



St. Pancratius

CHURCH

JANUARY 19, 2025 | SECOND SUNDAY IN ORDINARY TIME

Pastor: Fr. Andrew Chung

Associate Pastor: Fr. Miguel A. Cabrera

Deacon Couples: Romeo & Priscilla (Baby) Ligot,
Sam & Teresa Montoya

Rectory

Address 3519 St. Pancratius Pl.
Lakewood, CA 90712
Phone 562-634-6111
Email stpanrectory@gmail.com
Website www.stpancratius.org

Office Hours

Monday-Friday 9:00am - 4:00pm
Saturday Closed
Sunday 8:30am - 12:00pm

Office of Family Ministries (Faith Formation)

Phone 562-634-6111 ext. 302
Teresa Duran, Director stpanre@gmail.com
Matt Salvador, Confr. Coord. stpansaints@gmail.com
Araceli Chavez, Office Assistant stpanresec@gmail.com

St. Pancratius Elementary School

Phone 562-634-6310
Principal Ms. Melina Ramirez
Website: www.stpanschool.org

Mass Schedule

Weekdays: 6:30am
Saturday: 8am, 4:30pm (Vigil)
Sunday: 6:30am, 8am, 9:30am (Español) & 11am

Confessions Saturday: 3:30-4:30pm

Adoration Monday-Friday 5:00pm-7:15pm

Rosary Monday-Friday 6:15pm



Jesus did this as the beginning of his signs at Cana in Galilee and so revealed his glory, and his disciples began to believe in him.
John 2:11

Esto que hizo Jesús en Caná de Galilea fue el primero de sus signos. Así manifestó su gloria y sus discípulos creyeron en él.
Juan 2:11



Stewardship of Treasure

WEEKLY OFFERING

Sunday Collection	Church	School	Family Ministries
Jan. 5	\$13,256.60	\$30.00	\$453.00
Jan. 12	\$9,372.77	\$27.00	\$20.00
Jan. 19			
Jan 26.			
Faith Direct Jan. 4	\$8,829.00	\$395.00	\$215.00
Faith Direct Jan. 15			
Total Offertory	\$31,458.37	\$452.00	\$688.00
January Goals	\$57,897.00	\$1,431.00	\$1,300.00

Thank you for your generosity

We also thank all those who contributed to this week's flower fund! Donations can be made directly to the parish. Please make sure to indicate it's for the flower fund.

Called to Renew Campaign Update

(as of 12/31/24):



Parish Goal: \$670,000.00
Total Pledged: \$1,816,490.00
Total Paid: \$731,641.34

***Per campaign policy:** Fifty percent of every dollar collected will be returned to the parish to be used for projects mentioned on their respective case statements. Once the goal is reached, the parish will receive 100% of each dollar collected above goal.

DID YOU KNOW?

Small actions to take for child safety

Being a safe adult is more than just taking some classes on abuse prevention and filling in the right answers. Adults who model healthy behaviors are a strong example for children, helping them distinguish safe from unsafe adults. Basic actions, like wearing a seatbelt, obeying school rules and ministry guidelines, and always acting in a way that supports children can help build a safe community. For more ideas, read the VIRTUS® article "Modeling healthy behaviors" at lacatholics.org/did-you-know.

[Read the VIRTUS® article "Modeling healthy behaviors" here.](#)

¿SABÍA USTED?

Pequeñas medidas para la seguridad de los niños

Ser un adulto de confianza es algo más que tomar algunas clases sobre prevención de abusos y rellenar las respuestas correctas. Los adultos que modelan comportamientos saludables son un buen ejemplo para los niños y les ayudan a distinguir a los adultos seguros de los que no lo son. Acciones básicas pueden ayudar a construir una comunidad más segura como: llevar puesto el cinturón de seguridad, obedecer las normas escolares y las directrices de los ministerios, y actuar de forma que apoya a los niños. Para obtener más información, lea el artículo en inglés de VIRTUS® "Modeling healthy behaviors" (Pequeñas medidas para la seguridad de los niños) en lacatholics.org/did-you-know.

