

MY PRAYERS

Sign of the Cross

In the name of the Father,
and of the Son,
and of the Holy Spirit. Amen

Our Father

Our Father,
Who art in heaven,
hallowed be Thy name.
Thy kingdom come,
Thy will be done,
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses
as we forgive those
who trespass against us,
and lead us not into temptation,
but deliver us from evil. Amen.

Glory Be

Glory be to the Father,
and to the Son,
and to the Holy Spirit,
as it was in the beginning,
is now, and ever shall be,
world without end. Amen.

Hail Mary

Hail Mary, full of grace,
the Lord is with thee.
Blessed art thou amongst women,
and blessed is the fruit
of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners, now
and at the hour of our death. Amen.

Act of Contrition

My God, I am sorry for my sins
with all my heart.
In choosing to do wrong
and failing to do good,
I have sinned against You
whom I should love above all things.
I firmly intend, with Your help,
to do penance, to sin no more,
and to avoid whatever leads me to sin.
Our Savior Jesus Christ
suffered and died for us.
In His Name, My God, have mercy.
Amen.

Grace Before Meals

Bless us, O Lord,
and these Thy gifts,
which we are about to receive
from Thy bounty,
through Christ our Lord. Amen.

Saint Michael Prayer

Saint Michael the Archangel,
defend us in battle.
Be our protection against
the wickedness and
snares of the devil.
May God rebuke him,
we humbly pray,
and do thou, O Prince
of the heavenly host,
by the power of God,
cast into hell Satan
and all the evil spirits
who prowl throughout the world
seeking the ruin of souls. Amen.