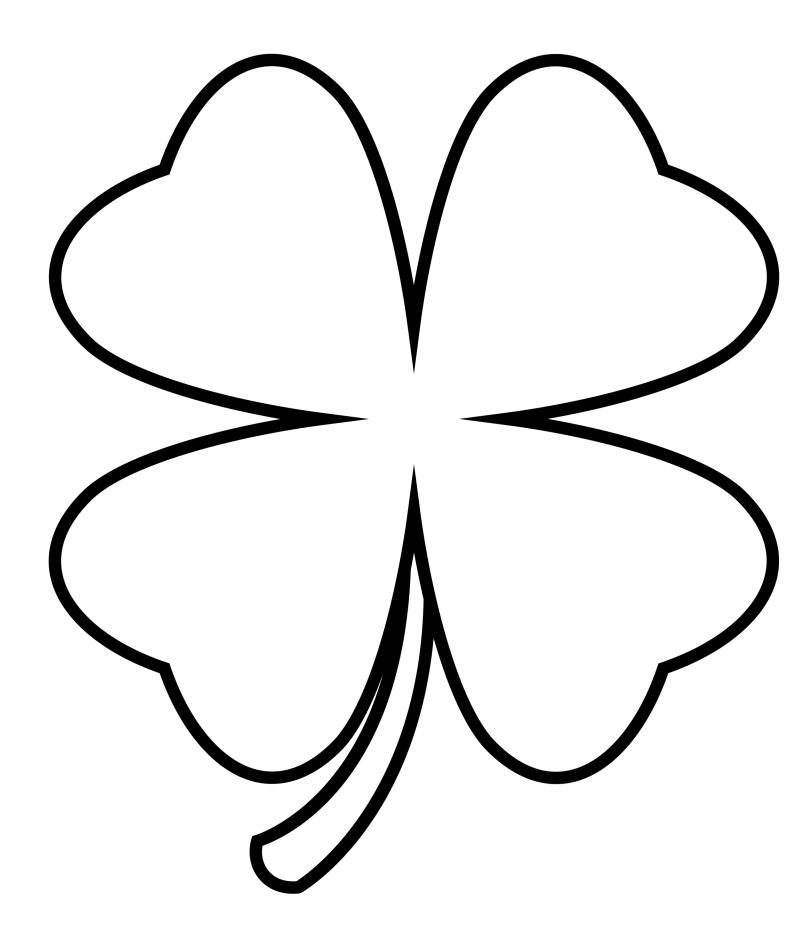
STAINED GLASS CLOVER

According to Christian beliefs, Saint Patrick used the shamrock to explain the Holy Trinity to Irish Christian converts. He used each leaf to represent the Father, Son, and Holy Spirit. The three leaves of the shamrock are also said to stand for faith, hope, and love.



Materials Needed

- Green and yellow tissue paper squares
- Black construction paper
- Clear contact paper
- Scissors
- Pencil
- Clover stencil (next page)



STAINED GLASS CLOVER

Directions

Cut out the clover outline. Place it on top of a piece of black construction paper. Trace the clover then cut it out about a 1/4″ inch bigger than the outline. Now you have a black construction paper clover.

Place your clover into the black clover, trace just the four leaves and cut out the inner part of your clover (no need to cut out anything from the stem). Now you have a black outline of the clover.

Lay out a clear unwrapped piece of contact paper with the sticky side up. Place your black clover outline in the center.

Begin sticking your tissue paper squares onto the clover until it's covered. Once it's covered, place another piece of clear contact paper sticky side down onto your stain glass clover. Press down onto your clover to make sure it's sealed up.

Cut off the excessive sticky paper so you only have the clover. Hang onto your window.



EDIBLE RAINBOW

Learn the colors of the rainbow while creating this mouth-watering, snack.

Fruit Loop Snack

Ingredients

- Fruit Loops
- Large marshmallows
- Wooden skewers



Directions

List the colors of the rainbow in order: red, orange, yellow, green, blue, indigo and violet. Use the ROYGBIV acronym to remember the order.

Sort the Fruit Loops into six piles according to color. (You will not have an indigo pile).

Hold the skewer upright. Add a large marshmallow to the bottom. This will be your puffy "cloud" (and it will keep the Fruit Loops on the skewer.

One by one, place a Fruit Loop through the skewer. Start with red. Then add an orange fruit loop. Next, add a yellow one. Continue with a blue and finish with a purple one. Continue adding Fruit Loops in order.

Leave enough space at the top for one more marshmallow. Enjoy!

RAINBOW DENSITY JAR

Density is the amount of mass per unit of volume. If an object is heavy and compact, it has a high density. Even though a ping pong ball and golf ball are the same shape and size, the golf ball is more dense.

Materials Needed

- A tall, see-through container
- Honey
- Light corn syrup
- Blue Dish soap like Dawn)
- Olive oil
- Water
- Rubbing alcohol
- A dropper
- Food coloring



Directions

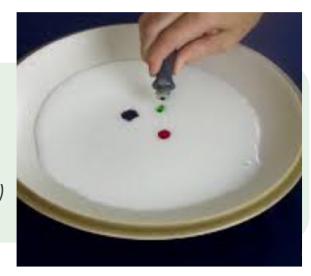
- 1. Pour honey into center of jar until around 34-inch tall
- 2. In a separate cup, mix around 1½ cups of corn syrup with red and blue food coloring together to create purple. Pour into the center of the mason jar.
- 3. Add blue dish soap about ¾-inch to one inch tall
- 4. Mix 1 cup of water with green food coloring and add it to the mixture.
- 5. Pour in a thick layer of olive oil
- 6. In a separate cup, mix around ½ to ¾ cup of rubbing alcohol with red food color, then use your dropper to drop it along the side of the container. Be careful to not break through the oil layer to prevent mixing with the food coloring from the water layer.
- 7. Now your rainbow is complete!

MAGIC MILK

In this classic magic milk experiment, kids learn about simple chemical reactions and physical properties using only a few ingredients.

Materials Needed

- Shallow bowl or plate
- Milk, blue dish soap
- Cotton swabs
- Food coloring (inexpensive works better than gel coloring)



Directions

- 1. Pour milk into a shallow dish or bowl, just enough to cover the bottom.
- 2. Add drops of food coloring all over the surface of the milk but keep them separate. Don't let them touch. We found 5 or 6 drops was plenty.
- 3. Dip the end of a cotton swab into a separate dish of blue soap.
- 4. With the cotton swab, lightly touch each drop of food coloring. Watch what happens!





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