[Lea el artículo en inglés de VIRTUS® "Modeling healthy behaviors" \(Pequeñas medidas para la seguridad de los niños\) aquí.](#)

In the Gospel today, at the wedding feast in Cana, Jesus reveals himself to his disciples and they began to believe in him. Everyday, God also gives us signs of his love and so we also can respond in faith and trust.



Your gift to the Society of St. Vincent de Paul becomes a sign of God's love to those who are suffering and you give them reason to believe and to trust.

Dear St. Pancratius Family,

A natural follow up to my last bulletin letter "How to make a good confession" is "How to make a good examination of Conscience". The *Confiteor* in mass—the prayer that begins, "I confess to almighty God..."—lays out a good outline for an examination of Conscience: "...in my *thoughts* and in my *words*, in *what I have done* and in *what I have failed to do*..." These are four areas that we should examine in preparing ourselves for confession.

Thoughts. An important thing to note here is that for thoughts to be sinful, they must be in one's control. For example, an immediate initial thought that enters the brain is not sinful. However, if I decide to continue to entertain a bad thought or choose to act on it, then I am entering the realm of sin. Some examples of sinful thoughts are lustful thoughts that one entertains, such as adulterous thoughts. Another example some might overlook are judgmental thoughts. Other bad thoughts might not be considered sinful, but they could lead us to sin.

Words. The most common ways we sin with our words is by using them to curse, gossip, slander, lie, insult, or boast. I would argue that the most common, yet most overlooked, of all of these is gossip. Essentially, we must take great caution every time we speak badly about others or to others. Even if what we say is true, it can be considered gossip or insulting. If it what we say is a lie, then we can add the sin of calumny or slander.

What we have done. What have we done to hurt others or offend God? This is where an examination of conscience that utilizes the 10 Commandments as a reflection can help. These are the explicit actions that we have committed. Have we worshipped other Gods, dishonored our parents, killed another, committed adultery, or stolen anything?

What we have failed to do. To aid our examination in this area we can use the Beatitudes and reflect on how we have failed to live up to them. Not only are we called to reflect on the bad that we have done, but also on the good we have failed to do.

I hope you find these tips on how to make a good Examination of Conscience helpful and fruitful as you prepare for your next confession.

In Christ,

Father Miguel

Querida familia de San Pancracio:

Un seguimiento natural a mi última carta del boletín "Cómo hacer una buena confesión" es "Cómo hacer un buen examen de conciencia". El Acto Penitencial en la misa, la oración que comienza con "Yo confieso ante Dios todopoderoso...", presenta un buen esquema para un examen de conciencia: "...*pensamiento, palabra, obra y omisión*..." Estas son cuatro áreas que debemos examinar al prepararnos para la confesión.

Pensamientos. Una cosa importante a tener en cuenta aquí es que para que los pensamientos sean pecaminosos, deben estar bajo nuestro control. Por ejemplo, un pensamiento inicial e inmediato que entra en el cerebro no es pecaminoso. Sin embargo, si decido continuar albergando un mal pensamiento o elijo actuar en consecuencia, entonces estoy entrando en el reino del pecado. Algunos ejemplos de pensamientos pecaminosos son los pensamientos lujuriosos que uno alberga, como los pensamientos adúlteros. Otro ejemplo que algunos podrían pasar por alto son los pensamientos de juicio. Otros malos pensamientos podrían no considerarse pecaminosos, pero podrían llevarnos a pecar.

Palabras. Las formas más comunes en que pecamos con nuestras palabras es usarlas para maldecir, chismear, calumniar, mentir, insultar o alardear. Yo diría que la más común, pero la más ignorada, de todas ellas es el chisme. En esencia, debemos tener mucho cuidado cada vez que hablamos mal de los demás o a los demás. Incluso si lo que decimos es verdad, puede considerarse chisme o insulto. Si lo que decimos es mentira, entonces podemos añadir el pecado de calumnia.

