



BOXED MEALS

Available for Delivery or Pick-up. For Orders - Call: 407-384-6060 or Email: info@vitalflair.com

(Minimum of 10 for delivery orders. No minimum for pick-up orders.)

No-Contact Deliveries are available upon request. Please give us a 24hr notice, as we prepare each meal to order. Delivery charge is based on zip code)

Box Lunch Sandwich *(Includes a gourmet cookie)*

(Choice of: Turkey & Provolone; Ham & Swiss; Beef & Cheddar) on assorted fresh baked breads with lettuce, tomato, pickle, condiments & utensils. Includes rotini pasta salad **or** red bliss potato salad..... **\$9.95**

Premium Box Lunch Wrap *(Includes a cheesecake brownie)*

(Choice of: turkey breast, roast beef or grilled chicken) Fresh flour tortillas with our signature dressing, lettuce, tomato and cheese. Includes pasta primavera salad and individual chips **\$10.50**

Premium Box Lunch Salads *(Includes a gourmet cookie)*

Black n Blue Steak Salad

Mixed greens, grape tomato, red onion, avocado, seared beef medallions, croutons, blue cheese crumbles and house vinaigrette..... **\$11.95**

Southwest Chicken Salad *(Includes a gourmet cookie)*

Mixed greens, black beans, corn, tomato, avocado, chicken breast and Ranch dressing..... **\$10.95**

Italian Chopped Salad *(Includes a gourmet cookie)*

Romaine lettuce, tomato, cucumber, chickpeas, pepperoncini, kalamata olives, salami, ham, pepperoni, shredded parmesan cheese and Italian dressing..... **\$10.50**

Grilled Chicken Greek Salad *(Includes a gourmet cookie)*

Romaine Lettuce with Chicken Breast, Tomatoes, Cucumbers, Kalamata Olives, Red Onions, Feta & Greek Dressing..... **\$10.95**

Grilled Chicken Pita *(Includes pasta salad and a cookie)*

Chilled grilled chicken breast, leaf lettuce, tabbouleh, tzatziki sauce & feta cheese on grilled pita..... **\$10.95**

California Turkey Club Wrap *(Includes pasta salad and a cookie)*

Fresh flour tortilla with diced turkey, bacon, alfalfa sprouts, red onion, diced tomato, avocado, pepper jack cheese, lettuce and ranch dressing..... **\$10.75**

**Vegetarian options such as a veggie sandwich or wrap are available upon request.*

All meals include sealed condiments and eating utensils.

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