

# Ashtanga Closing Chant

Om

Svasti-prajā-bhyaḥ pari-pāla-yantām  
nyāyena mārgena mahīm mahīśāḥ |  
Go-brāhmaṇebhyaḥ śubham-astu nityam  
lokāḥ samastāḥ sukhino-bhavantu ||  
Om, śāntiḥ śāntiḥ śāntiḥ

May the rulers of the earth  
protect the well-being of the people,  
With justice, by means of the right path.

May there always be good fortune  
for cows, Brahmins and all living beings,  
May the inhabitants of all the worlds  
be full of happiness.

Om Peace, Peace, Peace