Obra. ¿Qué hemos hecho para herir a los demás u ofender a Dios? Aquí es donde puede ayudar un examen de conciencia que utilice los Diez Mandamientos como reflexión. Estas son las acciones explícitas que hemos cometido. ¿Hemos adorado a otros dioses, deshonrado a nuestros padres, matado a otra persona, cometido adulterio o robado algo?

Omisión. En esta área, para ayudarnos en nuestro examen podemos utilizar las Bienaventuranzas y reflexionar sobre cómo hemos dejado de vivir de acuerdo con ellas. No sólo estamos llamados a reflexionar sobre el mal que hemos hecho, sino también sobre el bien que hemos dejado de hacer.

Espero que estos consejos sobre cómo hacer un buen examen de conciencia te resulten útiles y fructíferos mientras te preparas para tu próxima confesión.

En Cristo,

Padre Miguel

VIRTUS Certifications

Protecting God's Children

(3 Hour Session, English)

Saturday, February 15, 2025

8:30 a.m. to 11:30 a.m.

Parish Hall

Keeping the Promise Alive

(1.5 Hour Recertification, English)

Wednesday, February 12, 2025

6:00 p.m. to 7:30 p.m.

Parish Hall

Minors are NOT allowed at any of these sessions. Please arrive at least 10 minutes before the scheduled start time to check-in.

Please [CLICK HERE](#) to register for a VIRTUS Session

Certificaciones VIRTUS

Protegiendo a los hijos de Dios

(Sesión de 3 horas, español)

Sábado 15 de febrero de 2025

8:30 a.m. a 11:30 a.m.

Salon de Conferencias

Manteniendo viva la promesa

(Recertificación de 1.5 horas, en español)

Miércoles 12 de febrero de 2025

6:00 p.m. a 7:30 p.m.

Salon de Conferencias

Los menores de edad NO pueden asistir a ninguna de estas sesiones. Por favor, llegue al menos 10 minutos antes de la hora de inicio programada para registrarse.

Haga clic [AQUI](#) para registrarse para una sesión de VIRTUS

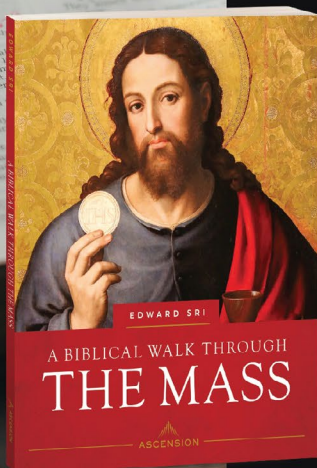


BIBLE STUDY FOR MEN

DATES January 13, 20, 27 & February 3

TIME 7:15 p.m.

LOCATION St. Pancratius Church



We will be using Dr. Edward Sri's "A Biblical Walk through the Mass". We recommend that all men commit to all 4 days of the series.

You are cordially invited to visit our Open House!

Where: St Pancratius School

3601 St. Pancratius Place Lakewood, CA 90712

When: Sunday, January 26, 2025

Time: 9:00am - 12:00pm

**Visit our STEM Lab, Science Fair, Book Fair,
Library and Amazing Classrooms!**

**Pick up applications for the 2025-2026 school year, and
flyers for our TK/Kinder Information Night and Summer Programs.**

Visit our website: stpanschool.org



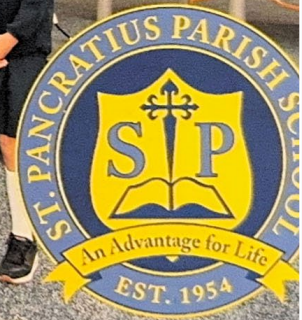
**Voted Lakewood's
Best Elementary
School!**

