



Republic of the Philippines
Department of Education
National Capital Region
Schools Division Office – Muntinlupa City

SPECIAL PROGRAM FOR TECHNICAL VOCATIONAL EDUCATION (SPTVE)
BEAUTY CARE SERVICES 8 QUARTER 3 WEEK 5

I. Topic: PERFORM HAND SPA / PERFORM POST HAND SPA TREATMENT

II. Objectives:

1. Check and analyze the condition of the clients hands.
2. Wash clients hand with lukewarm water and soap, and towel to dry before and after scrubbing.
3. Prepare and use necessary tools, supplies and materials according to OHSC requirements.

III. Brief Introduction of the Lesson

Hygiene is the practice of keeping oneself and one's surroundings clean in order to prevent infection and disease and remain healthy and fit. Dirty waste water and excrement must be fully conveyed in sewers to treatment places. In no case, they should spread outside since it will spread infection and disease / ill- health. This is the basic public and private health issue at living working and any public places. It is our basic right to remain healthy at all places and let us strive for it.

IV. Activities:

Activity 1

Nail Diseases and Disorders:

Direction: On the box provided below, draw at least 5 nail disorders, name each disorder and write its corresponding description





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Activity 2

Direction: Fill in the boxes given its corresponding treatment / name of disorder.

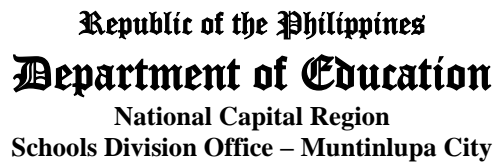
Name of Disorder	Prevention / treatment
1. Pterygium	
2.	It is recommended that the client receives frequent manicures. Do not bite Your nails.
3.	File the nail smooth and buff with pumice powder.
4. Onychatrophobia	
5. Bluish Nails	
6. Hangnails	
7. Bruised Nails	
8.	The whitenspots on the fingernail will gradually diminish if you start taking zinc In daily food. Limit the usage of nail enamels and polish to certain occasions.
9. Corrugation	
10.	It is recommended to file nails carefully with no pressure and use nail polish to Harden and protect the nail.

Activity 3

Direction: Match the statement in column A with column B. Write the letter of your choice on the space before the number.

Column A	Column B
1. It is caused by a low level or lack of oxygen circulating in your blood cells.	A. Ridges
2. Chipped , split. or peeled, can e observed as a sign of aging or in response to long term.	B. Blue nails
3. A curved, pointed appendage found at the end of a toe or finger nails.	C. Onychauxis
4. A condition in which the nail plate is soft and semitransparent, blends easily and splits at the end.	D. Claw nails
5. A piece of skin near the root of the nail that appears jagged and torn.	E. Onychophagy
6. A nail disorder that causes finger or toenails to grow abnormality thick.	F. Brittle nails
7. In this condition, the nail cuts into one or both resulting inflammation and possibly infection.	G. Onychia





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|--|-------------------|
| 8. A fairly frequent problems resulting from either growth of nail fold inwards into the nail bed or abnormal embedding of the nail plate. | H. Onychomycrosis |
| 9. It is the fungal infection of the toenails or fingernails. | J. Eggshell nails |
| 10. Are often normal signs of aging. | K. Hang nails |
| | L. Onychomysosis |

1. Why do you need to listen to what the client tells you?
2. How important to find out what the client wants?
3. Is there a need to ask the client courteously to get useful information?
4. As an operator, do we observe the client carefully and thoroughly during the consultation?
5. Why there is a need to check and analyze the condition of the client's hands and nails?



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References:

1. Final Learning Module Beauty Care
<https://www.scribd.com/documents/348226802/Final-LM-in-Beauty-Care-pdf>
2. K to 12 basic Education Curriculum Technology and Livelihood Education
<https://www.slideshare.net/salmanranaw/k-to-12-nail-care-learning-module>
3. Competency Based Learning Material (Year 2 Cosmetology)
4. Nail disorders, nail diseases and differential diagnosis II Mis. Medicine

KEY TO CORRECTION

1. C
2. B
3. A
4. A
5. C

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