



Republic of the Philippines
Department of Education
National Capital Region
Schools Division Office – Muntinlupa City

SPECIAL PROGRAM FOR TECHNICAL EDUCATION (SPTVE)
BEAUTY CARE 8 Quarter 3 Week 7

I. Topic: PERFORM HAND SPA / AVOCADO and YOGURT HAND TREATMENT

II.Objectives: At the end of the lesson, the students are expected to:

- 1.Observe proper sanitation and storage of tools and equipment.
2. Prepare the tools, materials and equipment in post hand spa activity.
3. Perform the post hand spa activity.

III.Brief Introduction of the Lesson

This lesson covers the procedure in applying hands spa, identifying and using of tools, supplies and materials properly, applying hands spa, determining appropriate temperature and observing of safety precautions.

Take a look at things around you. Even though these things may look clean in your eyes but you do not know is that there is still presence of contaminants. There are three level of contamination and these are sterilization, sanitation and disinfection.

Sterilization – the process of making an object germ-free by the destruction of all kinds of bacteria and it is also the highest level of decontamination.

Sanitation – means significantly reducing the number of pathogens found on a surface and is also considered as the lowest level of decontamination.

Disinfection – is very much applicable in the salon since sterilization is not practical and sanitation alone is not enough.

IV. Activities:

Activity 1

Direction: Below are the 5's steps in handling waste materials or products. Give the corresponding meaning of the following

1. SEIRI (SORT)

2. SEITON (SYSTEMATIZE)



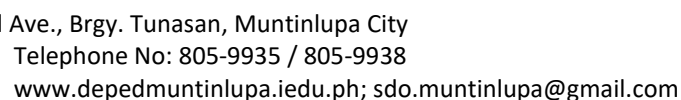


-
-
-

-
-
-

-

1. Mix the avocado, lemon juice and yogurt together.
2. Lather mixture on hands and leave for 10 to 15 minutes.
3. Rinse off then apply petroleum jelly.
4. Wear long white cotton gloves for one hour.
5. Rinse off with a moisturizing bar soap.





Republic of the Philippines
Department of Education
National Capital Region
Schools Division Office – Muntinlupa City

Activity 3

Direction:

LET US APPLY WHAT YOU HAVE LEARNED / Avocado and Yogurt hand treatment

CRITERIA	SCORE
Has followed all the steps correctly.	😊😊😊😊😊
Has followed the steps but missed 1	😊😊😊😊
Has followed the steps but missed 2	😊😊😊
Has followed the steps but missed 3	😊😊
Have not shown any step	😊

v. Assessment:

Multiple Choice:

Read the question carefully. Encircle the letter of the best answer.

- A substance that causes contamination is called
 - Contaminant
 - Disinfection
 - Sanitation
 - Sterilization
- The process of making an object germ-free by the destruction of all kinds of bacteria is called
 - Contaminant
 - Disinfection
 - Sanitation
 - Sterilization
- It is very applicable in the salon with the use of disinfectant and antiseptic.
 - Contaminant
 - Disinfection
 - Sanitation
 - Sterilization
- Reducing the number of pathogens found on the surface and is also considered as the lowest level of decontamination is
 - Contaminant
 - Disinfection
 - Sanitation
 - Sterilization
- A substance or chemicals used to destroy bacteria but is not safe to use on skin is called
 - Contaminant
 - Disinfectant
 - Sanitation
 - Sterilization

VI. Reflection:

Directions:

Read and analyze the situations below. In not less than 5 sentences, answer the given questions.



Ave., Brgy. Tunasan, Muntinlupa City

Telephone No: 805-9935 / 805-9938

www.depedmuntinlupa.edu.ph; sdo.muntinlupa@gmail.com





Republic of the Philippines
Department of Education
National Capital Region
Schools Division Office – Muntinlupa City

- 1.What sanitation techniques should you apply after performing hand spa treatment?
- 2.Why is it important to keep your work station clean and orderly?
- 3.How will you store the supplies, tools and equipment used in hand spa treatment?

References:

1. Final Learning Module Beauty Care
<https://www.scribd.com/documents/348226802/Final-LM-in-Beauty-Care-pdf>
2. K to 12 basic Education Curriculum Technology and Livelihood Education
<https://www.slideshare.net/salmanranaw/k-to-12-nail-care-learning-module>
- 3.Competency Based Learning Material (Year 2 Cosmetology)
4. Nail disorders,nail diseases and differential diagnosis II Mis. Medicine

KEY TO CORRECTION:

1. A
2. D
3. B
4. C
5. B

Writer: __JACQUELYN F. RUIZ

Validator/s: Maria Teresa C Resos