Tuition Assistance for a Catholic Education



**Your student could be eligible
for a tuition award!**

**A TK-8th Grade School. Ask us about the
New Enrollment Initiative today!**



(562) 634-6310

3601 St. Pancratius Pl., Lakewood, CA 90712



Movimiento Familiar Cristiano Arquidiócesis de los Angeles



**"Vale mas encontrarse hoy,
que separarse mañana."**

**Encuentro Conyugal
fecha :**

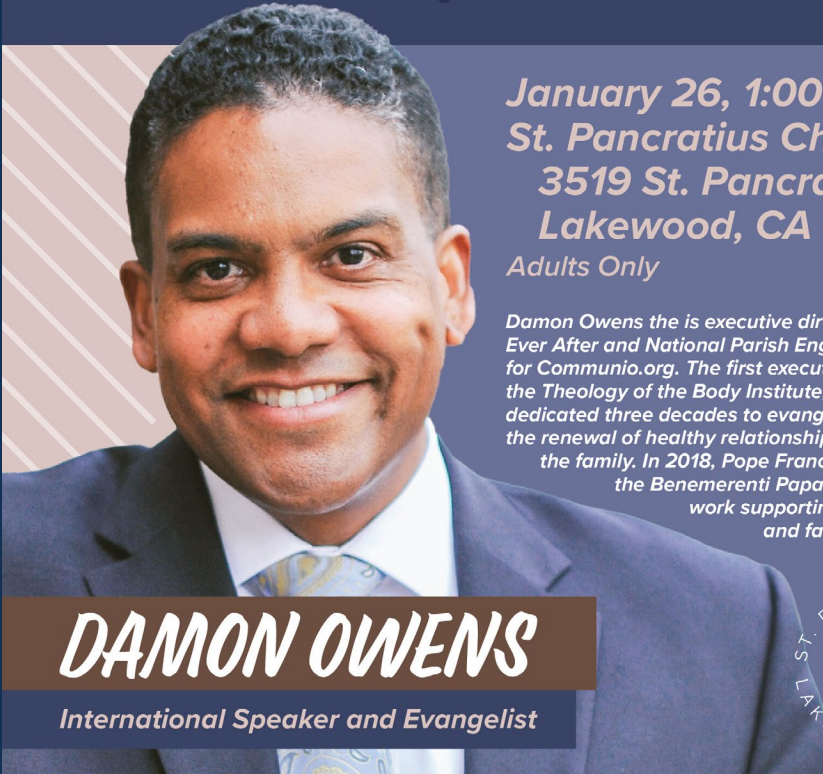
1 y 2 de Febrero de 2025



**Adolfo e Irma Sanchez - San Pancracio
(310) 951-1207**

**Rogelio y Guille Velazquez
Secretaria de Encuentros Conyugales
rogelioyguillemfcla@gmail.com
RV(661)236 2084 GV (818) 571 9667**

SPECIAL EVENT



**January 26, 1:00 p.m.
St. Pancratius Church
3519 St. Pancratius Pl.
Lakewood, CA 90712
Adults Only**

Damon Owens is the executive director of Joyful Ever After and National Parish Engagement Officer for Communion.org. The first executive director of the Theology of the Body Institute, Damon has dedicated three decades to evangelizing through the renewal of healthy relationships, marriage, and the family. In 2018, Pope Francis awarded him the Benemerenti Papal Medal for his work supporting marriage and family.

DAMON OWENS

International Speaker and Evangelist



**MARTIN LUTHER
KING JR.
DAY**

**Parish
Office
Closed**

The Parish Office will be closed on Monday, January 20th in observance of the Martin Luther King Jr holiday. The office will re-open on Tuesday, January 21st.

ST. PANCRATIUS CHURCH



January 15-23

6:00 p.m. During Adoration
Novena Prayer inside the Church
(Except January 18 & 19)

January 18 & 19

3:00 p.m.
Novena Prayer inside the Church

Feast Day

January 24th
Mass at 6:00 p.m.

IT'S TIME FOR



PANTHER BASEBALL

OFFERED THROUGH THE CATHOLIC BASEBALL LEAGUE



Open to boys and girls Ages 4 to 14

Season will be played March - May 2025
(Practices begin in February)

Children will learn the fundamentals of baseball,
good sportsmanship, comradery and more importantly,
the teachings of the Catholic Church

REGISTER ONLINE BY FEBRUARY 7

www.stpancratius.org/baseball

LEVEL	AGES	KEEP SCORE	RECORD KEPT	OTHER RULES
T - Ball	6 under	No	No	- Typically EK & Kindergarten - Each player bats every inning - Each player plays every inning - Players experience every position
D	8 under	No	No	- Instructional league - Flexiball baseballs are used - Players hit off pitching machine - Inning run limits
C	10 under	Yes	Yes	- Pony Baseball league rules - Hardball baseballs are used - May not lead off bases - Pitching from a stretch - Pitching limits
B	12 under	Yes	Yes	- Pony Baseball league rules - Hardball baseballs are used - Lead off bases and may steal any bases except home plate - Pitching from a stretch - Pitching limits - Balk rules apply
A	14 under	Yes	Yes	- Pony Baseball league rules - Hardball baseballs are used - Lead off bases and may steal base - Dropped third strike is in effect - Pitching from a stretch - Pitching limits - Balk rules apply

Players can move up in divisions but typically not able to move down

FEES

Baseball Divisions A - D \$160 per child

T-Ball \$125 per child

(\$10 Discount per Additional Sibling Registered)

Checks payable to St. Pancratius

PLEASE NOTE: Once uniforms have been ordered or rosters have been submitted (whichever comes first), registration fees are no longer refundable.



Registration fee includes

- Jersey
- Hat
- Pictures
- Umpire Fees
- End of Season

Awards/Ceremony



If you are interested in coaching or being a team parent, please fill out a volunteer application. All coaches, assistant coaches, team parents and other volunteers must be VIRTUS certified and fingerprinted under the Archdiocese of Los Angeles before the beginning of the season.

For more information, text or call:

Rafael Zuniga (562) 307 - 3722

Alma Ramos (562) 499 - 9500

Email: stpanbaseball@gmail.com



A cross of Jesus on the Mater Dolorosa Passionist Retreat Center is shown near flames from the Eaton Fire that has ravaged areas such as Sierra Madre, Altadena and Pasadena. (Mater Dolorosa Facebook page)

The recent fires in Los Angeles have deeply affected our schools, parishes, and beloved community members. In times of trial, our faith calls us to come together in solidarity to provide hope and healing for those who are struggling.

Our schools and parishes have always been cornerstones of education, faith, and togetherness. Now, they and countless families in our community need your help to recover and rebuild.

Our community is resilient, but together, we can make the road to recovery shorter and brighter.

[**CLICK HERE TO DONATE**](#)

Let us come together to restore hope and offer a helping hand to our neighbors in their time of need.

Thank you for your compassion, generosity, and unwavering commitment to our faith-filled community.

Los recientes incendios en Los Ángeles han afectado profundamente a nuestras escuelas, parroquias y queridos miembros de la comunidad. En tiempos de prueba, nuestra fe nos llama a unirnos en solidaridad para brindar esperanza y sanación a quienes están luchando.

Nuestras escuelas y parroquias siempre han sido piedras angulares de la educación, la fe y la unión. Ahora, ellas y un sinnúmero de familias en nuestra comunidad necesitan su ayuda para recuperarse y reconstruirse.

Nuestra comunidad es fuerte, pero juntos, podemos hacer que el camino hacia la recuperación sea más corto y brillante.

[**HAGA CLIC AQUÍ PARA DONAR**](#)

Unámonos para restaurar la esperanza y ofrecer una mano amiga a nuestros vecinos en su momento de necesidad.

Gracias por su compasión, generosidad y compromiso inquebrantable con nuestra comunidad llena de fe.